

UK Elder Care / CARE Group Surveys

In the Spring of 2009; The Department of Elder Care performed an evaluation of services for our CARE group and for the department in general.

The following is the information collected from those surveys:

UK Elder Care / CARE Group

CARE Group - **C**aregiving **A**ssistance **R**egarding **E**lders

CARE Group is a support group for UK employees who are taking care of parents, in-laws, and other older adults in their family.

“A support group provides a supportive atmosphere for caregivers, provides an opportunity for members to help each other through sharing of information and stories, and is a way to learn about resources and other information that pertains to a specific problem or issue.”

UK Elder Care Evaluations

CARE Group Evaluation 2009: Support Group

Population of the study:

CARE group mailing list, comprised of current and past support group members.

Elder Care Services Evaluation 2009: General Survey of the Agency

Population of the study:

Members of the Elder Care list serve mailing list, comprised of those who have requested to be on the mailing list either through attending seminars or other events, and those signed up for the e-newsletter.

UK Elder Care Evaluations

CARE Group Evaluation 2009: Support Group

55 Surveys sent out = 49% response
Number of respondents =27

Duration of study:

March 2nd to March 28th = 26 days

Population of the study:

CARE group mailing list, comprised of current and past support group members.

Elder Care Services Evaluation 2009: General Survey / Needs Assessment of the Agency

1300 Surveys sent out = 18 % response
Number of respondents = 239

Duration of study:

March 20th to April 13th = 24 days

Population of the study:

Members of the Elder Care list serve mailing list, comprised of those who have requested to be on the mailing list either through attending seminars, other events, and those on the e-newsletter mailing list.

Reason for Survey

Question:

To find out why the employees/retirees of the University have chosen not to utilize the CARE Group support group and other services to its potential.

To find out what other services/venues would be more convenient for caregivers.

and

To find out why the working caregivers are not attending Elder Care Seminars and the support group, (CARE group) when evidence shows that this type of intervention is proven helpful for the emotional and physical well being of the caregiver.

(Monahan, D., Greene, V. & Coleman, P. 1992).

Method and Design of Survey

- Questionnaires were designed by employees of Elder Care and created on Zoomerang.
- Surveys were posted on the website Zoomerang.
- Each survey was e-mailed out to the determined population with the link to the website.
- Survey's were e-mailed with a personal note from the Elder Care Coordinator.
- Incentive was offered for completion of 2nd survey and managed in a way to maintain confidentiality of participant.
- Zoomerang website analyzed the data requested.

Background Information

According to the literature reviewed;

- 21% of the US population provides caregiving, and 79% of those are caring for someone over the age of 50 (Lee, J., Walker, M. Shoup, R., 2001).
- Over 80% of the home-based care is provided by family and friends (Lechner, V., 1993).
- 62% of those employees have to make some type of work-related adjustment in order in order to provide care (Koerin, B., Harrigan, M.& Secret, M., 2008).
- 55 – 59% caregivers work full-time or at least part-time (Lechner, V., 1993).
- Social workers serve an important role in providing information and resources to help lessen stressors for caregivers (Lechner, V., 1993).

Additional Information

- Researchers reports that older caregivers have different priorities than those in the middle stages of their carriers and in addition most studies focus on working caregivers of the elderly.

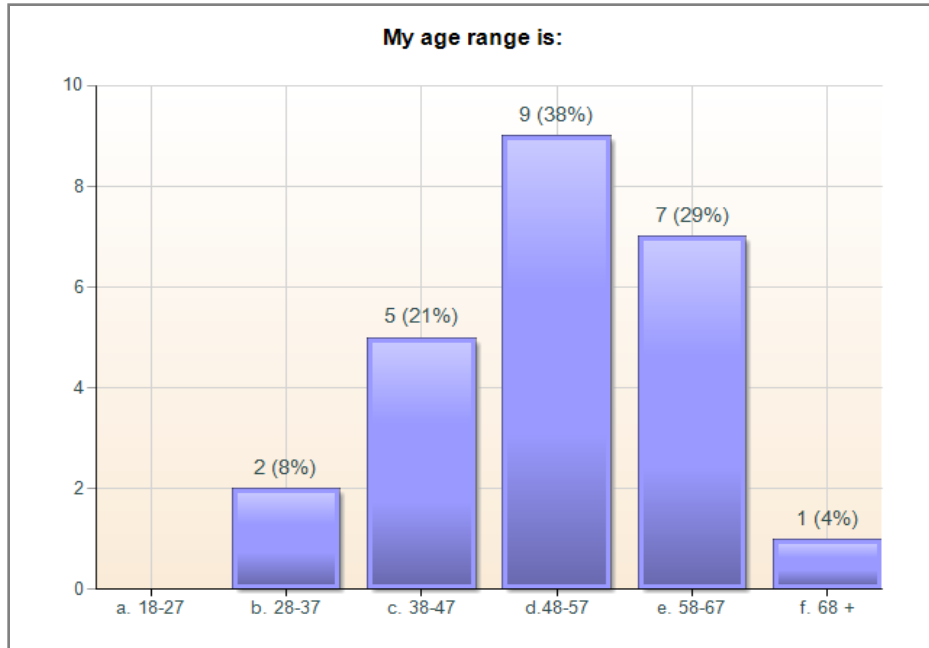
Indicating more research needs to be done with retiree caregivers.
(Lee, J., Walker, M. & Shoup, R., 2001).

- “Understanding the factors that affect the ability of the caregivers to use support groups will allow us to better identify those reasons some do not utilize support groups” (Monahan, D., Greene, V., & Coleman, P., 1992).

CARE Group Evaluation 2009: Age range of Caregivers

Comparison between CARE Group and General Survey Age Ranges

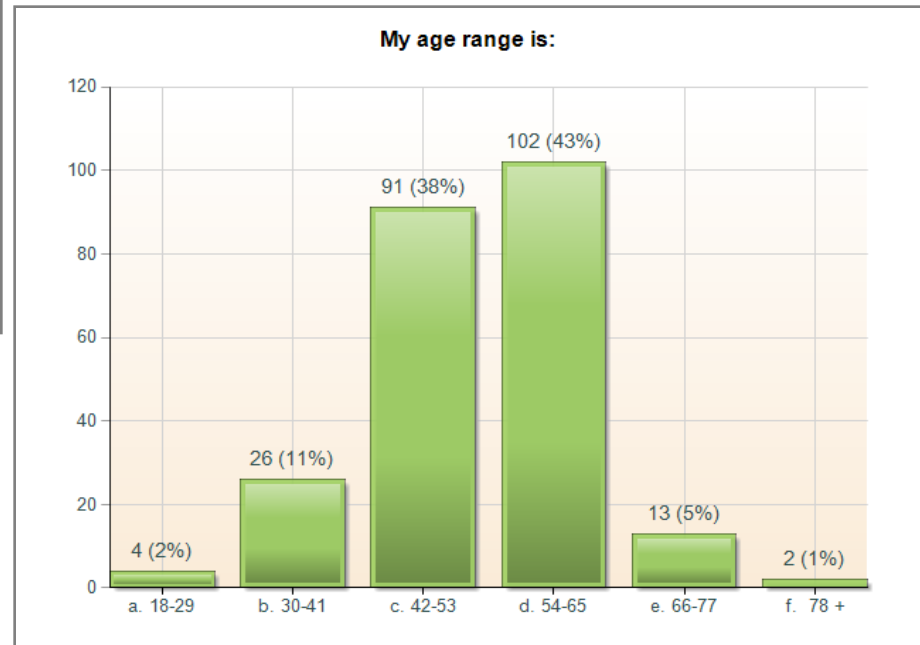
N=27



d+e = 67% between the age of 48 & 67 yrs old

Elder Care Services Evaluation 2009: Age range of Caregivers

N = 239



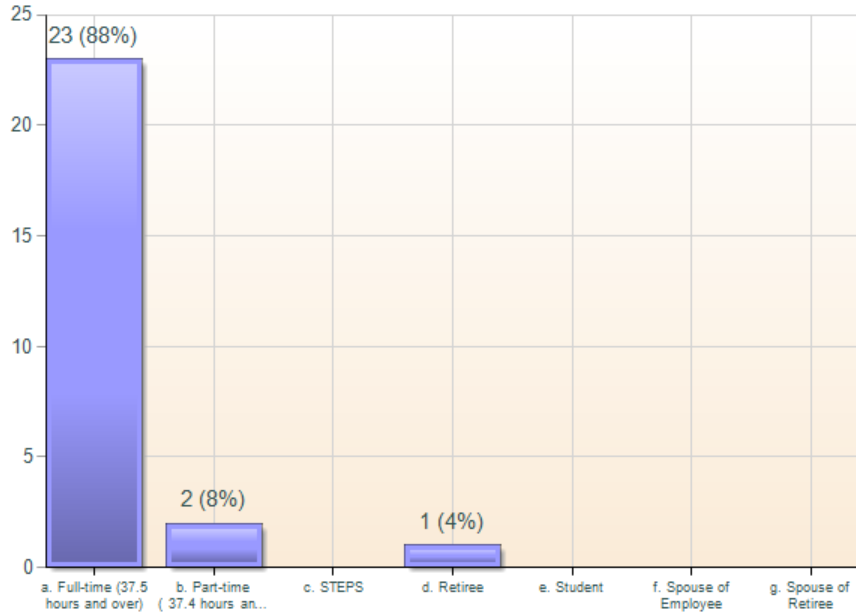
c+d = 81 % between the age of 42 & 65 yrs old

CARE Group Evaluation 2009: Employment status

Comparison of Employment Status between CARE Group and General Survey

N = 27

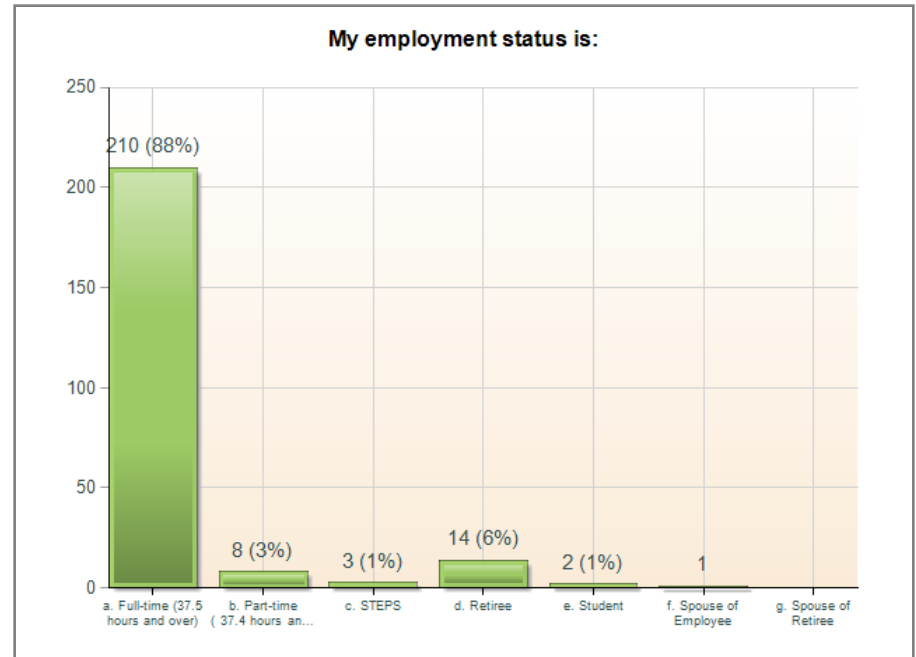
My employment status is:



Elder Care Services Evaluation 2009: My employment status is:

N = 239

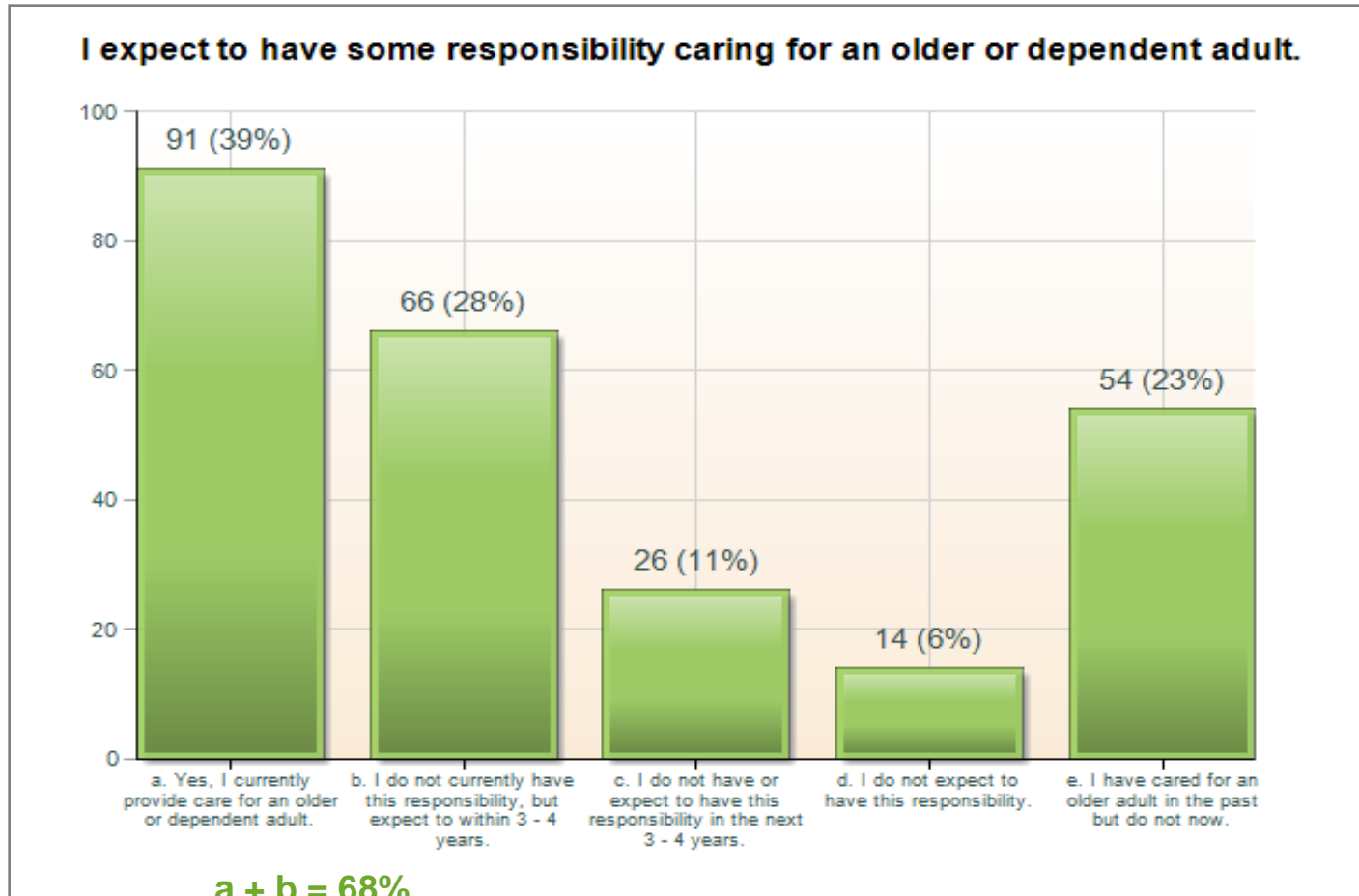
My employment status is:



N= 239

Elder Care Services Evaluation 2009:

I expect to have some responsibility caring for an older or dependent adult...



68% Caregivers currently or expect to have responsibility in next 3-4 yrs

See next slide for explanation

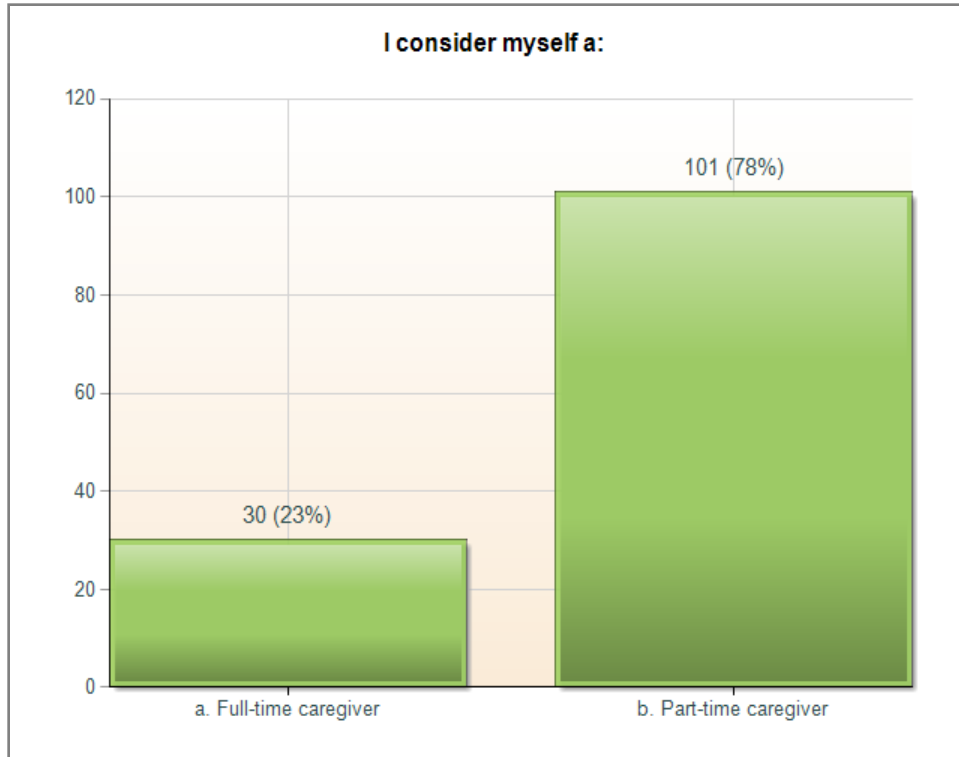
Elder Care Services Evaluation 2009: Question:

I expect to have some responsibility caring for an older or dependent adult...

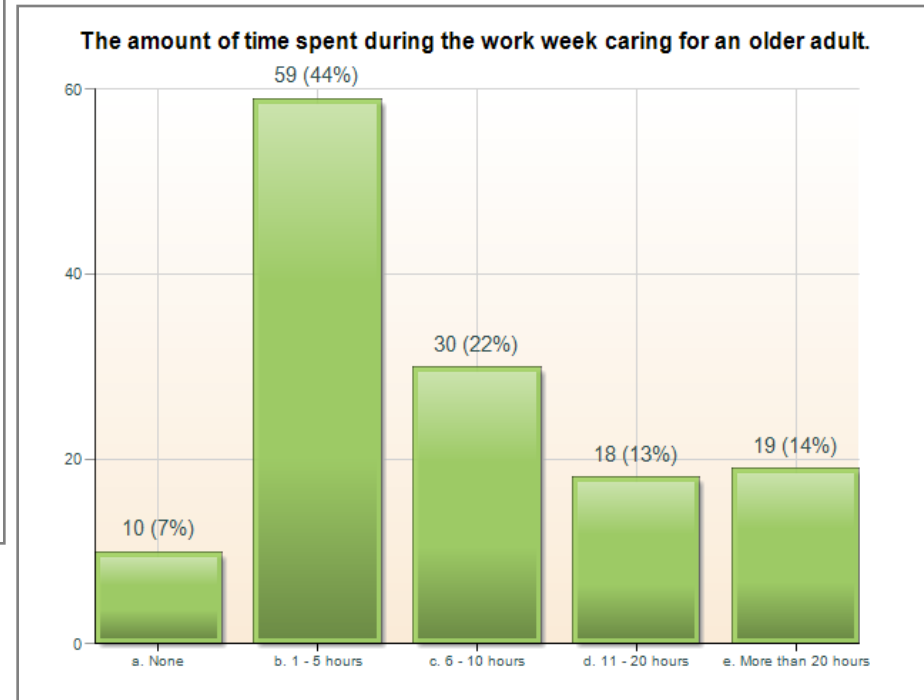
Explanation

- 39% indicate they currently provide care for an older or dependent adult.
- 28% indicate they do not currently have this responsibility, but expect to within the next 3-4 years.
- 11% indicate they do not have or expect to have this responsibility in the next 3-4 years.
- 6% indicate they do not expect to have this responsibility.
- 23% indicate they have cared for an older adult in the past but do not now.

Elder Care Services Evaluation 2009: Full time or Part time caregiver



Elder Care Services Evaluation 2009: Time spent during the work week caring for an older adult

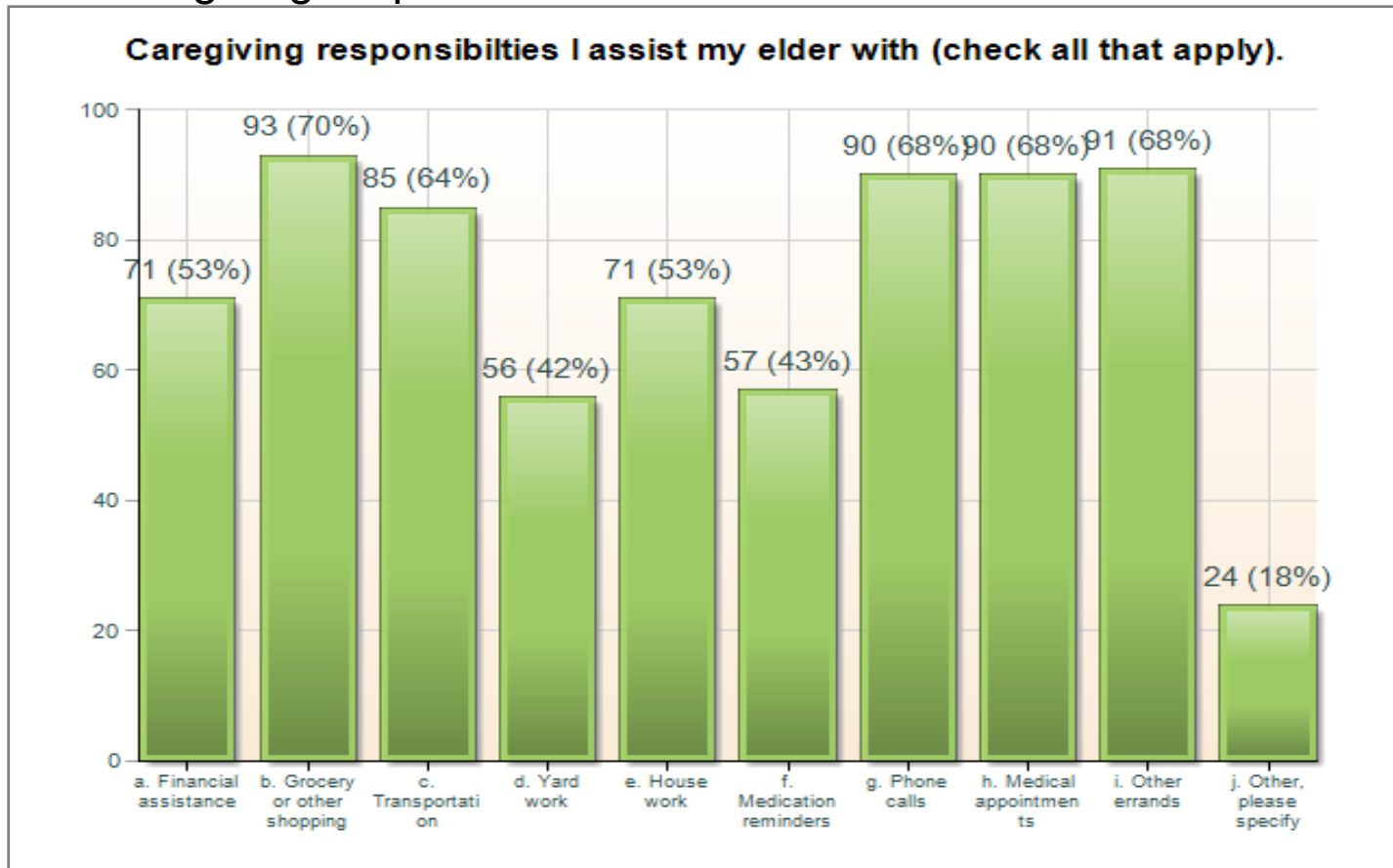


c + d = 35%

- 44% = 1 to 5 hours per week
- 22% = 6 to 10 hours per week
- 13% = 11 to 20 hours per week
- 14% = more than 20 hours per week

Elder Care Services Evaluation 2009:

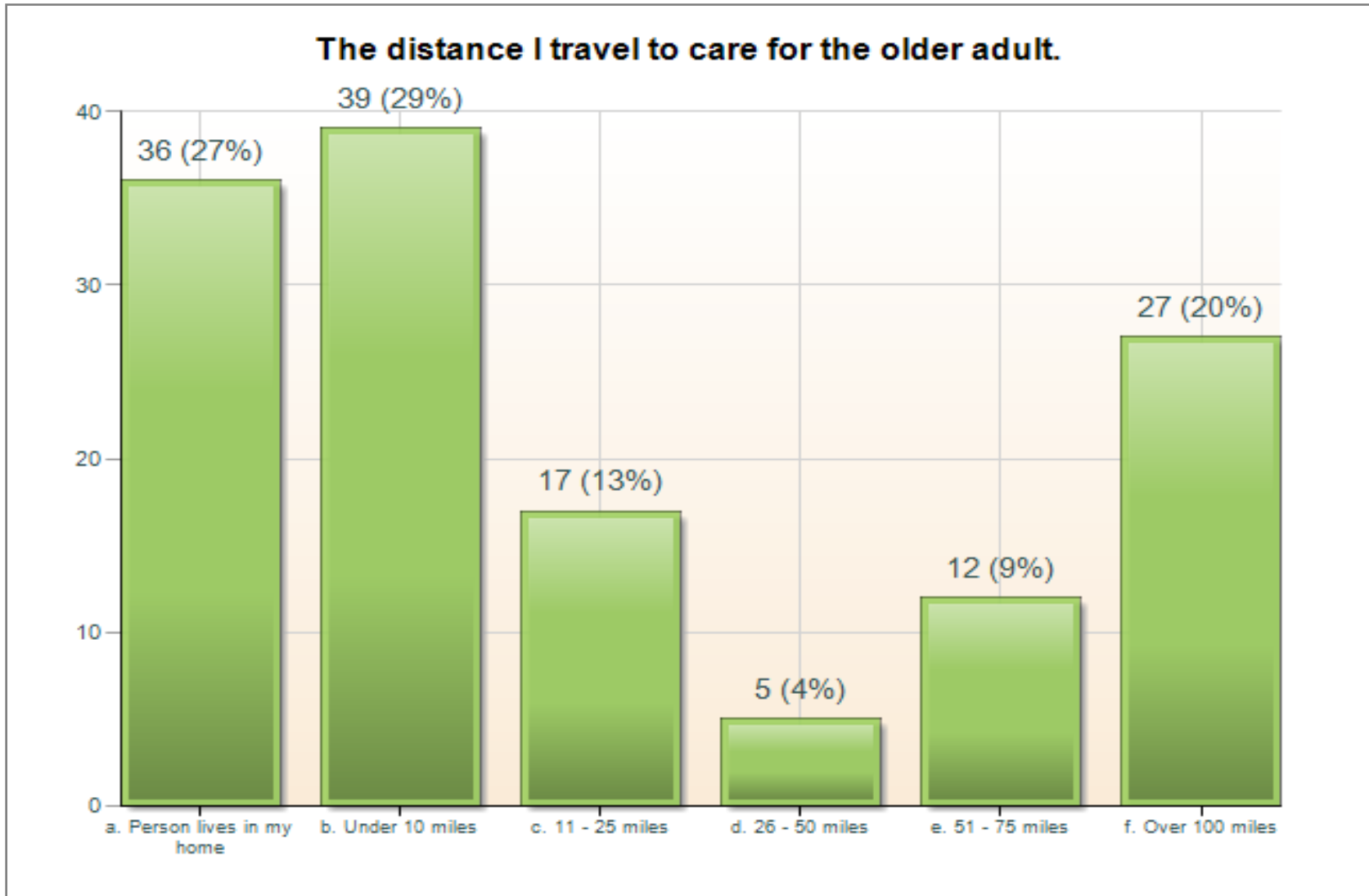
Caregiving responsibilities



- Personal Care, i.e.. Bathing, dressing X 3
- Any and all needs X 2
- Monitoring health and day-to-day progress
- Letters and cards
- Fun outings to the beach, restaurant, visit friend, entertainment X 3 (c)
- Organizing and assisting with house work (d)
- Help a lot with anything having to do with numbers (a)
- Cook and provide meals X 2

- I am not the primary caregiver; I supplement care
- Socialization X2
- Injections, hygiene
- Not sure what will be needed at this time X2
- Decision making help (Medicare, taxes, etc.) (a)
- My mother is in a nursing home X 2
- Medical power of attorney
- Could not leave the house if it wasn't for me (c)

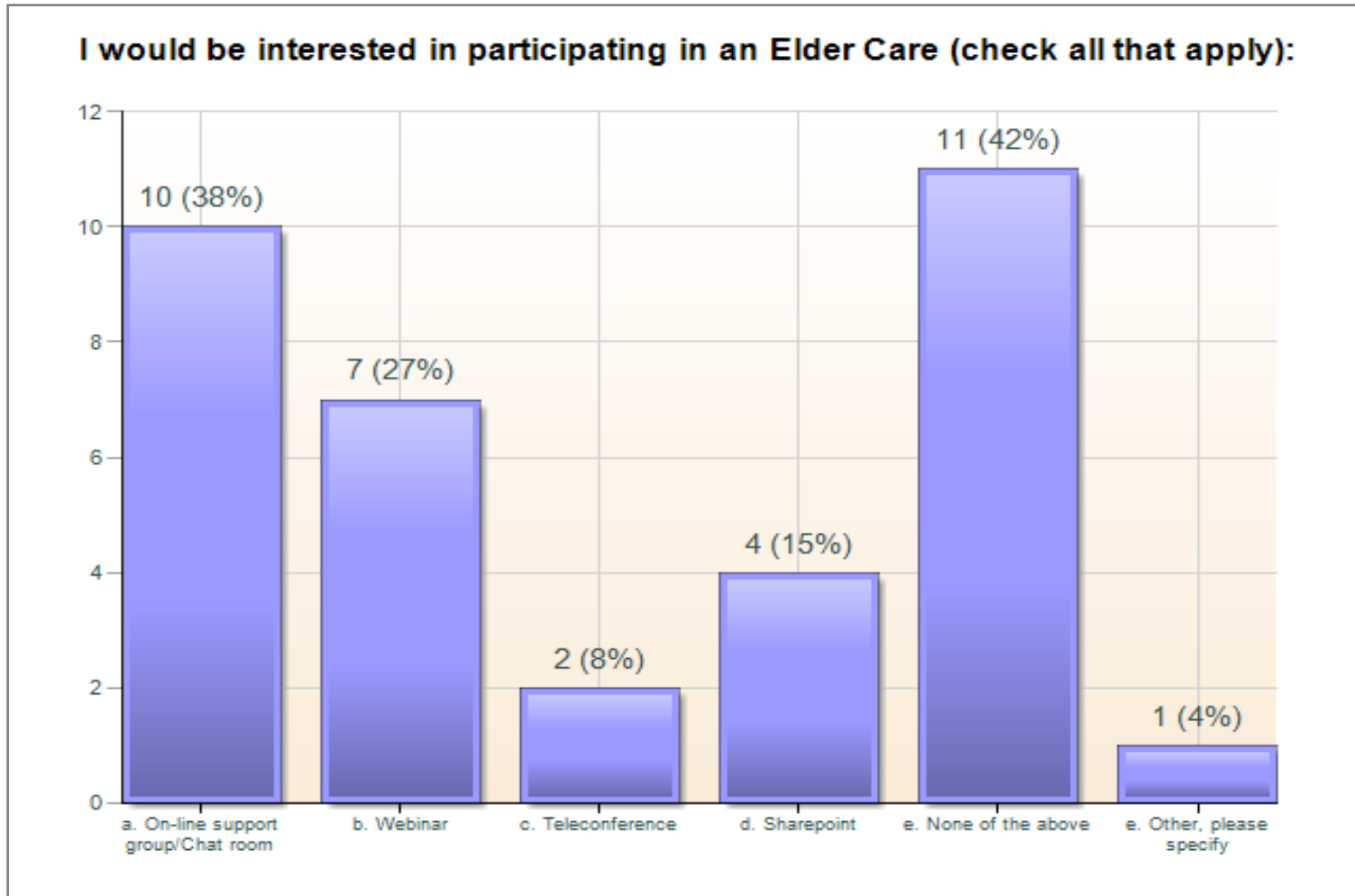
Elder Care Services Evaluation 2009: N= 239
The distance traveled to care for the older adult.



27% live in same home with elder – Yet only 23% consider themselves full-time caregiver
 29% live within 10 miles
 29% live over 50 miles – long distance caregivers

CARE Group Evaluation 2009: N = 27

I would be interested in participating in an Elder Care supported:



38% = on-line support group

27% = Webinar

8% = Teleconference

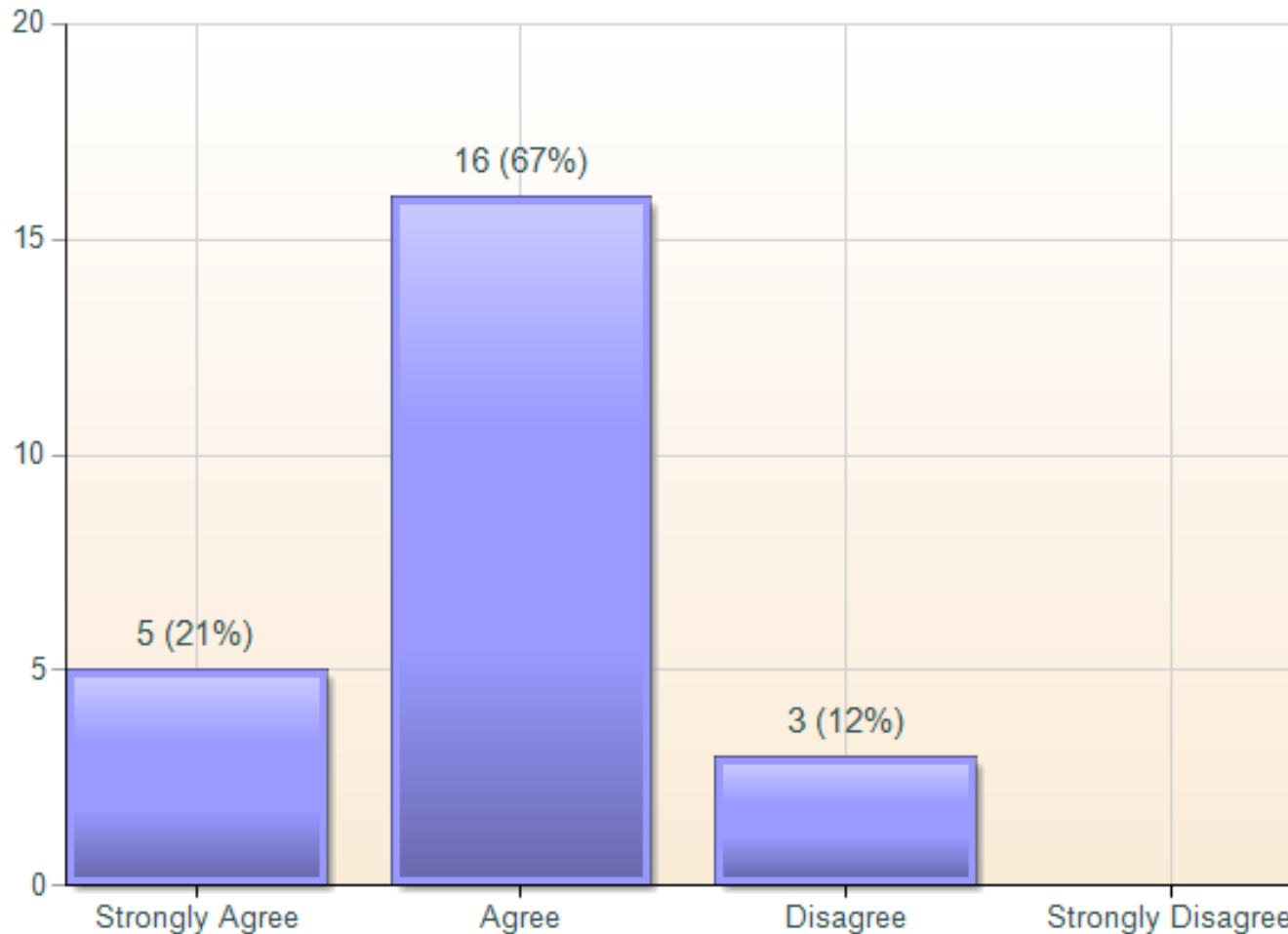
15% = Sharepoint

4% = I like the CARE support group

CARE Group Evaluation 2009: N = 27

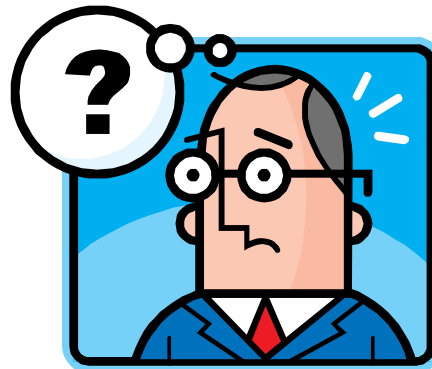
The day of the week the meeting has been held has been convenient for me

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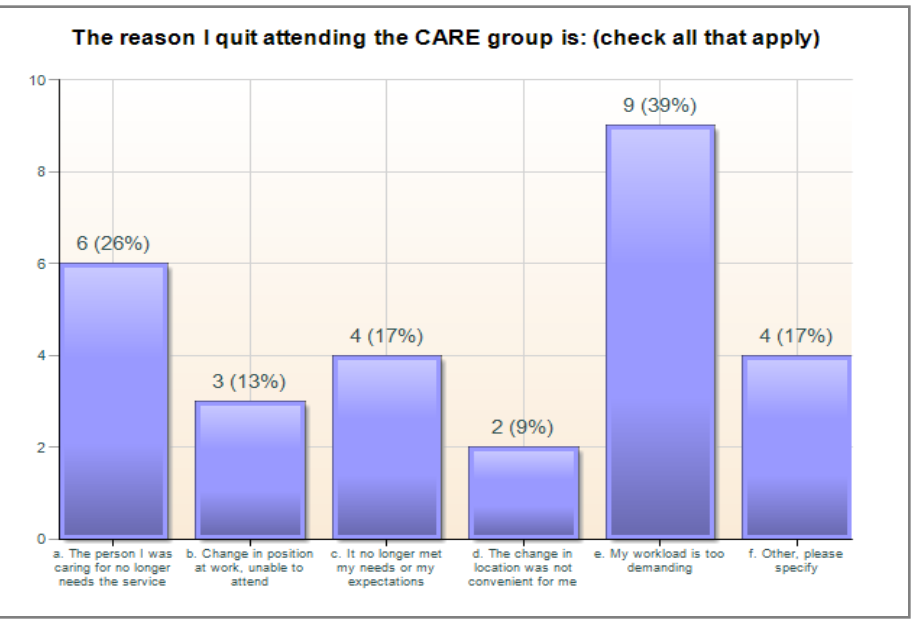
88% Agree Day of Week is OK

So Why Are They Not Coming?



CARE Group Evaluation 2009:

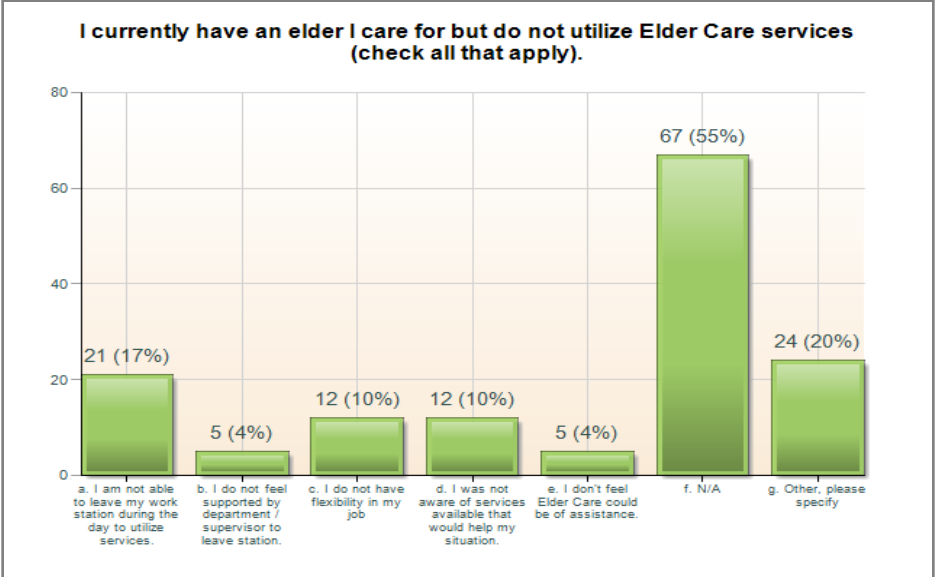
The reason I quit attending the CARE group



- Both of my parents are deceased
- I'm not sure when/where they currently meet
- Occasional responsibilities conflict
- Retirement

Elder Care Services Evaluation 2009:

I currently have an Elder I care for but do not utilize Elder Care services



- I'm not currently employed by UK but would love to attend
- Part-time and live far away from my dad
- I have not had the need to attend a meeting X 3
- Location not convenient or Not much available at the county level or off campus X 4
- I am also disabled, and very busy-time limit
- I live outside Lexington / areaX3
- Still working with past EC suggestions
- My mother is in a Nursing Home/ or Elder Died
- Not yet, Family member not agreeable to help from anyone but family yet.

Conclusion

- A significant number of workers indicated they were too busy to leave their work site to attend sessions
- However, when ask specifically about time, place and day of service the majority indicated it was appropriate –
 - Except for those who indicated they live out of town or work off campus and are unable to attend – 7/239
 - We also found that most people do want some kind of On-line support – and we anticipate changes will be made to reflect that.
 - There is a need for a better understanding of the services available from the UK Elder Care office.

Conclusion

- The data gathered may determine whether Elder Care will continue providing traditional services or change the way they reach their clients.
- It may also be that family members do not consider themselves officially as caregivers. They just feel they are helping mom/dad/or whomever do things, because that is what you do.
 - Possibly the definition of caregiver can be clarified as someone who helps anyone, anytime to do anything so they can maintain independence in their life.