



# Dietetics

College of Agriculture  
and School of Human  
Environmental Sciences

Dietetics prepares professionals who are recognized for expertise in food and nutrition. Graduates of the University of Kentucky Dietetics Program are prepared to become Registered Dietitians to function as entry level professionals with opportunities for practice in medical nutrition therapy, community dietetics, food systems management, and/or the business of dietetics. Becoming a registered dietitian involves a combination of academic preparation, including a minimum of a baccalaureate degree, and a supervised practice component.

The UK NFS Dietetics Program offers two options to earn a bachelor's degree in dietetics. Option A is the Didactic Program in Dietetics (DPD) and Option B is the Coordinated Program in Dietetics (CP). Both options lead to the Bachelor of Science in Dietetics and fulfill the foundation knowledge and/or competencies established by the Commission on Accreditation for Dietetics Education, CADE, the accrediting agency for American Dietetic Association, ADA. The DPD and the CP are both fully accredited by CADE. Option B, CP, is a selective admission program to which students must apply prior to beginning the major course work in the third year of the dietetics program.

**Option A**, designated as the Didactic Program in Dietetics, DPD, focuses on the foundation knowledge requirements provided by the academic component of dietitian education. A student must be a declared dietetics major in the Department of Nutrition and Food Science to complete the DPD. Students must attain a grade-point average of **2.4** or above to progress into course work designated as major requirements.

Successful completion of the DPD curriculum enables graduates to apply to a CADE-accredited supervised practice program, SPP, in a post-baccalaureate Dietetic Internship.

Upon successful completion of the Dietetic Internship the individual is eligible to sit for the national registry exam administered by the Commission on Dietetic Registration, CDR, the credentialing agency of the ADA, which grants use of the nationally recognized credential "RD" Registered Dietitian.

Graduates of the UK NFS Option A may apply for placement in the Dietetic Internship program offered by the Department of Nutrition and Food Science, School of Human Environmental Sciences, or any other CADE-accredited dietetic internship outside the department. Students must consider the highly competitive scenario in competing for acceptance into a Dietetic Internship.

**Option B**, designated as the Coordinated Program in Dietetics, CP, provides the foundation knowledge requirements provided by the academic component of dietitian education (see DPD above) **and** a CADE-accredited supervised practice component. Students who have completed the pre-major requirements and are interested in the Coordinated Program to attain the academic preparation and supervised practice program through the UK NFS Dietetics Program may apply for admission to Option B, the CP. Option B requires three additional semesters of didactic course work in the major requirements prior to beginning the 1,200 hour supervised practice program. Students in the CP must successfully complete the didactic and supervised practice component to receive the B.S. in Dietetics degree.

The CADE-accredited CP is a selective admission program. Admission to the University of Kentucky NFS Dietetics Program does not guarantee admission to the Coordinated Program, CP. A limited number of students who have completed the required preprofessional courses will be admitted on the basis of cumulative grade-point average, potential qualities for becoming a successful dietitian, leadership potential and professional involvement and commitment.

The application deadline for the UK NFS CP is February 1, prior to potential fall admission in Year Three of the Dietetics Program. Year Three of the Dietetics Program is the beginning of the Major Requirements for completion

of course work. Program application materials should include an application form, a letter of professional goals and qualifications, three letters of reference, and record of academic performance.

The CP Admissions Committee considers grade-point average, letter of application, work experience, honors and extracurricular activities and letters of recommendation. Students who apply to the UK NFS CP will be granted an interview where the applicant's goals, communication skills, knowledge of the profession, and organizational and leadership skills are evaluated.

Successful CP applicants will be notified of provisional acceptance into the CP before UK's priority registration dates for the ensuing fall semester. Final acceptance depends on successful completion of the work in progress at the time of the application and throughout the remaining didactic component prior to beginning the supervised practice component of the undergraduate dietetics program.

Transfer students are urged to contact the Advising Resource Office, 112 Erikson Hall, for a preliminary evaluation of credits well in advance of the application date. Year Three of the Dietetics Program is the beginning of the Major Requirements for completion of course work. CP applicants must be a declared major in the UK NFS dietetics program or if a transfer student, indicate intent to declare dietetics as their major. Students accepted into the CP must be majors in the UK NFS dietetics program.

Successful completion of Option B, the UK NFS CP, results in the Bachelor of Science in Dietetics degree. Graduates of Option B are eligible to sit for the national registry exam administered by the Commission on Dietetic Registration, CDR, the credentialing agency of the ADA, which grants use of the nationally recognized credential "RD" Registered Dietitian.

The UK NFS CADE-accredited Dietetic Internship, DI, is offered for students who have completed a Didactic Program in Dietetics at UK or other CADE-accredited institutions. Qualified graduates compete for a limited number of positions in the UK NFS DI. For information regarding the UK NFS Dietetic Internship, the application and/or screening procedures, please contact:

**College of Agriculture and School of Human Environmental Sciences**  
**Director, Dietetic Internship Program**  
**Department of Nutrition and Food Science**  
**203 Funkhouser Building**  
**University of Kentucky**  
**Lexington, KY 40506-0054**

Each student must complete the following:

1. Complete University Studies requirements.
2. Complete the School requirements listed below.
3. Complete 128 credit hours with a minimum grade-point average of 2.0.
4. Complete the required curriculum in the major program.

### School Requirements

HES 100 An Introduction to Professions in Human Environmental Sciences .....	1
HES 400 Concepts in Human Environmental Sciences: Integration and Application .....	2
One course in Human Environmental Sciences, outside the student's major prefix .....	3
<b>Subtotal: School Required Hours .....</b>	<b>6</b>

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## University Studies Requirements

### Hours

See "University Studies Program" on pages 83-87 of the 2009-2010 UK Bulletin for the complete University Studies requirements. The courses listed below are (a) recommended by the college, or (b) required courses that also fulfill University Studies areas. Students should work closely with their advisor to complete the University Studies Program requirements.

## Progression Requirements

Students must attain a grade-point average of 2.4 or above to progress into course work designated as major requirements. In addition, students must achieve a grade of C or better in all course work designated as major requirements.

Students must complete the following requirements:

## Premajor Requirements

### Hours

BIO 152 Principles of Biology II .....	3
BIO 208 Principles of Microbiology .....	3
CHE 105 General College Chemistry I .....	3
CHE 107 General College Chemistry II .....	3
CHE 111 Laboratory to Accompany General Chemistry I .....	1
CHE 113 Laboratory to Accompany General Chemistry II .....	2
CHE 230 Organic Chemistry I or	
CHE 236 Survey of Organic Chemistry .....	3
CLA 131 Medical Terminology from Greek and Latin .....	3
ECO 201 Principles of Economics I .....	3
NFS 212 Introductory Nutrition .....	3
NFS 241 Food Service Sanitation .....	1
NFS 302 Principles of Food Preparation .....	3
PGY 206 Elementary Physiology .....	3
PSY 100 Introduction to Psychology .....	4
SOC 101 Introduction to Sociology .....	3
STA 200 Statistics: A Force in Human Judgment .....	3
<b>Subtotal: Premajor Hours .....</b>	<b>44</b>

## Major Requirements

### Hours

Prior to beginning the major requirements, students should indicate a choice of Option A or Option B with the Advising Resources Office, 112 Erikson Hall, and the UK NFS Dietetics Program, 203 Funkhouser. Option B is a selective admissions program.

ACC 201 Financial Accounting I .....	3
NFS 301 Dietetics Practice .....	2
NFS 304 Experimental Foods .....	3
NFS 311 Nutritional Biochemistry .....	3
NFS 312 Nutrition and Wellness in the Life Cycle .....	3
NFS 340 Institutional Purchasing .....	3
NFS 342 Quantity Food Production .....	4
NFS 346 Human Resources Management for the	
Food and Hospitality Industries or	
MGT 301 Business Management .....	3
NFS 403 Community Nutrition and Wellness .....	3
NFS 408G Seminar in Food and Nutrition .....	1
NFS 510 Advanced Nutrition .....	3
NFS 514 Dietetics: Counseling and Communication	
Theories and Applications .....	3
NFS 515 Medical Nutrition Therapy .....	5
<b>Subtotal: Major Hours .....</b>	<b>39</b>

## Option Requirements

One option must be completed concurrently with the major requirements stated above.

### Option A – Didactic Program in Dietetics (DPD)

NFS 480 Dietetics Pre-Professional Practice .....	1-6
<b>Subtotal: Option A .....</b>	<b>1-6</b>

### Option B – Coordinated Program in Dietetics (CP)

Option B is a selective admission program. See statement above regarding admission procedures and criteria.

NFS 800 Nutrition in the Life Cycle: Practicum* .....	1
NFS 808 Community Nutrition II: Supervised Practice* .....	2
NFS 810 Medical Nutrition Therapy I: Supervised Practice* .....	5
NFS 812 Food Service Systems Management: Supervised Practice* ....	5
NFS 814 Food Service Systems Management II:	
Supervised Practice* .....	3
NFS 816 Medical Nutrition Therapy II: Supervised Practice* .....	3
NFS 518 Evaluation of Dietetic Issues and Leadership .....	2

\*800-level course requires admission to CP.

<b>Subtotal: Option B .....</b>	<b>21</b>
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## Electives

Electives should be selected by the student to lead to the minimum total hours required for graduation.

<b>Subtotal: Minimum Elective Hours .....</b>	<b>1-15</b>
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<b>TOTAL HOURS: Option A .....</b>	<b>128</b>
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<b>TOTAL HOURS: Option B .....</b>	<b>137</b>
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## Dietetic Internship Program (DI)

The Dietetics Internship Program (DI) is offered on a competitive basis to graduates of a Didactic Program in Dietetics from UK or other institutions. The Dietetic Internship program (DI) provides intellectual and educational development through supervised practice and didactic teaching. The DI is granted Developmental Accreditation by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 216 W Jackson Boulevard, Chicago, IL 60606-6995.

The program meets requirements for registration eligibility and helps students to develop competencies necessary to practice as entry level dietitians. The program consists of 21 credit hours that include a minimum 900 hours of supervised practice and didactic teaching. Didactic teaching is done through distance learning as well as face-to-face education.

Upon completion of the DI program, students are eligible to take the national examination to become registered dietitians (R.D.). Additionally, students who successfully complete the program may, if desired, continue to work toward a master's degree.

To be admitted, interested students must hold a baccalaureate degree meeting the minimum academic requirements specified by the American Dietetics Association. A verification statement signed by the director of the Didactic Program in Dietetics (DPD) from the student's home institution is required.

**To apply for admission:** Complete the DI program application packet available from the Department; complete the application packet for the University of Kentucky Graduate School; provide Graduation Record Exam scores and official transcripts from all colleges/universities attended; provide an Academic Requirements Verification Statement or Declaration of Intent to complete baccalaureate degree certified by the DPD Director; and additional documents as specified in the application packet. The application deadline is February 15 for entry in January of the subsequent year. **For further information regarding the application and screening procedures, contact the Dietetics Internship Program Director, Department of Nutrition and Food Science, 203 Funkhouser Bldg., Lexington, KY 40506-0054.**

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## Spring Practicum (Required)

### Credits

NFS 810 Medical Nutrition Therapy I: Supervised Practice .....	5
NFS 812 Food Service Systems Management: Supervised Practice .....	5
NFS 818 Evaluation of Dietetic Practices .....	2

## May Intersession Practicum (Required)

### Credits

NFS 800 Nutrition in the Life Cycle: Practicum .....	1
NFS 808 Community Nutrition II: Supervised Practice .....	2

## Summer Session Practicum (Required)

### Credits

NFS 814 Food Service Systems Management II: Supervised Practice .....	3
NFS 816 Medical Nutrition Therapy II: Supervised Practice .....	3