E-Cigarettes
3 strikes. You’re out.

1 IN YOUR BRAIN
You think e-cigs help you quit real cigarettes. There’s no evidence of this.

2 IN THE VAPOR
ACETONE AND XYLENE. Nail polish remover and paint thinner? You’re going to breathe that? Really? And what about the friends next to you?

3 IN THE CARTRIDGE
NITROSAMINES. Known carcinogens. That means it causes cancer.
FORMALDEHYDE. Highly toxic to all animals, including you. Good for embalming dead bodies. Causes cancer.


Photo Credit: Michael Dorausch (michaeldorausch.com)