

Diversity Continuum

Procedures:

1. Write the four words/phrases spread across a black board or write them throughout the room. Make sure they are spread out as this exercise involves moving around and students shouldn't be crowded. The four response options are *Strongly Agree*, *Agree*, *Disagree*, and *Strongly Disagree*. Neutral is not given as a choice as students might take that as an easy out rather than giving their real opinion.
2. Explain to the students that they must respond to these statements honestly. They are to stand in the general proximity of their choice of the four words/phrases.
3. Read a statement and give the students a few moments to move near their response. All students must respond to each statement.
4. Take a glance at where the majority of students are standing and where there are only a few students standing. Make a note to refer to later when you are discussing the statements at the end of the exercise.

Questions:

1. I feel comfortable being friends with people of other cultures.
2. Racism isn't an issue anymore.
3. I think interracial relationships are wrong.
4. I would want a new roommate if I found out my current roommate was homosexual.
5. I feel comfortable socializing with people with mental and/or physical disabilities.
6. If you live in the United States, then you should be able to speak English fluently.
7. The wealthy should pay extra taxes because they have more money.
8. My parents would be upset if I married someone of a different religion.
9. Society is often extremely cruel to people based on their physical appearance (e.g., weight, ability, etc.).
10. I am uncomfortable around elderly people.
11. I have stereotypes about different groups of people.