

**UK College of Pharmacy
Quick Reference**

Blood Borne Pathogen-Occupational Exposure Protocol—Rotations Within the Commonwealth of Kentucky

If you come in contact with another person's blood or body fluid (e.g., through a needlestick injury or mucous membrane splash) take the following steps **IMMEDIATELY**.

1. Perform basic first aid:

- a. Clean the wound, skin, or mucous membrane **IMMEDIATELY** with soap and running water. Allow blood to flow freely from the wound. Do not attempt to squeeze or "milk" blood from the wound.
- b. If exposure is to the eyes, flush eyes with water or normal saline solution for several minutes.

2. At any training site (UK or off-site) **IMMEDIATELY** contact University Health Service at 859-323-2778. Be prepared to provide information on the exposure: approximate time, location, source, type and length. To the degree possible have the following information available on the source patient. This information will be utilized by University Health Service personnel to ascertain whether or not a high-risk exposure has occurred. High-risk exposure is indicated if the source patient has one of the following:

***Known HIV positive and/or have symptoms of AIDS.**

***Multiple Blood Transfusions 1978-1985**

***IV Drug User**

***Multiple sexual partners, homosexual activity**

***Significant blood or bodily fluid exposure has occurred.**

If an exposure is considered high risk, prophylactic treatment should begin within 2 hours of the exposure. Therefore, if you know that the exposure is high risk or if you are concerned that the exposure may be high risk, indicate this fact to University Health Service personnel answering the phone.

If University Health Service is **NOT OPEN**, contact the on-call University Health Service physician immediately by calling 859-323-5321 and ask the operator to page the University Health Service on-call physician immediately. When the physician returns your call, inform him or her that you have had a blood borne pathogen exposure. Have source patient health information at hand.

3. If the University Health Service Physician prescribes prophylactic medication, he or she will advise you of the dispensing location. For on-site students and students in the immediate Lexington area, this will usually be through the UK Pharmacy. For students at off-site rotations, off-site pharmacies have been identified in coordination with the AHEC site coordinators. You will be required to get a baseline laboratory test and also will be informed of the location where you are to obtain this.

4. All students must be seen at University Health Service for follow up, whether or not the exposure was considered high risk. This appointment can be arranged with University Health Service 859-323-2778. When reporting to University Health Service, whether the exposure was high risk or not, the student must take a completed Reportable Occurrence form and completed Occupational Exposure form. For students on rotation at UK, these forms are available at the nursing units. Off-site students may obtain these forms from the AHEC site coordinators.

5. At the time of exposure, the student must also report the exposure to the designated preceptor. Off-site students must also notify the Regional AHEC Student Coordinator.

Source patient testing will be organized by University Health Service (for patients at UK) and by the Regional AHEC Student Coordinator (for off-site students). **DO NOT ATTEMPT TO HAVE YOUR OWN BLOOD DRAWN. PROPER SAMPLES WILL BE OBTAINED BY UNIVERSITY HEALTH SERVICE PERSONNEL AT THE TIME OF YOUR VISIT.**

PHONE NUMBERS: UK HEALTH SERVICE (Open Hours) 859-323-2778 (After Hours on-call Physician) 859-323-5321

Off-site Coordinator: _____ Pharmacy Location: _____