



October 11, 2012
 UK Student Center
 8:30 a.m. - 4:30 p.m.

Conference Schedule

Check In/Registration 7:30 a.m. - 8:15 a.m.

Keynote/Breakfast 8:30 a.m. - 9:30 a.m.

Promoting Normal Healthy Brain Aging: A Model for Brain Health
Gregory A. Jicha, MD, PhD, Sanders-Brown Center on Aging

UK Retirement Health Benefits 9:45 a.m. - 10:35 a.m.

Tina Cornett & Chris Perry, UK Employee Benefits

Breakout Sessions.....10:45 a.m. - 11:45 a.m.

Exercise As We Age
Carrie Davidson, UK Health & Wellness

What Can I Expect from Social Security?
Russ Russell, Social Security Administration

Conference Luncheon, Keynote, and UK Retiree Panel..... 11:45 a.m. - 2 p.m.

Life Gets Better: The Unexpected Pleasures of Growing Older
Wendy Lustbader, University of Washington
 UK Retiree Panel featuring *Dianna August, Lee Baltzer, Don Diedrich & Betty Gabehart*

Breakout Sessions..... 2:15 p.m. - 3:15 p.m.

What Can I Expect from Social Security?
Russ Russell, Social Security Administration

Fidelity: Preparing Your Savings Workshop
Roger Trapp, Fidelity

Breakout Sessions..... 3:30 p.m. - 4:30 p.m.

TIAA-CREF: Your Retirement, A Personal Journey
Mike Mulkeen, TIAA-CREF

What Work-Life Can Do For You
Ann Bassoni & Terri Kanatzar, UK Work-Life