

KIM H. MILLER

CURRICULUM VITAE

EDUCATION

- Ph.D. Southern Illinois University-- Carbondale, IL (SIUC)
Health Education, 2000
- Dissertation: Physical Activity
Self-Efficacy and Identity: An
Analysis of Their Contribution to
Physical Activity Level and Adherence
- M.S. Southern Illinois University-- Carbondale, IL
Exercise Physiology, 1993
- Thesis: A Determination of Age-
Related Differences in Motives for
Women to Participate in Aerobic Dance
- B.S. Southern Illinois University-- Carbondale, IL
Speech Communication (Public Relations), 1985

PROFESSIONAL EMPLOYMENT

- 2000 – present **University of Kentucky**--Lexington, KY
Assistant Professor of Health Promotion,
Department of Kinesiology and Health Promotion
Joint appointment with College of Public Health
- 1999 (Summer) **Southern Illinois University** --Carbondale, IL
Instructor,
Department of Health Education and Recreation
- 1998 – 2000 **Southern Illinois University**--Carbondale, IL
Nutrition and Fitness Counselor (Graduate Assistant),
Student Health Programs,
Wellness Center
- 1995 – 1998 **Southern Illinois University**--Carbondale, IL
Academic Advisor, College of Agriculture and
Department of Cinema and Photography

1994 (Fall)	Southern Illinois University--Carbondale, IL Instructor/Researcher (Graduate Assistant), Department of Health Education and Recreation
1993 – 1994	Southern Illinois University--Carbondale, IL Admissions Counselor, New Student Admissions Services
1992 - 1993	Southern Illinois University--Carbondale, IL Academic Advisor (Graduate Assistant), Pre-Major Advisement Center
1990 - 1992	Southern Illinois University--Carbondale, IL Instructor/Researcher (Graduate Assistant), Department of Physical Education

CERTIFICATION

Certified Health Education Specialist (CHES): National Commission for Health Education Credentialing, Inc.

TEACHING

University of Kentucky

- Foundations of Health Promotion (KHP 674)
- Health Assessments (KHP 675)
- Program Planning in Health Promotion (KHP 677)
- Women's Health (KHP 509)
- Graduate Seminar: Applied Wellness Strategies (KHP 781)
- Human Health and Wellness (KHP 230)

Southern Illinois University

- Foundations of Human Health (HED 101)
- Women's Health (HED 400)

Advising

Chair Doctoral Dissertation

Karen Bryla, Ed.D: Relationships Between Selected Personality Traits and Health Behaviors (in progress)

William Welsh, Ed.D: Health Behaviors Among Students at a Historically Black College (in progress)

Co-Chair Master's Thesis

Rebeckah Berry, MS: Components of Body Image in Female Rock Climbers

Member Master's Committee (Thesis)

Jessica Hamilton, MS: Perceived Parental Monitoring, Peer Perceptions, and Adolescent Alcohol Use: What Relationships Exist?

Doctoral Committee Member

*Billy Martin
Cindy McAlister
Gary McIlvain
Jeannie Oldham
Leslie Phillips
Joyce Robl,
Margie Stickney*

Master's Committee Chair (Non-Thesis Tract)

*Tammy Akin
Beth Atnip
Eric Atnip
Ashley Hinton
Anne Oglesbee
Shana Peterson
Tracy Pinson
Scott Swicegood
Karen Troendly*

Master's Committee Member (Non-Thesis Tract)

*Heather Austin
Scott Black
JoAnne Burch
Jackie Campbell
Gary Ditsch
Victor Enaker
Jennifer Hudkins
Andrea Jones
Jessica Marchetti
Stephanie Marshall
Katie Miller*

SCHOLARSHIP

Published Peer-Reviewed Papers

Miller, K.H., Rayens, M. K., Noland, M., & Staten, R. (in review). Characteristics of users and nonusers of a recreational facility on a college campus. *Journal of American College Health*.

Ridner, S. L., Hahn, E. J., Staten, R., **Miller, K. H.** (in press). Attitudes toward secondhand smoke among college students. *Southern Online Journal of Nursing Research*.

Crosby, R. A., **Miller, K. H.**, Staten, R. R & Noland, M. (2005). Prevalence and correlates of HIV testing among college students. *Sexual Health*, 2, 19-22.

Miller, K. H., Staten R., Rayens, M.K, & Noland, M. (2005). Levels and characteristics of physical activity among a college student cohort. *American Journal of Health Education*, 36(4), 215-220.

Staten, R., **Miller, K.H.**, & Noland, M. (in press). College students' physical activity: Application of an ecological perspective. *American Journal of Health Studies*.

Dennis, D., Muller, S., **Miller, K.H.**, & Banerjee, P. (2004). Spirituality among a college student cohort: A quantitative assessment. *American Journal of Health Education*, 35(4), 220-227.

Miller, K. H. & Hoke, D. (2003). The Exercise for Health Intervention (EHI): An individualized, stage-based program to increase physical activity levels among patients in a University medical center. *Health Education & Behavior*, 30(5), 533-534.

Miller, K. H. & Noland, M. (2003). Unwritten rules for academic survival and success: Senior faculty speak to junior faculty. *American Journal of Health Education*, 34(2), 84-89.

Miller, K. H. & Noland, M. (2003). Guidelines for success in academia: Deadly errors and gender issues. *Health Educator*, 20(1), 11-14.

Miller, K. H., Ogletree, R. J., & Welshimer, K. (2002). Impact of activity behaviors on physical activity identity and self-efficacy. *American Journal of Health Behavior*, 26(5), 323-330.

Miller, K. H. (2000). A changing landscape: Health issues among minority elders in the United States. *Health Educator*, 18(2), 33-37.

Miller, K. H. & Gill, L. (2000). Medical complications of disordered eating. *Women in Transition, 21*(4), 3-4.

Papers/Research in Progress:

Miller, K. H., Danner, F., & Staten, R. Relationship of grades, hours worked and other health behaviors in a college student cohort.

Miller, K. H. & Weiner, A. Emotional Intelligence (EQ) and health behaviors.

Beighle, A., & **Miller, K. H.** Development of a curriculum to increase physical activity among elementary school children.

Abstracts of Data-Based Research

Staten, R., **Miller, K.H.**, & Noland, M. (2003). An application of an ecological model to understanding physical activity and dietary behaviors among college students. (Abstract) *Research Quarterly for Exercise and Sport, 74*(Suppl. 1), 19.

Ogletree, R. J., **Miller, K. H.**, & Lingle, G. (2000). Women's health-related stories: A qualitative analysis. (Abstract) *Research Quarterly for Exercise and Sport, 71* (Suppl. 1), 43.

Invited Presentations:

Miller, K. H. (2005). Revisiting Mid-Life Myths. Oral presentation for the 12th Annual Wellness Conference for the University of Kentucky Wellness Program, Lexington, KY.

Miller, K. H. (2003). Challenging Mid-Life Myths. Oral presentation for the 10th Annual Wellness Conference for the University of Kentucky Wellness Program, Lexington, KY.

Professional Presentations:

Miller, K. H., Noland, M., Rayens, M. K., & Staten, R. (2007). Characteristics of users and nonusers of a recreational facility on a college campus. presentation for the Health Education Research Consortium at the 121th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Salt Lake City, UT April 2005

- Staten, R., **Miller K. H.**, & Danner, F. (2006). The relationship of number of work hours to academic progress, substance use, and depressive symptoms among college students. Submitted as part of a research symposium on Work and Health, Southern Nurse Research Society, New Orleans, LA, February 2006.
- Danner, F., **Miller, K. H.**, Noland, M., & Staten, R. (2005). Physical activity and depression among college students. Presentation to the 2nd Conference on Emerging Adulthood, Miami FL
- Miller, K. H.** & Crosby, R., & Staten R. (2005). Prevalence and correlates of HIV testing among college students. Poster presentation for the American Academy of Health Behavior 5th Annual Scientific Meeting, Charleston, SC.
- Noland, M.P., **Miller, K. H.**, Danner, F., & Staten R. (2005). Smoking initiation among college students. Poster presentation for the American Academy of Health Behavior 5th Annual Scientific Meeting, Charleston, SC.
- Miller, K. H.**, Staten R., Rayens, M.K, & Noland, M. (2005). Levels and characteristics of physical activity among a college student cohort. Oral presentation for the Health Education Research Consortium at the 120th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Chicago, IL
- Miller, K. H.**, Hoke, D., & Noland, M. (2004). The University of Kentucky's Healthtrac Rewards Program. Poster presentation for the National Institute for Occupational Safety and Health Steps to a Healthier Workforce 2004 Conference, Washington, D.C.
- Miller, K.H.**, Hoke, D., & Bryla, K. (2004). An evaluation of the Behavioral Interventions for Health Program (BeHIP). Poster presentation for the Health Education Research Consortium at the 119th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), New Orleans, LA.
- Dennis, D., Muller, S., **Miller K. H.**, & Banerjee, P. (2004). Spirituality among a college student cohort. Presentation for the American Alliance for Health, Physical Education Recreation and Dance 119th Annual Conference (AAHPERD), New Orleans, LA.
- Staten, R., **Miller, K. H.**, Noland, M., & Rayens, M. K. (2004). The relationship of self-reported BMI to body image, physical activity, dietary behavior, and selected demographics. Presentation for The Southern Nursing Research Society (SNRS), Louisville, KY.

- Miller, K. H. & Hoke, D.** (2003) The Exercise for Health Intervention (EHI): An individualized, stage-based program to increase physical activity levels among patients in a University medical center. Poster presentation for the American Academy of Health Behavior 3rd Annual Scientific Meeting, St. Augustine, FL.
- Staten, R. **Miller, K.H.**, & Noland, M. (2003). An application of an ecological model to understanding physical activity and dietary behaviors among college students. Poster presentation for the American Association for Health Education Research Consortium at the 118th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Philadelphia, PA.
- Miller, K. H. & Noland, M.** (2002). "Guidelines for success in academia: Advice from senior faculty to junior faculty in health education and health promotion. Poster presentation at the American Academy of Health Behavior 2nd Annual Scientific Meeting, Napa Valley, CA.
- Miller, K. H. & Noland, M.** (2001). Survival skills for junior faculty in Health Education and Health Promotion. Oral presentation for Society for Public Health Education 52nd Annual Meeting, Atlanta, GA.
- Miller, K. H.** (2001). Body image through the ages. Oral presentation for the Kentucky Association for Health, Physical Education, Recreation and Dance Conference, Louisville, KY.
- Miller, K. H.**, Ogletree, R. J. & Welshimer, K. (2001). Physical activity level and adherence: An analysis of their impact on identification with and self-efficacy for physical activity. Poster presentation for the American Association for Health Education Research Consortium at the 116th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Cincinnati, OH.
- Ogletree, R. J., **Miller, K. H.** & Lingle, G. (2000). A qualitative analysis of women's health stories as written in a women's health course. 115th Annual Conference of the American Association for Health Education, Orlando, FL.
- Miller, K. H. & Gill, L.** (1999). The Obesity Education Initiative: A summary of the 1998 report by the National Institutes of Health/National Heart, Lung, and Blood Institute. Student Health Service Medical Staff, Southern Illinois University.

Miller, K. H. (1999). A cross-generational look at the evolving role of the health educator. 114th Annual Conference of the American Association for Health Education, Boston, MA. (With Alpha Alpha Chapter of Eta Sigma Gamma)

Miller, K. H. (1999). Looking back, looking ahead: The impact of medicalizing menopause on attitudes toward menopause. Celebrating Scholarship By and About Women Paper Presentation Session, Women's Studies and University Professional Advancement, Southern Illinois University

Gill, L., Fijolek, B. & **Miller, K. H.** (1998). Secrets from the fountain of youth: The benefits of nutrition, physical activity, and stress management in delaying the aging process. Student Affairs Professional Development, Southern Illinois University

GRANTS

Dignan, M., Crosby, R., **Miller, K. H.**, Schoenberg, N. & White, C. Kentucky Prevention Research Center: Funding for 05/01/05 – 09/29/09 (Centers for Disease Control and Prevention, \$428,800).

Beighle, A., & **Miller, K. H.**, (in review). Promoting physical activity through quality physical education, (University of Kentucky Research Support Grant: \$17, 200).

Curd, P., Crosby, R., Dignan, M., Noland, M., **Miller, K. H.**, Costich, J, & Hoke, D. (2004). Successful participation in workplace health protection, (Centers for Disease Control and Prevention: \$898,606, not funded).

Miller, K. H., Staten, R. College Health Behavior Study. Funding for 01/04 –08/04 (University of Kentucky Prevention Research Center: \$8,500).

Miller, K. H., Staten, R., Noland, M., & Dignan, M. Evaluating the impact of accessibility of a recreational facility on the physical activity levels of a cohort of college students. (The Robert Wood Johnson Foundation: \$98,000.00, not funded).

Miller, K. H., Beighle, A., & Nelson, K. An intervention to promote walking to school as a means to increase physical activity. (AAHPERD Research Consortium Grant: \$5,000, not funded).

Miller, K. H. An evaluation of the Behavioral Interventions for Health Program (BeHIP) Funding for 05/03 – 08/03 (University of Kentucky Faculty Summer Research Fellowship: \$6,000).

Miller, K. H. Wellsource Health Education Grant. (Wellsource, Inc.: \$3000.00)

SERVICE

University of Kentucky

Department

- Supervisor, Health Promotion Graduate Independent Study Projects (4)
- Search Committee, Kinesiology Pedagogy Position, 2005
- Coordinator, Kinesiology and Health Promotion Graduate Student Orientation, 2004 to present
- Health Promotion graduate program curriculum committee, University of Kentucky, Department of Kinesiology and Health Promotion, 2000-present
- Graduate Program Review Committee, University of Kentucky, Department of Kinesiology and Health Promotion, 2002
- Master's Program Brochure Committee, University of Kentucky, Department of Kinesiology and Health Promotion, 2001
- Mentor, Health Promotion Research Groups for KHP 644 students

College

- Committee Chair, Courses and Curriculum Committee, College of Education, 2005-2006
- Committee Member, Courses and Curriculum Committee, College of Education, University of Kentucky, 2002-2005
- Faculty Mentor, Mentoring Initiative for Minorities, College of Education, University of Kentucky, 2002

University

- Committee Member, 21st Annual Summer Series on Aging Planning Committee. UK Sanders-Brown Center on Aging, 2004
- Program Design Consultant, University of Kentucky Employee Wellness Program, 2000 to 2004

Community

- Committee Member, Subcommittee to Assess the Built Environment in Kentucky. Kentucky Nutrition and Physical Activity State Action Plan, 2005, Kentucky Department for Public Health
- Committee Member, Rails to Trails Annual conference Planning Committee

Prior to University of Kentucky

- Committee Member, Dean's Advisory Committee, College of Education, Southern Illinois University, 1998
- Volunteer, Illinois Project for Local Assessment of Needs (IPLAN) Jackson County Health Department, Murphysboro, IL. 1998
- Instructor, Senior Citizen's Fitness Program, Carbondale Park District, Carbondale, IL. 1998
- Graduate Student Representative, Graduate and Professional Student Council, Southern Illinois University, 1993

Professional Service, Regional and National Level

Memberships in Professional Associations

- American Academy of Health Behavior
- American Alliance for Health, Physical Education, Recreation, and Dance
- American Association for Health Education
- Eta Sigma Gamma

Service to Professional Associations

- Guest Co-Editor, The Health Education Monograph Series, Published by Eta Sigma Gamma National Professional Health Education Honorary, 2002. Coordinated monograph "Mentoring: Preparing Future Health Educators". Identified potential contributors to the journal, worked with contributors to develop appropriate topics for papers, edited papers, and worked with publisher to create the final document which was distributed to subscribers.
- Committee Member, Professional Development Committee, American Association for Health Education, 2003-present

Reviewing

- Reviewer, American Association for Health Education (AAHE) Research Consortium for the 121th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Salt Lake City, UT. April 2006
- Reviewer, Eta Sigma Gamma Student Monograph, The Health Educator, March, 2005
- Review Panel Chair, Health Section, American Association for Health Education (AAHE) Research Consortium for the 120th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Chicago, IL April 2005

- Reviewer, American Association for Health Behavior Annual Conference in Sedona, AZ, February 2004
- Reviewer, American Journal of Health Behavior 2003-present
- Reviewer, American Association for Health Education (AAHE) Research Consortium for the 118th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Philadelphia, PA. April 2003
- Editorial Associate, The Health Educator, 2001-2004
- Reviewer, American Association for Health Education (AAHE) Research Consortium for the 117th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), San Diego, CA, April 2002

Conference Participation

- Session Presider, Health Education Research Consortium at the 120th Annual Conference of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), Chicago, IL, April 2005
- Session Presider, Kentucky Association for Health, Physical Education, Recreation, and Dance Conference, Louisville, KY. November 2001
- Coordinator for conference proceedings, Kentucky Association for Health, Physical Education, Recreation, and Dance Conference, Louisville, KY. November 2001
- Session Presider, American Public Health Association Conference, Chicago, IL. November 1999
- Student Monitor, American School Health Association Conference, Kansas City, MO. October 1999

Other Service

- Faculty Sponsor, The University of Kentucky Collegiate Triathlon Club
- Faculty Sponsor, The University of Kentucky Wildcat Danzers