

# UK 101 CORE CURRICULUM

(UK 101 website: [www.uky.edu/UK101](http://www.uky.edu/UK101); lesson plans available under instructor resources tab)

## **The following core curriculum topics will be scheduled for you:**

- **Green Dots in Action...Your Role in Preventing Violence at UK** — Date & guest presenter scheduled for you. Class meets in designated location (other than your normal classroom). Required online assignment described on page 2 to be completed before session.
- **E-portfolio: Pulling It All Together** — Date & guest presenter scheduled for you. Class meets in 103 Stuckert Career Center. Required online assignment, described on page 3, to be completed after session.

## **You schedule the following core curriculum topics:**

- **Academic Expectations** — Address early in course. Lesson plan in notebook and on website.
- **Library Tour** — On day of tour, ask students to meet in lobby of Young Library. Divide class in half; instructor & peer instructor each take half of class on tour. Two tour scripts are on UK 101 website—one for instructors and one for peer instructors. The scripts differ in the order of “tour stops,” so be sure to print the correct script. Required library assignments described on page 2.
- **Study Strategies**
  - a. Goal Setting and Time Management**
  - b. Note-Taking Strategies and Active Critical Reading (presented by peer instructor)**
  - c. Exam Preparation**

Schedule all 3 study strategies sessions. Some instructors choose to devote additional sessions to study strategies. Lesson plans on UK 101 website under “instructor resources.” Additional mini-lessons and handouts available. To request assistance in planning sessions, call The Study at 257-1356. Peer instructors will teach the “note-taking strategies and active critical reading” session. New UK 101 instructors may request a guest presenter for one of the remaining study strategies sessions by completing online form at [www.uky.edu/UGS/Study](http://www.uky.edu/UGS/Study).
- **Professors and Classroom Decorum** — Lesson plan in notebook and on website.
- **Academic Integrity** — Lesson plan in notebook and on website. Guest presenter list on website.
- **Academic Advising** — Lesson plan and guest presenter list available on UK 101 website. Required APEX tutorial to be completed before this session. Academic advising and APEX assignments described on pages 2-3.
- **UK Voices and Faces** — Recommend addressing diversity topic mid-course or later. Lesson plan and ideas for incorporating topic throughout course found under “instructor resources” on website.
- **Education Abroad** — To schedule guest presenter (usually a student) from Education Abroad, email Sonya Cunningham at [sonya.cunningham@uky.edu](mailto:sonya.cunningham@uky.edu). Include your phone number, email address, class location, class time, three possible dates, and if you want a 30 or 50-minute presentation. Please note that presenters are not available on October 13-14.
- **Alcohol** — Peer instructor will facilitate session anytime after September 11; instructor needs to be present. Lesson plan on website. Required assignment, described on page 2, to be completed before this class.
- **Common Reading** — Lesson plan in notebook and on UK 101 website. Required assignment (a paper) described on page 3.

**The following 2 core curriculum topics don't have to be offered as distinct sessions:**

- **Campus Resources** — Highlight resources listed on pages 4-6. Incorporate throughout course.
- **Campus Involvement Opportunities** — Incorporate into class announcements. Also, optional open session facilitated by Student Involvement is available.

**Any remaining (open) sessions may be used to address topics determined by the instructor.**

- **Optional Curriculum for Open Sessions** — Suggested topics, such as money management/credit card debt and sexual health, are listed in instructor notebook and on UK 101 website under "instructor resources." Lesson plans and contact information on guest presenters also available on website.

## **UK 101 REQUIRED ASSIGNMENTS**

- 1. Library Online Tutorial, Quiz, and Passport Activity**
  - a. Students complete online library tutorial found at [www.uky.edu/Libraries/Toolbox/UK101](http://www.uky.edu/Libraries/Toolbox/UK101). The three tutorials in the toolbox are as follows:
    1. Getting Started - What's a Research Strategy?
    2. Beyond Google - InfoKat: The Library Catalog
    3. Beyond Google - Periodical Databases
  - b. After completing tutorial, students must complete the "What Did I Learn" toolbox quiz on the tutorial homepage and turn in the results to you.
  - c. Finally, students print Passport Activity form and follow directions on it. (The Passport Activity will take them to different locations in Young library and other campus libraries.) When completed, students turn in the form to you.
- 2. VIP Tutorial: Green Dots in Action...Your Role in Ending Violence at UK** — Students complete the VIP tutorial at <http://www.uky.edu/StudentAffairs/VIPCenter/> **before** the Green Dots session. Upon completion, students submit the "certificate of completion" to instructor.
- 3. eCHUG, Alcohol eCHECKUP TO Go (Tutorial and Reflection)** — Students complete alcohol tutorial **before** alcohol session. Students go to [www.Q-Authority.org](http://www.Q-Authority.org) and click on the "eCHUG" graphic link on left. On the last page of tutorial, students click on "Print Certificate" located on right side of page, and turn in certificate of completion to you.

Finally, students should answer the following two questions in a reflection entry: a. What about your eCheckup to Go (eCHUG) feedback stood out to you? b. Students, faculty, and staff often overestimate how much others drink. Why might this be?
- 4. Academic Advisor Assignment** — Students email you their academic advisor's name, phone number, office number, and email address.
- 5. Mid-Term Grade Assignment** — Ask students to use their mid-term grades (found under myUK) to calculate their GPA using the GPA calculator found at <http://www.uky.edu/Registrar/GPAcalc.htm>. If a student hasn't received a mid-term grade for a course, he or she should talk with the professor to obtain one. Finally, students should show you a copy of their mid-term grades. This assignment should be completed **after October 26** when mid-term grades are available.
- 6. APEX Online Tutorial and Quiz** — To view the "Getting Started" APEX tutorial, students go to myUK and then click the Degree Planner (APEX) tab. Then students complete and print the APEX

quiz at <http://www.uky.edu/UK101> under "student resources" tab and submit completed quiz to you. Quiz answers under "instructor resources" tab on website. This assignment should be completed **before** academic advising session.

7. **Common Reading Paper** — Students are required to write an approximately two-page paper (minimum 500 words, arial or times new roman 12-point font, double spaced) on a topic chosen by you.
8. **E-Portfolio Assignment** — Students create their own eportfolio at <http://uky-eportfolio.symplicity.com> using their courses and recent or current activities, jobs, etc. Students submit a PDF copy of their portfolio to you. Assignment should be completed **after** e-portfolio session.
9. **Two Campus Cultural Events and One Campus Activity** — Students must attend two campus cultural events and one student activity. An example list of options such as lectures, concerts, and plays will be available on the UK 101 website ([www.uky.edu/UK101](http://www.uky.edu/UK101)). It is up to each instructor to determine what qualifies as a cultural event. You may want to ask students to write a reflection entry about the event such as: *"Write a brief overview of the event and your reaction to it. Do you think you will attend a similar event in the future? Why or why not?"*

For the campus activity, just about any activity counts (e.g., intramurals, football game, student organization meeting, etc.).

10. **Readings** — Instructors determine reading assignments. Links to UK-specific articles on Education Abroad, Professors at a Research University, and diversity are available on UK 101 website under student resources. Suggestions for *K Book* readings also on website.
11. **Reflection Questions** — Instructors choose which and how many reflection questions to incorporate into syllabus. Sample questions for class topics listed in next insert.
12. **UK 101 Course Evaluation** — Although this is not a required assignment, please incorporate it into your syllabus. Students will be emailed a course evaluation from the Office of Institutional Research during the last week of the class. The sender name of the email will be UK 101. Assure students that their feedback will remain confidential; a summary of the evaluations will not be sent to the instructor until final grades are posted.

## CAMPUS RESOURCES & SERVICES TO HIGHLIGHT IN UK 101

*(This is not an exhaustive list, so feel free to highlight additional campus resources.)*

1. **The Study** — Located on 3<sup>rd</sup> floor of Commons (Kirwan-Blanding Complex); free tutoring schedule, brochures, and tip sheets on website: [www.uky.edu/ugs/study](http://www.uky.edu/ugs/study).
2. **The Hub** — Located in the basement of Young Library, the Hub is a comfortable place for students to receive library or technology help as well as work on group projects. The Hub is staffed with reference librarians, technology support personnel, and computer lab assistants. It features over 200 Windows and 20 Mac computers as well as moveable furniture, whiteboards, and vending machines. Website: [www.uky.edu/Libraries/Hub](http://www.uky.edu/Libraries/Hub).
3. **Writing Center** — Located on 5<sup>th</sup> floor of Young Library. Students make appointments online at [www.uky.edu/AS/English/wc/](http://www.uky.edu/AS/English/wc/); phone 257-1368.
4. **University Health Service** — Give directions to facility and appointment phone number, 323-2778.
5. **Counseling and Testing Center** — Located on 2<sup>nd</sup> and 3<sup>rd</sup> floors of Frazee Hall; provides academic, personal, and career counseling; free and confidential; offers groups and workshops on variety of topics including: Test Anxiety; Career Assessment and Exploration; Stress Management; Relaxation; Social Confidence; and Women of Color Support Group. For more information, call 257-8701 or visit <http://www.uky.edu/StudentAffairs/Counseling/>.
6. **Martin Luther King Jr. Cultural Center** — Located on first floor of Student Center Addition. The central purpose of the Center is to contribute positively to recruitment and retention of African American and Latino students by helping to make campus a more hospitable, supportive environment. The King Cultural Center offers a relaxed, yet stimulating, environment where all students can interact and be enriched through cultural exchange. The Center also serves as a vital resource for the entire University community, exposing students, faculty, and staff to a variety of cultural, educational, and social activities reflective of the African American and Latino American experience. For information about cultural programming, student support, and community outreach, call 257-5555 or visit <http://www.uky.edu/MLKCC/>.
7. **eUreKa! Office** — The programs in the eUreKa office engage undergraduates in scholarly activities (scholarship, research, creativity) outside of the classroom and in mentored relationships with faculty. Programs include an undergraduate research club (*Society for the Promotion of Undergraduate Research*); a course, DSP 200: Research Skills Orientation (a second-level Discovery Seminar) open only to active UKURP participants; and the UK Undergraduate Research Program.

### **The UK Undergraduate Research Program (UKURP)**

<http://www.uky.edu/EUREKA/UKURP/index.htm> — This program helps first and second-year students connect with faculty who are seeking undergraduate research assistants. The research may be in any discipline, including the humanities, social sciences, natural sciences, medical sciences, and the professions.

For more information on any eUreKa! Program, contact Dr. Robert S. Tannebaum, [rst@uky.edu](mailto:rst@uky.edu), 257-5644, or Evie Russell, [evie.russell@uky.edu](mailto:evie.russell@uky.edu), 257-6420, or visit [www.uky.edu/eureka](http://www.uky.edu/eureka).

8. **Human Resources Student Employment** — Human Resources Student Employment is a free referral service for UK students who are seeking part-time employment during the school year and

part-time or full-time employment during academic breaks. Both on-campus and off-campus jobs in various fields with assorted required skills, pay rates, and flexible schedules are usually available. To be considered for jobs available through HR Student Employment, UK students first complete an application through the Online Employment System (OES). Next, students search the OES for available jobs and submit their application for specific jobs. After submitting an application, students who meet the minimum qualifications for specific jobs will receive instructions to visit Scovell Hall for a screening interview and possible referral. Interviews are conducted Monday through Friday between 12:30 P.M. and 4:00 P.M. or by appointment.

The Online Employment System can be accessed via the HR Student Employment Website: [www.uky.edu/HR/studentjobs/](http://www.uky.edu/HR/studentjobs/) . If questions, call (859) 257-9542 or (859) 257-8894.

9. **Academic Scholarships Website** — <http://www.uky.edu/AcademicScholarships/>; information and applications for University and departmental scholarships available on this site.
10. **Campus Calendar** — <http://www.uky.edu/CampusCalendar/>; produced by Office of Student Involvement; published online and in *Kernel*. Postings free to campus organizations.
11. **"Multiple Final Exams" Information** — *From Ombud end-of-semester reminders*: "Individual students are entitled to request a change in their final examination times if they have more than 2 finals scheduled for the same date. Should an exam date need to be changed, the course with the highest number is the one to be rescheduled. If course numbers are identical, then the department whose prefix is alphabetically earlier is rescheduled. The student needing to change exam times must request this in writing at least two weeks before the last class meeting."
12. **National Student Exchange Program** — Students may attend one of over 170 colleges and universities across the country and pay UK tuition. Students may "exchange" for a semester or a year. To participate, students must be full time, have completed at least 12 credit hours at UK, and have a 2.75 or above GPA. To learn more, call Central Advising at 257-3383 and ask to speak with the coordinator of this program.
13. **Safety Escort Service (SAFECATS)** — Free safety escort service on campus, 323-SAFE. Updated information will be provided by UK 101 peer instructor.
14. **Young Library** — Library tour and assignments covers this resource.
15. **Career Center: Experiential Education and Career Services** — Visit during e-portfolio session.
16. **Academic Advisors** — Highlighted during academic advising session.
17. **APEX** — Addressed through APEX tutorial assignment.
18. **Academic Ombud** — Discussed during academic integrity session.
19. **Education Abroad** — Discussed during education abroad session.
20. **VIP (Violence Intervention and Prevention)** — Highlighted during violence prevention session.
21. **OUTsource** — The gay, lesbian, bisexual, transgender, queer, question, and ally resource center; located in Student Center across from Student Government Offices.
22. **Campus Recreation** — Website: <http://www.uky.edu/StudentAffairs/CampusRec/>  
Highlight the following:

## Johnson Center

- Need student ID to enter. Can check out equipment, locks, etc., with ID
- Lots of cardio and weight equipment and climbing wall
- Over 40 FREE group fitness classes (including group cycling)

## Seaton Center

- Next to Johnson Center; some intramurals played here

## Lancaster Aquatic Center

- Located next to Johnson Center; offers recreational swim to all students; need ID.
- Check Campus Recreation website for times of recreation swim.

## Outdoor Pursuits

- This department, located in Johnson Center, offers a wide variety of trips during the spring and fall semester, including trips such as white water rafting, hiking, climbing, camping, and skiing.

## Intramurals

- *Give detailed information about intramurals, because it is a great way for your UK 101 or UK 201 students to get to know other students and stay fit.*

## **Getting Started in Intramurals**

Visit website for:

- List of intramural sports (men's and women's divisions and some co-rec)
- Calendar of events
- Entry deadlines. Entry forms available in room 172-A of the Johnson Center, and you must have your student ID to participate.

## **Types of Competition**

- Team Sports include Flag Football League, 5on5 Basketball League, 7on7 Soccer Tournament, Volleyball Tournament and Softball Tournament (Some team sports have team fees to help offset the cost of officials.)
- Singles and Doubles Events offered include Tennis Singles (fall) and Doubles (spring); Racquetball Singles; Table Tennis Singles; and Cornhole Doubles.
- Other offerings include annual Turkey Trot Run near Thanksgiving, Golf Singles (spring); Golf Doubles (fall); Individual Triathlon; Inner-Tube H2O Polo Tournament; and Disc Golf Singles.

## **Team Sports**

The following are a few routes for joining or organizing intramural teams:

- Residence Halls — Talk to your RA about organizing teams.
- Classmates — Ask the other students in your classes if they are interested in organizing a team or if they are already on a team that you can join.
- Campus Organizations — Many organizations and departments enter teams for IM events. If you are involved with or joining any organization, ask if members are involved in Intramurals. Greek organizations and many campus ministries usually form teams.
- Pick-up play or working out at the Johnson Center — Many times teams are formed by people that meet while playing pick-up basketball or working out at Johnson Center.
- Free Agents — The Intramural department keeps a log of free agent players who are interested in playing specific sports. You can register yourself as a free agent for any event. The free agent list is still dependent upon the individual attending any captain's meeting if he/she is not contacted by a potential team. To register as a free agent or to look for other free agents to form a team, stop by the IM Office in the Johnson Center.