



# Dietetics

College of Agriculture  
and School of Human  
Environmental Sciences

Dietetics prepares professionals who are recognized for expertise in food and nutrition. Graduates of the Dietetics program function as entry level professionals with opportunities for practice in medical nutrition therapy and community dietetics, food systems management, and business.

Students in dietetics choose either Program Option A or B. Both options lead to the Bachelor of Science in Dietetics and fulfill the foundation knowledge and skills requirements established by the Commission on Dietetics Education (CADE) of the American Dietetic Association (ADA) which accredits the programs. Both programs are accredited by CADE.

**Option A**, designated as the Didactic Program in Dietetics (DPD), provides the Foundation Knowledge and Skills for dietetics education. Completion of the didactic curriculum provides "eligibility" to apply for a CADE accredited dietetic internship. Students must consider the highly competitive scenario in acquiring acceptance to a Dietetics Internship. Successful completion of the Dietetics Internship provides "eligibility" to sit for the national registry examination of the Commission of Dietetic Registration which grants use of the nationally recognized credential "R.D.," registered dietitian. Option A is accredited. Graduates of Option A may compete for placement in the Dietetic Internship program offered by the Department of Nutrition and Food Science or any other dietetic internship programs outside the department. A student completing the DPD must be a declared dietetics major in the Department of Nutrition and Food Science.

**Option B**, the Coordinated Program in Dietetics (CP) provides the academic curriculum and the supervised practice experience. Students who have completed the premajor requirements and are interested in the "coordinated" approach to attaining the didactic and supervised practice at UK may apply for admission to the CP in dietetics which requires two years of study combined with supervised practice. Option B, CP, is an accredited program for which admission is selective. Graduates of Option B are "eligible" to write the CDR registry examination at the first available examination date.

Admission to the University of Kentucky does not guarantee admission to the Coordinated Program (CP). A limited number of students who have completed the required preprofessional courses will be admitted on the basis of cumulative grade-point average and other criteria indicating potential for becoming a successful dietitian. Application to CP should be made by February 1 prior to potential fall admission. Program application materials should include an application form, a letter of professional goals and qualifications, three letters of reference, and a personal interview. The CP Admissions Committee considers grade-point average, letters of recommendation, letter of application, work experience, honors and extracurricular activities. The personal interview evaluates communication skills, knowledge of the profession, goals, organizational and leadership skills.

Applicants will be notified of provisional acceptance before UK's priority registration dates for the ensuing fall semester. Final acceptance depends on acceptable completion of the work in progress at the time of the application. Transfer students are urged to contact the Student Services Office, 102 Erikson Hall, for a preliminary evaluation of credits well in advance of the application date.

**Dietetics Internship Program (DI)**, an internship, is offered for students who have completed a Didactic Program in Dietetics at UK or other accredited institutions. Qualified graduates compete for a limited number of positions in the DI.

Each student must complete the following:

1. Complete University Studies requirements.
2. Complete the School requirements listed below.
3. Complete 128 credit hours with a minimum grade-point average of 2.0.
4. Complete the required curriculum in the major program.

### School Requirements

HES 100 An Introduction to Professions in Human Environmental Sciences .....	1
HES 400 Concepts in Human Environmental Sciences: Integration and Application .....	2
One course in Human Environmental Sciences, outside the student's major prefix .....	3
<b>Subtotal: School Required Hours .....</b>	<b>6</b>

### University Studies Requirements

Hours

See "University Studies Program" on pages 71-75 of the 2005-2006 UK Bulletin for the complete University Studies requirements. The courses listed below are (a) recommended by the college, or (b) required courses that also fulfill University Studies areas. Students should work closely with their advisor to complete the University Studies Program requirements.

### Progression Requirements

Students must attain a grade-point average of 2.4 or above to progress into course work designated as major requirements. In addition, students must achieve a grade of C or better in all course work designated as major requirements.

Students must complete the following requirements:

### Premajor Requirements

Hours

BIO 152 Principles of Biology II .....	3
BIO 208 Principles of Microbiology .....	3
CHE 105 General College Chemistry I .....	3
CHE 107 General College Chemistry II .....	3
CHE 115 General Chemistry Laboratory .....	3
CHE 230 Organic Chemistry I or	
CHE 236 Survey of Organic Chemistry .....	3
COM 181 Basic Public Speaking or	
COM 252 Introduction to Interpersonal Communication or	
COM 287 Persuasive Speaking .....	3
ECO 201 Principles of Economics I .....	3
NFS 201 Introduction to the Dietetics Profession .....	1
NFS 204 Principles of Food Preparation .....	3
NFS 212 Introductory Nutrition .....	3
NFS 241 Food Service Sanitation .....	1
PGY 206 Elementary Physiology .....	3
PSY 100 Introduction to Psychology .....	4
SOC 101 Introductory Sociology .....	3
STA 200 Statistics: A Force in Human Judgment .....	3
<b>Subtotal: Premajor Hours .....</b>	<b>45</b>

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## Major Requirements

## Hours

Prior to beginning the major requirements, students should register a choice of Option A or Option B with the Office of Student Services, 103 Erikson Hall.

NFS 301 Dietetics Practice .....	2
NFS 304 Experimental Foods .....	3
NFS 311 Nutritional Biochemistry .....	3
NFS 312 Nutrition and Wellness in the Life Cycle .....	3
NFS 314 Dietetics: Counseling and Communication .....	3
NFS 340 Institutional Purchasing .....	3
NFS 342 Quantity Food Production .....	4
ACC 201 Financial Accounting I .....	3
NFS 346 Human Resources Management for the Food and Hospitality Industries <b>or</b>	
MGT 301 Business Management .....	3
NFS 403 Community Nutrition and Wellness .....	3
NFS 408G Seminar in Food and Nutrition .....	1
NFS 510 Advanced Nutrition .....	3
NFS 511 Therapeutic Nutrition .....	4
NFS 513 Advanced Therapeutic Nutrition .....	2
<b>Subtotal: Major Hours</b> .....	<b>40</b>

## Option Requirements

One option must be completed concurrently with the major requirements stated above.

### Option A – Didactic Program in Dietetics (DPD)

NFS 480 Dietetics Pre-Professional Practice .....	1-6
<b>Subtotal: Option A</b> .....	<b>1-6</b>

### Option B – Coordinated Program in Dietetics (CP)

Option B is a selective admission program. See statement above regarding admission procedures and criteria.

NFS 800 Nutrition in the Life Cycle: Practicum* .....	1
(co-req: NFS 312)	
NFS 808 Community Nutrition: Practicum* .....	2
(co-req: NFS 403)	
NFS 810 Therapeutic Nutrition: Practicum* .....	5
NFS 812 Food Service Systems: Practicum* .....	5
NFS 814 Advanced Food Systems Practicum* .....	3
NFS 816 Advanced Therapeutic Nutrition* .....	3
NFS 818 Evaluation of Dietetic Practices* .....	2
*800-level course requires admission to CP.	
<b>Subtotal: Option B</b> .....	<b>21</b>

## Electives

Electives should be selected by the student to lead to the minimum total of 128 hours required for graduation.

<b>Subtotal: Minimum Elective Hours</b> .....	<b>1-15</b>
<b>TOTAL HOURS</b> .....	<b>128</b>

## Dietetic Internship Program (DI)

The Dietetics Internship Program (DI) is offered on a competitive basis to graduates of a Didactic Program in Dietetics from UK or other institutions. The Dietetic Internship program (DI) provides intellectual and educational development through supervised practice and didactic teaching. The DI is granted Developmental Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 216 W Jackson Boulevard, Chicago, IL 60606-6995.

The program meets requirements for registration eligibility and helps students to develop competencies necessary to practice as entry level dietitians. The program consists of 21 credit hours that include a minimum 900 hours of supervised practice and didactic teaching. Didactic teaching is done through distance learning as well as face-to-face education.

Upon completion of the DI program, students are eligible to take the national examination to become registered dietitians (R.D.). Additionally, students who successfully complete the program may, if desired, continue to work toward a master's degree.

To be admitted, interested students must hold a baccalaureate degree meeting the minimum academic requirements specified by the American Dietetics Association. A verification statement signed by the director of the Didactic Program in Dietetics (DPD) from the student's home institution is required.

**To apply for admission:** Complete the DI program application packet available from the Department; complete the application packet for the University of Kentucky Graduate School; provide Graduation Record Exam scores and official transcripts from all colleges/universities attended; provide an Academic Requirements Verification Statement **or** Declaration of Intent to complete baccalaureate degree certified by the DPD Director; and additional documents as specified in the application packet. The application deadline is February 15 for entry in January of the subsequent year. **For further information regarding the application and screening procedures, contact the Dietetics Internship Program Director, Department of Nutrition and Food Science, 204 Funkhouser Bldg., Lexington, KY 40506-0054.**

### Spring Practicum (Required)

	Credits
NFS 810 Therapeutic Nutrition: Practicum .....	5
NFS 812 Food Service Systems: Practicum .....	5
NFS 818 Evaluation of Dietetic Practices .....	2

### May Intersession Practicum (Required)

	Credits
NFS 800 Nutrition in the Life Cycle: Practicum .....	1
NFS 808 Community Nutrition: Practicum .....	2

### Summer Session Practicum (Required)

	Credits
NFS 814 Advanced Food Service Systems Practicum .....	3
NFS 816 Advanced Therapeutic Nutrition Practicum .....	3