





## Microbiology

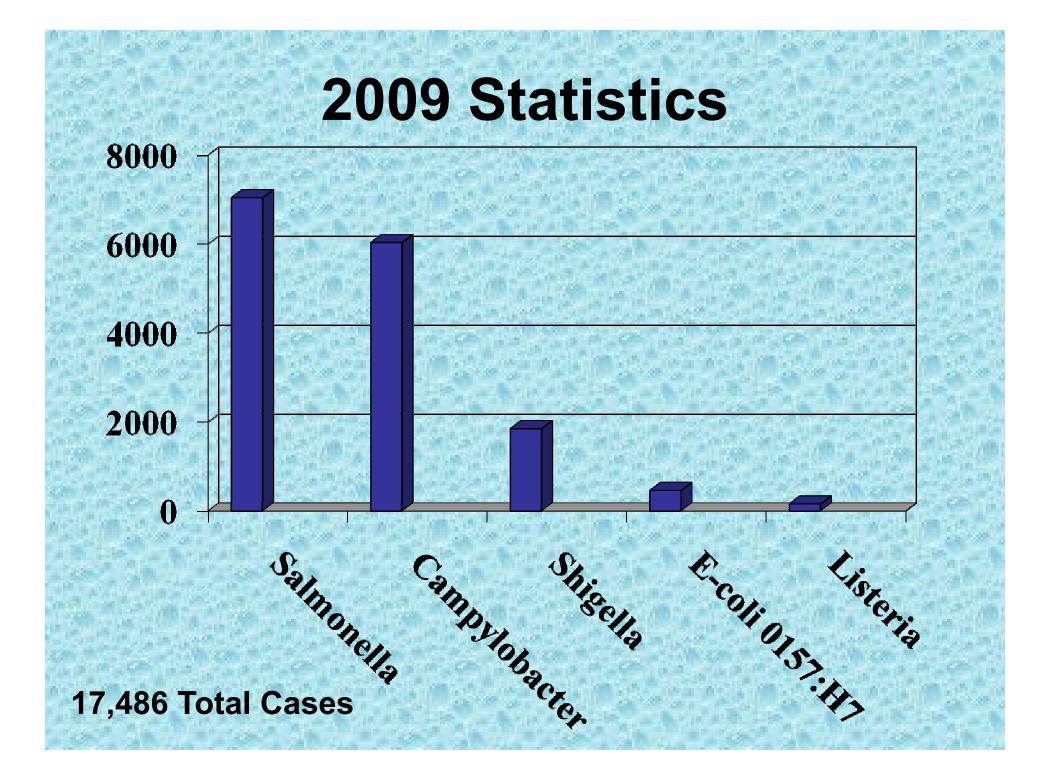
- Eat over 1,800lbs of food per year
- 200 known diseases transmitted through food
- 2009; 6 to 81 million food born illnesses
- Over 9,000 deaths
- Food Safety has been identified as a major concern of consumers

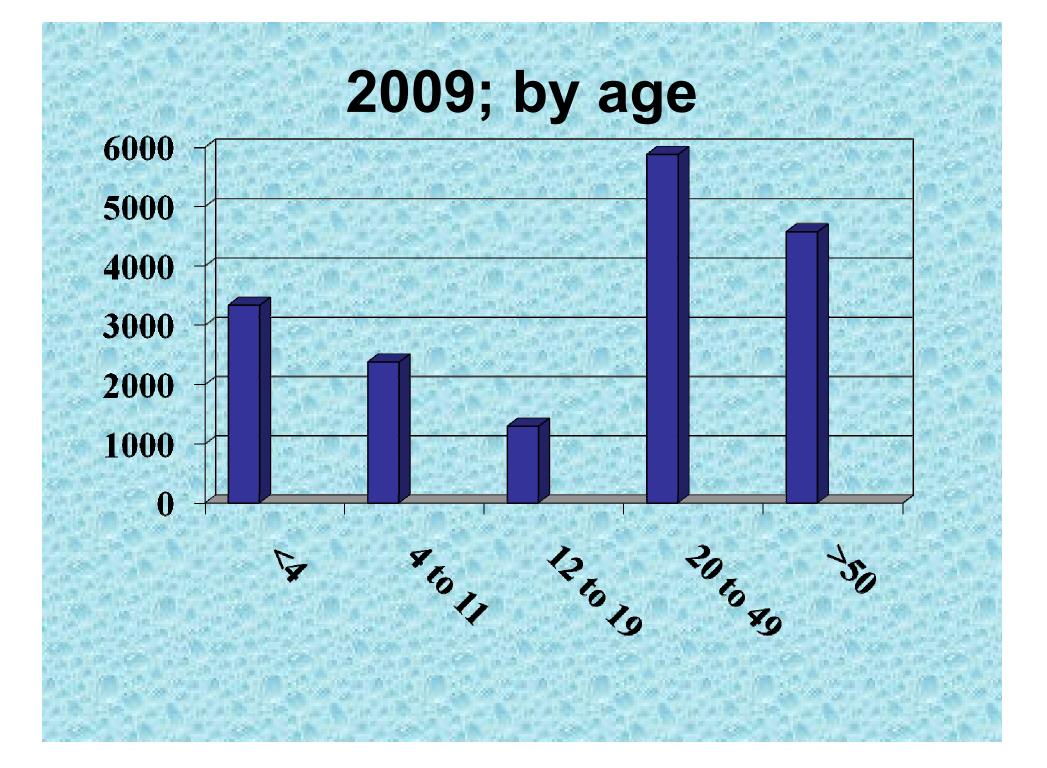
## FoodNet

- FoodNet Surveillance System (FDA, CDC, and the USDA) 1996
- Track pathogens; Campylopbacter, Ecoli 0157:H7, Lysteria monocytogenes, Salmonella, Shigella, Yersina entercolitica, and Vibrio
- 1997 added Cyclospora, and Cryptospoidium; parasitic protozoa



States: MN, OR, CA, CT, GA, TN, NY, MD, CO, NM 44.1 million people; 15.3% of the population 2004 tracks worldwide incidence of NV-CJD





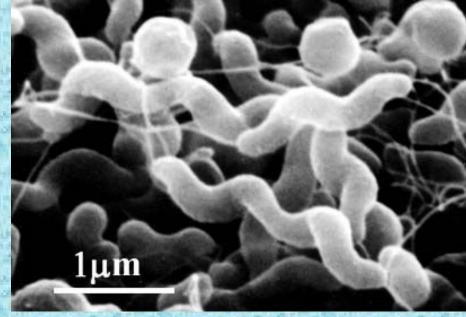
# **Statistics**

- Camplylobacter and Salmonella
  - Majority of cases in people under 9
  - Vast majority less than 1 year of age
- More males than females
- Spike of food born illness in the summer months



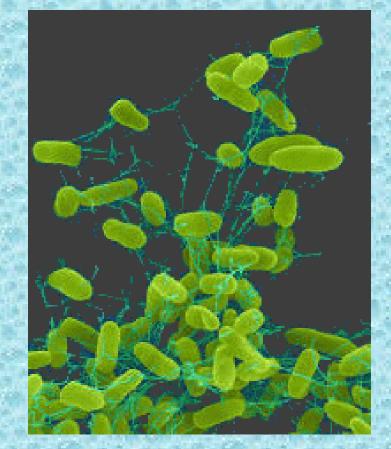
## **Campylobacter jejuni**

- 2<sup>nd</sup> most common cause of sickness
- Raw chicken, meats, sushi, etc
- Nausea, vomiting, diarrhea, cramps, and bloody diarrhea (sometimes)
- Children under 5; problem in day cares
- Onset 2-5d lasts a week

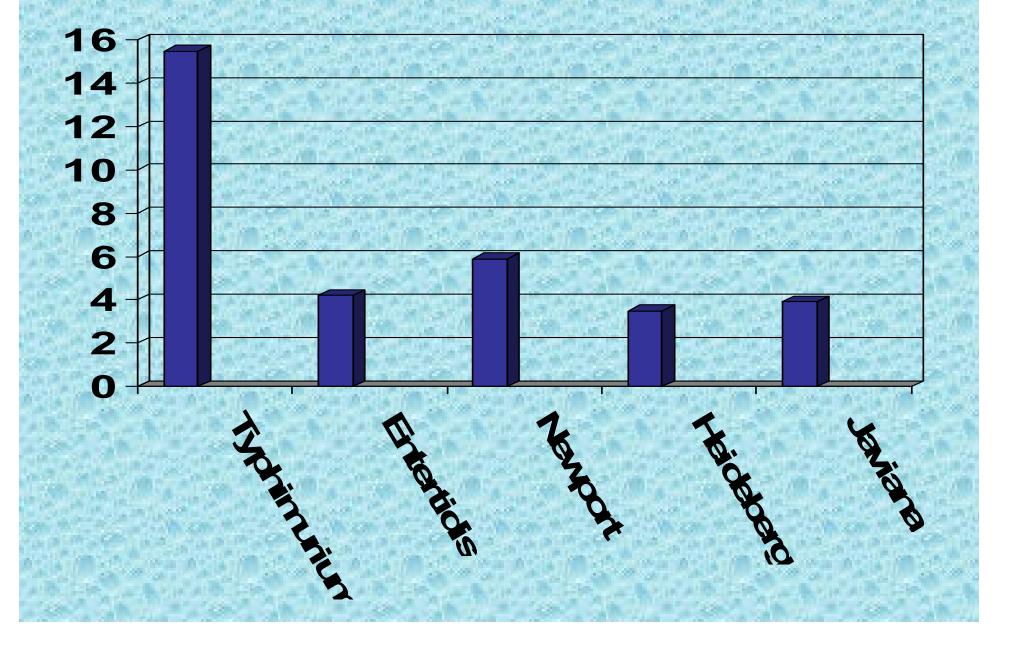


## Salmonella ssp

- Many types
- S. typhi = Typhoid Fever
- Nausea, vomiting, abdominal cramps, diarrhea, fever, headache
- 12-72 h onset
- Few as 100 cells; lasting 1-2 d
- Poultry, raw meats



#### Top Salmonella Ssp; per 100,000 cases



## Escherichia-coli O157-H7

- Most E-coli are harmless 0157-H7 most harmful
  - Enterohemorrhagic
- Severe abdominal cramping, watery diarrhea followed by bloody diarrhea, some vomiting
- Occasional Kidney Failure
- As few as 10 cells, lasts up to 8 days
  - 2 8 days after exposure



#### E-coli 0157:H7 and Ground Beef

- Jack-in-the-Box made E-coli a household name
- An adulterant if one cell is found in ground beef
- E-coli ssp. & Salmonella are constantly tested in ground beef





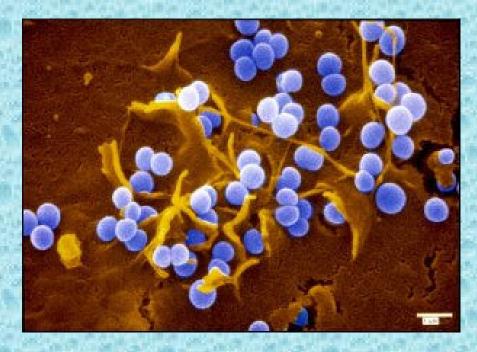
You have a greater chance of dying in a tornado or being struck by lightning than contracting E-coli O157-H7 from ground beef

# **Clostridium botulinum**

- Very deadly toxin (nerve toxin)
- 18-36 h
- Resembles Drunkenness
- General weakness, vertigo followed by double vision, difficulty speaking, breathing, and swallowing, drooping eyelids, and constipation
- COD Asphyxia
- Cured meat, cans, canning vegetables
- Nitrite/ Nitrate

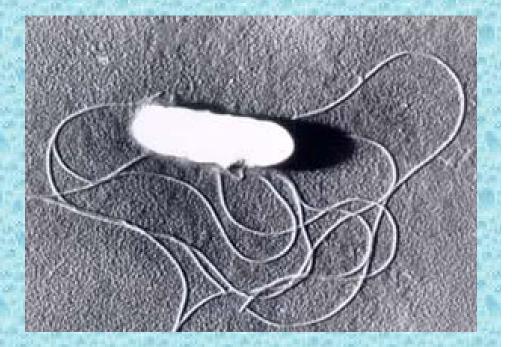
#### Staphylococcus aureus

- Food Handlers Disease
- Can make 7 different toxins
- Nausea, vomiting, diarrhea, abdominal cramping
- Rapid onset; 12 h duration
- Nose, throat, hair, and skin of 50% of Americans



## Listeria monocytogenes

- Major concern in Readyto-eat foods
- Can cause pregnant women to spontaneously abort or stillbirth
- Flu-like symptoms, persistent fever, gastrointestinal problems
- Few days to three weeks
- Can grow in refrigeration as low as 35-37° F



#### **Types of Food Born Illness**

- Food born intoxication
- Food born infection
- Toxico-infections
- Opportunistic Pathogens

#### **Types of Food Born Illness**

- Food born Intoxication
  - The toxin must be ingested
  - Staph gastroenteritis
  - C. botulinum
- Food born Infection
  - Cells have to be alive
  - Cells colonize in the body and then release toxin
  - Salmonella, Campylobacter, E-coli 0157:H7

#### **Types of Food Born Illness**

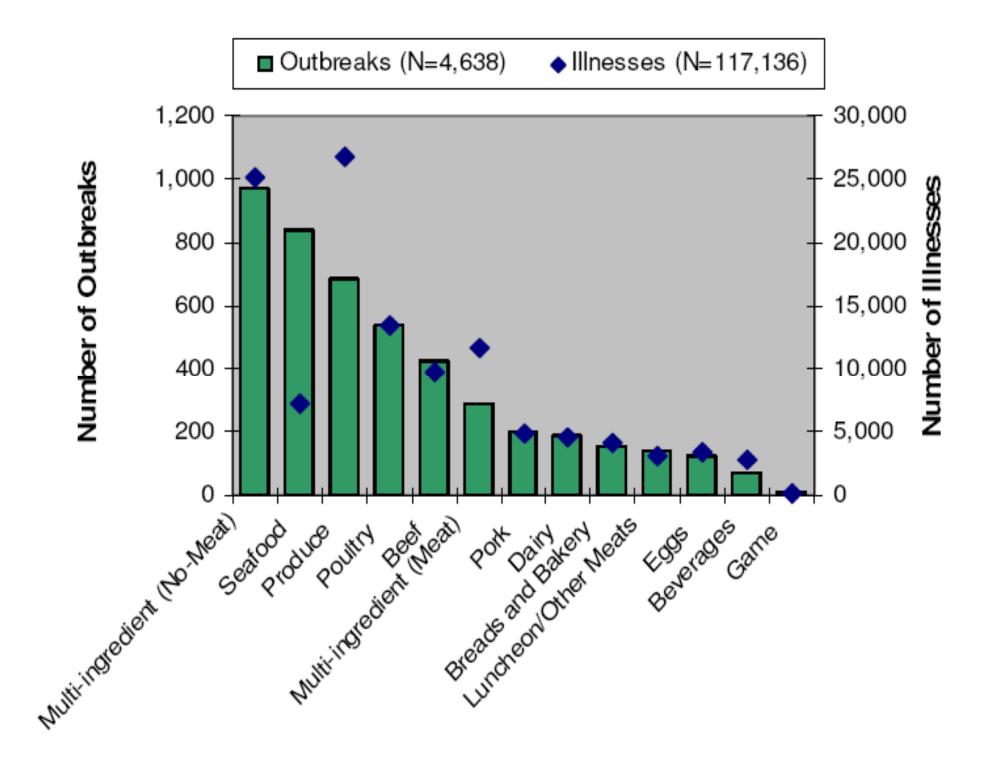
#### Toxico-Infection

- Live cells are ingested, produce spores, die, then release toxin as they die
- Clostridium perfringes, Bacillus cereus, Bacillus antracis
- **Opportunistic Pathogen** 
  - Not commonly pathogens
  - Attack immuno-compromised people
  - Citrobactor, Kleibsella, and Aeromonas

#### **How to Prevent Contamination**

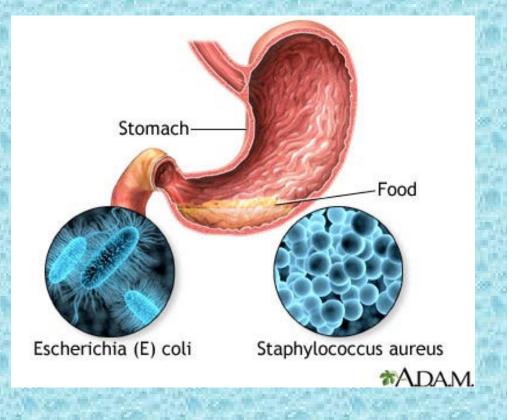
- Thermal Pasteurization
- Feed Additives
- Steam Vacuums
- Animal and Carcass Washes
  - Dehairing (not used)
  - Lactic Acid Wash
  - Acetic Acid Wash
  - Hot Water Wash

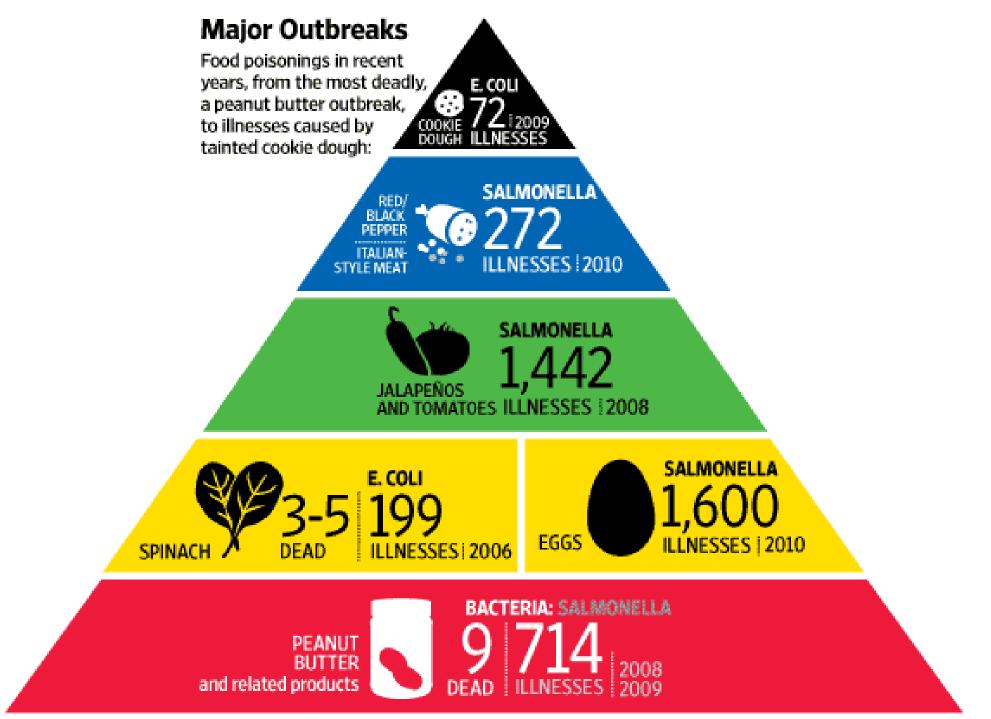




# **Top Foods**

Foods that have caused illness **Unpasteurized Juices Fresh Vegetables Raw or Undercooked Eggs** Chicken Tuna **Potato or Macaroni Salads Cream-filled Pastries Alfalfa Sprouts Fresh Fruits Bottom feeding Shellfish** 





Sources: Centers for Disease Control and Prevention; Food and Drug Administration

#### **Main Causes**

- Undercooking
- Interrupted Cooking
- Cross Contamination
  - Not washing cutting board
  - Not cleaning counter
- Not keeping hot food hot or cold food cold
- Not washing hands
  - Bathroom
  - After handling raw meat
  - Snotty noses
- Generally not using common sense