

## **Changes to Eligible Claims for Health Care Spending**

The federal healthcare reform bill passed in March, 2010 states that as of January 1, 2011, over the counter (OTC) drugs and medicines will only be reimbursable through your Health Care FSA if you have a valid prescription. See the list below for examples of OTC medicines. Insulin still qualifies for reimbursement without a prescription.

Participants will be able to submit claims for eligible OTC medicines purchased without a prescription prior to January 1, 2011. Such claims can be filed through the end of the claims run out periods for any plans that began prior to December 31, 2010.

Equipment, supplies, and diagnostic devices such as bandages, hearing aid batteries, blood sugar test kits, etc. will remain eligible for reimbursement without a prescription.

Following is a list of examples of OTC medicine categories no longer eligible for a tax break without a prescription after January 1, 2011:

Acid Controllers

Anti-Gas Products

Cold Sore Remedies

Feminine Anti-Fungal/Anti-Itch

Motion Sickness Treatments

Sleep Aids & Sedatives

Allergy & Sinus

Anti-Itch & Insect Bite Products

Cough, Cold & Flu Products

Hemorrhoid Remedies

Pain Relief

Stomach Ailment Remedies

Anti-Diarrhea Products

Baby Rash Ointments

Digestive Aids

Laxatives

Respiratory Treatments