PHYSICAL EDUCATION

KHP 100-KHP 135 SERVICE COURSES.
Instruction in a variety of motor skills activities. Courses are designed for students at a beginner level. Up to six hours credit may be earned in service courses; however, the same activity may not be repeated for credit.

KHP 136-KHP 144 ADVANCED SERVICE COURSES.
Instruction in a variety of motor skills activities. The courses are designed for students who already possess intermediate skill in the activity. Instructors will assess skill at start of course. Up to six hours credit may be earned in service courses; however, the same activity may not be repeated for credit. Assignment of specific titles will occur internally in the department. Laboratory, three hours. Prereq: Completion of comparable service course or demonstrated competency.

KHP 146 FLAGBALL AND SPEEDBALL.

KHP 147 DANCE FOUNDATIONS I.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of social, folk, and square dancing. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach social, folk, and square dance. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED, KINE majors only.

KHP 148 BASKETBALL.
KHP 150 SOCCER.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of soccer. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach soccer. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED and KINE majors only.

KHP 152 TECHNIQUES OF SWIMMING.
Acquisition of intermediate and advanced swimming skills. Includes techniques of teaching beginning and intermediate swimming and diving. Other topics include mechanical analysis of strokes, skin diving, survival swimming, basic first aid, rescue and safety in the aquatic environment. Laboratory, three hours per week. Prereq: Intermediate skill test first day of class and PHED, KINE majors only.

KHP 153 VOLLEYBALL.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of volleyball. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach volleyball. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED and KINE majors only.

KHP 154 DANCE FOUNDATIONS II.
Designed to familiarize the professional physical education student with the techniques, skills, theory, and composition of dance. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach dance and transfer its attributes to sports areas. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED, KINE, and ELED majors only.

KHP 155 PRINCIPLES OF CONDITIONING.
Designed to familiarize the professional physical education student with the theory, techniques, and practices of conditioning. Understanding of the basic principles, and an attainment of above average personal physical fitness status is expected of the students. The primary goal of the course is to equip students with knowledge and skill to design and carry out safe and meaningful physical conditioning programs. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester.

KHP 156 GYMNASTICS.
Designed to familiarize the professional physical education student with the skills, practices, techniques and theory of gymnastics. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach gymnastics. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: KHP 115 or demonstrated competence and PHED, KINE majors only.

KHP 157 TRACK AND FIELD.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of track and field. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach track and field. Laboratory, six hours.

KHP 158 ARCHERY AND SOFTBALL.

KHP 159 TENNIS.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of tennis. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach tennis. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED and KINE majors only.

KHP 160 BADMINTON.
Designed to familiarize the professional physical education student with the skills, practices, techniques, and theory of badminton. Development of at least an intermediate skill level is expected of the students. The primary goal of the course is to equip the student with the skills necessary to effectively teach badminton. Laboratory, six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED and KINE majors only.

KHP 161 GOLF.
Designed to familiarize the professional physical education student with the skills, strategies, rules and teaching techniques of golf. Development of at least an intermediate skill level is expected. The primary goal of the course is to equip the student with skills necessary to effectively teach golf. Laboratory: Six hours per week for one-half semester or three laboratory hours per week per semester. Prereq: PHED and KINE majors only.

KHP 162 OUTDOOR EDUCATION THROUGH ACTIVITIES.
An overview of outdoor educational skills and wilderness related activities for use by physical education majors in the school and/or recreational setting. Laboratory, two hours per week. Prereq: PHED and KINE majors only.

KHP 163 TEAM HANDBALL/NEW GAMES.
This course is designed to familiarize the physical education student with the skills, practices, techniques, and theory of team handball and new games. Development of at least an intermediate skill level in team handball and a knowledge base of at least 20 new games is expected of the students. The primary goal of this course is to equip students with the skills necessary to effectively teach handball and new games. Laboratory, six hours per week for one-half the semester or three hours per week per semester.

KHP 181 MODERN DANCE I.
Techniques of creative dance including movement sequences leading to individual and group studies in initial compositional elements. Laboratory, four hours. Prereq: KHP 106 or demonstrated skill for consent of instructor.

KHP 182 MODERN DANCE II.
Advanced techniques for creative dance. Special emphasis on the development of movement themes as motivated by specific content. Laboratory, four hours. Prereq: KHP 181.

KHP 200 THE HISTORY AND PHILOSOPHY OF PHYSICAL EDUCATION AND SPORT.
An introduction to the history and philosophy of physical education. An emphasis will be on: (1) the role of philosophy, educational philosophy, and the philosophy of physical education and (2) the major historical influences in the development of existing physical education programs in the United States.

KHP 220 SEXUALITY EDUCATION.
This course is designed to prepare educators to offer sexuality education in the schools. Emphasis is placed on justification of sexuality education, relevant content, appropriate teaching techniques, and precautions to take when teaching sexuality education.

KHP 222 DRUG EDUCATION.
This course is designed to prepare educators to offer drug education in the schools. Emphasis is placed on the prevalence of drug use by youth; physiological, psychological, and social effects of various drugs; effective and ineffective approaches to drug abuse prevention; appropriate teaching strategies; and evaluating drug curricula.
KHP 240 NUTRITION AND PHYSICAL FITNESS. (3)
Course focuses on the interrelationship between nutrition and physical fitness. The intent is to provide the student with the information necessary to formulate an individualized plan for the achievement and maintenance of adequate nutrition and physical fitness. Weight control will be discussed in this content. Team taught by nutrition faculty and health, physical education and recreation faculty. Lecture, two hours; laboratory, two hours. (Same as NFS 240.)

KHP 241 BASKETBALL COACHING FUNDAMENTALS.

KHP 244 BASEBALL AND SOFTBALL COACHING FUNDAMENTALS.

KHP 252 WATER SAFETY LEADERSHIP. (2)
Leadership training in the teaching of swimming, lifesaving, diving, synchronized swimming, competitive swimming, camp waterfront, beach and pool operation and exhibition. Laboratory, four hours. Prereq: Current lifesaving certificate or equivalent.

KHP 263 CURRICULUM DESIGN AND DEVELOPMENTAL SPORTS SKILLS IN THE ELEMENTARY SCHOOL. (3)
The study of skills development and their inclusion in the elementary programs of games of low organization, lead-up games, and refined sports skills. Lecture, two hours; laboratory, two hours per week.

KHP 290 HISTORY AND PHILOSOPHY OF THE DANCE. (3)
The study of the evolution of dance through the cultural periods of history and the interrelation of the arts of social structure and dance forms.

KHP 293 CLASSICAL BALLET I. (2)
The basic techniques and theories of traditional classic dance. Designed for beginning dance students. Lecture, one hour; laboratory, two hours. Prereq: KHP 129 or demonstrated skill for consent of instructor.

KHP 294 CLASSICAL BALLET II. (2)
Intermediate techniques and theories of classical dance. Lecture, one hour; laboratory, two hours. Prereq: KHP 293 or equivalent.

KHP 300 PSYCHOLOGY AND SOCIOLOGY OF PHYSICAL EDUCATION AND SPORT. (3)
A survey course in the social science foundation of sport. Study of the sociological and psychological concepts which are relevant in understanding of sport in this country and the world. After the successful completion of this course, the student should be able to define, discuss, and identify the basic social and psychological factors which are related to the pursuit of movement through sport.

KHP 311 OFFICIATING BASKETBALL.

KHP 322 OFFICIATING VOLLEYBALL.

KHP 323 OFFICIATING BASEBALL-SOFTBALL.

KHP 340 ATHLETIC TRAINING. (2)
Consideration is given to the prevention, treatment and rehabilitation of injuries. Films and other visuals, visiting physicians and team trainers will be used to supplement instruction. The student will have an opportunity to gain practical experience. Lecture, one hour; laboratory, three hours.

KHP 344 PHYSICAL EDUCATION IN THE SECONDARY SCHOOL. (3)
Required for teacher certification in physical education. Theory and practice in methods of teaching physical education activities and supervising programs in the secondary school. Lecture, two hours; laboratory, two hours per week. Prereq: Admission to the Teacher Education Program or permission of the instructor.

KHP 360 PHYSICAL EDUCATION IN THE ELEMENTARY SCHOOL. (3)
An introduction to the necessary skills needed for the planning and conduct of modern elementary physical education programs. Emphasis is placed on teaching basic movement skills, fundamental rhythmic and sports skills. Lecture, two hours; laboratory, two hours per week. Prereq: KHP 263 or equivalent consent of instructor via permit; and admission to Teacher Education Program or consent of instructor via permit.

KHP 361 FIELD EXPERIENCES WITH ELEMENTARY SCHOOL CHILDREN. (1)
Field experience with elementary school age children in programs of sports, physical education and recreation. Prereq: KHP 360 or equivalent experience or consent of field experience director.

KHP 362 FIELD EXPERIENCES IN SECONDARY EDUCATION. (1)
Supervised experiences in school, agency, and recreation department programs of secondary education. Required of all majors in Secondary Teacher Education Programs in the Department of Health, Physical Education and Recreation. Includes field trip, inspection of programs and professional organizations. Prereq: Admission to the Teacher Education Program.

KHP 369 STUDENT TEACHING IN PHYSICAL EDUCATION. (3-12)
For students who expect to teach and who meet the requirements for a major in physical education. Experience in working with children in physical education activities comprises basic part of course. Safety education also included. To be offered only on a pass-fail basis. Prereq: Admission to the Teacher Education Program or permission of instructor.

KHP 382 PHYSICAL EDUCATION FOR ELEMENTARY SCHOOL TEACHERS. (2)
Provides physical education concepts and content to be taught to the elementary students. Includes instructional methods and management techniques appropriate for physical education programs at the elementary school level. Lecture, one hour; laboratory, two hours per week. Prereq: Admission to elementary or early childhood teacher education program or consent of instructor.

KHP 390 DANCE ACTIVITIES IN THE ELEMENTARY SCHOOL. (2)
Designed for teachers of elementary children to give depth in significant phases of physical education of the elementary child. Special emphasis is given to acquisition of skills and understandings of the total dance program. Lecture, one hour; laboratory, two hours. Prereq: KHP 360 or consent of instructor.

KHP 391 THEATER DANCE I. (2)
Theory and practice of theater dance from the primitive era to the 20th century. Lecture, one hour; laboratory, two hours.

KHP 392 THEATER DANCE II. (2)
Intermediate theater dance, modern dance, dance for television, musical comedy, and stage plays. Lecture, one hour; laboratory, two hours. Prereq: KHP 391 or equivalent.

KHP 393 RHYTHMICAL FORMS, IMPROVISATION, AND ANALYSIS. (3)
An analysis of rhythmic forms of movement incorporating the principal elements of dance improvisation. The craft of improvisation using the principles of dance as an art form will be explored.

KHP 395 INDEPENDENT WORK IN HEALTH AND SAFETY OR PHYSICAL EDUCATION OR RECREATION. (3)
May be repeated to a maximum of 12 credits. Prereq: Major and 3.0 standing in area or consent of instructor.

KHP 420G PHYSIOLOGY OF EXERCISE. (3)
An in-depth study of the immediate and long-term effects of exercise on the human organism. Lecture, two hours; laboratory, two hours. Prereq: ANA 206, PGY 206 or equivalent.

KHP 430 METHODS OF TEACHING HEALTH EDUCATION. (2)
A variety of contemporary teaching methods appropriate for use in grades K-12 will be presented. Students will be exposed to these methods through textbook and outside readings and through observation of the instructor, public school teachers, and peer teachers. Methods will be critically examined for effectiveness in the cognitive, affective, and behavioral areas. Prereq: KHP 220, 230, or equivalent, or consent of instructor via permit; and admission to Teacher Education Program or consent of instructor via permit.

KHP 440 ORGANIZATION AND ADMINISTRATION OF PHYSICAL EDUCATION.

KHP 445 INTRODUCTION TO TESTS AND MEASUREMENTS. (3)
An analysis of written and motor performance tests in health, safety, physical education, and recreation. Laboratory experiences in the administration, scoring, and interpretation of motor performance tests are provided. Lecture, two hours; laboratory, two hours.

KHP 485 SPORT IN AMERICA. (3)
An overview of the history and development of sport in the United States from colonial times to the present with emphasis on the scope and diversity of modern day sport and its impact on society.

KHP 515 ANATOMICAL AND MECHANICAL KINESIOLOGY. (3)
A quantitative and qualitative study of human motion as it relates to locomotor and physical education activities. Lecture, two hours; laboratory, two hours. Prereq: ANA 206, PGY 206, or equivalent and consent of instructor.
KHP 546 PHYSICAL EDUCATION WORKSHOP. (1-3)
A concentrated study in a specific sport or activity or field of emphasis in physical education. May be repeated to a maximum of six credits.

KHP 547 PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY. (3)
An analysis of research findings in the psychology of teaching and coaching with emphasis placed on those factors which influence the acquisition of motor skills as well as on the psychological benefits of exercise and sport. Prereq: Undergraduate psychology course and basic statistics or consent of instructor.

KHP 560 MOTOR DEVELOPMENT IN INFANTS AND YOUNG CHILDREN. (3)
An analysis of the processes of learning to move and moving to learn in infants and young children. Emerging interrelationships among the motor, social, emotional, and cognitive forms of behavior are explored. Laboratory experiences are provided in early childhood education programs. Prereq: PSY 100.

KHP 579 ADAPTED PHYSICAL EDUCATION. (3)
A study of programs of adapted and developmental physical education for individuals with disabilities. Experiences will include the appraisal of psychomotor functioning, design of instructional intervention, and program implementation and evaluation. Lecture, two hours; laboratory, two hours. Prereq: KHP 515 or consent of instructor.

KHP 592 CHOREOGRAPHY. (2)
A study of the art and craft of dance. Creation and production of dances in ballet, modern, and theater dance forms. Lecture, one hour; laboratory, two hours. Prereq: Beginning ballet, modern, and theater dance.

GRADUATE COURSES

KHP 600 EXERCISE STRESS TESTING AND PRESCRIPTION. (3)
Knowledge required for the administration of an exercise stress test with implications for writing an exercise prescription. Content covers healthy individuals as well as those with various health problems such as heart disease, hypertension, mental illness and mental health. Course implements the Guidelines of the American College of Sports Medicine in preparing a specialist in exercise stress testing. Lecture, two hours; laboratory, two hours. Prereq: PGY 206, HPR 420G, consent of instructor.

KHP 615 BIOMECHANICS OF FUNDAMENTAL MOVEMENTS. (3)
A research oriented, qualitative and quantitative investigation into the fundamental human movement patterns of ambulation, jumping, throwing, and striking. Lecture, two hours; laboratory, two hours. Prereq: KHP 515, and consent of instructor.

KHP 620 ADVANCED EXERCISE PHYSIOLOGY. (3)
Aimed at development of an in-depth understanding of the acute and chronic adaptations of the human body to the stress of exercise. Lecture, two hours; laboratory, two hours. Prereq: KHP 420G or consent of instructor.

KHP 621 EXERCISE AND CORONARY HEART DISEASE. (3)
A critical analysis of the acute and chronic adaptations of the human body to the stress of exercise. Lecture, two hours; laboratory, two hours. Prereq: KHP 420G or consent of instructor.

KHP 644 RESEARCH TECHNIQUES APPLIED TO HEALTH, PHYSICAL EDUCATION AND RECREATION. (3)
A critique of research procedures for purposes of developing more efficient research designs applicable to problems in health, physical education and recreation. Should be preceded or accompanied by basic statistics and introduction to measurement.

KHP 676 CURRENT ISSUES AND PROBLEMS IN SPORT MANAGEMENT. (3)
An in-depth analysis of pertinent issues and problems affecting the management of sport and fitness programs.

KHP 680 SPORT MARKETING. (3)
An introduction to the broad area of sport marketing to include a focus on marketing management as it applies to sport, the general nature of the sport consumer, pricing strategies and promotions, licensing, and the role of research in sport marketing. Prereq: MKT 300 and MKT 310 or 320 or 340 and HPER, KHPR majors or consent of instructor.

KHP 681 FINANCIAL ASPECTS OF SPORT. (3)
Course focuses on principles, practices and theories associated with financial planning and management of enterprises engaged in the provision of sport related services and/or products. Topics include budget planning and preparation, preparing and analyzing financial statements, revenue sources, money management, preparation of business plans and feasibility studies. Prereq: ACC 201 and 202 and HPER, KHPR majors or consent of instructor.

KHP 685 SUPERVISION OF SPORT AND FITNESS PERSONNEL. (3)
A study of the three major functions of the supervisor: planning, directing and controlling and their application to the area of organized sport. Prereq: KHP 580 or consent of instructor.

KHP 686 SPORT MANAGER'S LABORATORY. (3)
An introduction to the five functions of management: planning, organizing, staffing, directing and controlling, and their application to organized sport settings. Prereq: Upper division PHED, KINE majors or HPER, KHPR majors or consent of instructor.

KHP 687 PRACTICUM IN SPORT MANAGEMENT. (3-9)
Extensive work experiences under the immediate supervision of qualified managers and sport management faculty coordinator. May be repeated to a maximum of nine credits. Prereq: HPER, KHPR majors (Sport Management) or consent of advisor.

KHP 695 INDEPENDENT STUDY IN PHYSICAL EDUCATION. (1-3)
A specific topic in physical education related to the student's interests and program needs is selected for intensive study. Work supervised by a graduate faculty member proficient in the area under investigation. May be repeated to a maximum of six credits. Prereq: Consent of instructor.

KHP 720 SPORTS MEDICINE. (3)
A study of the basic areas covered in sports medicine with readings and discussions of current international trends in the research and practice in this field. Prereq: Twelve semester hours; credit in field of biological sciences; consent of instructor.

KHP 748 MASTER’S THESIS RESEARCH. (0)
Half-time to full-time work on thesis. May be repeated to a maximum of six semesters. Prereq: All course work toward the degree must be completed.

KHP 749 DISSERTATION RESEARCH. (0)
Half-time to full-time work on dissertation. May be repeated to a maximum of six semesters. Prereq: Registration for two full-time semesters of 769 residence credit following the successful completion of the qualifying exams.

KHP 768 RESIDENCE CREDIT FOR THE MASTER’S DEGREE. (1-6)
May be repeated to a maximum of 12 hours.

KHP 769 RESIDENCE CREDIT FOR THE DOCTORAL DEGREE. (0-12)
May be repeated indefinitely.

KHP 770 SEMINAR IN PHYSICAL EDUCATION. (1)

KHP 780 SEMINAR IN RECREATION. (1)

KHP 782 INDEPENDENT RESEARCH. (3)
Systematic investigation of a problem selected from the areas of health, safety, physical education or recreation. Satisfies the research requirement for the Master’s degree in Plan B. Repeatable with new problem. May be repeated to a maximum of nine credits.

RECREATION

KHP 280 RECREATION PROGRAM PLANNING AND LEADERSHIP. (3)
A study of the essential elements and basic principles involved in the organization, supervision, promotion and evaluation of various types of recreation programs.

KHP 370 FUNDAMENTALS OF CAMPING. (3)
An introduction to the five functions of management: planning, organizing, staffing, directing and controlling, and their application to organized sport settings. Prereq: Upper division PHED, KINE majors or HPER, KHPR majors or consent of instructor.
### KHP 576 INTRAMURAL AND SPORTS CLUB ADMINISTRATION.

A study of the policies, procedures, and practices related to the administration of intramural and recreational sports programs. Emphasis is placed on the development and operation of successful programs. Prereq: Sport Management graduate student or permission of instructor.

### KHP 577 PRACTICUM IN RECREATION. (3-9)

Extensive practical work experiences under the immediate supervision of qualified practitioners and recreation faculty coordinator. Prereq: Recreation majors and physical education majors.

### KHP 580 INTRODUCTION TO TEAM DEVELOPMENT. (3)

An introduction to the concept of teams to include an overview of group theory, dynamics and properties as they apply to the team development in sport and non-sport settings. May be repeated to a maximum of six credits. Prereq: Upper division PHED, KINE majors or HIPER, KHPR majors or consent of instructor.

### KHP 585 FOUNDATIONS OF SPORT MANAGEMENT. (3)

An overview of the broad field of sport management with an emphasis on: (1) the historical, political, sociological and economic parameters that influence sport; and (2) the issues related to sport and business in society and their application to sport organizations. Prereq: Sport Management graduate student or permission of instructor.

### HEALTH EDUCATION

#### KHP 190 FIRST AID AND EMERGENCY CARE. (2)

A study of first aid subject matter and orientation in the various first aid teaching methods. Lectures and demonstrations on first aid measures with skill training. American Red Cross Certificate made available. Lecture, one hour; laboratory, two hours.

#### KHP 220 SEXUALITY EDUCATION. (2)

This course is designed to prepare educators to offer sexuality education in the schools. Emphasis is placed on justification of sexuality education, relevant content, appropriate teaching techniques, and precautions to take when teaching sexuality education.

#### KHP 222 DRUG EDUCATION. (2)

This course is designed to prepare educators to offer drug education in the schools. Emphasis is placed on the prevalence of drug use by youth; physiological, psychological, and social effects of various drugs; effective and ineffective approaches to drug abuse prevention; appropriate teaching strategies; and evaluating drug curricula.

#### KHP 230 HUMAN HEALTH AND WELLNESS. (3)

The study of health promotion, wellness, and disease prevention concepts as applied to individual, familial, and community health.

#### KHP 330 PLANNING AND IMPLEMENTING SCHOOL HEALTH EDUCATION PROGRAMS. (3)

A study of the foundations of school health education and the various factors that are involved in the processes of conceptualizing, planning, drafting, and implementing effective health education programs. Prereq: KHP 220 and KHP 230 or equivalents or permission of instructor.

#### KHP 371 STUDENT TEACHING IN HEALTH EDUCATION. (3-12)

For students who expect to teach and who meet the requirements for a teaching certificate in Health Education. Includes objectives, courses of study, methods, materials, and testing in Health Education. The course includes observation, practice, safety education, audio-visual aids and planning conferences with supervising teacher. Six to twenty-four lab hours per week. May be taken on a pass/fail basis only. Prereq: Admission to the Teacher Education Program in Health.

#### KHP 380 HEALTH EDUCATION IN THE ELEMENTARY SCHOOL. (2)

Presents health concepts to be taught in the elementary school. A brief discussion of the school health program and a review of instructional methods appropriate to health education in the elementary school are presented. Prereq: Admission to elementary or early childhood teacher education program or consent of instructor.