

STATE & NATIONAL ORGANIZATIONS THAT CAN HELP CAREGIVERS

AARP Kentucky and the University of Kentucky's Elder Care program have compiled this Guide in an effort to help you in your search for assistance; we realize there are also other valuable sources of information.

AARP Caregiving
<http://www.aarp.org/family/caregiving/>

AARP Driver Safety
1-888-227-7669
www.aarp.org/drive

AARP Kentucky
1-866-295-7275
www.aarp.org/states/ky/

AARP Legal Services Network
1-866-330-0753
www.aarplsn.com

AARP Products, Services, and Discounts
1-888-687-2277
www.aarp.org/benefits

AARP Tax Aide
1-888-687-2277
www.aarp.org/taxaide

Adult Abuse Hotline
1-800-752-6200

Alzheimer's Association
1-800-272-3900
www.alz.org

Leading Age (*formerly* American Association of Homes & Services for the Aging)
1-202-783-2242
<http://www.leadingage.org/>

American Cancer Society
1-800-227-2345
www.cancer.org

American Diabetes Association
1-800-342-2383
www.diabetes.org

American Heart Association
1-800-242-8721
www.americanheart.org

American Lung Association
1-800-548-8252
www.lungusa.org

American Parkinson Disease Association
1-800-223-2732
www.apdaparkinson.org

Arthritis Foundation
1-800-283-7800; or 1-800-633-5335 (in Kentucky)
www.arthritis.org

Assisted Living Communities in Kentucky
<http://chfs.ky.gov/dail/ALC.htm>

Assisted Living Federation of America (ALFA)
1-703-894-1805
www.alfa.org

BenefitsCheckUp
www.benefitscheckup.org

Cancer Information Service
1-800-4CANCER (1-800-422-6237)
<http://www.cancer.gov/aboutnci/cis>

Centers for Medicare and Medicaid Services
1-877-267-2323
www.cms.gov

Department of Veterans Affairs
1-800-827-1000 (Benefits)
www.va.gov

Department for Aging and Independent Living (DAIL)
<http://chfs.ky.gov/dail/default.htm>
1-502-564-6930

Elder Care Locator
1-800-677-1116
www.eldercare.gov

Faith in Action
1-877-575-4932
<http://www.fianationalnetwork.org/>

Family Caregiver Alliance
1-800-445-8106
www.caregiver.org

Hospice Foundation of America
1-800-854-3402
www.hospicefoundation.org

IRS (Internal Revenue Service)
1-800-829-1040 www.irs.gov

Kentucky Consumer Protection Hotline, Office of the Attorney General
1-888-432-9257

Kentucky Department of Insurance
1-800-595-6053
<http://insurance.ky.gov/>

Kentuckians for Nursing Home Reform
1-859-312-5617
www.kynursinghomereform.org

Kentucky Health Choices (formerly Medicaid Information in Kentucky)
1-800-635-2570
www.chfs.ky.gov/dms/

Kentucky Legal Aid (Serving Western Kentucky)
1-866-452-9243
www.klaid.org/

Kentucky Long Term Care Ombudsman
1-800-372-2991
<http://chfs.ky.gov/dail/kltcop.htm>

Kentucky Office on Aging Services
See Department of Aging and Independent Living (DAIL)

Kentucky Resource Market
1-877-293-7447
<http://resourcemarket.ky.gov/>

Kentucky Transportation Cabinet Department of Motor Vehicles
1-502-564-1257 (Drivers License)
1-502-564-4890 (General Information)
www.kytc.state.ky.us/mvl/

Leading Age (*formerly* American Association of Homes & Services for the Aging)
1-202-783-2242
<http://www.leadingage.org/>

Legal Aid Network of Kentucky
<http://kyjustice.org/>

Legal Helpline for Older Kentuckians / Access to Justice
1-800-200-3633

Medicaid Information in Kentucky- See Kentucky Health Choices

Medicare
1-800-633-4227
www.medicare.gov

Medicare Rights Center
1-800-333-4114
www.medicareriights.org

Mental Health America
1-800-969-6642
www.nmha.org

National Academy of Elder Law Attorneys
1- 703-942-5711
www.naela.com/

National Adult Day Services Association
1-877-745-1440
www.nadsa.org

National Association for Home Care & Hospice
1-202-547-7424
www.nahc.org

National Association of Professional Geriatric Care Managers
1-520-881-8008
www.caremanager.org

NCCNHR - the National Consumer Voice for Quality Long-term Care
1-202-332-2275
www.theconsumervoice.org

National Council on Aging (NCOA)
1-202-479-1200
www.ncoa.org

National Family Caregivers Association (NFCA)
1-800-896-3650
www.nfcacares.org

National Hospice & Palliative Care Organization
1-800-658-8898
www.nhpco.org

National Respite Network and Resource Center
<http://archrespite.org/respitelocator>

Nursing Home Compare
1-800-633-4227
www.medicare.gov/nhcompare/home.asp

National Hospice & Palliative Care Organization, Caring Connections
Helpline: 1-800-658-8898
Multilingual Line: 1-877-658-8896
www.caringinfo.org

Pension Benefit Guaranty Corporation
1-800-400-7242
www.pbgc.gov

Physician's Care Hotline, Kentucky
1-800-633-8100

State Health Insurance Assistance Program (SHIP)
1-877-293-7447 (For Information)
<http://www.chfs.ky.gov/dail/ship.htm>

Social Security Administration
1-800-772-1213
www.ssa.gov

Supplemental Nutritional Assistance Program (SNAP)
1-800-221-5689
1-800-931-9112- KY Regional Office
<http://www.fns.usda.gov/fns/>

University of Kentucky
1-859-257-9000
www.uky.edu

University of Louisville
1-800-334-8635
www.louisville.edu

KENTUCKY'S FAMILY CAREGIVER SUPPORT PROGRAM

The Older American's Act of 2000 established the National Family Caregiver Support Program (FCSP) to help families fulfill their roles as caregivers. The Federal Administration on Aging allocated funds to each state.

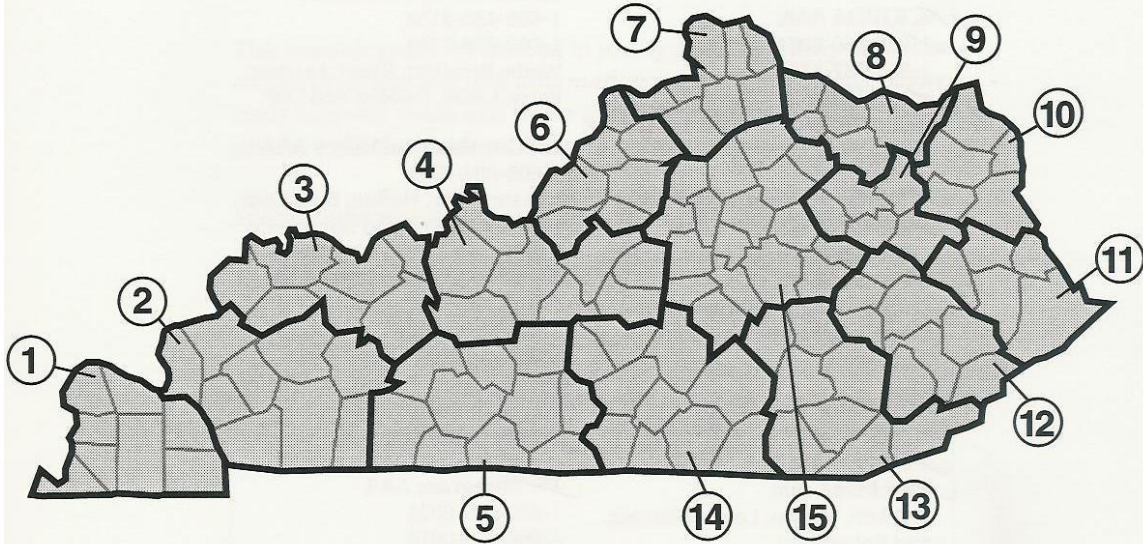
In Kentucky, the 15 Area Agencies on Aging (AAAs) received shares of these funds to help support the efforts of caregivers with information, respite, counseling, training, and other supplemental services. These services are designed to improve the quality of life for *both* the caregiver and the care recipient. The services available in each area may vary. To find the AAA for your county, see the map on the next page.

In addition to the FCSP, AAAs offer home care assistance, case management and other help with Home and Community-based Services.

To find the FCSP through the AAAs in other states, use the ElderCare Locator: 1-800-677-1116; www.eldercare.gov

A PLACE TO START...

Call the Area Agency on Aging (AAA) that services your county and ask for the Family Caregiver Coordinator. In Kentucky, the AAAs operate as a unit of the Area Development Districts (ADD).



1. Purchase AAA
1-270-247-7171
1-877-352-5183
www.purchaseadd.org
Ballard, Calloway, Carlisle, Fulton,
Graves, Hickman, Marshall, McCracken,

3. Green River AAA
1-270-926-4433
1-800-928-9093
www.gradd.com
Daviess, Hancock, Henderson, McLean,
Ohio, Union, and Webster

2. Pennyrile AAA
1-270-886-9484
1-800-928-7233
www.peadd.org
Caldwell, Christian, Crittenden, Hopkins,
Livingston, Lyon, Muhlenberg, Todd, and
Trigg

4. Lincoln Trail AAA
1-270-769-2393
1-800-264-0393
www.ltadd.org
Breckinridge, Grayson, Hardin, Larue,
Marion, Nelson and Washington

5. Barren River AAA
1-270-781-2381
1-800-598-2381
www.bradd.org
Allen, Barren, Butler, Edmonson, Hart,
Logan, Metcalfe, Monroe, Simpson and
Warren

6. KIPDA AAA
1-502-266-6084
1-888-737-3363
www.kipda.org
Bullitt, Henry, Jefferson, Oldham, Shelby,
Spencer, and Trimble

7. Northern Kentucky AAA
1-859-283-1885
1-866-826-4118
www.nkadd.org
Boone, Campbell, Carroll, Gallatin, Grant,
Kenton, Owen and Pendleton

8. Buffalo Trace AAA
1-606-564-6894
1-800-998-4347
www.btadd.com
Bracken, Fleming, Lewis, Mason, and
Robertson

9. Gateway AAA
1-606-780-0090
www.gwadd.org
Bath, Menifee, Montgomery, Morgan, and
Rowan,

10. FIVCO AAA
1-606-929-1366
1-800-499-5191
www.fivco.org
Boyd, Carter, Elliott, Greenup, and
Lawrence

11. Big Sandy AAA
1-606-886-2374
1-800-737-2723
www.bigsandy.org
Floyd, Johnson, Magoffin, Martin, and
Pike

12. Kentucky River AAA
1-606-436-3158
1-888-875-3158
www.kradd.org
Breathitt, Knott, Lee, Leslie, Letcher,
Owsley, Perry and Wolfe

13. Cumberland Valley AAA
1-606-864-7391
1-800-795-7654
<http://cvadd.org>
Bell, Clay, Harlan Jackson, Knox, Laurel,
Rockcastle and Whitley,

14. Lake Cumberland AAA
1-270-866-4200
1-800-264-7093
www.lcadd.org
Adair, Casey, Clinton, Cumberland, Green,
McCreary, Pulaski, Russell, Taylor and
Wayne

15. Bluegrass AAA
1-859-269-8021
1-800-490-2002
<http://www.bgadd.org/>
Anderson, Bourbon, Boyle, Clark Estill,
Fayette, Franklin, Garrard, Harrison,
Jessamine Lincoln, Madison, Mercer,
Nicholas, Powell, Scott and Woodford

