



Kinesiology – Teacher Certification Program

College of Education

Requirements for Program

The Department of Kinesiology and Health Promotion offers undergraduate courses and degree programs in kinesiology (physical education) and health promotion.

The kinesiology program ensures an understanding of and knowledge about the structure of the physical education and dance disciplines through the content courses of anatomy, physiology, kinesiology, exercise physiology, and nutrition.

The B.A. in Kinesiology requires completion of: (a) the University Studies Program; (b) specified course work in Program Related Studies and Professional Education; (c) one of the kinesiology plans; and (d) a minimum of 128 semester hours.

Continuous Assessment

1. All students in the kinesiology program are expected to meet the standards and rules for Admission, Retention, and Exit from Teacher Education Programs as set forth in the section "Admission, Retention and Exit from Teacher Education Programs" on page 172 of the 2008-2009 UK Bulletin.

2. The kinesiology program stimulates higher performance goals for high-performing students by offering several modes of performance. Examples are: (a) skills in performing physical activities; (b) skills in writing and oral presentations in theory courses; (c) computer technological skills in some courses; and (d) leadership skills demonstrated by high-performing students who serve as class leaders, peer tutors, and/or assistant instructors.

3. After admittance to the program, students not only must maintain a 2.50 GPA, they must continue to exhibit desirable professional characteristics to remain in the program.

Statement on Student Teaching

Students who are majoring only in kinesiology will enroll in:

KHP 369 Student Teaching in Physical Education ..... 12

Students who are completing a major in both kinesiology and health promotion will enroll in:

KHP 369 Student Teaching in Physical Education ..... 6
and
KHP 371 Student Teaching in Health Education ..... 6

In this situation, student teaching time will be divided between the high school, middle school, and elementary grades, with student teaching supervision occurring cooperatively between the kinesiology and health promotion faculty.

University Studies (39-53 hours)

\*See University Studies Program section of the 2008-2009 UK Bulletin for listing of allowable USP courses.

Program Related Studies Sequence (19 hours)

Table with 2 columns: Course Name and Hours. Rows include BIO 102 Human Ecology (3), BIO 103 Basic Ideas of Biology (3), PSY 100 Introduction to Psychology (4), SOC 101 Introduction to Sociology (3), ANA 209 Principles of Human Anatomy (3), and PGY 206 Elementary Physiology (3).

\*May be taken for USP credit.

Professional Education Course Sequence (29 hours)

Table with 2 columns: Course Name and Hours. Rows include EDP 202 Human Development and Learning (3), EDP 203 Teaching Exceptional Learners in Regular Classrooms (3), KHP 263 Curriculum Design and Developmental Sports Skills in the Elementary School (3), EDC 317 Introduction to Instructional Media (1), KHP 344 Physical Education in the Secondary School (3), KHP 360 Physical Education in the Elementary School (3), KHP 361 Field Experiences (1), KHP 369 Student Teaching in Physical Education (6-12), and KHP 371 Student Teaching in Health Education (6).

(if double-majoring in kinesiology and health promotion)
\*These courses require admission to the Teacher Education Program.

Majors and Minors (52-68 hours)

Plan 1

Kinesiology Major (34-35 hours) and Health Promotion Major (33 hours)

Plan 2

Kinesiology Major (34-35 hours) and one or more university approved minors (18-21 hours). Note: University-approved minors outside of the College of Education must be planned with an advisor in the appropriate college if the student wishes to have the minor appear on his/her transcript.

Major in Kinesiology (34-35 hours)

Performance Area Courses (11-12 hours)

Table with 2 columns: Course Name and Hours. Rows include KHP 147 Dance Foundations I (1), KHP 154 Dance Foundations II (1), KHP 156 Educational Gymnastics (1), KHP 157 Track and Field (1), KHP 210 Introduction to Fitness (Subtitle required) (2), KHP 250 Team Sports (Subtitle required) (2), and KHP 260 Individual Sports (Subtitle required) (2).

# Kinesiology – Teacher Certification Program • 2

---

KHP Service Program Elective – choose **one** of the following:

KHP 152 Techniques of Swimming .....	1
KHP 162 Outdoor Education Through Activities .....	1
KHP 252 Water Safety Leadership .....	2

**Content Area Courses (23 hours)**

KHP 200 The History and Philosophy of Physical Education and Sport .....	3
KHP 300 Psychology and Sociology of Physical Education and Sport .....	3
KHP 390 Dance Activities in the Elementary School .....	2
KHP 420G Physiology of Exercise .....	3
KHP 445 Introduction to Tests and Measurements .....	3
KHP 515 Anatomical and Mechanical Kinesiology .....	3
KHP 560 Motor Development in Infants and Young Children .....	3
KHP 579 Adapted Physical Education .....	3

**Major in Health Promotion (33 hours)**

	<b>Hours</b>
KHP 430 Methods of Teaching Health Education .....	3
KHP 190 First Aid and Emergency Care .....	2
KHP 220 Sexuality Education .....	2
KHP 222 Drug Education .....	2
KHP 230 Human Health and Wellness .....	3
KHP 330 Planning and Implementing Health Education Programs .....	3
KHP 445 Introduction to Tests and Measurements .....	3
NFS 101 Human Nutrition and Wellness .....	3
KHP 509 Workshop in Health and Safety (Experiential Health Education) .....	3

Choose at least **nine** hours from the following courses:

KHP 240 Nutrition and Physical Fitness .....	3
KHP 395 Independent Study in Kinesiology and Health Promotion .....	3
*KHP 509 Workshop in Health and Safety .....	1-3
BSC 331 Behavioral Factors in Health and Disease .....	3
FAM 252 Introduction to Family Science .....	3
HSM 250 Introductory Epidemiology .....	3

*\*May be repeated under different topic names for up to three credit hours.*