



Kinesiology – Non-Teacher Certification Program

College of Education

Requirements for Program

The Department of Kinesiology and Health Promotion offers undergraduate courses and degree programs in kinesiology (physical education) and health promotion.

The B.A. in Kinesiology requires completion of: (a) the University Studies Program; (b) specified course work in program related studies, professional kinesiology requirements, education course requirements; (c) practicum in recreation; (d) specified course work in exercise science; and (e) a minimum of 128 semester hours.

Continuous Assessment

1. The kinesiology program stimulates higher performance goals for high-performing students by offering several modes of performance: (a) skills in performing physical activities; (b) skills in writing and oral presentations in theory courses; (c) computer technological skills in some courses; and (d) leadership skills by high-performing students are often used in classes through class leaders, peer tutors, and/or assistant instructors.

2. Students must maintain a 2.0 GPA for retention in and exit from the program with a bachelor's degree. After 60 hours, students must be admitted to advanced standing. Students who demonstrate a lack of commitment, effort, professional behavior, knowledge, or disciplinary skills, or who have not maintained the necessary GPA overall and in the major courses may be removed from the program and the college.

University Studies (39-53 hours)

*See University Studies Program section of the 2004-2005 UK Bulletin for listing of allowable USP courses.

NOTE: A calculus course is a prerequisite for STA 291 Statistical Method, which is a requirement in this program.

Program Related Course Requirements (15 hours)

- *ANA 209 Principles of Human Anatomy 3
*PGY 206 Elementary Physiology 3
**NFS 101 Human Nutrition and Wellness 3
**PSY 100 Introduction to Psychology 4
KHP 115 Service Course (Gymnastics) 1
KHP 120 Service Course (Weight Training) 1

*Prerequisite: biology or zoology course(s)

**May be used for USP credit.

Professional Kinesiology Requirements (33-37 hours)

Professional Activity Courses

- KHP 155 Principles of Conditioning 1
KHP 157 Track and Field 2
KHP 152 Techniques of Swimming 1
or
KHP 252 Water Safety Leadership 2

Complete five courses from the following list:

- KHP 147 Dance Foundations I 1
KHP 150 Soccer 1
KHP 153 Volleyball 1
KHP 154 Dance Foundations II 1
KHP 156 Gymnastics 1
KHP 159 Tennis 1
KHP 160 Badminton 1
KHP 161 Golf 1
KHP 162 Outdoor Education Through Activities 1
KHP 163 Team Handball/New Games 1

Theory Courses

- KHP 190 First Aid and Emergency Care 2
KHP 200 The History and Philosophy of Physical Education and Sport 3
KHP 230 Human Health and Wellness 3
KHP 300 Psychology and Sociology of Physical Education and Sport 3
KHP 546 Physical Education Workshop 1
KHP 420G Physiology of Exercise 3
KHP 445 Introduction to Tests and Measurements 3
KHP 515 Anatomical and Mechanical Kinesiology 3
KHP 573 Management of Sport 3

Education Courses (6 hours)

Select six hours from the following list:

- EDP 202 Human Development and Learning 3
EDP 203 Teaching Exceptional Learners in Regular Classrooms 3
EPE 301 Education in American Culture 3
EDU 305 Contemporary Issues Facing the At-Risk School-Age/Adolescent Child 3
EDS 375 Introduction to Education of Exceptional Children 3

Exercise Science Courses (24 hours)

- CHE 104/106 Introductory General Chemistry and Introduction to Inorganic, Organic and Biochemistry 7
PHY 211 General Physics 5
KHP 240 Nutrition and Physical Fitness 3
STA 291 Statistical Method 3
KHP 340 Athletic Training 2
PGY 412G Principles of Human Physiology Lectures 4

Practicum

- KHP 577 Practicum in Kinesiology and Health Promotion 6

Electives

Electives may vary to meet the 128 hour graduation requirement.