

Kinesiology – Non-Teacher Certification Program

College of
Education

Requirements for Program

The Department of Kinesiology and Health Promotion offers undergraduate courses and degree programs in kinesiology (physical education) and health promotion. The kinesiology program (non-teacher certification) leads to employment opportunities in the athletics and sports industries. The kinesiology program is guided by the standards of the National Association for Sport and Physical Education (NASPE).

The B.S. in Kinesiology requires completion of: (1) the UK Core requirements; (2) specified course work in program related studies, professional kinesiology requirements, education course requirements; (3) practicum in recreation; and (4) specified course work in exercise science.

Continuous Assessment

1. The kinesiology program stimulates higher performance goals for high-performing students by offering several modes of performance: (a) skills in performing physical activities; (b) skills in writing and oral presentations in theory courses; (c) computer technological skills in some courses; and (d) leadership skills by high-performing students are often used in classes through class leaders, peer tutors, and/or assistant instructors.

2. Students must maintain a 2.0 GPA for retention in and exit from the program with a bachelor's degree. After 60 hours, students must be admitted to advanced standing. Students who demonstrate a lack of commitment, effort, professional behavior, knowledge, or disciplinary skills, or who have not maintained the necessary GPA overall and in the major courses may be removed from the program and the college.

UK Core Requirements

See the *UK Core* section of the 2011-2012 *Undergraduate Bulletin* at: www.uky.edu/Registrar/bulletinCurrent/ukc.pdf for the complete UK Core requirements. The courses listed below are (a) recommended by the college, or (b) required courses that also fulfill UK Core areas. Students should work closely with their advisor to complete the UK Core requirements.

I. Intellectual Inquiry in Arts and Creativity

Choose one course from approved list 3

II. Intellectual Inquiry in the Humanities

Choose one course from approved list 3

III. Intellectual Inquiry in the Social Sciences

PSY 100 Introduction to Psychology 4

IV. Intellectual Inquiry in the Natural, Physical, and Mathematical Sciences

BIO 103 Basic Ideas of Biology 3

V. Composition and Communication I

CIS/WRD 110 Composition and Communication I 3

VI. Composition and Communication II

CIS/WRD 111 Composition and Communication II 3

VII. Quantitative Foundations

Choose one course from approved list 3

VIII. Statistical Inferential Reasoning

STA 210 Making Sense of Uncertainty:
An Introduction to Statistical Reasoning 3

IX. Community, Culture and Citizenship in the USA

Choose one course from approved list 3

X. Global Dynamics

Choose one course from approved list 3

UK Core Hours **31**

Program Related Course Requirements (17 hours)

*ANA 209 Principles of Human Anatomy 3

*PGY 206 Elementary Physiology 3

NFS 101 Human Nutrition and Wellness 3

PSY 100 Introduction to Psychology 4

CS 101 Introduction to Computing I

or

CS 115 Introduction to Computer Programming 3

KHP 120 Service Course (Weight Training) 1

**Prerequisite: biology or zoology course(s)*

Professional Kinesiology Requirements (33 hours)

Professional Activity Courses

KHP 210 Introduction to Fitness (Subtitle required) 2

KHP 157 Track and Field 1

Complete **one** of the following:

KHP 250 Team Sports (Subtitle required) 2

KHP 260 Individual Sports (Subtitle required) 2

Theory Courses

KHP 190 First Aid and Emergency Care 2

KHP 200 The History and Philosophy of

Physical Education and Sport 3

KHP 230 Human Health and Wellness 3

KHP 300 Psychology and Sociology of

Physical Education and Sport 3

KHP 319 Sports Officiating 1

KHP 415 Biomechanics of Human Movement 4

KHP 420G Physiology of Exercise 3

KHP 445 Introduction to Tests and Measurements 3

KHP 573 Management of Sport 3

KHP 240 Nutrition and Physical Fitness 3

Exercise Science Courses (23 hours plus electives)

CHE 104 Introductory General Chemistry 3

CHE 108 Introduction to Inorganic, Organic
and Biochemistry without Laboratory 3

PHY 211 General Physics 5

KHP 340 Athletic Training 2

PGY 412G Principles of Human Physiology Lectures 4

KHP 577 Practicum in Kinesiology and Health Promotion 6

plus **six hours** from the following courses:

ABT 360, BAE 103, BIO 150, BIO 152, BIO 153, BSC 331, CHE 230, CHE 231,

CLA 131, CPH 201, CPH 365 (subtitle required: Society and Aging), CS 215,

KHP 350, KHP 450, KHP 546, KHP 547, KHP 579, PHI 305, PHY 213, PSY 223,

and SOC 305 (subtitle required: Health and Medical Sociology).

Electives

Electives for 120 total credit hours chosen with the help of an advisor.

TOTAL HOURS **120**

The University of Kentucky is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award baccalaureate, masters, doctorate, and professional degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of the University of Kentucky.