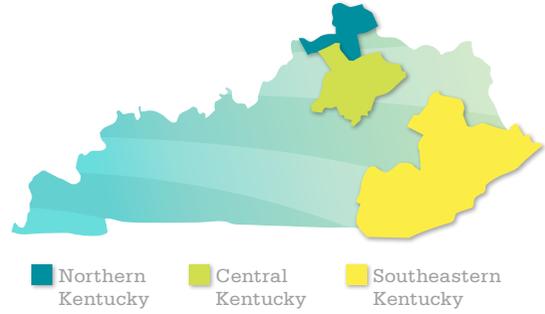


Our Service Areas



Bluegrass Care Navigators provides hospice care and so much more.

What expert care is right for you? We changed our name from Hospice of the Bluegrass to Bluegrass Care Navigators to better represent all our services. In addition to **Bluegrass Hospice Care**, we provide **Extra Care** private duty service and personal care, **Transitional Care**, **Palliative Care** and **Grief Care** to deliver the right combination that meets your needs at every step.

Talk to your doctor about adding our expertise to your care plan. Or contact **Bluegrass Care Navigators** to discuss your options for care that's right for you.

Attention: Bluegrass Care Navigators complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-492-0812, (TTY: 1-800-648-6056).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-855-492-0812 (TTY: 1-800-648-6056)。

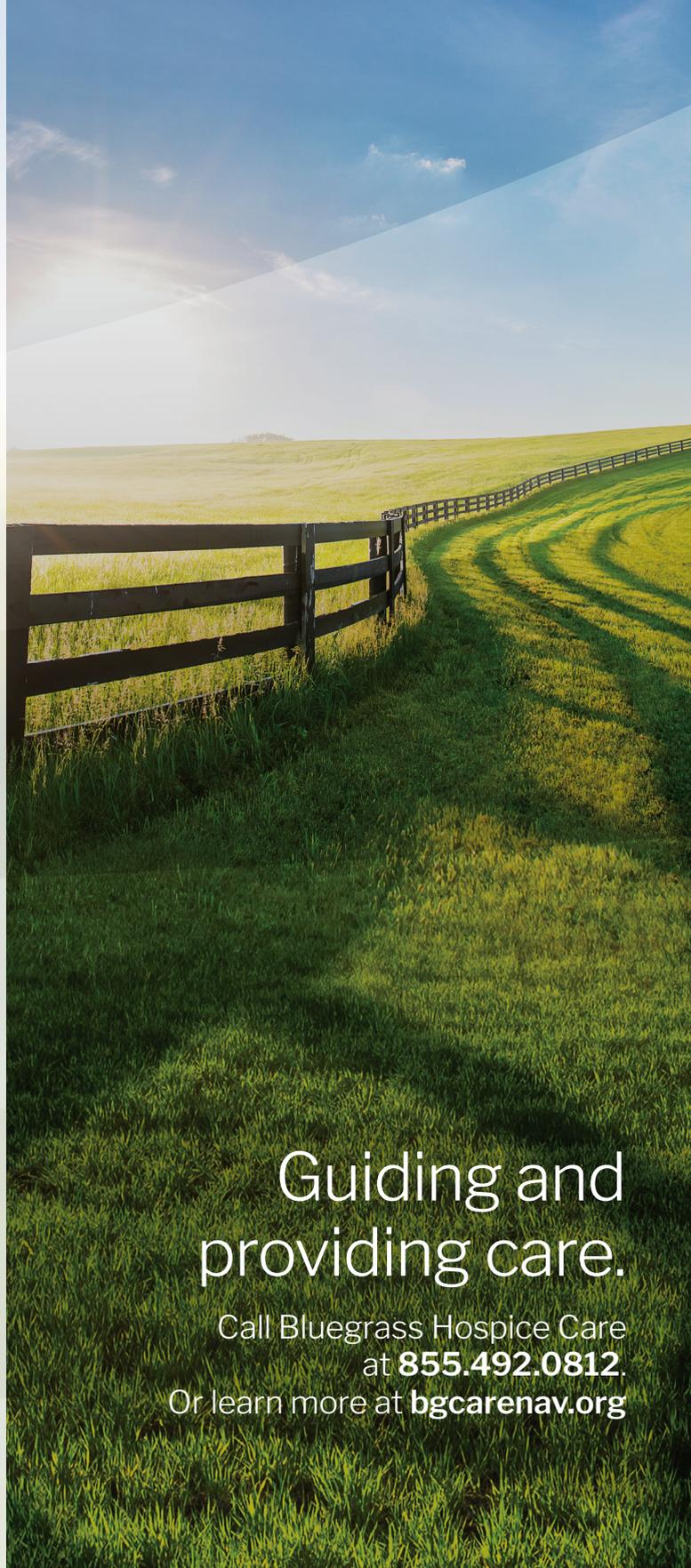


INCREASING
comfort and
dignity during life's
final months.



Hospice of the Bluegrass is now Bluegrass Care Navigators.

Hospice of the Bluegrass has cared for thousands of families in local communities since 1978. In recent years, however, we've outgrown our name. We now provide expert care long before life's final months. We changed our name to **Bluegrass Care Navigators** to guide and provide care to more people in more ways at earlier stages of serious illness. Yet, **we're still the same great provider with the same great people.** We still have the same compassion and commitment that has always defined Hospice of the Bluegrass. We now have a new name to reflect our growing range of services, which includes Bluegrass Hospice Care.



Guiding and
providing care.

Call Bluegrass Hospice Care
at **855.492.0812**.
Or learn more at **bgcarenav.org**



Expert. Connected. Care.
bgcarenav.org | 855.492.0812

©2018 Bluegrass Care Navigators



Expert. Connected. Care.

When is the right time for Bluegrass Hospice Care?

Many people are surprised to learn hospice is for weeks and months of care, not just for the last days of life.

That time often begins when a physician expects a patient to live six months or less if their illness or disease runs its normal course.

Getting started with Bluegrass Hospice Care requires only a simple phone call to 855.492.0812. Anyone – including you, a family member, health care provider, or friend – can make the call, and we'll take care of the rest. We're available by phone 24 hours a day, 365 days a year.

The sooner you connect with Bluegrass Hospice Care, the more we can do to help you or your loved one improve quality of life and enjoy rewarding moments.

Who pays for Bluegrass Hospice Care?

Hospice care is typically covered in full by Medicare, Medicaid and most private insurance providers. No one is turned away from Bluegrass Hospice Care because of financial reasons, thanks to the support of our generous donors.

How can Bluegrass Hospice Care help you or your loved one?

We start by listening, finding out what's most important to you, then connecting you with the right care.

After learning your needs and goals, we assign a personal team of experts to provide special care and support through a combination of the following services that are just right for you:

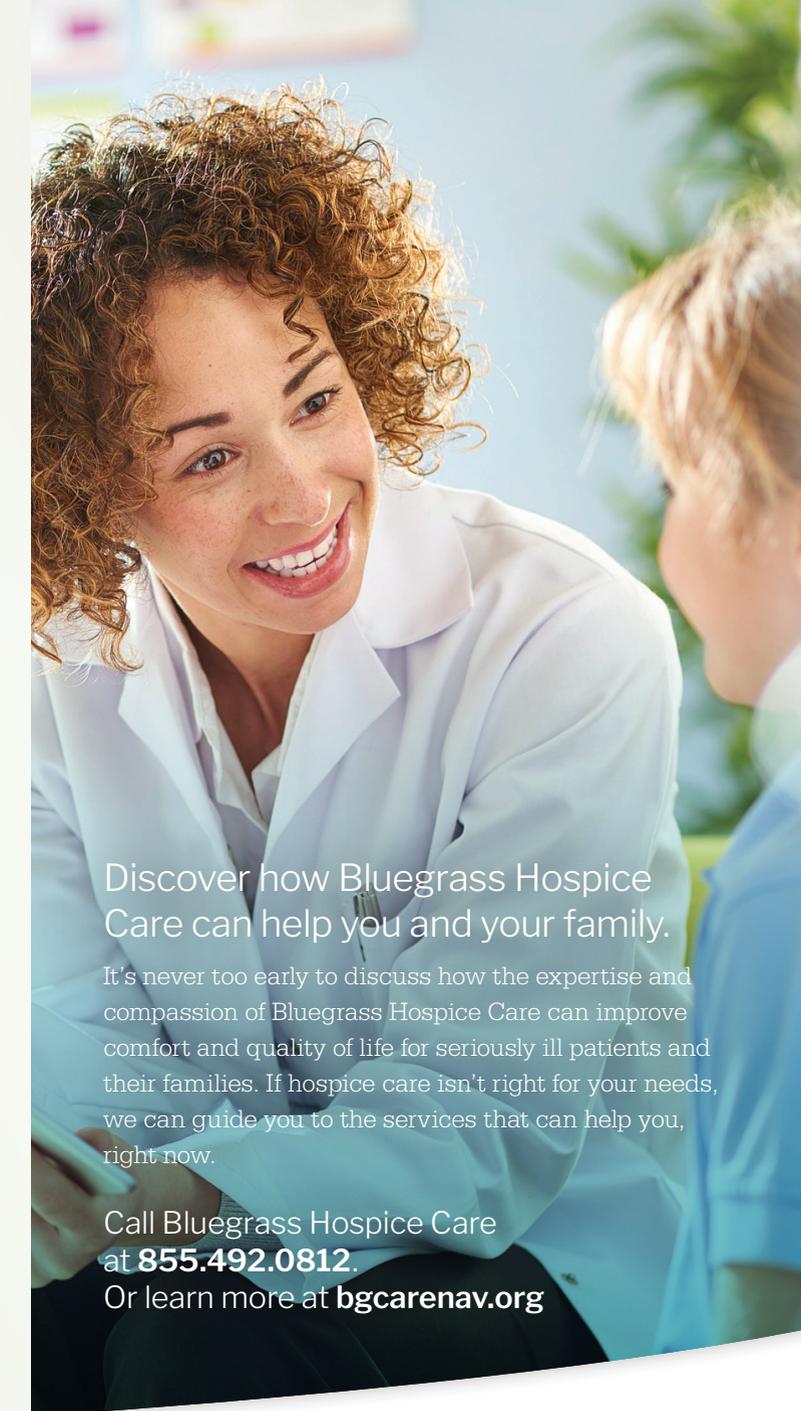
- **Expert medical care.** Our board-certified physicians work with your doctors to manage care in a way that's right for you. Our nurses keep you comfortable and treat conditions such as nausea, anxiety or trouble breathing.
- **Medication and equipment management.** Our team provides necessary medical equipment, such as a hospital bed, shower chair and wheelchair. We also review and monitor prescription schedules to make sure you are taking the right medications at the right time.
- **Emotional and spiritual support.** To help you and your family with the emotional challenges serious illness can bring, our licensed social workers provide experienced counseling. Our chaplains help you and your family find meaning and peace, whatever your spiritual journey.

- **Help with everyday activities.** Our certified nursing assistants and home hospice aides help with bathing, dressing, preparing meals, eating and doing light housework.
- **Companionship and assistance.** Our trained volunteers help family caregivers take a much-needed break by sitting with a patient for a couple of hours. Volunteers also can assist with needs such as transportation and errands.
- **Caregiver education and training.** Our expert team also helps families by teaching skills that make caring for the patient easier and less stressful.

Where is Bluegrass Hospice Care provided?

We provide care wherever the patient calls home. While this is often a house or apartment, we also provide care at nursing homes, assisted living facilities and hospitals.

If a patient's care needs are too complicated for home care or require a higher level of attention from nurses and other experts, we can provide care at one of our Hospice Care Centers or with our Crisis Care team.



Discover how Bluegrass Hospice Care can help you and your family.

It's never too early to discuss how the expertise and compassion of Bluegrass Hospice Care can improve comfort and quality of life for seriously ill patients and their families. If hospice care isn't right for your needs, we can guide you to the services that can help you, right now.

Call Bluegrass Hospice Care at **855.492.0812**.
Or learn more at bgcarenav.org

EXPERT
care and support

CONNECTED
to the best care teams

CARE
right time, right place

BLUEGRASS
hospice
care 
Expert. Connected. Care.