

C100

**UNIVERSITY OF KENTUCKY  
APPLICATION FOR CHANGE IN EXISTING COURSE: MAJOR & MINOR**

1. Submitted by College of Education Date 10/15/03  
Department/Division offering course EDSRC - Rehabilitation Counseling
2. Changes proposed:
  - (a) Present prefix & number RC 650 Proposed prefix & number same
  - (b) Present Title Rehabilitation Counseling Theory and Practice  
New Title same
  - (c) If course title is changed and exceeds 24 characters (Including spaces), include a sensible title (not to exceed 24 characters) for use on transcripts:  
\_\_\_\_\_
  - (d) Present credits: 3 Proposed credits: same
  - (e) Current lecture: laboratory ratio no change Proposed: \_\_\_\_\_
  - (f) Effective Date of Change: (Semester & Year) Spring 2004
3. To be Cross-listed as: NA  
Prefix and Number \_\_\_\_\_ Signature: Department Chair \_\_\_\_\_
4. Proposed change in Bulletin description:
  - (a) Present description (including prerequisite(s)):  
No change (see attached pages from the bulletin)  
\_\_\_\_\_
  - (b) New description:  
No change  
\_\_\_\_\_
  - (c) Prerequisite(s) for course as changed: \_\_\_\_\_
5. What has prompted this proposal?  
Development of a Web based program  
\_\_\_\_\_
6. If there are to be significant changes in the content or teaching objectives of this course, indicate changes:  
None  
\_\_\_\_\_
7. What other departments could be affected by the proposed change?  
None  
\_\_\_\_\_
8. Is this course applicable to the requirements for at least one degree or certificate at the University of Kentucky?  Yes  No
9. Will changing this course change the degree requirements in one or more programs?  Yes  No  
**If yes, please attach an explanation of the change.\***
10. Is this course currently included in the University Studies Program?  Yes  No  
**If yes, please attach correspondence indicating concurrence of the University Studies Committee.**
11. If the course is a 100-200 level course, please submit evidence (e.g., correspondence) that the Community College System has been consulted.

\*NOTE: Approval of this change will constitute approval of the program change unless other program modifications are proposed.

ORIGINAL



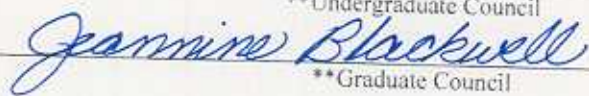
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12. Is this a minor change?  Yes  No  
 (NOTE: See the description on this form of what constitutes a minor change. Minor changes are sent directly from the Dean of the College to the Chair of the Senate Council. If the latter deems the change not to be minor, it will be sent to the appropriate Council for normal processing.)

13. Within the Department, who should be consulted for further information on the proposed course change?

Name: Dr. Ralph M. Crystal Phone Extension: 7-3834

**Signatures of Approval:**

<div style="text-align: center;">                   Department Chair             </div>	1/13/04 Date
<div style="text-align: center;">                   Dean of the College             </div>	1/14/04 Date
<div style="text-align: center;">                 **Undergraduate Council                    **Graduate Council             </div>	Date of Notice to the Faculty  3-19-04 Date
<div style="text-align: center;">                 **Academic Council for the Medical Center             </div>	Date
<div style="text-align: center;">                 **Senate Council             </div>	Date of Notice to University Senate

\*\*If applicable, as provided by the Rules of the University Senate.

ACTION OTHER THAN APPROVAL

\*\*\*\*\*

The Minor Change route for courses is provided as a mechanism to make changes in existing courses and is limited to one or more of the following:

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- d. change in prerequisite which does not imply change in content or emphasis;
- e. cross-listing of courses under conditions set forth in item 3.0;
- f. correction of typographical errors. [University Senate Rules, Section III - 3.1]

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# REHABILITATION COUNSELING THEORY AND PRACTICE I

RC 650 (3 hours)      Fall 2002

## **Instructor**

Malachy Bishop, PhD, CRC  
220 Taylor Education Building  
Phone: (859) 257-4291  
Fax: (859) 257-3835  
Email: mbishop@pop.uky.edu

## **Required Text**

Corey, G. (2001). *Theory and Practice of Counseling and Psychotherapy* (6th Edition). Wadsworth Publishing

Additional readings related to the week's topic will be distributed in class.

## **Course Description**

This is a two semester sequence course. This sequence is designed to provide an overview of theories of counseling and how they can be applied in a rehabilitation counseling context with regard to persons with disabilities. A goal of this course is to acquire knowledge about theoretical orientations and to integrate theory with practice. Emphasis will be on helping students clarify beliefs, values, and personal style, and connecting those to the beliefs and values of the various theories. Emphasis will be on helping to recognize culture, class, and gender components, as well as identifying commonalities across theories as these relate to rehabilitation counseling. Because this is a course in rehabilitation counseling theory, career counseling theories and issues related to career counseling with individuals with disabilities are addressed. A goal is to develop rehabilitation counselors who function as reflective decision makers.

## **Course Objectives**

This course complies with Council on Rehabilitation Education accreditation standards C2.2 (Counseling Services), and C.2.4 (Vocational and Career Development).

1. To provide information about intervention strategies and the process and the practical elements of the counseling interaction as these relate to persons with disabilities.
2. To expose students to societal, ethical, multicultural and other professional issues in rehabilitation counseling and to provide guidance in developing a position on these issues.

3. To encourage students to integrate theoretical concepts to assist with forming their own personal model of the counseling process.
4. To examine how the theoretical underpinnings of each theory can be used to explain and understand human behavior, and to translate that information in a manner that facilitates problem solving and behavior change for persons with disabilities.
5. To explore the application of counseling theory and practice in the context of rehabilitation counseling settings and the rehabilitation process.

### **Course Expectations**

The philosophy of teaching this two semester course stems from a belief that students are the managers of their education. As such, students are expected to complete class readings and assignments, and participate in class discussions and exercises. However, some class exercises may require students to reveal personal information. This will be done on a voluntary basis and will not be part of the grade.

This is an integrative course. Each counseling theory will be discussed in the context of the theory of personality upon which it is based. The theory will then be described. This will be followed by a discussion of how the theory can be applied in a rehabilitation counseling context.

### **Student Learning Competencies**

Upon completion of this course students will be able to understand counseling theories as these apply to rehabilitation counseling practice. Students will be able to describe theoretical approaches which can be utilized in applied rehabilitation settings with rehabilitation clients. Students will understand ethical issues as these relate to practice and working with diverse client populations.

### **Requirements**

There are five graded requirements for this course. The requirements and the percentage of the final grade that each requirement represents are as follows:

A. Class Participation 10%

Students are expected to participate in the course through contribution to class discussion and asking questions.

B. Weekly Theory Papers 25%

Students will complete 10 weekly review papers based on the theory assigned for that week (see weeks with \*). The outline for the papers will be provided in class. They are due the week after they are distributed, or as noted on the assignment. Completed assignments should be in Word format, double spaced, and generally 2-4 pages in length. Assignments may be submitted electronically (NOTE: as an e-mail attachment- not as the text of an e-mail.) Late assignments will not be accepted and will result in the loss of 2.5 points per occurrence. Completed assignments will be graded based on completeness and evidence of critical thought, and correctness of the answers.

C. Term Papers:

Term Paper 1 30% Due 11/26

Write a paper articulating your personal theory of counseling. This is to be done in the context of a rehabilitation counseling setting. Papers should be 8-10 pages long. An outline to help you to organize your thoughts will be provided.

Term Paper 2 10% Due 12/10

The second paper is to be based on career development theory. You will be given a set of options with regard to the paper's specific topic. The paper will be 3 to 5 pages long.

Paper Format:

The term papers must be typewritten, proofread, double-spaced, and are expected to show evidence of clear thought. Do not use binders or folders for papers. Put a staple in the upper left-hand corner. Make a copy for your records.

Plan ahead so that your paper will be turned in ON TIME in quality fashion. Late papers will be subject to lowering the overall grade. Specifically, for each day late the grade on the paper will be reduced by 5 points. References as appropriate are required. You are to use the American Psychological Association style manual (5<sup>th</sup> edition) for the format of papers. Electronically submitted papers will be accepted. My address is mbishop@pop.uky.edu

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**Signatures of Approval:**

<u><i>Deborah Bott Stettin</i></u> Department Chair	<u>1/13/04</u> Date
<u><i>Robert Shapiro</i></u> Dean of the College	<u>1/14/04</u> Date
_____	Date of Notice to the Faculty
**Undergraduate Council	Date
**Graduate Council	Date
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Papers will be evaluated on the following criteria:

- Content & Comprehension- (demonstrated understanding and effective relating of substantive information; analysis/synthesis)- 40%
- Organization- (coherence, logical and ordered sequence and presentation of ideas)- 20%
- Scholarship- (knowledgeable use of relevant literature and appropriate resources)- 20%
- Mechanics- (grammar, spelling, appropriate APA text and citation format)- 20%

D. Final Examination 25%

A comprehensive final exam will be given during the final examination week (12/17). This will be a short answer essay and multiple choice examination. It will be based on lectures and readings.

Final Grade

Your final grade will be determined on the basis of the weights for each assignment multiplied by your grade for that assignment. This will be translated into a letter grade (A, B, C, E) as follows. These are the minimums required to achieve each grade:

90-100	= A
80-89	= B
70-79	= C
60-69	= D
Below 60	= E - Failure

Final grades for the course will be based on completion of assignments, quality of papers, examinations, and class participation according to the following percentage weights:

Class Participation	10%
Theory Papers	25%
Papers:	
Theory	30%
Multicultural	10%
Final Exam	25%
<u>TOTAL</u>	<u>100%</u>



COURSE SCHEDULE

DATE	TOPIC	ASSIGNMENTS
WEEK 1 9/3	Introduction: Review of Course	
WEEK 2 9/10	Counseling History and The Rehabilitation Counselor as a Professional Person	Corey Chapter 2
*WEEK 3 9/17	Psychoanalytic and Psychodynamic Theories	Corey Chapter 4
*WEEK 4 9/24	Adlerian Theory	Corey Chapter 5
*WEEK 5 10/1	Person-Centered Therapy	Corey Chapter 7
*WEEK 6 10/8	Gestalt Therapy Existential Therapy	Corey Chapter 8 Corey Chapter 6
*WEEK 7 10/15	Rational Emotive Behavior Theory	Corey Chapter 11 p. 297-308
*WEEK 8 10/22	Behavior Theory Cognitive Therapy	Corey Chapter 10 Corey Chapter 11 p. 309-339
*WEEK 9 10/29	Trait-Factor Theory and Reality Theory	Corey Chapter 9
*WEEK 10 11/5	Multimodal and Eclectic Theories	Corey Chapter 14
*WEEK 11 11/12	Family Systems Theory	Corey Chapter 13



*WEEK 12 11/19	Career Counseling Theory and Practice	Readings supplied in Class
WEEK 13 11/26	Career Counseling- Theory and Practice	Readings supplied in Class
WEEK 14 12/3	-Counseling Process and Outcome Research -Multicultural Counseling Perspectives	Readings supplied in Class
WEEK 15 12/10	Professional Ethics and Situational Counseling Concerns	Corey Chapter 3 Readings supplied in class
WEEK 16 12/17	COMPREHENSIVE FINAL EXAM	

Suggestions for Getting the Most from the Course

1. Read the materials and obtain clarification regarding any questions you may have.
2. Don't allow yourself to get behind in your readings. Come to class prepared to ask questions or raise issues based on the readings. It is expected that you make full use of the class discussions and texts.
3. Come to class with an open frame of mind and be willing to take some risks. This course is designed as a survey of counseling theory and practice.

**Other Course-Related Information:**

**1. ATTENDANCE IS MANDATORY.**

Students must be present for each class meeting. A student's physical presence in the classroom is a prerequisite for active learning to occur. If an absence is unavoidable, the student is responsible for advising the instructor beforehand. Acceptable reasons for excused absences are listed in Student Rights and Responsibilities (5.2.4.2). Each unexcused absence will result in the loss of 1/2 a letter grade.

2. No audible pagers or cellular telephones are allowed. Taking telephone calls during class time is disruptive and will not be allowed.

3. Accommodation: If you have a disability for which you require an accommodation to promote your learning and participation in the course, please let the instructor know as early as possible in the course so that appropriate accommodations or resources may be identified.

Office Hours

I am available for questions prior to and following class. I will be available and most happy to meet with any student in my office by appointment. I am most willing to meet with students at arranged times convenient to your schedules. Please see me in class or call or e-mail me to arrange to meet me. You can also e-mail questions or comments to me at [mbishop@pop.uky.edu](mailto:mbishop@pop.uky.edu)