

View of Mauna Kea  
across Hilo Bay from  
our hotel.





Sumi with seaweed  
turtle chips on the  
veranda of the hotel.





Morning visit to  
the Hilo  
Farmer's Market



















PRODUCT OF HAWAII, USA  
KEEP COOL PERISHABLE

Hawaiian  
Sweet



Ohia

SIZE  
☐ 1  
☐ 2  
☐ 3



FRESH

Organic  
Honey







There was a variety of familiar and unusual fruits and vegetables.







Star apple  
(*Chrysophyllum cainito*)

Mamey  
(*Pouteria sapote*)

Canistel  
(*Pouteria campechiana*)



Longan  
(*Dimocarpus longan*)





Mamay (*Pouteria sapote*)





Star apple  
(*Chrysophyllum cainito*)





Bracken fern  
(*Pteridium aquanuum*)





Ice cream bean  
(*Inga*)





Jabuticoaba





Sharing fruit at a  
late farmers  
market breakfast .

