

WEEKLY SCHEDULE/STUDY PLAN

Color Code the Following:

=Study
 =Sleep
 =Other (Walking to Class, Eating, Showering, Getting Ready)

=Class
 =Social (Hangout, TV, Video Games, Facebook, Work, etc.)

Hour	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7 a.m.							
7-8 a.m.							
8-9 a.m.							
9-10 a.m.							
10-11 a.m.							
11-12 noon							
12-1 p.m.							
1-2 p.m.							
2-3 p.m.							
3-4 p.m.							
4-5 p.m.							
5-6 p.m.							
6-7 p.m.							
7-8 p.m.							
8-9 p.m.							
9-10 p.m.							
10-11 p.m.							
11-12 mid.							
12-1 a.m.							
Total Hours Studying per day							