

UNIVERSITY OF KENTUCKY ASSOCIATION OF EMERITI FACULTY, INC. www.uky.edu/UKAEF

Volume XXXIII, Number 2

UKAEF NEWSLETTER

November 2022

ABOUT THE SPEAKER



Connie Jennings, M.D. has been practicing at UK over 30 years as an internist. She served for many years as Medical Director at Ky Clinic South, UK's first off campus clinic. There she initiated UK's Acupuncture Clinic in 2005. This is a practice that she continues and has been able to grow in our enterprise. Presently Dr Jennings has a dual role as Medical Director of both the UKHC Care Blue Service and UK Integrative Medicine and

Health Clinic. She has been involved in a steady effort to build Integrative Medicine into the fabric of UK HealthCare.

Dr Jennings also leads the Walk With a Doc Program, an international program, emphasizing exercise through community participation with the medical faculty. She is the faculty advisor for the College of Medicine's Chef Med group and the American Medical Student Association. Teaching mindfulness to many diverse groups throughout UK is a part of her job that she finds quite rewarding and beneficial for both student and teacher. In her free time, Dr Jennings practices yoga, swims, reads historical biographies and is a dedicated tree lover.

NOVEMBER LUNCHEON MEETING

Date: Tuesday, November 8, 2022

Place: E.S. Good Barn 1451 University Dr., Lexington, KY 40526

Social Time: 11:30 a.m. - 12:00 p.m.

Program 12:00 p.m.

Speaker: Dr. Connie Jennings

Topic: "Why Mindfulness Matters"

Business Meeting: 1:00 p.m.

Adjourn: 1:30 p.m.

NOVEMBER 8 BOX LUNCHEON MENU FROM McALLISTER'S DELI

Remaining box lunches at the end of September luncheon were donated to the Ronald McDonald House. Be sure to make your box lunch selection on the form in this newsletter. Your choices include:

- Southwest Chicken & Avocado Salad
- Black Angus Club with Potato Salad
- Veggie Wrap with Fresh Fruit

Each box will also have a brookie (brownie/chocolate chip cookie combo)

FROM YOUR PRESIDENT

Dear Friends,

I hope you are having a great Fall. The semester is well underway at UK and we will soon have our next luncheon on November 8th. For those who couldn't attend the last luncheon, you missed a great presentation by Chief of Police Lawrence Weathers. He had just come from a news conference with Mayor Gorton about recent gun violence, so we thankfully were a less stressful event for him.

We had such good reviews from the September 13th luncheon that we have arranged for the Good Barn venue again and will serve box lunches. Please complete the form in this newsletter so that we can have your lunch choice available. The University is allowing us to park on the grass toward University Drive, so we will have no parking problems. We will have people outside to guide you for parking. Our speaker for the November meeting is Dr. Connie Jennings, Medical Director of UK Integrative Medicine and Health. She will give us tips on staying healthy. She is a well-known and highly recommended speaker.

We will be choosing our fellowship recipients soon and they will make short presentations at our February meeting. Information on the fellowship, selection procedures, and past recipients is available at <u>https://www.uky.edu/UKAEF/</u><u>fellowship.htm.</u> I encourage you to donate for the Fellowship if you can.

I also ask that you make a personal contact with retired faculty members who have not joined our group this year. The Association has four outstanding programs each year and represents retired faculty members in many ways. New members can also bring new ideas on ways that the Association can improve.

I hope to see you in November! Michael R. Reed, AEF President

PHOTOS FROM SEPTEMBER 13, 2022 LUNCHEON at Good Barn



Past President Douglas Boyd; Speaker Chief of Police Lawrence Weathers; Fellowship Committee Member William Witt



President Michael R. Reed speaking at September Luncheon

SPECIAL THANK YOU

We would like to extend a special thank you to **Jim & Ann Chapman** for their generous donation to the fellowship fund at the Magna Cum Laude (\$500-\$2,500) level during the 21/22 year.

They were inadvertently left off the list in the September newsletter because their donation was made directly to the graduate school to **fully fund one of the fellowships** that UKAEF awards.

If you make a donation directly to the University to fund the fellowship program please let us know so that we can include you in our yearly thank you list.

UKAEF BRIEF NEWS BITES

• CONTRIBUTIONS TO UKAEF FELLOWSHIP FUNDS

Please remember that Retired Faculty may want to consider making contributions to the UKAEF Fellowship Fund for Scholarships by using the tax-free options of Qualified Charitable Distributions (QCD).

• EXECUTIVE SECRETARY and MEMBERSHIP COMMITTEE CHAIR positions remain VACANT. If you are interested in serving, please contact our President, Michael R. Reed or Vice-President, Sue Fosson.

• MEMBERSHIP

Please remember to pay your **ANNUAL** 2022/2023 dues of **\$25** by November 2022. Please complete the attached form (along with your **November Luncheon** selection

UK ARTS AND CULTURE UPDATE

From UKnow (September 1, 2022)

UK Fine Arts

University of Kentucky <u>College of Fine Arts</u> is excited to return after a few seasons impacted by the Covid Pandemic with a wealth of arts events. UK's music, dance, theatre and visual artists all have offerings sure to thrill arts enthusiasts of all kinds. Tickets to all shows are available through the Singletary Center for the Arts Box Office at <u>scfatickets.com</u> or 859-257-4929

UK Department of Theatre and Dance

The Department of Theatre and Dance announced a <u>2022-23</u> <u>Main Stage Season</u> featuring classics with a contemporary spin, several regional premieres and the annual dance concert with works by faculty and student artists. "These productions spotlight the fantastic diversity of talent within our students, faculty, and staff. There is a poignant mix of drama, dance, laughter, satire, and serious discussion about the world we live in and, perhaps, the one we aspire toward," said Stephen Wrentmore, lecturer and season producer for UK Theatre and Dance. Event schedule and tickets at <u>https://finearts.uky.edu/singletary-center</u>

UK School of Art and Visual Studies

Each year, SA/VS hosts a series of free, public talks with scholars and artists concerned with contemporary visual culture. UK's most popular student exhibition — the Carey Ellis Juried Student Show — will return this 2022 holiday season. The show, held in conjunction with the DMD (digital media design) Senior Exhibition, will run Dec. 2-10, at Bolivar Art Gallery. The shows are free and open to the public. For more information on specific exhibitions and a list of future events and exhibitions at Bolivar Art Gallery, visit <u>https://finearts.uky.edu/savs/facilities/bolivar-art-gallery</u>.

UK Art Museum

All exhibitions are free and open to the public. The current hours are 10 a.m. to 5 p.m. Tuesday through Friday and noon to 5 p.m. Saturday. Additional information available at <u>https://finearts.uky.edu/art-museum</u>.

UK School of Music

Performance areas are brass, keyboards, percussion, strings, voice, and winds; each boasting world-class faculty on a variety of instruments. UK Wind Symphony, UK Symphony Band, UK Jazz Ensemble and Lab Band, along with UK Chorale and UK Choristers will have several concerts during the 2022-2023 season. Many performances are free. For more information visit <u>https://finearts.uky.edu/music/events</u>

UK Symphony Orchestra

The University of Kentucky Symphony Orchestra, under the direction of John Nardolillo, has an exciting 2022-2023 season including several Kentucky premieres as well as works from several living composers including composer-in-residence Salina Fisher. All UK Symphony Orchestra concerts are presented in the Singletary Center. Additional information is available at https://finearts.uky.edu/music/events

UK Opera Theatre

<u>University of Kentucky Opera Theatre</u> returned to the Lexington Opera House this fall. Everett McCorvey, D.M.A., director of UK Opera Theatre invites each of you to "See great opera at the Lexington Opera House! We have joy, beautiful singing, and great storytelling to delight you." Please visit <u>https:// finearts.uky.edu/opera</u> or <u>https://tickets-center.com/search/ lexington-opera-house-tickets</u>

	2022-2023 EXECU	TIVE COMMITTE	E	
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	UK ASSOCIATION MEMBERSHIP AP			
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2022-23 Dues are* <u>\$25</u> (1	ncludes spouse or partner)	CHECK ONE:	New member Renewal	-
MV CONTRIBUTION TO T	THE FELLOWSHIP FUND*	\$		
Mail form and che	ck(s) to: UKAEF, c/o Casie Cl ir 21/22 dues this spring/summ LETTER, TO SEE IF YOU H	ements, 4812 Trillium er. <u>PLEASE BE SUI</u> AVE PREVIOUSLY	Association of Emeriti Faculty (UKAEF). 1 Pl., Lexington, KY 40514-1410 RE TO CHECK YOUR MAILING LABEL 1 PAID YOUR 22/23 DUES)	, <u>0N</u>
BOX	UK ASSOCIATION LUNCHEON RESERVATIO		-	
I plan to attend the luncheon. Enclo	sed is \$	for #	reservation(s) at \$15.00 each.	
JAME	GUE	ST'S NAME		
Box Lunch Choice(s):	Southwest	Chicken & Avoc	cado Salad	
-	Black An	gus Club with Po	tato Salad	
-	Veggie Wi	cap with Fresh Fr	ruit	
s transportation to UK's E.S. Good	Barn a problem for you?	Yes	No	
f "Yes", what is your address:				
Phone Number:	Ema	il address:		
*Make check <u>Mail form and ch</u>	for luncheon reservation payal	ble to UK Association ments, 4812 Trillium	of Emeriti Faculty (UKAEF). Pl., Lexington, KY 40514-1410	_

Trudy Patch - Spouse of Nathaniel M. Patch (deceased), College of Fine Arts

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"Good teaching is forever and the teacher is immortal."-Jesse Stuart

IN MEMORIAM

Note: <u>Deadline for making reservations or to cancel reservations is Thursday, November 3, 2022.</u>



University of Kentucky Association of Emeriti Faculty, Inc. P.O. Box 8245 Lexington, KY 40533-8245

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