UK

UNIVERSITY OF KENTUCKY

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T R A N S M I T T A L

JAN 1 2 2003

DATE: January 7, 2004

TO: Rebecca Scott
            Senate Council

FROM: Lissa Holland
              Graduate Council

The Graduate Council met on November 20, 2003 and approved the following:

COLLEGE OF SOCIAL WORK

NEW COURSES

SW 627 Collaborative Practice: Substance Abuse, Mental Health, & Social Service (3 credits)

This course provides students with critical knowledge about substance abuse and mental health problems experienced by families. A variety of subjects related to substance use disorders and mental health problems will be discussed such as screening, assessment, case management, and referral services. Collaborative practice with substance abuse, mental health service providers, social services, and other providers is addressed.

Prerequisites: Completion of a baccalaureate degree.

SW 774 Mental Health Research Methods (3 credits)

This course will explore the principles and procedures that govern mental health research by examining the different ways researchers study mental health phenomenon. In this course, students will learn the skills to engage in the scientific investigation of significant mental health problems, and dissemination strategies utilized to transfer empirical findings into mental health practice and policy development. This course emphasizes aspects of methodological design essential for conducting meta-analysis, treatment, prevention and epidemiological research that may be outside the scope of a general research course.

Prerequisites: SW 770 and SW 771 (SW 771 may be taken concurrently).

CHANGED COURSES

SW 741 Family and Community Practicum (4 credits)

Change to:

SW 741 Family and Community Practicum II (4 credits)

Prerequisites: Admission into the MSW program with Advanced Standing of SW 741-I.

SW 505 Child Welfare Services (2-3 credits)

A study of community and national programs for child care and protection, including aid for dependent children and other social security services.

Change to:

SW 505 Child Welfare Services (2-3 credits)

This course provides a comprehensive introduction to child abuse and neglect, including historical perspectives, indicators of maltreatment, theories about its etiology, and effective interventions on the micro and macro levels. Students will learn about child protective policies and services, and the social worker's roles and responsibilities.

APPLICATION FOR NEW COURSE

1. Submitted by College of ___Social Work___ Date ___9/10/03___

   Department/Division offering course _____

2. Proposed designation and Bulletin description of this course

   a. Prefix and Number ___SW 627___ b. Title* Collaborative Practice: Substance Abuse, Mental Health, & Social Service

   *NOTE: If the title is longer than 24 characters (including spaces), write
   A sensible title (not exceeding 24 characters) for use on transcripts ___Collaborative Practice___

   c. Lecture/Discussion hours per week _____ d. Laboratory hours per week _____

   e. Studio hours per week _____ f. Credits _____

   g. Course description

   This course provides students with critical knowledge about substance abuse and mental health problems experienced

   by families. Screening, referral, and case management of individuals with substance use and mental health problems

   will be discussed, as will collaborative practice of child welfare, substance abuse, and mental health providers.

   h. Prerequisites (if any)

   Completion of a baccalaureate degree

   i. May be repeated to a maximum of _____ (if applicable)

4. To be cross-listed as

   _____   _____
   Prefix and Number   Signature, Chairman, cross-listing department

5. Effective Date ___Spring 2004___ (semester and year)

6. Course to be offered   ☐ Fall   ☑ Spring   ☐ Summer

7. Will the course be offered each year?   ☑ Yes ☐ No
   (Explain if not annually)

8. Why is this course needed?

   To provide a foundation for improving child welfare services to families where

   substance abuse and/or mental health problems exist.

9. a. By whom will the course be taught? ___Faculty of the College of Social Work___

   b. Are facilities for teaching the course now available?   ☑ Yes ☐ No
      If not, what plans have been made for providing them?

APPLICATION FOR NEW COURSE

10. What enrollment may be reasonably anticipated?   20 students per course

11. Will this course serve students in the Department primarily?   ☑ Yes   ☐ No

Will it be of service to a significant number of students outside the Department?   ☑ Yes   ☐ No
If so, explain.

It will provide service to the staff of the Cabinet for Families and

Children's services.

Will the course serve as a University Studies Program course?   ☐ Yes   ☐ No

If yes, under what Area? _____

12. Check the category most applicable to this course

☐ traditional; offered in corresponding departments elsewhere;

☐ relatively new, now being widely established

☑ not yet to be found in many (or any) other universities

13. Is this course applicable to the requirements for at least one degree or certificate at the University of Kentucky?   ☐ Yes   ☑ No

14. Is this course part of a proposed new program: ☐ Yes   ☑ No
If yes, which?

15. Will adding this course change the degree requirements in one or more programs?*   ☐ Yes   ☑ No
If yes, explain the change(s) below

16. Attach a list of the major teaching objectives of the proposed course and outline and/or reference list to be used.

17. If the course is a 100-200 level course, please submit evidence (e.g., correspondence) that the Community College System has been consulted.

18. Within the Department, who should be contacted for further information about the proposed course?

Name Theodore M. Godlaski   Phone Extension   7-5938

*NOTE: Approval of this course will constitute approval of the program change unless other program modifications are proposed.

| Print Form | Clear Form |

APPLICATION FOR NEW COURSE

Signatures of Approval:

Department Chair	9/10/83 _Date_
Dean of the College	_Date_
	Date of Notice to the Faculty
*Undergraduate Council	_Date_
*University Studies	_Date_
*Graduate Council	_Date_
*Academic Council for the Medical Center	_Date_
*Senate Council (Chair)	_Date of Notice to University Senate_

*If applicable, as provided by the Rules of the University Senate

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ACTION OTHER THAN APPROVAL

Rev 8/02

University of Kentucky
College of Social Work

SW 627 - Collaborative Practice:
Substance Abuse, Mental Health, & Social Service

On the web at: http://learn.eku.edu

Instructor: Theodore Godlaski	**Office Ph#: 859-257-5938**
Address: 1 Quality St., Suite 700	**Cell Ph#: 859-257-2747**
Lexington, KY 40517	
E-mail: tmgodl1@uky.edu	**Office Hrs: by appointment**

Course Description

This course provides students with critical knowledge about substance abuse and mental health problems experienced by families. A variety of subjects related to substance use disorders and mental health problems will be discussed such as screening, assessment, case management, and referral services. Collaborative practice with substance abuse, mental health service providers, social services, and other providers is addressed.

Learning Objective

1. Gain knowledge about the incidence, prevalence, etiology, and cultural variations in substance abuse and mental health problems faced by families.

2. Gain knowledge on screening and assessment process for substance abuse and mental health problems.

3. Gain knowledge on best practices of case management and referral for families dealing with substance abuse and mental health problems.

4. Develop skills in collaborative practice with substance abuse, mental health services, social services, and other service providers.

Learning Outcomes

1. Students will be able to identify the proportion of individuals in specific populations who experience problems with substance misuse and mental health problems.
2. Students will be able to identify the co-morbidity of substance misuse and mental health problems.
3. Students will be able to use neurological, developmental, and personality theories and models to understand the coincidence of substance misuse, mental problems, and intimate violence.

4. Students will develop understanding of the role of cultural expectations in determining the incidence of substance misuse and intimate violence.
5. Students will demonstrate facility in applying diagnostic criteria to identify problems with substance misuse and mental health problems.
6. Students will demonstrate familiarity with common drugs of abuse, their behavioral pharmacology, and specific risks.
7. Students will become familiar with screening and assessment technology for identification of substance misuse and mental health problems.
8. Students will become familiar with the funding structure of substance misuse and mental health services and the effects of that funding structure on the service delivery system.
9. Students will become familiar with the basic principles of effective intervention and the model of Strengths Based Case Management.
10. Students will complete in depth interviews with substance misuse and mental health service providers to better understand their specific procedures in accepting and assessing referrals, program philosophies, development of treatment strategies, process of supervision and staff development, patterns of interaction with other community agencies, and communication with referral sources.
11. Students will review and discuss how best to improve their interaction with substance misuse and mental health service providers.

Required Readings

Access on Blackboard and listed under each week of the course outline section on this syllabus; Young, N.K., & Gardner, S.L. (2002). Navigating the pathways: Lessons and promising practices linking alcohol and drug services with child welfare. SAMHSA Publication No. 02-3752. Rockville, MD: Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration will be provided at the first class session.

Performance Tasks/Assignments

1. Experience in working with SA/MH Providers	10%
2. Quiz on Blackboard on Substance Abuse	25%
3. Quiz on Blackboard on Mental Health	25%
4. Final paper on collaborative practice	40%

Due Dates for Assignments

1. Experience in working with SA/MH Providers	One week following Wk. 1
2. Quiz on Blackboard on Substance Abuse	Between Week 2 & 3
3. Quiz on Blackboard on Mental Health	Between Week 3 & 4
4. Final paper on collaborative practice	Last day of class; Week 4

Evaluation of performance

Attendance policy: Students are expected to be on time for class. Students are expected to complete all required readings, tasks, and assignments, and to participate in class discussions and activities.

All written assignments will be evaluated for accomplishment of outcomes, organization and clarity of discussion, demonstration of the ability to integrate and critically apply course content, and accurate use of the current edition of APA referencing style.

Assignments are due on the dates designated unless alternative arrangements have been made (48 hours before due date of written assignments and 24 hours before last day of test availability) with the instructor. Keep in mind that the quizzes on Blackboard will only be available during the week of the specific Blackboard session. Successful completion of the quiz is necessary to validate completion of the work assigned for that week. Failure to complete the quiz, without prior approval of the instructor, will be interpreted as failure to complete the week's assigned work.

VI. Grading scale

A=90-100; B= 80-89; C= 70-79; F= 69 and below
I= Incomplete.

VII. Learning Experiences

The course content will be delivered via a variety of means. These may include lectures, class discussions, exercises, group presentations, work groups, and written exercises.

VIII. Academic Integrity Statement

It is expected that a student in the Graduate School will refrain from plagiarism and cheating. Plagiarism and cheating are serious breaches of academic conduct and may result in permanent dismissal. Each student is advised to become familiar with the various forms of academic dishonesty as explained in the Code of Student Rights and Responsibilities (http://www.uky.edu/StudentAffairs/Code/). A plea of ignorance is not acceptable as a defense against the charge of academic dishonesty.

IX. Disability Statement

Any student who has a disability that may prevent him/her from fully demonstrating his/her abilities should contact the Disability Resource Center

(http://www.uky.edu/StudentAffairs/DisabilityResourceCenter/) to discuss accommodations necessary to ensure his/her full participation in this course.

X. Assessment of Course

Students are encouraged to provide oral/written feedback to instructor about their assessment of the course during the course of this semester. The instructor may periodically solicit oral/written feedback about the course as well. A final written evaluation form for the course will be provided at the last class session.

XI. Course Outline

Week 1 (Face to Face)
Topics

Day 1:   Introductions
Assessment of baseline knowledge (Pretest)
Purpose of course
Review of syllabus
Overview of collaboration and systems of care

Day 2:   Overview of the problems of substance use and abuse
Etiology and Models of Addictions
Mental Health Problems & Issues-epidemiology and Etiology
Theories of Mental Illness
Co-occurrence of substance abuse and mental health problems
Co-occurrence of substance abuse and child abuse
Co-occurrence of mental health problems and domestic violence

Readings (to be completed in the week of the first class session)

Young, N.K., & Gardner, S.L. (2002). Navigating the pathways: Lessons and promising practices linking alcohol and drug services with child welfare. SAMHSA Publication No. 02-3752. Rockville, MD: Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration. **Read pages 1 to 32 and pages 99 to 118. Complete the assessment on pages 122 to 130 (this assessment is purely for your own use and will not be collected) before doing the assignment on your experience working with substance misuse and mental health providers.**

National Institute on Alcohol Abuse and Alcoholism. (2001). Alcoholism. Getting the facts.   NIH Publication No. 96-4153. Also can be retrieved from http://www.niaaa.nih.gov/publications/booklet.htm

National Institute of Drug Abuse. (1995). Infofax on Cost to Society. Also can be retrieved from http://165.112.78.61/Infofax/costs.html

National Institute of Mental Health. (2001). The numbers count: Mental Disorders in America. Also can be retrieved from http://www.nimh.nih.gov/publicat/numbers.cfm

National Institute of Mental Health. (2001). The impact of mental illness on society. Also can be retrieved from http://www.nimh.nih.gov/publicat/burden.cfm

Office of the Surgeon General, SAMHSA. Factsheet from Culture, Race, and Ethnicity: A supplement to Mental Health: A report of the Surgeon General. http://www.surgeongeneral.gov/library/mentalhealth/cre/factsheet.asp

National Institute on Alcohol Abuse and Alcoholism. (2002). Alcohol and minorities- An update. Also can be retrieved from http://www.niaaa.nih.gov/publications/aa55.htm

Petrakis,I.L., Gonzalez,G. , Rosenheck, R., and Krystal, J.H. (2002). Comorbidity of alcoholism and psychiatric disorders: An overview. *Alcohol and Comorbid Mental Health Disorders, 26 (2)* pages 81-89. Also can be retrieved from http://www.niaaa.nih.gov/publications/arh26-2/81-89.htm

Shivani, R., Goldsmith, R.J., and Robert M. Anthenelli, R.M. (2002). Alcoholism and Psychiatric Disorders: Diagnostic Challenges. *Alcohol and Comorbid Mental Health Disorders, 26 (2),* pages 90-98. Also can be retrieved from http://www.niaaa.nih.gov/publications/arh26-2/90-98.htm

Drake, R.E. and Mueser, K.T. (2002). Co–Occurring Alcohol Use Disorder and Schizophrenia. *Alcohol and Comorbid Mental Health Disorders, 26 (2), pages 99-102. Also can be retrieved from* http://www.niaaa.nih.gov/publications/arh26-2/99-102.htm

Sonne, S.C., and Brady, K.T. (2002). Bipolar Disorder and Alcoholism. *Alcohol and Comorbid Mental Health Disorders, 26 (2), pages 103-108. Also can be retrieved from* http://www.niaaa.nih.gov/publications/arh26-2/103-108.htm

Smith, B.H., Molina, B.S.G., and Pelham, Jr., W.E., (2002). The Clinically Meaningful Link Between Alcohol Use and Attention Deficit Hyperactivity Disorder. *Alcohol and Comorbid Mental Health Disorders, 26 (2), pages 122-129. Also can be retrieved from* http://www.niaaa.nih.gov/publications/arh26-2/122-129.htm

Book, S.W., and Randall, C.L. (2002). Social Anxiety Disorder and Alcohol Use. *Alcohol and Comorbid Mental Health Disorders, 26 (2), pages 130-135. Also can be retrieved from* http://www.niaaa.nih.gov/publications/arh26-2/130-135.htm

Clark, D.B., Vanyukov, M., and Cornelius, J. (2002). Childhood Antisocial Behavior and Adolescent Alcohol Use Disorders. *Alcohol and Comorbid Mental*

Health Disorders, 26 (2), pages 109-115. Also can be retrieved from
http://www.niaaa.nih.gov/publications/arh26-2/109-115.htm

Assignment
Experience in working with SA/MH Providers: Write-up (typed) a 3-5 page paper about experiences you have had working with substance abuse and mental health providers. In this paper include the following:

A description of:

1. The circumstances in which you worked with substance abuse and mental health providers (for instance, through referral of a client to or from substance abuse/mental health provider).
2. What happened in the working relationship? What worked well? What did not work well?
3. How the working relationship benefited or did not benefit the client system.
4. If you were to have an opportunity to do over that experience, what would you do differently? Why?
5. What changes would you have liked to see the substance abuse and/or mental health providers make if they had the opportunity to do over that experience?
6. Based on your understanding of systems theory, how might either or both systems change to allow for a more productive and collegial interaction?

The Power Point presentation with notes used in the first class session will be posted under "Course Documents" for the Week 1 in Blackboard for your convenience and review.

Week 2: (Blackboard/On-line)

Topics

Commonly used substances and their physiological, social, and psychological effects
Using Diagnostic Criteria and Dimensional Criteria for Level of Care in assessment of substance misuse

TASKS

Thoroughly review the Power Point presentations and notes on
"Drugs and Drug Abuse"
"Assessing Substance Use Disorder"
These are posted on the Blackboard Site under "Course Documents".

Readings (to be completed during the week)

National Institute on Alcohol Abuse and Alcoholism. (1995). Diagnostic Criteria for Alcohol Abuse and Dependence. Also can be retrieved from http://www.niaaa.nih.gov/publications/aa30.htm

National Institute of Drug Abuse. (1999). NIDA Research Report - Cocaine Abuse and Addiction: NIH Publication No. 99-4342. Also can be retrieved from http://165.112.78.61/ResearchReports/Cocaine/Cocaine.html

National Institute of Drug Abuse. (2001). NIDA Research Report - Hallucinogens and Dissociative Drugs: NIH Publication No. 01-4209. Also can be retrieved from http://165.112.78.61/ResearchReports/Hallucinogens/Hallucinogens.html

National Institute of Drug Abuse. (2000). NIDA Research Report - Heroin Abuse and Addiction: NIH Publication No. 00-4165. Also can be retrieved from http://165.112.78.61/ResearchReports/Heroin/Heroin.html

National Institute of Drug Abuse. (2000). NIDA Research Report - Inhalant Abuse: NIH Publication No. 00-3818. Also can be retrieved from http://165.112.78.61/ResearchReports/Inhalants/Inhalants.html

National Institute of Drug Abuse. (2002). NIDA Research Report -Marijuana Abuse: NIH Publication No. 02-3859 Also can be retrieved from http://165.112.78.61/ResearchReports/Marijuana/

National Institute of Drug Abuse. (1999). NIDA Research Report – Prescription Drugs Abuse and Addiction: NIH Publication No. 01-4881. Also can be retrieved at http://165.112.78.61/ResearchReports/Prescription/Prescription.html

National Institute on Alcohol Abuse and Alcoholism. (2000). Fetal alcohol exposure and the brain. Also can be retrieved from http://www.niaaa.nih.gov/publications/aa50.htm

National Institute on Alcohol Abuse and Alcoholism. (1999). Are women more vulnerable to alcohol's effects? Also can be retrieved from (http://www.niaaa.nih.gov/publications/aa46.htm

National Institute on Alcohol Abuse and Alcoholism. (2001). Craving Research: Implications for Treatment Also can be retrieved from http://www.niaaa.nih.gov/publications/aa54.htm

National Institute on Alcohol Abuse and Alcoholism. (1997). Alcohol, Violence, and Aggression. Also can be retrieved from http://www.niaaa.nih.gov/publications/aa38.htm

Assignment:

Complete quiz on Blackboard

Week 3: (Blackboard/On-line)

Topics
Common mental illnesses and effects
Mood disorders, Anxiety Disorders, Schizophrenia, Personality Disorders, Posttraumatic Disorder; Disorders effecting children and adolescents

TASKS

Thoroughly review the Power Point presentations and notes on "Mental Health Problems Frequently Related to Substance Misuse, Abuse and/or Neglect"
These are posted on the Blackboard Site under "Course Documents".

Readings (to be completed during the week)

National Institute of Mental Health. (2002). Anxiety Disorders. NIH Publication No. 02-3879. Also can be retrieved from http://www.nimh.nih.gov/anxiety/anxiety.cfm

National Institute of Mental Health. (2001). Facts about anxiety disorders. Publication No. OM-99 4152. Also can be retrieved from http://www.nimh.nih.gov/anxiety/adfacts.cfm

National Institute of Mental Health. (1999, 2002). Facts about Generalized Anxiety Disorder. Publication No. OM-99 4153 (Revised). Also can be retrieved from http://www.nimh.nih.gov/anxiety/gadfacts.cfm

National Institute of Mental Health. (2002). Medications. NIH Publication No. 02-3929. Also can be retrieved from http://www.nimh.nih.gov/publicat/medicate.cfm

National Institute of Mental Health. (1999, 2002). Facts about obsessive compulsive disorder. Publication No. OM-99 4154 (Revised). Also can be retrieved from http://www.nimh.nih.gov/anxiety/ocdfacts.cfm

National Institute of Mental Health. (1999, 2001). Facts about Post-Traumatic Stress Disorder. Publication No. OM-99 4157 (Revised). Also can be retrieved from http://www.nimh.nih.gov/anxiety/ptsdfacts.cfm

National Institute of Mental Health. (2001). Reliving Trauma. NIH Publication No. 01-4597. Also can be retrieved from http://www.nimh.nih.gov/publicat/reliving.cfm

National Institute of Mental Health. (1999, 2000). Facts about social phobia. Publication No. OM-99 4171 (Revised). Also can be retrieved from http://www.nimh.nih.gov/anxiety/phobiafacts.cfm

National Institute of Mental Health. (1999, 2002). Facts about panic disorder. Publication No. OM-99 4155 (Revised). Also can be retrieved from http://www.nimh.nih.gov/anxiety/panicfacts.cfm

National Institute of Mental Health. (2001, 2002). Bipolar disorder. NIH Publication No. 02-3679. Also can be retrieved from http://www.nimh.nih.gov/publicat/bipolar.cfm

National Institute of Mental Health. (2000). Child and Adolescent Bipolar Disorder: An Update from the National Institute of Mental Health. NIH Publication No. 00-4778. Also can be retrieved from http://www.nimh.nih.gov/publicat/bipolarupdate.cfm

National Institute of Mental Health. (2001). Borderline Personality Disorder. NIH Publication No. 01-4928. Also can be retrieved from http://www.nimh.nih.gov/publicat/bpd.cfm

National Institute of Mental Health. (2000, 2002). Depression. NIH Publication No. 02-3561. Also can be retrieved from http://www.nimh.nih.gov/publicat/depression.cfm

National Institute of Mental Health. (1999, 2002). Schizophrenia. NIH Publication No. 02-3517. Also can be retrieved from http://www.nimh.nih.gov/publicat/schizoph.cfm

National Institute of Mental Health. (2000). Depression in Children and Adolescents. NIH Publication No. 00-4744. Also can be retrieved from http://www.nimh.nih.gov/publicat/depchildresfact.cfm

National Institute of Mental Health. (1993). Learning Disabilities. NIH Publication No. 93-3611. Also can be retrieved from http://www.nimh.nih.gov/publicat/learndis.cfm

National Institute of Mental Health. (1994, 1996). Attention Deficit Hyperactivity Disorder. NIH Publication No. 96-3572. Also can be retrieved from http://www.nimh.nih.gov/publicat/adhd.cfm

National Institute of Mental Health. (2001). Eating Disorders: Facts About Eating Disorders and the Search for Solutions. NIH Publication

No. 01-4901. Also can be retrieved from
http://www.nimh.nih.gov/publicat/eatingdisorder.cfm

National Institute of Mental Health. (1997). Autism. NIH Publication No. 97-
4023. Also can be retrieved from
http://www.nimh.nih.gov/publicat/autism.cfm

Assignments

Complete quiz on Blackboard

Prior to Week 4, complete readings on screening and assessment

Week 4 (Face to Face)
Topics
Day 1: Review/Overview

>   Screening/ Screening Tools, Assessment Procedures related to
>   Substance abuse
>   Screening/Screening Tools for Mental Health
>   Co-occurrence of SA/MH
>   Case management and referral
>   Intervention approaches
>   Special populations
>   Case Management and making Referrals for services

Day 2: Intervention skills and medication management
>   Motivational Interviewing
>   Collaborative practice – Guest Lecturers
>   Post-test

Readings

National Institute on Alcohol Abuse and Alcoholism. (2002). Screening for
Alcohol Problems—An Update. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa56.htm

National Institute on Alcohol Abuse and Alcoholism. (1999). Brief intervention
for alcohol problems. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa43.htm

National Institute on Alcohol Abuse and Alcoholism. (1997). Youth drinking:
risk factors and consequences. Also can be retrieved from
(http://www.niaaa.nih.gov/publications/aa37.htm

National Institute on Alcohol Abuse and Alcoholism. (1997). Patient
treatment matching. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa36.htm

National Institute on Alcohol Abuse and Alcoholism. (1996) Neuroscience research and medication development. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa33.htm

National Institute on Alcohol Abuse and Alcoholism. (1996). Alcohol and stress. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa32.htm

National Institute on Alcohol Abuse and Alcoholism. (2000). New advances in alcoholism treatment. Also can be retrieved from
http://www.niaaa.nih.gov/publications/aa49.htm

National Institute on Drug Abuse (2000). Approaches to drug abuse counseling. NIH Publication Number 00-4151. Also can be retrieved from
http://165.112.78.61/ADAC/ADAC1.html

National Institute of Drug Abuse. (retrieved 12/8/02). Infofax on treatment trends. Also can be retrieved from
http://165.112.78.61/Infofax/treatmenttrends.html

National Institute of Mental Health. (1994). Getting Treatment for Panic Disorder. NIH Publication No. 93-3509. Also can be retrieved from
http://www.nimh.nih.gov/anxiety/getpd.cfm

National Institute of Mental Health. (2000). Treatment of Children with Mental Disorders. NIH-00-4702. Also can be retrieved from
http://www.nimh.nih.gov/publicat/childqa.cfm

Assignment: Due last session of class

Final Assignment

1. Identify a provider of substance abuse and a provider of mental health treatment in your area. They should be two different persons.
   - For the substance abuse provider, make sure that the provider organization does substance abuse treatment for a variety of clients and is not limited to assessment and treatment of individuals convicted of DUI. It is not necessary that the provider organization has a full range of services (detoxification, residential treatment, intensive outpatient treatment, outpatient treatment), only that it accepts, evaluates, and treats individuals with substance use disorder from a range of referral sources.
   - For the mental health provider, make sure that they do some work in a community setting in an organization funded by public funds

2. Make arrangements to meet with a knowledgeable person at each of the agencies. These persons may be the Program Directors, or senior counselors. The meeting may be face to face or may be an extended telephone

conversation. It is preferable that these meetings take place face to face so that you will get a feel for the agency, organizational set-up, etc.

3. Discuss with these individuals (both substance abuse and mental health providers) a range of topics related to the referral, assessment, and treatment of clients. Perhaps it is best to think in terms of what would happen to a client that you referred to the agency. Cover at least the following topics:

   a. How is a referral best made and to whom?
   b. Can the referring professional make the initial appointment or does the referred client need to make the appointment?
   c. How long does it usually take from the time of referral to the time the client is seen?
   d. What is the first experience that the referred client has when he/she presents at the agency? Who does he/she see first? What is done first?
   e. How, specifically, is a new client evaluated? Who does the evaluation? What are the qualifications of the person doing the evaluation? Is there a standard method for evaluations of substance use disorders? How long does an evaluation last?
   f. If a new client is evaluated as needing treatment services not provided by the agency, how is the client referred? Who does the referral? Is there any follow-up by the referring clinicians with the treatment program to which the client is referred?
   g. If the client is evaluated as needing treatment services provided by the agency, who will provide those services? What specific qualifications are necessary the staff person providing treatment? What type of treatment is most often used (group, individual, family)? How often will the client be seen in treatment? Are clients provided with other services like case management?
   h. What is the overall treatment philosophy of the agency about treatment of substance misusing individuals? About mental health problems? How does the treatment program express that basic philosophy is concrete and specific ways? Are there preferred treatment approaches used in the agency (Insight oriented therapy, Narrative therapy, Motivational Interviewing, Cognitive Behavioral Therapy, Social Skills Training, etc.)?
   i. Who is responsible for supervising the treatment that is provided? How often does clinical staff meet with their supervisor? What is the usual format and content of supervision sessions?
   j. If a client is assessed as needing mental health treatment as well as substance misuse treatment, how are those services provided, by whom, and how often?
   k. What is the average length of time (number of visits) for clients in substance misuse treatment? For mental health treatment? Do more clients successfully complete treatment and terminate by agreement with the therapist or do more clients simply passively terminate treatment?
   l. Does the agency formulate after-care plans with the client? Is the original referral source usually included in those plans in some way?
   m. What has been the agency's experience working with child welfare agencies? What have been the barriers and challenges? What has worked well?

n. Does the agency have any policies or procedures, beyond those requiring release of information, about communication with referral sources about the status of client they have referred?

4. What are your overall impressions? Devote at least one paragraph to your impressions about your interaction with the agency person (Were they knowledgeable? Where they forthcoming?) And devote an additional paragraph to expressing any concerns you might have about how the agency operates or what you feel might be done differently to improve client service.

5. You are not limited to the topics listed above and may ask about other aspects of clinical practice as well. However, the information listed above is a minimum of information that a professional should have before referring a client to another agency or organization.

6. Write up of your findings is a paper of about 10 pages (double spaced). You can use the list of questions above as a way of organizing your paper. Be sure to have a title page and reference page with relevant citations.

Additional Resources

http://www.nami.org/

http://dmhmrs.chr.state.ky.us/

http://www.nida.nih.gov/ResearchReports/Therapeutic/

Systems of Care Promising Practices in Children's Mental Health- Learing from Families: Identifying Service Strategies for Success, 2001 Series (Vol. 2) (CA PROM01v2)

http://www.mentalhealth.com/p.html

Center for Mental Health Services
http://www.mentalhealth.org/cmhs/

National Institute on Disability and Rehabilitation Research
http://www.ed.gov/offices/OSERS/NIDRR/

National Institute of Mental Health
http://www.nimh.nih.gov/

Substance Abuse & Mental Health Administration
http://www.samhsa.gov/

National Mental Health Consumers' Self-Help Clearinghouse
http://www.mhselfhelp.org/

National Mental Health Association
http://www.nmha.org/

National Resource Center on Homelessness and Mental Illness
http://www.prainc.com

National Technical Assistance Center for Children's Mental Health
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