

HOME FRUIT VARIETY RECOMMENDATIONS - 2007

John Strang, Joe Masabni, R. Terry Jones and Rick Durham
 Extension Horticulture Specialists

The following table lists home fruit varieties recommended for Kentucky. Several of these are identified as minimal pesticide (MP) varieties, which will usually mature their fruit with fewer pesticide applications. Most other fruit types require a regular pest control program.

TABLE 1. RECOMMENDED HOME FRUIT VARIETIES

ALMOND		Not recommended because they bloom too early and flowers are killed by frost		
APPLE		(Listed in order of ripening. Plant two varieties for pollination.)		
Variety	Avg. Ripening Date, Central KY ¹	Skin Color	Use	Remarks
Lodi (MP)	Jul 1	Yellow	Sauce & Freezing	Has replaced Yellow Transplant
Pristine (MP)	Jul 14	Yellow	All	Scab resistant, susceptible to cedar apple rust, fire blight resistant and powdery mildew; possible replacement for Lodi
Redfree (MP)	Jul 25	Red	All	Very resistant to scab and cedar apple rust, susceptible to fire blight and powdery mildew
Ginger Gold	Aug 1	Yellow	All	Large fruit, fine grained flesh, does not russet and stores well
Mollies Delicious	Aug 10	Red	All	Large, firm excellent quality, fire blight susceptible
Dayton (MP)	Aug 10	Red	All	Resistant to scab and powdery mildew, susceptible to cedar apple rust
Gala	Aug 25	Red	All	Excellent quality, very fire blight susceptible
Liberty (MP)	Aug 31	Red	All	Resistant to scab, cedar apple rust, and fire blight, susceptible to powdery mildew blight
Cortland	Sept 1	Red	All	Dependable producer; white flesh, McIntosh type
Ruby Jon	Sept 5	Red	All	Jonathan type; excellent red color, found in KY, fire blight susceptible
Jonafree (MP)	Sept 5	Red	All	Very resistant to scab and powdery mildew, susceptible to fire blight and cedar apple rust
Grimes Golden	Sept 5	Yellow	All	Splendid all around apple, but does not keep well
Pixie Crunch (MP)	Sept 5	Red	Fresh	Very resistant to scab, small sweet crisp kids apple
Golden Delicious	Sept 10	Yellow	All	Dependable producer
Crimson Crisp (MP)	Sept 15	Red	All	Very resistant to scab, moderately resistant to cedar apple rust, susceptible to fire blight and powdery mildew

Jonagold	Sept 15	Red	All	Excellent quality, triploid and will not pollinate other varieties; Jonathan X Golden Delicious
Empire	Sept 20	Red	All	McIntosh type, blooms early, frost prone
Suncrisp	Sept 20	Yellow	All	Excellent quality and flavor, a long keeper
Melrose or Melred	Sept 20	Red	All	A replacement for Stayman
Mutsu or Crispin ²	Sept 25	Yellow	All	Heavy producer; triploid and will not pollinate other varieties, stores well
Law Rome	Sept 25	Red	Cooking	A long keeper; blooms late & avoids frost, fire blight susceptible
Blushing Golden	Sept 25	Yellow	All	Firm, smooth finish, good quality
Red Fuji	Sept 25	Red	All	A long keeper, excellent crisp, sweet apple
Enterprise (MP)	Oct 1	Red	All	Very resistant to scab and cedar apple rust, moderately resistant to powdery mildew and fire blight
GoldRush (MP)	Oct 10	Yellow	All	Very resistant to scab, resistant to fire blight, moderately resistant to powdery mildew, very susceptible to cedar apple rust and black rot; best variety for long term storage
Sundance (MP)	Oct 15	Yellow	All	Very resistant to scab, cedar apple rust, fire blight, and powdery mildew
Granny Smith	Oct 25	Green	Dessert	A long keeper
¹ Ripening dates are generally a week earlier in Western Kentucky and a week later in Eastern Kentucky				
² Susceptible to bacterial blight of fruit lenticels				
APRICOT		Not recommended because they bloom too early and flowers are killed by frost		
APRIUM (Apricot X Plum)		Not recommended because they bloom too early and flowers are killed by frost		
BLACKBERRY (MP)				
Erect	Thornless - Apache, Ouachita Thorny - Chickasaw, Cherokee (for warmer sites), Chesapeake (for trial), Kiowa (for warmer sites)			
Semi-erect	Thornless - Triple Crown			

BLUEBERRY (MP)	Duke, Patriot, Bluejay, Chandler, Ozarkblue, Sierra, Toro, Sampson, Duplin, Bluegold, Draper, Bluecrop, Nelson, Brigitta, Darrow, Elliott, Aurora (for trial)
CHERRY, TART (MP)	Montmorency, Danube, Surefire, North Star
CHERRY, SWEET	(Do not survive well) Black Gold, Hedelfingen, Lapins, Sweetheart
CURRANT (MP)	
Black	Crusader, and Titania, or (Ben Lomond and Ben Sarek where white pines are not within one mile. Susceptible to white pine blister rust)
Red	Rovada, Jonkeer Van Tets
White	Primus
ELDERBERRY (MP)	Johns, Adams #1, Nova, York (need 2 varieties for pollination)
FIG (MP)	Celeste (for container growing only)
GOOSEBERRY (MP)	Amish Red, Poorman, Hinnomaki Red,
GRAPE	(Not Generally Suitable for Minimal Pesticide Gardening)
AMERICAN AND FRENCH HYBRID FOR FRESH CONSUMPTION	
Blue	Buffalo, Steuben, Concord, Sunbelt
White	Niagara
Red	Alden, Catawba
White Seedless	Marquis, Neptune
Blue Seedless	Mars, Jupiter
Red Seedless	Reliance
AMERICAN (FOR WINE)	
Blue	Norton/Cynthiana
White	Niagara
FRENCH HYBRID (FOR WINE)	
Blue	Foch, Baco Noir, DeChaunac, Frontinac, Chambourcin
White	La Crosse, La Crescent, Cayuga white, Chardonel, Traminette, Seyval blanc, Vidal blanc
EUROPEAN (VINIFERA)	
Blue	Cabernet franc clones 214 or 332
White	Viognier #1

HARDY KIWI		Not recommended, These are different from the commercial kiwi variety, Hayward					
JUJUBE (CHINESE DATE) (MP)		Western KY only - Korean #1, Li, Lang, Sherwood,					
PAWPAW (MP)		Davis, NC-1, Overleese, PA Golden, Potomac, Prolific, Shenandoah, Sue, Sunflower, Susquehanna, Sweet Alice, Taylor, Taytwo, Wabash, Zimmerman					
PEACH / NECTARINE							
Variety	Ripening (weeks before or after Redhaven) ¹	Flesh Color	Cling or Freestone	Bud Hardiness	Usage: Fresh (1) Freeze (2) Canning (3)	Harvest Characteristic	Resistance to Flesh Browning
Flaming Fury PF-5B	- 3 to 4	Yellow	Semi-Free	V. Hardy	1		
Harrow Diamond	- 2 to 3	Yellow	Freestone	V. Hardy	1-2	Hangs Well	
Redhaven		Yellow	Freestone	M. Hardy	1-2-3	Hangs Well	V. Good
White Lady	+1	White	Freestone	V. Hardy	1-2	Hangs Well	Good
Ernie's Choice	+ 2	Yellow	Freestone	M. Hardy	1-2	Hangs Well	
Cresthaven	+ 3 to 4	Yellow	Freestone	M. Hardy	1-2-3	Hangs Well	Good
Madison	+ 3 to 4	Yellow	Freestone	V. V. Hardy	1-2-3	Drops	Good
Coralstar	+ 3 to 4	Yellow	Freestone	M. Hardy	1-2-3	Hangs Well	V. Good
Contender	+ 3 to 4	Yellow	Freestone	V. Hardy	1-2	Hangs Well	Good
Redgold nectarine	+ 3 to 4	Yellow	Freestone	M. Hardy	1	Hangs Well	Med.
Fantasia nectarine	+ 3 to 4	Yellow	Freestone	M. Hardy	1	Hangs Well	
Blushingstar	+ 3 to 4	White	Freestone	V. Hardy	1-2	Hangs Well	V. Good
Redskin	+ 5 to 6	Yellow	Freestone	M. Hardy	1-2-3	Hangs Well	Good
Biscoe	+ 5 to 6	Yellow	Freestone	V. Hardy	1-2-3	Hangs Well	
Encore	+ 8	Yellow	Freestone	V. Hardy	1	Hangs Well	
¹ Redhaven ripens around July 25 in western Kentucky and August 5 in eastern Kentucky.							

PEARS (Not Generally Suitable for Minimal Pesticide Gardening)		
ASIAN PEAR		
Variety	Ripening	Pollinator
Chojuro	Early August	Korean Giant
Niitaka	Mid- August	Korean Giant, Chojuro
Yoinashi	Mid-September	Any other Asian pear
Korean Giant Olympic or Starking Hardy Giant	Late September	Chojuro
EUROPEAN PEAR¹		
Variety	Ripening	Pollinator
Summercrisp	Late July	Any other European pear ²
Harvest Queen	Mid-August	Any other European pear ²
Honeysweet	Late August	Any other European pear ²
Potomac	Early September	Any other European pear ²
Blake's Pride	Early September	Any other European pear ²
Magness ²	Early September	Korean Giant, Potomac, Honeysweet
Seckel	Early September	Any other European pear ²
Kieffer ³	Late September	Any other European pear ²
¹ Don't plant Bartlett pears. Plant only blight resistant varieties. ² Magness can not be depended on to pollinate other pear varieties ³ Kieffer also has fire blight resistance but has many stone or grit cells. Excellent for canning.		
PERSIMMONS (MP)		
American	Early Golden, Evelyn, Morris Burton, Yates	
Oriental	Not hardy in Kentucky	
PLUOT (Plum X Apricot)	Not recommended because they bloom too early and flowers are killed by frost	

PLUM ASIAN or JAPANESE	Frost susceptible, only for exceptional sites	
Variety	Ripening	Pollinator
Shiro	Early July	Ozark Premier
Ozark Premier	July	Shiro
EUROPEAN		
Castleton	Early August	Any other European type
Green Gage	Mid August	Self fruitful
Bluebyrd	Mid August	Any other European type
Stanley	Late August	Self fruitful
RASPBERRY (MP)		
Black	Allen, Jewel	
Red	Lauren, Reveille, Titan (June bearing) Autumn Bliss, Autumn Britten, Caroline (fall bearing)	
Purple	Royalty	
Yellow	Anne (fall bearing)	
QUINCE	Not recommended due to fire blight susceptibility	
STRAWBERRY (MP)		
June Bearing	Earliglow, Mesabi, Redchief, Allstar,	
Everbearing	Tristar, Tribute	

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