

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Zumba 12:10-12:50 Memorial Coliseum*				
Cardio Mix Seaton 132 12:10-12:50	Flex & Flow Seaton 132 12:10-12:50	Cardio Mix Seaton 132 12:10-12:50	Flex & Flow Seaton 132 12:10-12:50	Zumba Seaton 132 12:10-12:50	Yoga 9-10:30 AM Barker Hall
Toning & Sculpting Barker Hall 12:10-12:50	Basic Yoga Barker Hall 11:40-12:20	Toning & Sculpting Barker Hall 12:10-12:50	Basic Yoga Barker Hall 11:40-12:20	Toning & Sculpting Barker Hall 12:10-12:50	
	AquaJog LAC 12:15-12:45		AquaJog LAC 12:15-12:45	Friday Yoga Seaton 119 12:10-12:50	
Zumba Barker Hall 5:15-6:00	Bootcamp Seaton 130 5:30-6:30	Zumba Barker Hall 5:15-6:00	Bootcamp Seaton 130 5:30-6:30		
Deep Water Works LAC 5:30-6:15		Deep Water Works LAC 5:30-6:15			
Yoga A Student Center 357 5:15-6:30		Yoga B Seaton 207 5:15-6:30	Meditation Seaton 207 5:00-6:00		
	Tai Chi CTW 411 5:15-6:15		Tai Chi CTW 411 5:15-6:15		