

KASTLE WATCH

Department of Psychology

UNIVERSITY OF KENTUCKY

<http://www.uky.edu/AS/Psychology/>

IN THIS ISSUE . . .

Several of *Kastle Watch's* eager fans have asked me, "Monica, exactly what publication schedule is *Kastle Watch* on?" Ideally, *Kastle Watch* is published twice a year at the same times each year. In reality, *Kastle Watch* is published whenever I manage to get rid of other pressing deadlines and can clear a week or so in my schedule to devote to it. So, if you are the obsessive-compulsive sort and are trying to accumulate a complete set of back issues of *Kastle Watch* that you can leave to your children in your will, do not be troubled by the irregular volume and issue numbers and dates.

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Although delayed, this issue is worth waiting for. We brief you on the major changes in the leadership of UK; introduce our our most recent alumnus of the year, Jeffrey Kelly, and our new faculty member, Lawrence Gottlob; present a history of the Harris Psychological Services Center; provide a research profile by Tom Widiger; and—of course—update you on the latest renovations in the building.

Enjoy!

—Monica J. Kern, Editor

Lee Todd New President of UK

The University of Kentucky has a new president. Charles Wethington stepped down after 10 years of service to the University, and Dr. Lee T. Todd, Jr. has taken over the reins. Todd comes to UK with an impressive and unique background. He received his B.S. in engineering from the University of Kentucky in 1968 and his Ph.D. in electrical engineering from Massachusetts Institute of Technology in 1973. Even early in his career, he was a creative and productive scientist, receiving six patents while a graduate student. Todd returned to UK in 1974, where he was a professor in the electrical engineering department for nine years, publishing steadily and earning teaching awards. In 1981, Todd founded Projectron, Inc., a company that manufactures cathode ray tubes and which he sold in 1990 to Hughes Aircraft. He also founded DataBeam Corporation, the world's leading provider of real-time distance learning software. He left UK in 1983 to devote his full attention to DataBeam and other entrepreneurial

efforts. For example, he co-founded the Kentucky Science and Technology Corporation, a non-profit organization dedicated to encouraging an entrepreneurial economy in Kentucky through improvements in education and research. He was also the co-author of the proposal that led to Kentucky being named an EPSCoR state, a program that has brought in over \$72 million of federal grant money. Dr. Todd has a wife, Patricia, and two children, Troy, 25, and Kathryn, 19.

When Todd interviewed for the presidency, one of the proposals that faculty found especially appealing (besides, of course, his pledge to increase all salaries by a substantial amount!) was his vow to trim the bloated administrative structure at UK. Todd noted, correctly, that UK's top-heavy structure was atypical in higher education and interfered with communication among units and smooth functioning. Thus, one of Todd's first acts as President was to start the restructuring process, replacing the current chancellor system (in which there were eight officers reporting directly to the president) with a system consisting of a provost and three vice-presidents. The changes that have been made thus far will save UK \$1.25 million, and further streamlining of the administrative structure lies ahead.

Todd's first few months in office have seemed like a breath of fresh air to many faculty. While not wanting to make too many comparisons to his predecessor (if I get started, I may not be able to stop . . .), I believe it is fair to say that Todd is demonstrating a

substantially greater accessibility to and communication with faculty than we were used to with the previous administration. We have already, for example, received more e-mails from Todd in the past month than we received from Wethington in over a year. Or two. Todd has made other, more symbolic gestures of his accessibility. On his first day in office, he held an informal reception in the area in front of the Patterson Office Tower, where he had ordered benches installed to make the area more conducive to conversation—an area that Wethington had placed off-limits for public gatherings. Todd referred obliquely to this in his opening remarks, saying that he knew he was breaking an administrative regulation by holding the reception there and that he would probably be breaking more in the weeks to come. As a second example, Todd removed the chain-link fences and thick hedges surrounding the President's house, rendering it more visible and welcoming to the academic community. In sum, these are exciting times for UK, and faculty and students alike are eager to see where Todd's vision takes us.

Mike Nietzel Named Acting Provost

One of the administrative changes of greatest interest to *Kastle Watch* readers is the news that our own Mike Nietzel was appointed to serve as the acting provost. The provost is the chief academic officer for the university and reports directly to the president. Mike graciously interrupted his busy day recently to provide me with a list of his major goals for the upcoming year: (a) Identify the research and academic program initiatives that will enable the University to increase its contributions to original knowledge and enhance its stature as a premier research university. (b) Recruit, educate, and graduate

premier students who are prepared well for meaningful careers and continued learning. (c) Attract and retain a distinguished faculty. (d) Develop the fiscal and physical resources essential to leading-edge research and teaching as well as to reinvigorating the overall campus. As part of these goals, Mike will be chairing the Top 20 Task Force and overseeing the Task Force on UK Futures (see related article below). A national search will be held in the upcoming academic year to hire a permanent provost, and Mike says he does not intend to apply for the position. Those of us who have admired his leadership as chair of the Department and dean of the Graduate School have a secret hope that perhaps we can change his mind.

Todd Appoints UK Task Forces

One of President Lee Todd's first announcements in office was to establish several task forces. One will be looking at the University's health care plans, motivated by the recent large increases in insurance premiums. Another task force is dedicated to examining and clarifying the criteria that will be used in determining Top 20 status. (In hindsight, it does appear to be a major oversight that UK announced its goal to reach the Top 20 of public research universities but had never specified exactly how we would know when the Top 20 had been reached!) Last, but definitely not least, is the Task Force on University of Kentucky Futures: Faculty for the 21st Century. Mike Nietzel will be overseeing this task force, and our own Rich Milich will be a member of the committee. The charge of this task force is to (a) assess the current status of the University's strengths, (b) recommend those areas of research and creative endeavor to which new resources should be invested; and (c) propose specific recommendations for restructuring academic units. A major goal of the task force is thus to identify 7-10 areas of strength to which future resources, including faculty lines, would be devoted. In many ways this task force will be a

follow-up to the Reedy report issued in 1997 in which Psychology was named a "Tier 1" department. The major difference is that this task force will be charged with evaluating the entire university, including the medical school, and areas of strength will probably be multidisciplinary in nature. (Learn more about this initiative on the Web at www.uky.edu/Futures/.)

In any event, Psychology should fare well in this review, given our strengths in research, extramural funding, and undergraduate teaching. Faculty are excited about the Task Force and the department's prospects for attracting additional resources as a result of the Task Force's assessments.

Department Receives Favorable National Publicity

The Psychology Department is of course well-known and highly regarded among the field. In the past few months, however, our faculty and research have attracted widespread and favorable national publicity among the general public. For example, *Newsweek* published a special issue on addiction that prominently featured Mike Bardo's research. An article published in *American Journal of Public Health* by the Palmgreen group (including Betty Lorch, and Rick Hoyle) describing the results of a study documenting the effectiveness of public service announcements in reducing drug use also attracted favorable notice from news outlets across the country. In March, a *Discover* magazine article on the effects of alcohol on the brain discussed at length the work of Mark Prendergast, a Research Assistant Professor in the Department. An

interview of Mark was published in the March 16th issue of *Science* magazine (Volume 291, Number 5511; pp. 2077-2079). The article describes a paper that Mark published regarding sex differences in brain damage during ethanol withdrawal.

Department Ranks Highly in NIH Funding

Our department fared well this past year on two key indicators of faculty quality. UK was ranked 10th in the nation with respect to NIH support to psychology departments at public universities (14th overall). Departmental faculty were PIs or co-PIs on grants totaling \$4,465,268. Looking just at our benchmark universities, UK ranked 6th. UK also ranked highly on an impact measure looking at the ratio of citations per faculty member. We were 39th overall; 22nd among public universities, and 9th among our benchmarks. In short, the work we are doing is passing the rigorous peer review required for federal funding, and it is being widely cited after it is published.

Renovation Update

I could save some writing effort merely by repeating my previous column talking about the impending renovation of our large lecture hall, room 213. In it I had described how 213 was going to be thoroughly renovated and transformed into a "smart classroom." Those of you familiar with the pace of progress around UK will not be surprised to hear that this job was not even started until nearly a year past the time it was originally supposed to be finished. However, the builders are working on

it, and we are optimistic the renovation will be completed by the end of the fall semester, providing an appealing setting for large classes and colloquia. At long last work is completed as well on the human laboratory space in the 119 suite, a renovation that was supposed to be completed before the arrival of the RCTF faculty two years ago. The painting of Kastle Hall took most of the academic year and has now been completed. Although there were a few surprises where the walls didn't quite look the way the occupants had imagined them from the paint chip, on the whole it turned out well, and the building looks better than it has in many years. Lastly, we renovated and moved into a new building for our Child Development Research Facility. We were forced to vacate the previous Pennsylvania Avenue location when the building was torn down to make room for a fraternity building (obviously a higher priority than research). The relocation was a blessing in disguise, though, as after it was renovated, the new building on Euclid Avenue is nicer looking and more practical in layout for research purposes.

Fear not, though, that we will soon be deprived of the presence of construction workers, gigantic trash bins, and false fire alarms caused by construction dust. An exciting new renovation awaits us. The Department has been granted custody of Room 206, the classroom where PSY 100 labs are traditionally held. Rick Hoyle managed to convince administrators that the increase in our faculty as well as the increase in grant-funded research being done in the department necessitated additional space, and we have been told we can use 206 as we want. Exactly how it will be used has yet to be decided, but it will almost certainly be subdivided into smaller rooms that could be used as office or lab space. We should not underestimate the magnitude of Rick's victory in obtaining this space for departmental use, as we old-timers have often heard that it is well-nigh impossible to wrest classroom space away from administrators.

Thank you, Rick!

Lawrence Gottlob: New Faculty Member

The Department is delighted to welcome Lawrence Gottlob, our new tenure-track assistant professor in the cognitive area. Larry received his Ph.D. in 1995 from Arizona State University. From 1995 to 1999 he was at Duke University, first as a postdoc and then as a Senior Fellow in the cognitive aging laboratory. He has most recently been a Visiting Assistant Professor at Syracuse University. Larry's research interests center around information-processing accounts of visual spatial attention. His current work focuses on the modeling of age-related changes in visual attention, using reaction time distributions and psychophysical functions. He was just awarded a five-year R01 grant from the National Institute on Aging to continue this work.

When Larry isn't thinking about work, he's busy with his family. He and his wife have two daughters, Elizabeth (13) and Sarah (11). Larry has a number of outdoor hobbies, including hiking and cycling (both mountain and road). He should find the hiking trails in Kentucky to his liking, though we should all probably warn him about how Lexington drivers treat bicyclists. Larry used to be a fanatical playground basketball player, though he began playing less after his children were born. He did suggest that if sufficient interest exists in the department that he could be talked out of retirement and into putting on those basketball shoes again.

We are all excited to have him join the faculty. His interests in visual attention and psychophysics complement well the research

interests of the existing cognitive faculty, and his interest in cognitive aging should allow some valuable ties with the Sanders Brown Center on Aging to be formed. Welcome, Larry!

Alumnus of the Year: Jeffrey A. Kelly

The Department of Psychology's Alumnus of the Year for the 2001-2002 academic year is Jeff Kelly. Jeff received his Ph.D. in clinical psychology from UK in 1975. He then worked at the University of Mississippi Medical Center from 1976 to 1990, rising in rank from Instructor to Professor. In 1990 he moved to the Medical College of Wisconsin, where he is now Professor of Psychiatry and Behavioral Medicine as well as the Director of the Center for AIDS Intervention Research.

It is difficult to convey succinctly the extent and quality of Jeff's research. His vita alone is 66 pages (!) long. He has published over 200 journal articles, 32 book chapters, and 9 books. He has made over 240 conference presentations and given 88 invited talks. He has been PI on 26 grants, with five grants currently active and two pending. His work has earned him many honors and awards, among the most notable being the C. Everett Koop National Health Award that he won in 1996.

Jeff's research focuses on AIDS prevention. As part of winning the Alumnus of the Year Award, we asked Jeff to give two talks, one a research colloquium and the other a short, informal chat about his days as a graduate student at UK. In his research talk, Jeff described some of the programs he and his collaborators have developed to reduce high-risk behaviors. He noted that risky behavior is generally not due to lack of education; people know about AIDS

and they know how it is transmitted. The primary problem instead appears to be a lack of skills for communicating directly with one's sexual partners about high-risk behaviors and methods to prevent AIDS. Jeff's interventions therefore focus on giving people skills for talking about AIDS and being more assertive about reducing risk. For example, one of his programs involves inner-city women in housing developments, a population at relatively high risk for developing HIV. This program uses role-playing activities, for example, to train women in how to insist that their partners use condoms. Another one of his programs involved identifying public opinion leaders in the gay community in small towns and enlisting their help in changing prevailing norms to encompass safer behaviors. Both intervention programs have proven to be highly successfully, leading to significant improvements in both behavioral intentions as well as actual behaviors.

In Jeff's informal talk, he described how he nearly flunked out of college his first few years and finally applied to UK for graduate work. His advisor was Len Worrell, whom Jeff described as being "enormously brilliant, demanding . . . and troubled." When Jeff asked Len what he should do for his dissertation, Len replied "I don't care," but followed it by encouraging Jeff to do something he would be proud of later. Jeff also reminisced about his statistics classes, which required keypunching IBM cards for data entry. He remarked that it was the last time he would ever need to invert a matrix by hand! Jeff described how he started writing his dissertation in the K-Lair Grill, a place he remembers fondly. It was a work habit that would serve him well; he claims that to this day everything he has written has been written in a coffeehouse or café.

In sum, Jeff Kelly's work represents a model to which we can all aspire: theoretically grounded work with socially important applied implications. We are proud to have him as our Alumnus of the Year.

Each year we honor one of our Ph.D. students as the Outstanding Alumnus of the Year. If you would like to nominate somebody or (don't be bashful!) yourself, please send information by mail to Dr. Rick Hoyle, Chair; Department of Psychology; University of Kentucky; Lexington, KY, 40506-0044, or by e-mail to rhoyle@uky.edu. In your nomination, it would be helpful to summarize briefly the highlights of the individual's career, and a copy of the individual's vita would be extremely helpful. Nominations are rolled over, so if you have nominated a particular person in the past two years it is not necessary to submit a new nomination this year. Nominations are due no later than December 1, 2001.

News from the Harris Center

by David T. Susman, Ph.D., Director

This year marks the 25th anniversary of the Jesse G. Harris, Jr. Psychological Services Center, the outpatient training clinic for doctoral students in the clinical psychology program. Recently, the Psychology Department held a reception to acknowledge the contributions of students, faculty, and community supervisors who have played an instrumental role in the growth and development of the Center. What follows is a brief history of the Center over the past twenty-five years.

The Center was founded in the fall of 1976 and was originally called the Psychological Services Center. The location was in several rooms in Kastle Hall. The first director was Raymond Martorano, Ph.D. All services were free. No services were provided during the summer months. During the first year, 52 referrals were screened, and 34 persons were seen for therapy. In the fall of 1978, Stuart Fisher, Ph.D. became the second

director. Also, John Neill, M.D., became the psychiatric consultant for the Center. In September 1979, the Center moved to a small house at 441 Pennsylvania Avenue. Evening hours were added at this time. In the summer of 1980, the Center began year-round operation.

In the fall of 1980, Donald Ralph, Ph.D. became the third director of the center. Child clients were first seen that year as well, under the supervision of Teresa Bolick, Ph.D. Starting in 1982, all clinical students were expected to keep an ongoing caseload of at least two clients. Assessments were done for the first time during the 1982-83 academic year. The first of many research projects over the years by clinical faculty and graduate students that used Center clients as participants were also begun.

In the fall of 1983, a sliding fee scale was implemented, ranging from \$2 to \$10. The average fee for services was \$6 and total income for the year was \$6172. Dr. Teresa Bolick became Associate Director. This was the first year that undergraduate psychology majors worked as clinic assistants, under the auspices of an experiential education course. Graduate students were given one-half of the fee for any assessment, the first therapist reimbursement program. The first symposium for the community was offered, on marital and family therapy. In the fall of 1984, Stephen McKay, Ph.D. became Associate Director. The fee scale increased to a range of \$5 to \$20. Neuropsychological assessment was first offered in 1985.

In the mid-80s, several local psychologists became the first "community supervisors" for the Center. These clinicians donated their time to offer supervision of therapy and assessment cases to clinical students, affording them exposure to an even wider range of theoretical orientations than had been previously available. This tradition has continued to the present day, as over

twenty community supervisors continue to donate their services to the Center.

In mid-1987, the "75 hour rule" was introduced, requiring therapists to have 75 hours of client contact per year. Once past the 75th hour, therapists earned a small stipend for each additional session, based on a percentage of the Center's average fee for services. Fifth-year (and above) students were permitted to earn this stipend for all hours of services provided to clients. A \$10 fee for intakes was instituted. These changes resulted in the center's income doubling to almost \$13,000 during the first year after the new policies went into effect. A computer was obtained for the Center this year.

Following the death in 1988 of Jesse Harris, the former department chair and longtime clinical faculty member, the PSC was renamed the Jesse G. Harris, Jr. Psychological Services Center. Recommendations from an APA site visit were instrumental in the Department obtaining a new facility in a larger renovated house at 644 Maxwellton Court. This building was occupied in October 1989. The Maxwellton Court building features audio and video taping capabilities in all therapy rooms. With the increased space, services were expanded. In the first year of operation in the new building, revenues climbed to almost \$24,000. At the dedication of the new facility, the first annual Jesse G. Harris, Jr. Dissertation Award for outstanding dissertation research was presented to Barbara Belew. Since then, a total of thirteen students have received this award, which includes a \$1000 stipend. Dr. Harris' wife, Patricia Harris, initially established and has overseen the fund for this award.

In the 1990s, several programmatic improvements occurred. A series of continuing education workshops, conferences, and symposia were sponsored by the Center and the Department of Psychology. Local and national speakers presented various clinical topics, expanding the mission of the Center to include a prominent role in providing quality continuing education

to the University community and to local practitioners.

In 1992, the first children's social skills groups were offered. Supervised by Richard Milich, Ph.D., these popular groups are offered two to three times per year. Also that year, an emergency pager system was instituted, providing 24-hour emergency coverage for Center clients. Dr. Ralph became Associate Director and Ruth Baer, Ph.D. became Center Director.

An arrangement with the Department of Psychiatry allowed the Center to offer psychiatric consultation services, beginning in January 1994. A psychiatric resident is on site at the Center four hours per week, giving Center clients low-cost access to psychiatric evaluation and medication.

In January 1995, Dr. Ralph stepped down after fourteen years of service to the Center. Jennifer Degler, Ph.D., a graduate of the UK clinical program, was appointed Center Director. New services introduced that year included groups on social anxiety, parenting, assertiveness, and panic disorder. Contracts to provide assessments for local agencies and companies were begun. A shadowing program for local high school students was initiated, allowing local teens to experience the workings of a mental health center.

In March 1996, David Susman, Ph.D., another UK clinical program graduate, became Center Director. New groups begun at this time included an interpersonal group and a dialectical behavior therapy group. Both groups have run continuously since then, and have proven to be popular with students and clients alike. In 1998, the Center began offering services to clients of Kentucky Center North (KCN), a branch of the UK Medical Center's Kentucky Center, which serves many lower income individuals in north Lexington. Harris Center therapists see clients both at KCN and at our

Maxwelton facility. Emergency services were further enhanced by the addition of crisis intervention training for therapists and an expanded crisis manual.

In 1999, the Center began co-sponsoring its continuing education workshops with the Kentucky Psychological Association. This affiliation has allowed for greater publicity of the Center's workshops and APA accreditation for these events. Recent workshops by Ross Greene, Ph.D. on explosive children and by William Pelham, Ph.D. on ADHD have been extremely successful, both as revenue for the Center and in positive response from the community.

The Center launched its own Web site (www.uky.edu/AS/psych/harrispsc) in 2000. Center services, fees, and other general information may be found on the site. The center also instituted a scientist-practitioner award, given to the graduate student who has shown excellence in the provision of empirically-supported clinical practice during his or her graduate career. The first recipient was Steve Whiteside. Also, for the first time, clients are now able to pay their fees via credit card.

The Center's annual budget now routinely exceeds \$50,000 per year. Efforts are now underway to begin a structured development program to raise additional funds for the center via contributions from alumni, businesses, and foundations. As the Center enters the 21st century, it remains committed to its primary missions of providing quality training to clinical psychology graduate students, and providing affordable mental health services to the greater Lexington community. To receive more information about the center or its services, please call (859) 257-6853.

Research Profile: Tom Widiger

Editor's note: Tom Widiger is one of the most senior faculty members in the department (only Tom Zentall and Mike Nietzel, I believe, have been here longer). I had tried before to get Tom to write a research profile for Kastle Watch, but I was successful only after promising him that he could "have fun" with his profile. The look of glee that entered his eyes when I said this so alarmed me that I hastened to add that of course he had to remain within limits of decency and libel laws. The result is what you see below.

I was asked to write a profile for *Kastle Watch*. This sketch usually involves a discussion of one's past, speculating on why you became a psychologist or how you happened to pursue a particular line of investigation. With quite sincere apologies to those who are not at all interested, I suspect that my interests in psychology are due in part to my less than ideal genetic dispositions and childhood experiences. According to the NEO Personality Inventory-Revised (NEO PI-R; the predominant self-report inventory for the assessment of the five factor model of personality), the most distinctive component of my personality is my neuroticism (which includes such facets as anxiousness, depressiveness, self-consciousness, vulnerability, angry hostility, and impulsivity). I completed the NEO PI in the late 1980s and once again for this profile. Apparently little has changed. I understand that 40-60% of this is genetic and 0% shared family environment, with the rest some combination of unique family environment and error variance. I have never been at all clear what percent is due to volitional choice. In any case, my perception of my unique family environment was that it was not particularly nurturing.

I began college as an English major, with an interest in creative writing. I recall fondly spending evenings at this hippie professor's house, discussing Vonnegut,

Hesse, Heller, and Castenada as we altered our perceptions through chemistry. I took abnormal psychology as a sophomore and wanted more, but I was enrolled at a junior college that offered only two psychology courses (intro and abnormal). I asked the professor for additional readings and he provided me with copies of Laing's *Divided Self*, Freud's *Interpretation of Dreams*, and Ferenczi's *Sex in Psychoanalysis*. I was impressed that Ferenczi could actually make the discussion of sex boring, but Laing and Freud thoroughly captured my interests. I switched my major to psychology.

I wanted to become a family therapist, which I suspect was largely an effort to overcome my own family pathology. I went to Miami University in Ohio to work with Jim Coyne, who was a family therapist in the Haley (strategic) style. However, he left after my first year. Fortunately, I really enjoyed my assessment course with Len Rorer, which was a floundering expedition through Wiggins' *Personality and Prediction*. Bandura has a nice article on chance encounters and life paths; I wonder what I might be researching if Len had not come to Miami University. I did not share all of Len's interests, though (Len was an ex-hippie from California who had a frontal nude painting of himself in his living room, along with a bed in the middle of this room in case somebody wanted to partake), and some of the attraction might have been simply that personality assessment and classification was an area of psychology that I felt I could do. In any case, I did find my home in the writings of Wiggins, Meehl, and Goldberg, which were a good distance from family dynamics.

The diagnosis and assessment of personality disorders became a major interest and has remained so ever since. A highlight of my career was eventually meeting and becoming

friends with Jerry Wiggins. Each year at APA we discuss psychology as we alter our perceptions through chemistry.

One of my major research programs concerns the five factor model of personality disorders (the other is gender bias in the diagnosis of personality disorders). The five factor model of personality was developed through the creative idea of discovering empirically the most important personality traits for describing oneself and other persons by determining which personality traits are most heavily represented within the dictionary. A dictionary is essentially a sedimentary deposit of persons' observations and perceptions over the thousands of years of the language's development. The five biggest domains of personality within the English language (in order of size or importance) are extraversion (E), agreeableness (A), conscientiousness (C), neuroticism (N), and openness (O). Each of these broad domains can be broken down into more specific facets. For example, the facets of agreeableness v. antagonism are trust (gullibility) v. mistrust (suspiciousness); straightforwardness (honest, naive) v. deception (cunning, manipulative); altruism (giving, sacrificial) v. selfishness (exploitation, stingy); compliance (cooperative, docile) v. oppositional (combative, aggressive); modesty (humble, self-effacing, meek) v. confident (boastful, arrogant); and tender-mindedness (empathic, soft, weak) v. tough-mindedness (tough, callous, ruthless). These five factors have been replicated in lexical studies of many other languages, which is hardly surprising as they cover what is likely to be most important within most cultures for describing (evaluating) oneself and other persons (i.e., all manner and form of interpersonal relatedness is covered by E and A; dependability, reliability, achievement, competence, and discipline by C; emotional stability by N; and creativity, pragmatism, openness, permissiveness, and

practicality by O). My work has been concerned with indicating that the DSM personality disorders are readily understood as maladaptive variants of these common personality traits. Persons with mental disorders are not qualitatively different from us; we are all of us a bit flawed and wounded, although some of us significantly more so than others.

I am currently serving on an NIMH Research Planning Work Group for DSM-V (recommending a dimensional classification of personality disorder) but it is not at all clear whether this effort will actually have a significant impact (nor is it clear when work will begin on DSM-V). The second edition of my book with Paul Costa on the five factor model of personality disorders will be published this year (with chapters by Beth Corbitt, Steve Bruehl, Tim Trull, and Cindy Sanderson). Recent publications include "Toward DSM-V and the classification of psychopathology" (co-authored with Lee Anna Clark in *Psychological Bulletin*, 2000, 126, 946-963) and "Adult psychopathology: issues and controversies" (co-authored with Elizabeth Sankis in *Annual Review of Psychology*, 2000, 51, 377-404). Don Lynam and I have a paper in press to the *Journal of Abnormal Psychology* that provides an expert consensus description of the DSM-IV personality disorders from the perspective of the five factor model. Ted Haigler and I have a paper in press to *Journal of Personality Assessment* that indicates how each of the DSM-IV personality disorders are maladaptive variants of items within the NEO PI-R personality inventory.

A "high" point this past year was my 30th year high school class reunion. I was so happy that many of my old friends were there, and we are doing a pretty good job of maintaining contact. A daughter of one old hippie friend is now a psychology major at the University of Missouri where ex-student Tim Trull is professor. All of us (father, daughter, student, mentor) had a nice dinner together in Columbia. It is quite remarkable to realize where we were and where we are; in some respects very little has changed, whereas in other

respects much has changed. I still have my creative writing fantasies. I think I have the outline of a nice plot for a popular novel involving hypnosis, recovered memories, murder, and therapist sexual exploitation, but I doubt that I will ever get around to writing it.

There were also some low points this past year. The death of my mother was substantial, to say the least. The loss did bring me closer with my brothers. A general regret in life has been the ending of relationships, whether by gradual dissipation or clean break. It does take work to keep them going. I guess the best news is that UK will have a good team next year; the worst news is that Duke still exists. Lisa and Charles are doing fine.

Transitions

The department was sorry to see **Diane Hawes** take a position in the Medical School library. **Julie Mellon** has replaced Diane as the staff member in charge of accounting and purchasing. A new staff member, **Tammy Herring**, was hired to replace Julie as Assistant to the Chair.

We have hired two new full-time instructors for the 2001-2002 academic year. One of them is our own **Mary Beth Diener**, a clinical Ph.D. from our program. The other is **Donald Saucier**, a social psychologist who received his Ph.D. from the University of Vermont, where he worked with Carol Miller.

Charley Carlson has been appointed the Director of Clinical Training. Four faculty members are enjoying hard-earned sabbaticals this upcoming academic year. **Don Lynam** and **Ramesh Bhatt** will be on sabbatical both semesters, **Monica Kern** will be on sabbatical in the fall (so do not expect another issue of *Kastle Watch* until the spring!), and **Sung Hee Kim** will be on sabbatical

in the spring.

Congratulations are due to **Jonathan Golding**, who was promoted to Professor, and **Sung Hee Kim**, who was promoted to Associate Professor with tenure.

Faculty Notes

The Center for Prevention Research, with which several of our faculty members are affiliated, received a five-year grant from NIDA. The title of the grant is "Drug Abuse Prevention: A Life-Course Perspective," and it will fund three individual projects (headed by **Mike Bardo**, Tom Kelly, and Dick Clayton) in addition to an administrative/scientific core. The integrative theme of the three projects is to investigate the role of sensation seeking as a risk variable in drug abuse behaviors. **Rich Milich** will be Administrative Director and Mike Bardo will be Scientific Director in the Center. Direct costs for the entire project are approximately \$4.5 million.

David Berry was recently elected a Fellow of the National Academy of Neuropsychology.

Tom Widiger was recently awarded a University of Kentucky Research Professorship. The Research Professorship is one of the highest honors given by UK, and Tom is the first faculty member from Psychology to receive this award. He says, though, that he would gladly give it back for the healing of Jason Parker's ACL. Tom also recently won the Walter G. Klopfer award for Distinguished Contribution to the Literature by the Society for Personality Assessment for a paper co-authored with Jabbar Hicklin. Tom continues to serve as Associate Editor for the *Journal of Abnormal Psychology* and the *Journal of Personality Disorders*.

Psychology nabbed four (count 'em, four!) of the ten slots on the Arts and Sciences Top Ten Teachers list. This

list is created from nominations of outgoing seniors who are asked to name the professor who had the greatest impact on their education at UK. This year, **Richard Smith** joins perennial favorites **Jonathan Golding**, **Sung Hee Kim**, and **Ron Taylor** on the Top Ten list.

Margo Monteith was appointed Associate Editor of two journals: *Social Cognition* and *Group Processes and Interpersonal Relations*. (She was also invited to be A.E. of *JPSP* but had to turn it down owing to her other editorial commitments.) Margo was also named a Fellow of both Division 8 of APA (Society of Personality and Social Psychology) and Division 9 (Society for the Psychological Study of Social Issues).

Greg Smith and his wife became the proud parents of a new baby girl. Daryn Smith was born on September 16, 2000. She weighed 7 pounds 5 ounces.

The baby boom continues, as **Susan Barron** and her husband, John Littleton, became proud parents of a baby girl, Elise Devon, on October 23, 2000. Elise was born after a five-day labor (ouch!!) and eventual C-section, fortunately in fine and healthy shape. She was 7 pounds, 8 ounces and 19 ½ inches in length. On the professional front, Sue is now vice-president of the Fetal Alcohol Study Group and president of the local UK Neuroscience chapter.

Betty Lorch (PI) and **Rich Milich** (co-PI) were awarded a grant from NIMH, entitled "Development of Attention and Comprehension in ADHD." The project is an ambitious 5-year longitudinal study involving 200 children. The direct costs for the project are about \$875,000.

Rick Hoyle was appointed Associate Editor of *Journal of Personality and Social Psychology* and joined the Convention Committee of the Society for Personality and Social Psychology.

Suzanne Segerstrom has hit the external funding jackpot. She has been awarded three new grants: (1) A 5-year grant from NIMH entitled "Anxiety, Depression,

Optimism and Cellular Immunity." The direct costs for this grant are \$675,000; (2) A 2-year grant from the Dana Foundation for a study called "Response to Vaccination in Dementia Caregivers: A Test of Cognitive Vulnerability and Resilience" (\$100,000); and (3) a grant from the Templeton Foundation for a project called "Writing and Health: The Adjustment, Health, and Immune Effects of Manipulating Repetitive Thought" (\$10,000). Suzanne also participated in a small by-invitation-only conference on positive psychology organized by Martin Seligman, which was held in Akumel, Mexico last January (the hardships we endure for science!).

Chana Akins received a Faculty Summer Research Fellowship for 2001. She also was recently awarded a KO1 (Mentored Research Scientist Development Award) from the National Institute on Drug Abuse (NIDA) for a project entitled "A Visual Cue Model of Cocaine Reward," with about \$360,000 in direct costs. Chana has also been appointed to APA's Committee for Animal Research and Ethics. Last in a long list of honors, Chana was a finalist for the university-wide Chancellor's Teaching Award for Nontenured Faculty.

Tom Zentall has assumed the position of President-elect of the Midwestern Psychological Association. He has also been named to the editorial board of the *International Journal of Psychology and Psychological Therapy*.

Monica Kern was named to the editorial board of *Journal of Personality and Social Psychology*.

Graduate Student Notes

Eric Stephens assumed a position as assistant professor at Cumberland College in Williamsburg, Kentucky.

Matt Webster and his wife, Sandi, became the proud parents of a boy on January 27, 2001. Luke Matthew Webster weighed 6 pounds, 12 ounces and was 20 3/4 inches long.

Wendy Mager won a NRSA pre-doctoral fellowship for her social skills intervention study with at-risk adolescents. She also received the Harris Dissertation Award for this project.

Lisa Heaton has received an NIMH Predoctoral Traineeship through the Behavioral Science Department for the 2001-02 year. Lisa will be working with Dr. Tim Smith and Charley Carlson on dental anxiety research.

Corrine Voils was awarded a University Visiting Distinguished Faculty Award for her dissertation. Patricia Devine, preeminent scholar of prejudice and stereotyping, came to UK to serve as an outside reader on Corrine's dissertation. Corrine recently began her new job as Research Associate at Piedmont Research Institute in Chapel Hill, North Carolina.

Josh Miller and **Leslie Ashburn-Nardo** won Presidential Fellowships for the upcoming academic year. These are highly competitive, university-wide awards, and it is unusual for a department to win two of these. Leslie also won the Gunto Award for Research in Social Psychology.

In other university-wide competitions, **Tricia Clements** won a Dissertation Year Fellowship and incoming social student **Jorgi Robinson** won a Wethington Fellowship, a new award designed to induce UK undergraduates to stay at UK for graduate training.

Two new awards were created in the clinical area and awarded for the first time this past Psychology Honors Day

in April. **Josh Miller** won the Michael T. Nietzel Predoctoral Research Award, and **Dona Crager** won the Outstanding Scientist-Practitioner Award.

Gavin Shoal won the 2001 Award for Best Student-Submitted Abstract for Division 50 for the APA convention to be held in San Francisco this August. The poster was entitled "Non-Intellective Cognition, Negative Affectivity, and Substance Use in AdolescentBoys."

Beth Sankis was recently married (July 28th) to Frank Eckerd. The wedding was held in Louisville, where she has moved and from where she will commute to Lexington to finish her degree.

Wedding bells rang also for **Alyssa Lowther** (now Alyssa Averill), who was married to Nate Averill on June 23rd in Charlottesville, VA.

Kris Anderson won a Dissertation Year Fellowship for the upcoming academic year, but she had to turn it down as she was also awarded a NRSA pre-doctoral fellowship from NIAAA. She has also been appointed to a two-year term as the student representative to the board of the Council of University Directors of Clinical Programs. Kris has also taken over as State Advocacy Coordinator of Kentucky for APAGS-ACT and is now the student liaison to the KPA Board.

Where Are They Now ?

In this column, we print brief notes about where our alumni have settled and what they are up to these days. The success of this column depends on *your* willingness to send in a short summary of where you are and what you're doing. Please take the time to jot a few lines to let your former friends and acquaintances find out what you're doing. You can mail your entries to Monica Harris Kern, Department of Psychology, University of Kentucky, Lexington, KY, 40506-0044, or send them via e-mail to harris@uky.edu. If you'd

like to publish an e-mail or snail-mail address where former colleagues can reach you, please let me know.

Greg Morrow, a 1988 social psychology Ph.D., was promoted to Professor of Psychology at Edinboro University of Pennsylvania. He will be enjoying a sabbatical leave during the Fall of 2001. He has been collaborating on a multidimensional scaling study with Dr. Dave Cairns at Macquarie University in Sydney, Australia, and will be traveling "down under" with his family for 3-4 months next fall. It should be a great trip! On a more personal note, his wife Kimberly (LCSW) is in private practice specializing in anxiety disorders and OCD in particular. They have two children, Brianna, 5, and Ryan, 2 1/2. Greg and **Charlie Edwards** (another UK alum) bought a sailboat last fall and have spent many great hours sailing Presque Isle bay and Lake Erie. Greg can be reached via e-mail at morrow@edinboro.edu.

Karyn McKenzie, social Ph.D. and currently assistant professor of psychology at Georgetown College, and her husband had their second child this summer. Karyn gave birth to Michael Bennett McKenzie on June 8, 2001, at 11:41 a.m. The baby weighed in at 7 lbs, 14 oz and 19 1/2 inches.

Lauren Cunningham, clinical Ph.D., and her husband, Cliff, became parents on March 15th. Clair Morgan Cunningham surprised both parents and all medical personnel by arriving breech (i.e. bottom first). Despite the breech presentation and being nearly four weeks premature, the baby is in excellent health, weighing at birth 6 lbs 5 oz and measuring 19 inches in length.

Kim Kelso, a 1994 social Ph.D., was recently appointed Chair of the Department of Psychology at Adams State College. She was married a year ago to Michael D'Errico, and they are

currently enduring a commuter marriage while he finishes a master's program in Forestry at the University of Missouri. Kim can be reached at kakelso@adams.edu.

Shana Pack (formerly Bowling, a 1992 BANS Ph.D.) is beginning a new job at WKU-Glasgow. Shana will be busy indeed, as she and her husband had a baby on February 8th. Emma Kathleen Pack weighed in at 6 lbs, 14.5 oz and 19 inches in length. Friends can reach Shana at shana.pack@wku.edu.

Russ Brown, a 1999 BANS Ph.D., is starting a tenure-track position as an assistant professor at East Tennessee State University in Johnson City, TN.

Lynn Trench (formerly Hansen; 1998 BANS Ph.D.), and her husband, Bart, became the proud parents of Jack Hansen Trench on May 22, 2001.

Two former students, **Robert Gallen** (Clinical) and **Jennifer Willford** (BANS), were married on June 10th, 2000.

Enrichment Fund

Since the conception of the Psychology Enrichment Fund in the summer of 1991, the Department has benefitted substantially from the generosity of alumni who have contributed to the fund. Although donations in any amount are always welcome, the Department has identified three special levels of gifts that can be structured in multi-year payments.

Psychology Friends pledge \$300 to the enrichment fund; Partners pledge a total of \$1000, and members of the Kastle Society pledge a sum of \$2000 to the Fund. Individuals who donate at any of these levels will receive personalized paperweights from the University and will have their names engraved on wall plaques that are displayed in Kastle Hall.

To make a contribution in any amount to this fund, please write your check payable to the UK Psychology Enrichment Fund and mail it to the University of Kentucky Office of Development, Sturgill Development Building, University of Kentucky, Lexington, KY, 40506-0015. Your help is always needed and greatly appreciated.