

Agreement of Release of Liability Form
Lancaster Aquatic Center
Host for American Red Cross Lifeguarding Certification Course

1. In consideration of gaining membership or being allowed to participate in the activities and programs hosted at the University of Kentucky's Lancaster Aquatic Center and to use its facilities, equipment, and machinery in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge the University of Kentucky's Lancaster Aquatic Center, its officers, agents, and employees from any and all responsibilities or liability for injuries or damages resulting from my participation in any activities or my use of equipment or machinery in the above-mentioned facilities or arising out of my participation in any activities at said facility. I do also hereby release the instructor for the American Red Cross Lifeguarding Certification Course and all of those mentioned and any others acting upon their behalf from any responsibility of liability for any injury or damage to myself, including those caused by the negligent act or omission of any of these mentioned or other acting on their behalf or in any way arising out of or connected with my participation in any activities involved in during the American Red Cross Lifeguarding certification course or the use of any equipment at University of Kentucky's Lancaster Aquatic Center.

(Please initial _____ and guardian of participant (if under age 18) _____).

2. I understand and am aware that strength, feasibility and aerobic exercise, including the use of various pieces of equipment, are potentially hazardous activities. I also understand that fitness activities involve a risk of injury and even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

(Please initial _____ and/or guardian of participant (if under age 18) _____).

3. I here do by further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity or other illness that would prevent my participation in any of the activities and programs during the American Red Cross Lifeguarding certification course or the use of any equipment at University of Kentucky's Lancaster Aquatic Center except as hereinafter stated. I acknowledge having either had a physical examination and have been given a physician's permission to participate, or that I have decided to participate in activity and or use of equipment without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment in my activities.

(Please initial _____ and/or guardian of participant (if under age 18) _____).

Date _____ Signature of participant _____

Date _____ Signature of Parent or _____
Guardian, if participant is under age 18