

“Top Ten” National Elder Care Resources

Presented by:

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#10 Faith in Action

- **Faith in Action is a network of faith groups, agencies, service organizations and individuals working together with a common mission to help elderly adults remain independent in their homes and maintain their sense of dignity and worth.**
 - Volunteers are trained to provide basic services such as running errands, respite care, minor home maintenance, telephoning and visiting
 - FIA program national locator; caregiving training materials and resources
 - For more information and to locate a program in other states refer to <http://www.fianationalnetwork.org/>

#9 Hospice and Palliative Care

- **National Hospice & Palliative Care Organization** is a nonprofit membership organization representing hospice and palliative care programs.
 - Caring Connections provides free materials about end-of-life care
 - Hospice provider locator for all 50 states
 - Download state specific advance directives
 - For more information: www.nhpo.org

#9 Home Care and Hospice

- **National Association for Home Care & Hospice is a membership organization representing home care agencies, hospice and medical equipment providers.**

- Consumer information and resources
- Agency locator in all 50 states
- For more information

www.nahc.org/agencylocator/home.html

#9 Home Care

- **Home Health Compare gives information about home health providers in each state that are certified for Medicare.**
 - Consumer information on how to find the appropriate home health providers
 - Locate Home Health providers
 - Information on quality care to patients.
 - For more information:
www.medicare.gov/HHCompare

#8 Legal Resources

- **State-wide Senior Legal Hotlines**

- Free legal phone consultations
- To find local legal helpline go to <http://www.legalhotlines.org/hotlines.cfm>

- **National Academy of Elder Law Attorneys**

- National database of Elder Law Attorneys
- For more information: www.naela.com

- **Elder Law Answers**

- Locate attorneys in different states
- State specific information such as with Medicaid
- Free checklists you can download
- For more information: www.elderlawanswers.com

#7 Senior Housing

- **Senior Housing Locator is the most current and comprehensive database of senior housing communities in the U.S.**
 - Listings for assisted living, independent living, skilled nursing, continuing care retirement communities
 - Operated by SNAPforSeniors, a Seattle-based information company
 - For more information, go to www.snapforseniors.com

#6 National Association of Professional Geriatric Care Managers (NAPGCM)

- **NAPGCM is a member organization of professionals in social work, gerontology, nursing, psychology and others with a specialized focus on issues related to aging and elder care. The PGCM acts as a guide and advocate -- identifying problems and offering solutions.**
 - Information about the professions
 - Checklists to help you select a care manager
 - Geriatric Care Manager locator
 - For more information: www.caremanager.org

#5 Voluntary Health Organizations

- **Alzheimer's Association**
 - www.alz.org
- **American Cancer Society**
 - www.cancer.org
- **American Parkinson Disease Association**
 - www.apdaparkinson.org
- **National Mental Health Association**
 - www.nmha.org

#4 Insurance and Benefit Counseling

- **Benefits Check-Up provides general information about government programs**
 - On-Line tool helps identify if someone qualifies for benefits such as Medicare Rx Extra Help, meals, utilities, taxes, eldercare assistance
 - Sponsored by the National Council on Aging
 - State specific
 - For more information: www.benefitscheckup.org

#4 Insurance and Benefit Counseling

State Health Insurance Assistance Program (SHIP)

- Volunteer counselors in every state to answer Medicare insurance questions
- To find a state SHIP volunteer go to
- www.medicare.gov/contacts/static/allStateContacts.asp

#3 Nursing Home Information

- **Nursing Home Compare provides information about nursing homes in each state that are certified for Medicare and Medicaid.**
 - State inspection reports, including the results of the state inspection.
 - For more information:
www.medicare.gov/NHCompare/Home.asp

#3 Nursing Home Information

- **National Citizens Coalition for Nursing Home Reform consists of consumers and advocates who define and achieve quality for people with long-term care needs.**
 - Free Fact Sheets covering an array of nursing home topics such as A Consumers Guide to Choosing a Nursing Home.
 - Find state and regional Ombudsman in each state via National Long Term Care Ombudsman Resource Center.
 - For more information: www.nccnhr.org/

#2 Caregiver Education and Support

- **National Family Caregivers Association** has a library of free information and materials to help family caregivers: www.nfcacares.org
- **National Alliance for Caregiving** web site includes the Family Care Resource Connection, a comprehensive listing, with reviews of books, magazines, websites, and fact sheets related to family caregiving: www.caregiving.org

#2 Caregiver Education and Support

- **Family Caregiver Alliance** offers online support group for caregivers and free materials and information covering an array of topics: www.caregiver.org
- **AARP** offers free materials and information covering an array of caregiving topics: <http://www.aarp.org/families/>

#1 Places and Organizations to Help.....

- **U.S. Department of Veterans Affairs**

- Find a VA Facility by State
- Information about VA Benefits
- Crisis Counseling for Veterans
- For more information: www.va.gov
- (800)827-1000 for VA Benefits or
- (877)222-8387 for Health Care Benefits

#1 Places and Organizations to Help.....

- **National Council on Aging**

- Find National Programs sponsored by NCOA on Healthy Aging, Staying Independent, Work and Volunteering, and Benefits programs for seniors: www.ncoa.org

- **United Way National 2-1-1**

- Find local information and referral call center: www.211.org/

#1 Places and Organizations to Help.....

- **National Association of Area Agencies on Aging**, the umbrella organization of all the Area Agencies on Aging throughout the U.S.
 - Information and referral; caregiver support programs, and homecare services.
 - For more information: www.n4a.org

#1 Places and Organizations to Help.....

- **Eldercare Locator**

- Comprehensive database for accessing local resources, such transportation, homecare and caregiver support services
- www.eldercare.gov
- **Administered by the Administration on Aging: www.AOA.gov/**

Questions or Comments?

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