When should I study abroad?

Most UK students study abroad during their sophomore or junior years. However, there are programs available for freshmen and senior students as well.

Another important decision to make is what time of year to study abroad. Programs are available for the academic year, the Fall and Spring semesters, Winter Intersession, and the Summer sessions. It is also possible to take a spring-embedded course, which is a class taught at UK with an international component during spring break or early summer.

Because many foreign institutions follow different academic calendars, it is important for students to consider the specific dates of the program far in advance. For example, many “fall” semester programs in the Southern Hemisphere may run from July to November and from February to June during the American spring semester.

Similarly, it may be difficult for students to study at some European institutions for the fall semester. Final exams may be scheduled in early January, and many programs do not make allowances for US students. Please be sure you consider this issue in advance.

Why study abroad?

As a student of kinesiology, the best way to increase your knowledge is to immerse yourself in various cultures and diverse societies. There is no substitute for the experience that a semester, year, summer, or winter abroad will give you.

UK Education Abroad offers a variety of programs that allow you to study kinesiology and health promotion in an international setting. Immerse yourself in another culture, expand your knowledge, and explore what the world has to offer with any one of the exciting opportunities available to you!

Are there other programs?

Yes! This advising guide is a good place to start, but you should also visit the UK Education Abroad website to learn about many other exciting opportunities to study, intern, or volunteer abroad.

If you don’t see your ideal program listed on the UK Education Abroad website, please contact an Education Abroad Adviser to learn more about UK External Education Abroad Programs and how to apply.

Are you concerned about how to transfer credits from courses taken abroad?

Our department collaborates with the Education Abroad office in order to assure pre-departure approval of course equivalencies and course bypass examination eligibility.

Courses taken at an institution other than the University of Kentucky should be evaluated by the appropriate university department prior to the student’s registration in that course to determine equivalencies and whether or not the department will accept that course in fulfillment of program requirements.

How can I afford to study abroad?

The Education Abroad office offers scholarships for students interested in studying abroad. These scholarships range from $750-$1,500. Stop by one of the information sessions on scholarships or visit the Education Abroad website for more information.

Additionally, most UK financial aid applies towards the cost of studying abroad! Check with your financial aid advisor for more information.

Finally, please note that there are several education abroad programs that are comparable to the cost of attending UK. So, with a little bit of planning, if you can afford to attend UK, you can afford to study abroad.

What are my next steps?

Attend a First Step Session.

Find out what you can study abroad and where, and ask questions about the application process, financial aid and scholarships, etc. First Step Sessions are held on Mondays and Tuesdays from 4-5 p.m. and Wednesdays and Thursdays from 3-4 p.m. in 207 Bradley Hall.

Explore the programs available.

Search online or visit the Education Abroad Resource Center in 315 Bradley Hall.

Talk to an Education Abroad advisor.

Each UK Education Abroad advisor has expertise in specific academic disciplines and geographic regions. Check the website and make an appointment with the advisor to discuss your interests.

Last updated January 2016
How do I choose the education abroad program that is right for me?

Look through the information in this advising guide for an overview of the programs available to UK students. You can also find more detailed descriptions online. To get started, it is important to consider the type of program you would like to attend, descriptions of which are outlined above. Consider the following important questions:

When can I study abroad?
- You can study abroad for an entire academic year, during the Fall or Spring semesters, Winter Intersession or over the Summer.

Where will I live?
- Most programs provide accommodation for students in residence halls and foreign student dormitories. Some programs, particularly ones that focus on language immersion provide the option of living with a local family.

Will I earn credits while abroad?
- Yes! Earn credit toward your major, or get some electives out of the way. Please check with your Director of Undergraduate Studies to make sure specific courses will count toward your major.

How much does it cost?
- Programs vary in cost depending on the program type, duration, of living with a local family.

UK CONSORTIA EDUCATION ABROAD PROGRAMS

Teach - South Africa (COST)
Country: South Africa; Port Elizabeth, South Africa
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.0
Term Offered: Fall, Spring

This program offers an opportunity to combine student teaching in a physical education classroom while gaining an international perspective on education.

Teach - New Zealand (COST)
Country: Auckland, New Zealand
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.0
Term Offered: Fall, Spring

This program allows students to complete their required student teaching in physical education in New Zealand, while gaining an international perspective on education.

UK EXCHANGE EDUCATION ABROAD PROGRAMS

University of Belgrano (SoI)
Country: Buenos Aires, Argentina
Language Req: Varies
Class Standing: Sophomore & Above
Minimum GPA: 2.5
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

University of Caen Normandy
Country: Caen, Normandy
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

University of California, Berkeley
Country: Berkeley, California
Language Req: None
Class Standing: Undergraduates only
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

University of Toronto
Country: Toronto, Ontario
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

University of Victoria
Country: Victoria, British Columbia
Language Req: None
Class Standing: Undergraduates only
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

University of Western Ontario
Country: London, Ontario
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

UK PARTNER EDUCATION ABROAD PROGRAMS

Public Health (DIS)
Country: Copenhagen, Denmark
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 3.0
Term Offered: Fall, Spring

This program integrates theoretical and practical components of physical activity, behavioral, and social-cultural perspectives within a community wellness philosophy.

University of Waterloo (VSIT)
Country: Waterloo, Ontario
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 3.0
Term Offered: Year, Fall, Spring

This program offers courses in sport and exercise science, such as Biomechanics, Sports Nutrition & Performance, Exercise in Health & Disease, Sport Psychology, and more.

Royal Melbourne Institute of Technology (TEAN)
Country: Melbourne, Australia
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.5
Term Offered: Year, Fall, Spring

This program has a reputation for providing practically focused research and training. Available courses include Drugs in Sports, most challenging combing speed, strength, endurance, coordination, flexibility and the ability to sustain significant impact.

Menendez Pelayo International University—Education in a Multicultural Context (ISA)
Country: Santander, Spain
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 3.0
Term Offered: Year, Fall, Spring

This program has a reputation for providing practically focused research and training. Available courses include Drugs in Sports, most challenging combing speed, strength, endurance, coordination, flexibility and the ability to sustain significant impact.

ISA Service Learning (ISA)
Country: Malava, India
Language Req: None
Class Standing: Undergraduates only
Minimum GPA: 2.5
Term Offered: Year, Fall, Spring

This program has a reputation for providing practically focused research and training. Available courses include Drugs in Sports, most challenging combing speed, strength, endurance, coordination, flexibility and the ability to sustain significant impact.

UK DIRECT EDUCATION ABROAD PROGRAMS

McGill University
Country: Montreal, Quebec, Canada
Language Req: None
Class Standing: Undergraduates only
Minimum GPA: 3.0
Term Offered: Year, Fall, Spring

Courses are offered in two programs: the BEd Physical and Health Education concentrates on teacher training in those areas, while the BSc Kinetics track offers courses for students pursuing careers in medicine, occupation, therapy, or physical therapy.

UK SPONSORED EDUCATION ABROAD PROGRAMS

Sexual Health and Sex Education in the Netherlands
Country: Amsterdam, Netherlands
Language Req: None
Class Standing: Undergraduate or Graduate
Minimum GPA: 2.0
Terms Offered: Summer

This program includes courses in comprehensive sexuality education and analyzes sex as a healthy part of human development rather than something of which to be ashamed. Undergraduate students will enroll in KHP 220: Sexual Education and graduate students will enroll in KHP 678: Sexual Health Promotion. All students have the option of earning independent study credit: KHP 395 or 695.

Kinesiology & Health Promotion in England
Country: London, England
Language Req: None
Class Standing: Soph. & Above
Minimum GPA: 2.5
Terms Offered: Summer

This program will introduce students to the cultural comparison study of human sexuality and sexual health education in a context where sexual health outcomes are the best in the world. With their openness to sexuality and emphasis on talking about sex and sexuality with parents, peers, and educators from a young age, sexuality is seen as a healthy part of human development rather than something of which to be ashamed. Undergraduate students will enroll in KHP 220: Sexual Education and graduate students will enroll in KHP 678: Sexual Health Promotion. All students have the option of earning independent study credit: KHP 395 or 695.

The History & Philosophy of Physical Education & Sport
Country: Athens, Greece; Rome, Italy
Language Req: None
Class Standing: Undergraduates Only
Minimum GPA: 2.0
Terms Offered: Summer

During this four-week program, students will participate in a variety of educational excursions and cultural experiences as well as classroom observation at a local University. This is the ideal location to study the economical impact of hosting an Olympic Games, to tour an Olympic Games facility and apply basic knowledge of exercise physiology and healthy habits while performing training by visiting institutions such as the English Institute of Sport. Students will complete two of three courses offered: KHP 420G: Physiology of Exercise, KHP 390: Psychology and All of Sport, and KHP 395: Independent Study.

Teach - Ireland (COST)
Country: Cork, Ireland; Dublin, Ireland; Sneem, Ireland
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 3.0
Term Offered: Fall, Spring

Teaching health or physical science in Ireland will offer ways to bring an international perspective back to the classroom in the United States, while fulfilling teacher training requirements for the major.

UK EXCHANGE EDUCATION ABROAD PROGRAMS

University of Belgrano (SoI)
Country: Buenos Aires, Argentina
Language Req: Varies
Class Standing: Sophomore & Above
Minimum GPA: 2.5
Term Offered: Fall, Spring

University of Victoria
Country: Victoria, British Columbia
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring

University of Western Ontario
Country: London, Ontario
Language Req: None
Class Standing: Graduate or Senior
Minimum GPA: 2.75
Term Offered: Year, Fall, Spring