

**EDP 652 Theories of Counseling**  
**Fall 1999; T/Th 9:30-10:45**  
**DH 203**  
**Dr. Sherry Rostosky**  
**Phone: 257-7880**  
[rostosk@pop.uky.edu](mailto:rostosk@pop.uky.edu)  
**Office hours: M/W 3:30-5:30 DH 251D**

**Required Text:**

Corey, G. (1996). Theory and practice of counseling and psychotherapy (5<sup>th</sup> Ed.). Pacific Grove, CA: Brooks/Cole.

**Supplementary resources:**

Corey, G. (1996). Case approach to counseling and psychotherapy (4<sup>th</sup> ed.).

Corey, G. (1996). Student manual for theory and practice of counseling and psychotherapy (5<sup>th</sup> Ed.).

Corsini (1999). Current Psychotherapies (5<sup>th</sup> Ed.). Itasca, Illinois: F.E. Peacock.

Sharf, R.S. Theories of Psychotherapy and Counseling: Concepts and Cases (2<sup>nd</sup> Ed.). Pacific Grove, CA: Brooks/Cole

**Purpose**

The purpose of this course is to provide a foundational knowledge base of the major counseling theories and theorists. Course objectives include:

\*To strengthen professional skills in critical thinking, writing, and presenting by comparing, contrasting, and evaluating counseling theories.

\*To increase awareness of professional, ethical, and diversity issues related to each theory.

\*To closely examine and to begin to integrate counseling theory, client needs, and counselor characteristics.

**Course Requirements**

Attendance: Class attendance and active participation is very important and will count for a possible **10 points** toward your final grade.

“Teach a Theory”: Small-group presentations. Small groups of 2 or 3 students will be assigned a theory and a day to “teach” that theory to the rest of the class. Instructor rating and peer ratings of the presentations will be based on organization, clarity, creativity, thoroughness and helpfulness. **(25 possible points)**.

Personal Reaction Papers: Each student will complete a total of three (2-3 page) reaction papers. For the first reaction paper, select one of the activities on page 87, 99, or 116 of the Corey Student Manual (due Sept. 30). For the second paper, select one of the activities on page 126, 136, or 151 of the student manual (due Oct. 21). For the third paper, select one of the activities from page 165, 180, or 198 (due Nov. 18). **(5 possible points each)\*\***

Book review or critical essay: Select a major theorist that you want to learn more about. Read a current biography and one original work by that theorist. Write an integrative review or essay (7-10 pages) and a one page (single spaced) summary to be handed out to your classmates.

Due date: Dec 2 **(25 possible points)\*\***

Final Exam: Dec. 13<sup>th</sup>, 8:00 a.m. **(25 possible points)**

\*\*Papers will be collected at the beginning of class on the day they are due. After class begins, papers are considered late and will be penalized 10% of the total point value for each day they are past due. If you are having difficulty with an assignment, please see me as soon as possible.

### **Grading**

Total points accumulated:

90-100 = A

80-89 = B

70-79 = C

Below 70 = E

Schedule (tentative)

<b>DATE</b>	<b>TOPIC</b>	<b>ASSIGNMENT</b>
<u>August</u>		
26	Introductions	Corey Chap 1
31	Professional Identity	Corey Chap 2
<u>September</u>		
2	Professional Identity	
7-9	Ethical Issues	Corey Chap 3
14	Psychoanalytic Group Pres.	Corey Chap 4
16	Psychoanalytic	
21	Adlerian Group Pres.	Corey Chap 5
23	Adlerian	<b>(submit book titles)</b>
28	Existential Group Pres	Corey Chap 6
30	Existential	<b>Reaction Paper 1</b>
<u>October</u>		
5	Person-Centered Group Pres.	Corey Chap 7
7	Person-Centered	
12	Gestalt Group Pres.	Corey Chap 8
14	Gestalt	
19	Reality Therapy Group Pres.	Corey Chap 9
21	Reality Therapy	<b>Reaction Paper 2</b>
26	Behavioral Group Pres.	Corey Chap 10
28	Behavioral Therapy	
<u>November</u>		
2	RET Group Pres.	Sharf Chap 9 (reserve)
4	RET	
9	CBT: Group Pres	Corey Chap 11
11	CBT	
16	Family Systems: Group Pres.	Corey Chap 12
18	Family Systems	<b>Reaction Paper 3</b>
23-25 (Thanksgiving)		
30	Feminist Group Pres.	Sharf Chap 12 (reserve)
<u>December</u>		
2	Feminist Therapy	<b>Review Paper due</b>
7	Integrative	Corey Chap 13
9	Review/Wrap-Up	Corey Chapter 14
13	<b>Final Exam: 8am</b>	

## Quality Assurance Contract

To prepare myself for a professional career that will include writing and publishing, I understand that part of my education encompasses the ethics and mechanics of such writing activities. I understand that my work presented for each course should be an original manuscript consisting of my own writing and should not duplicate or substantially overlap any of my papers previously submitted to another class. I also understand that I should not quote or use the words of another person without referencing the person, nor should I borrow ideas from others without acknowledging their work. I also understand that the format of my written papers will be in compliance with the guidelines of the current APA Publication Manual, including writing mechanics, tables and figures, and language that is non-sexist or racist or demeaning to others.

For the paper submitted here, I do certify that the above statement is true and valid.

Signed \_\_\_\_\_

Print Name \_\_\_\_\_

SSN \_\_\_\_\_

E-mail \_\_\_\_\_

Title of Paper \_\_\_\_\_

Instructor \_\_\_\_\_