Academic Coaching Tips

Notetaking Strategies
1. Prepare materials before class or reading.
2. Be flexible!
3. Write questions in the margins when needed.
4. Answer questions prior to moving to new material.
5. Review notes within 24 hours.

Reading Strategies
1. Review any guided notes or study questions prior to reading.
2. Sum up main points periodically.
3. Determine how reading relates to assignment or class.
4. Keep track of personal reactions and questions in margins.
5. Set reasonable, but firm time goals to complete readings.

Study smarter, not harder.
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1. Before Class: Plan
   a. Prioritize, predict, set goals

2. During Class: Do
   a. Carry out plan
   b. Observe and record

3. After Class: Study
   a. Analyze and review information
   b. Compare predictions to results
   c. Summarize what was learned

4. Act
   a. Makes changes to plan for next class or goal
   b. Address challenges and opportunities for improvement

For drop-in hours or to make an appointment visit: uky.edu/presentationu