Education Abroad Programs in Human Health Sciences

Education Abroad Programs for Students of Human Health Sciences

UK Education Abroad offers a variety of programs that allow you to study Human Health Sciences in an international setting. Immerse yourself in another culture, expand your knowledge of Human Health Sciences, and explore what the world has to offer with any one of the exciting opportunities available to you!

Why study abroad?

Education abroad can help you...

- Experience health sciences first-hand
- Globalize your world view
- Expand your intercultural understanding and problem-solving skills
- Prepare to work in an increasingly diverse and international workplace
- Gain new insight into the world and yourself
- Increase your language skills

As a student of health sciences, one of the best ways to increase your knowledge is to immerse yourself in various ecosystems and diverse environments. There is no substitute for the experience that a semester, year, summer, or winter abroad will provide.

Do I have to speak a foreign language to study abroad?

Absolutely not. There are plenty of programs in English-speaking countries. Furthermore, students can find classes taught in English in practically every country. Of course, there are also plenty of excellent programs for students who prefer to study in a foreign language.

Where can I study abroad?

There are many opportunities to study all over the world! From the metropolitan buzz of London to the tropical landscape of Costa Rica, UK offers a wide array of programs that allow students to study in all parts of the globe.

How can I afford to study abroad?

The Education Abroad office offers scholarships for students interested in studying abroad. These scholarships range from $750-$1,500. Stop by one of the information sessions on scholarships or visit the Education Abroad website for more information.

Additionally, most UK financial aid applies towards the cost of studying abroad! Check with your financial aid advisor for more information.

Finally, please note that there are several education abroad programs that are comparable to the cost of attending UK. So, with a little bit of planning, if you can afford to attend UK, you can afford to study abroad.

What are my next steps?

Attend a First Step Session.

Find out what you can study abroad and where, and ask questions about the application process, financial aid and scholarships, etc. First Step Sessions are held on Mondays and Tuesdays from 4-5p.m. and Wednesdays and Thursdays from 3-4p.m. in 207 Bradley Hall.

Explore the programs available.

Search online or visit the Education Abroad Resource Center in 315 Bradley Hall.

Talk to an Education Abroad advisor.

Each UK Education Abroad advisor has expertise in specific majors and geographic regions. Check the website and make an appointment with the advisor who is an expert on the programs in which you are interested.
How do I choose the education abroad program that is right for me?

Look through the information in this advising guide for an overview of the programs available to UK students. You can also find more detailed descriptions online. To get started, it is important to consider the type of program you would like to attend, descriptions of which are outlined above. Consider the following important questions.

When can I study abroad?
- You can study abroad for an entire academic year, during the Fall or Spring semesters, Winter Intersession or over the Summer.

How much does it cost?
- Yes! Earn credit towards your major abroad, or get some electives out of the way. Please check with your Director of Undergraduate Studies to make sure specific courses will count towards your major.

How will I live?
- Most programs provide accommodation for students in residence halls and foreign student dormitories. Some programs, particularly those that focus on language immersion provide the option of living with a local family.

Will I earn credits while abroad?
- In this program, students will engage in the comparative study of American and Spanish lifestyles relating to health and wellness, health services, and stress management. Students will enroll two of the following three courses: KHP 230: Human Health and Wellness, KHP 509: Workshop in Safety and Health: Managing Stress in a Changing World, and KHP 395: Independent Study.

Health Related Service-Learning in Peru & Intensive Spanish Language (6 week or 4 week option) (Health Sciences)
— Lima, Peru
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.25
Terms Offered: Summer 1

Through this program students will complete a service-learning experience in Lima, Peru. Service learning placements will be arranged with organizations within a health related field such as non-profits, community organizations, medical clinics, health related businesses, schools, etc. Students will enroll in HHS 470: International Experience in Health Sciences.

Exploring Health & Elder Care in Great Britain
— Cardiff, Wales; Multiple, England; Multiple, Scotland
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.0
Terms Offered: Summer 2

Through visits to clinics, government agencies and universities, students will identify how each of these countries attempts to meet the needs of an aging population. Students will enroll in HSE 595: Directed Studies.

Health & Wellness in Spain
— Valencia, Spain
Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 2.0
Terms Offered: Summer 1

In this program, students will participate in a service-learning experience in Valencia. Students will earn transfer credit.

Service - Shoulder to Shoulder Global (STSG): Ecuador March, May and August Options
— Santo Domingo, Ecuador
Language Req: None
Class Standing: Any
Minimum GPA: 2.0
Terms Offered: March Option - March 15-23, 2014; May Option - May 15-25, 2014; August Option- August 8 - 17, 2014

As part of this health brigade, students will work first hand alongside faculty, medical professionals, and local Ecuadorian staff in the Centro Médico Hombro a Hombro clinic for one week.

Universidad San Francisco de Quito
— Quito, Ecuador
Language Req: Intermediate
Class Standing: Sophomore & Above
Minimum GPA: 2.5
Terms Offered: Year, Fall, Spring

Students may take the following courses in this exchange program: Calculus I, General Chemistry I & Lab, Organic Chemistry I & Lab, Intro to Biology, General Biology and Spanish language.

National University of Ireland - Maynooth
— Maynooth, Ireland
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 3.0
Terms Offered: Year, Fall, Spring

Courses offered include Microbiology, Immunology, General Chemistry I & II, Organic Chemistry I & II, and Calculus I.

Charles Sturt University
— Bathurst, Australia; Wagga Wagga, Australia
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.0
Terms Offered: Year, Fall, Spring

Courses offered include College Chemistry I & II, Organic Chemistry, Principles of Biology.
**Introduction to Psychology.**
This program offers courses such as Introduction to Terms Offered: Year, Fall, Spring
Minimum GPA: 2.75
Class Standing: Sophomore & Above
Language Req: None
— University of Ghana (ISEP Direct)

Students have options such as General Chemistry I & II (with corresponding labs), Principles of Biology, Calculus I, and language programs in Arabic and French.

**UK DIRECT EDUCATION ABROAD PROGRAMS**

**Massey University - Auckland (ISEP Direct)**
— Auckland, New Zealand
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Year, Fall, Spring

Massey University offers international students access to their departments of Biology, Chemistry, Environmental Science, Human Nutrition, Physiology & more.

**University of Ghana (ISEP Direct)**
— Legon, Ghana
Language Req: None
Class Standing: Sophomore & Above
Minimum GPA: 2.75
Terms Offered: Year, Fall, Spring

This program offers courses such as Introduction to Biology, General Chemistry I & II, Calculus I, and Introduction to Psychology.

**UK CONSORTIA EDUCATION ABROAD PROGRAMS**

Be sure to check out other programs offered by the Kentucky Institute for International Studies (KIIS) at www.uky.edu/ea, or in the Education Abroad Resource Center in Bradley 315.

**When should I study abroad?**

Most UK students study abroad during their sophomore or junior years. However, there are programs available for freshmen and senior students as well.

Another important decision to make is what time of year to study abroad. Programs are available for the academic year, the Fall and Spring semesters, Winter Intersession, and the Summer sessions. It is also possible to take a spring-embedded course, which is a class taught at UK with an international component during spring break or early summer.

Because many foreign institutions follow different academic calendars, it is important for students to consider the specific dates of the program far in advance. For example, many “fall” semester programs in the Southern Hemisphere may run from July to November and from February to June during the American spring semester.

Similarly, it may be difficult for students to study at some European institutions for the fall semester. Final exams may be scheduled in early January, and many programs do not make allowances for US students. Please be sure you consider this issue in advance.

Many students choose to study abroad during the Summer or Winter sessions. There are two summer sessions available: Summer I and Summer II. Summer I programs typically occur during May and early June, while Summer II programs tend to start late in the summer and end in late July or early August.

**UK PARTNER EDUCATION ABROAD PROGRAMS**

**Courses with Locals in Multiple Disciplines: University of Reading**
— Reading, England
Language Requirement: None
Class Standing: Sophomore, Junior, Senior or Graduate Student
Minimum GPA: 3.0
Terms Offered: Academic Year, Fall, Spring

Available discipline courses include: Pathology; Introduction to Human Disease, Organogenesis & Anatomy; Pharmacology and Toxicology; Immunology; Microbiology: a Medical Perspective; Chemistry: Fundamental Concepts; Fundamentals of Organic Chemistry, and many more.

**Service (ELAP) - 8 or 12 week programs**
— Multiple Locations Available (Costa Rica, Dominican Republic, Peru)
Language Req: 4 Semesters
Class Standing: Any
Minimum GPA: 3.0
Terms Offered: Fall, Spring, Summer I & II

Placements are available for students interested in Dietetics, Nutrition, Public Health, and Pre-Physical Therapy.

**Courses with Locals in Multiple Disciplines: Roehampton University**
— London, England
Language Requirement: None
Class Standing: Sophomore, Junior, Senior or Graduate Student
Minimum GPA: 3.0
Terms Offered: Academic Year, Fall, Spring

Available discipline courses include: Introduction to Human Disease, Organogenesis & Anatomy; Pharmacology and Toxicology; Immunology; Microbiology: a Medical Perspective; Chemistry: Fundamental Concepts; Fundamentals of Organic Chemistry, and many more.

**Celtic Blue: National University of Ireland - Galway (Arcadia)**
— Galway, Ireland
Language Req: None
Class Standing: Undergraduate
Minimum GPA: 3.0
Terms Offered: Year, Fall, Spring

Courses available to UK students include human anatomy, human nutrition, Organic Chemistry I, Nerve & muscle Physiology, Physics I, Calculus I, as well as Gaelic, Italian and French languages.

**University of Ulster (IFSA-Butler)**
— Coleraine, Northern Ireland
Language Req.: None
Class Standing: Undergraduates Only
Minimum GPA: 3.0
Term Offered: Summer II

Courses offered in this program include Microbiology (UK BIO 208) and Nutrition through the Life Cycle (NFS 212). The microbiology course includes a field visit to microbiology labs at Belfast City Hospital and the opportunity to undertake lab work at the Centre for Molecular Biosciences.

**Intern - Australia Summer Intern Program (EdAbroad Network)**
— Sydney, Australia
Language Req: None
Class Standing: Junior & Senior
Minimum GPA: 2.8
Terms Offered: Spring, Summer I & II

This program offers a wide variety of internship placements including sports medicine/nutrition, physical therapy, and healthcare.
Are there other programs?

Yes! This advising guide is a good place to start, but you should also visit the UK Education Abroad website to learn about many other exciting opportunities to study, intern, or volunteer abroad.

If you don’t see your ideal program listed on the UK Education Abroad website, please contact an Education Abroad Adviser to learn more about UK External Education Abroad in the Human Health Sciences Major.

Considerations for Education Abroad in the Human Health Sciences Major

Students considering the inclusion of education abroad in their HHS curriculum are especially encouraged to consider service or intern programs related to their professional interests, as well as supporting coursework relevant to admission to professional schools. However, students need not feel limited in their options concerning coursework abroad, or terms in which to take courses abroad. Semester, year, and summer options are viable through cooperation with academic advisor.

Curriculum tracks are designed based on pre-professional interests (Pre-Physical Therapy, Pre-Physicians Assistant, etc.), and the inclusion of education abroad is a possibility for each.

For specific curricular requirements for the HHS major, refer to the student handbook (http://www.mc.uky.edu/healthsciences/hhs/docs/Fall_2012_HHS_Handbook_12_12_12.pdf).