Feeling the Freeze of any Empty Wallet? Money Help is as Close as SSS!

So you had a great holiday break! Received and gave great gifts! Now you are feeling the cold winds pass through a possibly empty wallet. It is ok...although you may need to find or locate more money for the semester. Hope is not just for the holidays...and Christmas is not just in December. Student Support Services has a few scholarship opportunities that you may apply for. They are the following:

- **Kentucky Association of Educational Opportunity Project Personnel (KAEOPP) Scholarship**
  - Three scholarships
  - One entry per program
  - SSS Staff Select the application to be sent

- **Student Support Services Grant Aid (Pell eligible)**
  - Pell Eligible
  - Met with SSS advisors 3x Fall semester
  - Maintained a 2.5 GPA
  - Attended at least one SSS activity

You will need to complete an application for these and meet eligibility requirements for them. You will need to discuss the requirements with your SSS advisor. All application information is due by **February 15**. The application needs to be returned to Ms. Lydia Wins.

Survival of the Fittest...Will it be YOU?

Last semester is over and new resolutions were stated such as the following: I am going to work harder this semester and attend class. I am going to focus on classes and not so much on parties. I am going to repeat last semester. For some, these resolutions will come true, and for others well they will become as many a new year’s resolution becomes...a memory. Albeit we all say a resolution with the finest intentions of making them come true, but when we are in the thick of tests, papers, and parties well hopefully intelligence will prevail.

In response to resolutions, SSS is having a workshop titled **Getting Ahead**. This will entail you identifying areas where you waste time, destroy goals, and help keep you resolute towards your resolution. This workshop will use your cell phone or other modes to help you devise a plan to keep abreast of your deadlines. It will all be done on **Wednesday January 19 in the SSS Office 5-7**. Although this may be your nap time, remember, you pledged to succeed this semester, out do your past semester, and demonstrate academic prowess. So if you are interested in keeping your resolution sign up in the SSS Office, call 257-9797, or email valerie.rister@uky.edu to reserve your spot.
Money Woes?! The Search is on with the Help of your SSS advisor.

The holidays are over and now it’s time for paying the holiday bills, as well as the semester bills. The angst of new books, tuition, food, and not to mention Valentine’s Day, are difficult to comprehend. Yes, this is a time to search for money for school. With the government cutting back on programming and federal student monies, it is harder than ever to find money for school. So, SSS went looking for you. The following are some scholarships that can help you cut some of the considerable costs of getting an education.

But before we get into the actual scholarships, let me take a minute to advise you in applying for scholarships.

1. Not all scholarships are a full ride, but getting a few low figure scholarships can purchase books. Etc
2. When applying for scholarships that may require an essay, you need to make sure you have it read first before sending it.
3. If you are not certain if you should apply for a scholarship remember, you get nothing if you do not try.

Here are some scholarships that can help you out.

**William C Parker (Enrolled Students)**
Deadline: April 15, 2009
Award: Tuition
What to do: Complete an application and a 500 word essay answering the following question: “How will I contribute to diversity at the University of Kentucky?”
Qualifications: Cumulative GPA of 2.5 or higher
Must have earned at least 24 credit hours the previous academic year
For more information you may contact either your SSS advisor or Ms. Beatty in Funkhouser.

**Academic Excellence Scholarship**
Deadline: April 15, 2009
Award: Tuition
What to do: Complete an application through Academic Scholarships office or check on line at www.uky.edu/scholarships
Qualifications: Must have a GPA of 3.5 or higher
At least 12 credit hours completed at the University of Kentucky
Students receiving other scholarships through Academic Scholarship program are not eligible.

**Places to search for scholarships are the following:**
KHEAA website, your colleges page on UK’s website (no, not all scholarships are listed – you have to ask your specific college about them), FASTWEB, and Scholarships.com. Be aware that if any scholarship site asks you to pay, do not go any further.

For more information on these opportunities and others, please come see any of the counselors in the Student Support Services Office, or call 257-9797, or email valerie.ristser@uky.edu

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"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort.

~FDR

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**YOUR PURPOSE**

You know what you have to do... Your job.
Your purpose is to get accepted, get a cute partner, and think up something great to do for the rest of your life.
What if you’re confused and can’t imagine a career?
What if you’re funny looking and can’t get a partner?
You see?
No one wants to hear it.
But the terrible secret is that being young is sometimes less fun than being dead.”

~ source unknown

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**TUTORING REQUESTS**

REMEMBER: Tutoring Requests are filled on a first come first serve basis. Therefore you want to meet with either the Tutor Coordinator or the Learning Specialist about requesting a tutor.

Once a tutor is requested you should hear back from either the Tutor Coordinator or the Learning Specialist within 24 hours of the request. If you have not heard back from them it is alright to email Val directly and ask about the delay.
Career Smart? How to Dress for Success

“What was she thinking coming in here dressed like that?” “This is not a part time job for a high school student.” These are comments that prospective employers may say if you come in the wrong attire for the interview. You do not want them saying this after you leave or while you are interviewing. As this is the spring semester and many of you are looking to go to graduate school or are looking to start your careers, you may want to know what your employer is looking for in you as an interviewer. Now, those of you going to graduate school do not stop reading, for the same measures taken for a job interview should be taken when interviewing for a graduate school.

Dressing for Success is not just a catchy title it is the truth. A first impression is only made once; hence first impression. So, when you walk into the room you need to present a person who is serious about the position. Here are a few rules you want to follow:

**MEN:** Suit and tie of a solid color, a long sleeve shirt coordinated with the suit, Belt, Tie, Dark Socks, conservative leather shoes, Little to no jewelry, neat professional hairstyle, limit the aftershave, clean and neatly trimmed fingernails, and portfolio or briefcase. Finally, be certain that if you are borrowing a suit or purchasing the suit, the slacks need to fit—baggy low riders will not impress the right way.

**WOMEN:** Suit in a solid color – skirt or slacks, Skirt should be long enough so you can sit down comfortably, knee length is as short as it should be, coordinated blouse, conservative shoes (3 inches is high enough, closed toe is preferred), limit jewelry (keep it conservative, no large hoops), professional hairstyle (natural colors), neutral pantyhose or black, light makeup & perfume, neatly manicured nails, portfolio or briefcase.

Personal style is for after the interview. You do not have to appear plastic, but be professional. For more information email Valerie.rister@uky.edu

**Other Career Workshops Opportunities:**

In collaboration with the Career Center, the following workshops are being provided:

- **January 25** – Careers in Business: Marketing and Management B&E Rm 248 at 3:30
- **January 27** - Internship 101 B&E Room 248 at 4:30
- **February 1** – Careers in Business: Accounting & Finance B&E Rm. 248 at 3:30pm
- **February 8** - Careers in Business: Economics B&E Room 248 at 3:30pm

Please sign up for these workshops in the office or via email Valerie.rister@uky.edu

**SSS Cornerstone**

**TRIO DAY**

TRiO is the name of the federal programs that Upward Bound, Student Support Services, and Educational Talent Search fall under. It is through continuous support from you and the community that these programs stay afloat. We here at Student Support Services, will participate in our state associations program that focuses on getting your awareness as well as the community’s awareness of who we are and who we serve. In addition to learning about TRiO you will also get a chance to meet other TRiO students from around the state, participate in an SSS debate, and visit a local museum. We will travel this year to Kentucky State University in Frankfort on Saturday February 19 to celebrate with other TRiO programs from around the state our sensational programs. If interested please RSVP with Cassandra Johnson, cjohn5@uky.edu.

**OPPORTUNITIES TO IMPROVE ACADEMIC PERFORMANCE**

**Taking Academic Control** is a program provided by SSS to assist students wanting to improve their academic performance and gain control over the GPA. It is a course that meets once a week either on Tuesday at 2:00 or Wednesdays at 5:00. You choose the best time for you. The course covers elements such as calculating GPA, reading and using a syllabus, managing your time, setting and achieving goals, accessing resources, and a plethora of other issues that may arise throughout the semester. It is an hour long and focuses on issues that are important to you. If interested please email Valerie.rister@uky.edu.
The new money bought many things including European manners like calling days, carriage rides to see and be seen, formal dinners and luncheons and new language. An evening entertainment became a soiree. A visiting writer would be shown off at a salon. Formal third-person invitations, which we still see in wedding invitations, became absolutely de rigueur (required) as did RSVP. Anyone ignoring that requirement could be turned away at the door as not expected, should he or she act so audacious as to turn up without having sent a proper written response. One did not scramble up an extra plate at the table for six courses. That was just not done.

What does RSVP mean today? Just what it always has: please respond. As much as entertaining styles and ways of communicating with each other have changed drastically since the turn of the century, it remains important to honor an RSVP request. Here at SSS, we use RSVP so that we can better prepare for the activity at hand. By knowing how many are attending we know to have X number of packets ready, or Y number of snacks. It also is necessary for guest speakers who need to know the number for materials etc that will be attending. It is not a difficult chore to do and it is necessary to be done, not only for SSS but for any program that is putting on a program.

So lastly, we give you little more leftover of the social French: tout de suite (right away). You’re Invited. RSVP? What does that mean? Please reply. So without further ado…RSVP, tout de suite, and have fun at the party!

Upcoming Events

JANUARY
19, Wednesday, Getting Ahead Workshop 5-7 SSS Conference Room
22, Saturday, GRE Class 9am -1pm SSS Conference Room
25, Tuesday, Careers in Business Marketing and Management B&E Room 248 at 3:30
25 Tuesday, TAC SSS Conference Room at 2:00
26 Wednesday, TAC SSS Conference Room at 5:00
28, Friday, SOS/UK 110 SSS Conference Room at 2:00
29, Saturday, GRE Class SSS Conference Room at 9:00am

For all workshops and activities, please make sure you RSVP by emailing valerie.rister@uky.edu or call the front office at 859-257-9797. Also make certain to sign in with an SSS staff at each event as well as complete an evaluation.