

## **2013 Guatemala, Belize and Mexico Study Tour**

### **Day 1, May 6 - Guatemala**

Arrive Guatemala City  
Visit Guatemala Botanic Garden  
Drive to Antigua; tour Antigua  
Lodging: Los Bucaros, Antigua

### **Day 2, May 7 - Guatemala**

Visit Valhalla macadamia nut farm  
Drive to Panajachel in Lake Atitlan region  
Eat Pupusas at Cheros eatery in Panajachel  
Water taxi to Santa Cruz La Laguna  
Lodging: Utz Jay, Panajachel

### **Day 3, May 8 – Guatemala**

Visit to IMAP – Institute for MesoAmerican  
Permaculture  
Home stay, San Jorge La Laguna  
Traditional dress and group dinner  
Lodging: Home stay, San Jorge La Laguna

### **Day 4, May 9 - Antigua**

Chichicastenango Market  
As Green as it Gets coffee tour  
Drive back to Antigua  
Lodging: Los Bucaros, Antigua

### **Day 5, May 10 - Guatemala**

Morning flight to Flores  
Hike and swim in Flores  
Drive to Tikal National Park  
Sunset hike to pyramids in Tikal  
Lodging: Jaguar Inn, Tikal National Park

### **Day 6, May 11 - Belize**

Morning sunrise hike in Tikal  
Zip-line  
Drive to Belize  
Visit Belize Botanic Garden  
Evening in San Ignacio  
Lodging: Hotel Mallorca, San Ignacio

### **Day 7, May 12 - Belize**

Hike the Actun Tunichil Muknal Cave  
Ferry from Belize City to Caye Caulker  
Lodging: Plaza Hotel, Caye Caulker

### **Days 8, May 13 - Belize**

Sail to Hol Chan Marine Reserve  
Snorkeling  
Lodging: Plaza Hotel, Caye Caulker

### **Day 9, May 14 - Mexico**

Ferry back to Belize City  
Drive to Mexico border crossing  
Visit Tulum Mayan temple  
Beach swim in Playa del Carmen  
Lodging: Casa Tucan, Playa del Carmen

### **Day 10, May 15**

Fly home to Kentucky