

## EXAMPLE LESSON PLAN FOR FIRST UK 101 CLASS

### I. **Materials**

Syllabus copies, name cards and markers, class roster, copy of No Impact Man and a K Book (if you are using K Book); icebreaker supplies (if needed)

### II. **Goals**

Get acquainted, begin class bonding, introduce course, calm fears, and motivate students

### III. **Introduction and Icebreaker (instructor and peer instructor)**

*As students arrive, greet them and ask them to make name card.*

- A. The goals of this first class are to get to know one another and learn about the objectives of UK 101.
- B. Instructor and peer instructor introduce themselves. One of the unique things about UK 101 is having an upper-class student as a co-instructor.
- C. Peer instructor facilitates class icebreaker. Icebreaker ideas available on UK 101 website.

### IV. **Student Information (peer instructor)**

Ask students to write information about themselves on the inside of their name cards (or on 3x5 index cards). Below are *example* questions you could ask.

- 1. Name
- 2. Local address
- 3. Cell phone
- 4. E-mail address
- 5. Hometown, state
- 6. Birthday
- 7. Major (or write "Undergraduate Studies" if you haven't chosen a major yet)
- 8. Interests or organizations you would like to learn about

*(Note: After class, read this information. Peer instructor should follow up on interests listed.)*

### V. **UK 101 Expectations Exercise (instructor and peer instructor)**

- A. Divide class into small groups. Ask students to discuss their expectations of UK 101 and what they hope to gain from the class. Allow two minutes.
- B. Ask students to share their expectations. Then distribute syllabus to discuss the course and your expectations.

### VI. **Distribute Syllabus (instructor)**

- A. Go over instructor/peer instructor information in syllabus.
- B. Go over course objectives outlined in syllabus.  
"This class will encourage you to develop beneficial habits that will help you

succeed as first-year students. UK 101 will teach you strategies to enhance your performance as a student and to get the most out of your college experience.”

“Many of your homework assignments are things that you need to learn to succeed in your other classes—how to use the library and college study strategies. Students who enroll in UK 101 return to UK their sophomore year at higher rates and earn a higher GPA than those who don’t take UK 101. To get the full benefit, you need to participate!”

- C. Discuss course requirements outlined in syllabus.
  - 1. Go over grading scale; stress attendance. Explain attendance questions.
  - 2. Highlight assignments.
  - 3. Be clear about expectations for assignments.
  - 4. Point out class meeting locations other than regular classroom.

**VII. Two-Minute Paper (instructor)** So far, what do you like about UK? What are any concerns?

**VIII. Assignment for Next Class (peer instructor)** – Example assignment: Distribute Weekly Time Plan Chart and ask students to keep track of time for two days and then bring to class session on time management and goal setting.

**IX. Announcements (peer instructor)** – Usually the announcements are at the beginning of class. For this first class, they are at the end.

*As students exit class, ask if they need directions to any of their classes.*