The OLLI Office has been working closely with our online software vendor throughout the Fall to create a successful registration experience for the Spring. Together we have solved many of the issues that arose in August.

The enthusiasm of members and the variety of offerings within the OLLI have made this a very exciting time for the program! To allow for these increased numbers during registration, and distribute the registration traffic more evenly across the day, Early Bird Registration will open in 2 phases for 2015-2016 Members on:

**Wednesday, December 16th**

10 a.m. Phase One
Registration for current members will open for all courses **except** for those in Phase Two.

1 p.m. Phase Two
Registration for current members will open for courses in the following categories:

- History & Government
- Performing Arts
- Visual Arts

Depending on which courses you intend to register for, including some exciting new ones, you can register in the morning, the afternoon, or both.

Mailed registrations will be processed using the same phased schedule above.

Membership enrollment will reopen to the public January 21.
A Special Thank You

to our Spring 2016 Host Locations for

providing the spaces that allow our program to exist and to grow!

Host Locations & Addresses

Central Baptist Church 110 Wilson Downing Road
Crestwood Christian Church 1882 Bellefonte Drive
Gethsemane Lutheran Church 2185 Garden Springs Drive
Hunter Presbyterian Church 109 Rosemont Garden
Legacy All Sports 261 Ruccio Way
Lexington Public Libraries 140 East Main Street
Lexington Senior Center 1530 Nicholasville Road
Lexington Theological Seminary 230 Lexington Green Circle, Suite 300
Morning Pointe East 150 Shoreside Drive
Morning Pointe of Lexington 233 Ruccio Way
Ohavay Zion Synagogue 2048 Edgewater Court
South Elkhorn Christian Church 4343 Harrodsburg Road
Southern Heights Baptist Church 3408 Clays Mill Road
St. Raphael Episcopal Church 1891 Parkers Mill Road
Sullivan University Culinary Arts Dept. 2355 Harrodsburg Road
Tates Creek Christian Church 3150 Tates Creek Road
Temple Adath Israel 124 North Ashland Avenue
Twin Pines Christian Church 1139 Tanbark Road
Unitarian Universalist Church 3564 Clays Mill Road

OLLI Inclement Weather Policy

- When Fayette Co. Public Schools (FCPS) are closed due to inclement weather, all OLLI at UK courses, Forums, SIGs, events, & meetings will be cancelled for that day.
- If FCPS let out early, OLLI courses, etc., scheduled from that point on will be cancelled.
- If FCPS delay start of school, OLLI courses, etc. will continue as normal.

* Watch local media for announcements.

** Before you head out in inclement weather, please check your email; sometimes individual classes must cancel.

*** As always, we expect everyone will use their own judgment when determining whether it is safe enough to travel. If you choose to travel, please travel with care!
DONOVAN FORUM SERIES
Thursday, February 4 - April 21 at 2 p.m.
* Registration is not needed. We look forward to seeing you there!

Donovan Forums are held on Thursdays, from 2 - 3:15 p.m.
at the Lexington Senior Center, 1530 Nicholasville Road. Plenty of free parking is available.
Light refreshments are served the 1st Thursday of each month at 2 p.m.
Watch the OLLI E-Blasts and website throughout the semester for
presentation descriptions, updates, and adjustments.

Feb. 4  The Changing Face of Lexington, Tom Eblen, Columnist, Lexington Herald-Leader
Feb. 11 Breakthrough at Big Branch, Joseph Blackburn, Ret. Director, KY Office of Surface Mining
Feb. 18 FoodChain: Connecting People to Food, Rebecca Self, Founder & Executive Dir., FoodChain
Feb. 25 UK Art Museum, Stuart Horodner, Director, The UK Art Museum
March 3 The Constitution & Corporations as People, Joy Arnold
March 10 Tissue Regeneration and the Salamander, Dr. S. Randal Voss, Professor, Dept. of Biology, UK
March 17 Citizen Preparedness, John Bobel, Division of Emergency Management, LFUCG
March 24 White Hall: A History of Home & Family, Melissa Morris, Curator, KY Dept. of Parks
March 31 This Was Racing: An Evening with Joe Palmer, Walter May, Actor & Playwright
April 7 A Perspective on National Party Conventions, Ken Kurtz, Former WKYT News Director
April 14 What it Means to be a Kentuckian, J. Larry Hood, Adjunct Prof. of History, UK
April 21 Ukulele Concert, Patti Ballenger, OLLI Instructor & OLLI Ukulele Students

OLLI AT UK, LEXINGTON - SPRING 2016 COURSE LISTING

ONE DAY INTENSIVE:
The Amazing Natural Resources and Biodiversity of Appalachia
Monday, February 1st  9 - 3 p.m.
Lexington Theological Seminary - 5th Floor

Chris Barton, UK Appalachian Center Director, guest speakers Dr. John Cox, UK Forestry, Dr. Tammy Horn,
KY State Apiarist, Michael French, The American Chestnut Foundation and UK Graduate Students in Biology
Tom Maigret and Brittany Slabach will lead this day-long intensive. Topics will include: the historical significance
of the logging and mining industries to the region and to the American way of life, as well as the issues and effects
of these industries and reclamation projects; the story of the American Chestnut, how it was wiped out and is now
making a resurgence; UK Graduate student projects and research, including fish conservation, salamander species,
honey bees and honey production, return of elk to the region; and an overview of the Appalachian Center, its pro-
grams, initiatives and faculty research. In addition to the course and materials, the course fee includes: morning
coffee, drinks, snacks, and box lunch served with chips, fruit salad, cookie, and soda/bottled water. RSVP your
choice from the following sandwiches: Smoked Turkey and Havarti Cheese, Ham and Swiss Cheese, Roast Beef
and Provolone Cheese, or Roasted Vegetable Wrap w/ Italian Dressing. Total Course Fee $35, Limit 42
## COMPUTERS & TECHNOLOGY

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Instructor</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Intermediate Digital Photography</td>
<td>Carol Rice Cain</td>
<td>March 14 - May 2, 1:30 - 3:30 p.m.</td>
<td>Crestwood Christian Church (Art Room)</td>
<td>The Intermediate Digital Photography class continues adding depth in areas presented in the beginning class. The different types of light and how to use it, image composition, control aperture f-stops, shutter speeds, manual or program (auto), setting your ISO, portraits, and macro will be covered. Students will need a basic knowledge of their camera and a camera capable of setting f-stops, etc. This class will help you improve your skills in photography for yourself and family. We will time travel through photography to look into the past as well as create a visual history for generations to come. Limit 20</td>
<td>$20</td>
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</table>

## CULTURE

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Instructor</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adonai, God, Allah: Three Languages, One Deity</td>
<td>Elaine Ozment</td>
<td>February 2 - March 22, 10 - 12 noon</td>
<td>Lexington Theological Seminary (3rd Floor #319)</td>
<td>Abrahamic religions share a belief in one Creator of our world. In chronological order, these monotheistic faiths are Judaism, Christianity, and Islam. Discussion topics will include the sacred writings, beliefs, and practices of each religion. This study will explore the commonalities and variations within and among the adherents of these faiths. Limit 25</td>
<td>$20</td>
</tr>
<tr>
<td>Explore Japan!</td>
<td>Eimii Nishimura</td>
<td>February 11 - April 14, 1 - 2 p.m.</td>
<td>Ohavay Zion Synagogue</td>
<td>The content of “Explore Japan” will be learning and experiencing various aspects of Japanese culture – language, food, art, seasonal holidays, traditional and modern cultures, etc. The course will include a variety of hands-on activities such as Origami, Kirigami, crafts, and chopstick challenge. This course will incorporate physical activities such as a Japanese folk dance called &quot;Yosakoi Soran Dance&quot; and a Japanese traditional warm up exercise called “Radio Taiso”. If you are interested in a foreign culture, you will enjoy this course. Limit 25</td>
<td>$20</td>
</tr>
<tr>
<td>Exploring the Artist's Visual Language</td>
<td>Marcia Freyman</td>
<td>February 8 - March 14, 1 - 3 p.m.</td>
<td>Lexington Theological Seminary (5th Floor)</td>
<td>This course will focus on a discussion of the role of the artist as creator as well as the role of the viewer in looking at and responding to artworks. Themes and the vocabulary of art will further enhance an understanding of how to begin to appreciate art. Limit 40</td>
<td>$20</td>
</tr>
<tr>
<td>Foods Around the World: An Inside Scoop on Some of the Most Celebrated Dishes</td>
<td>Chef John Foster</td>
<td>February 4 - March 3 or March 31 - April 28.</td>
<td>Sullivan University</td>
<td>Join Chef John Foster and Sullivan University students for a tasty adventure to selected countries. We will be able to sample common country specific cuisines in a relaxed learning environment. (Course fee includes a $30 food cost fee.) Limit 20</td>
<td>$50</td>
</tr>
<tr>
<td>German and Germany for Dreamers and Travelers</td>
<td>Penny Lamb</td>
<td>March 14 - April 11, 10 - 12 noon</td>
<td>Tates Creek Christian Church (200E)</td>
<td>This is a class for people who love to travel - either with their feet or in their dreams. You probably already know “Gesundheit” and “Auf Wiedersehen”. Besides learning greetings and handy travel phrases, we will also be practical: what are the best ways to get around in Germany? How do you find a place to stay for the night? What is there to eat and drink? We will also map out various themed trips, focusing on medieval villages, castles, cathedrals, wine regions and more. Limit 30</td>
<td>$20</td>
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</tbody>
</table>
### CULTURE (cont.)

**Great Movie Directors from Around the World**

**Course Fee:** $20  
**Instructor:** Richard Freed, **Tuesdays, February 9 - April 5, 1 - 4 p.m., St. Raphael Episcopal Church (Fellowship Hall).** Each week, we will watch a film by a different director followed by a discussion of the issues raised by that film. The tentative list of films to be watched and topics to be discussed include: Sergei Eisenstein (Russia) *Battleship Potemkin* from 1925; Tony Richardson (England) *Loneliness of the Long Distance Runner* from 1962; Satyajit Ray (India) *The Big City* from 1963; Francois Truffaut (France) *Day for Night* from 1973; Neil Jordan (Ireland) *The Crying Game* from 1992; Robert Altman (U.S.) *The Player* from 1992; Krzysztof Kieslowski (Poland) *Red* from 1994; Michael Haneke (Germany) *Code Unknown* from 2000; Pedro Almodovar (Spain) *Volver* from 2006.  **Limit 30**

**Italy's New Realism vs. France's New Wave Films**

**Course Fee:** $20  
**Instructor:** Ken Kurtz, **Tuesdays, February 16 - March 22, 10 - 12:30 p.m., Twin Pines Christian Church.**  
Italy’s New Realism & France’s New Wave were two of the most important developments in world cinema. Italy’s films were a slice of life events; France’s often veered into fantasy, yet each in their own way, changed motion pictures. This course will look at four films from each, explaining why they were so important and how they affected US films.  **Limit 25**

**Mountain Music: The Ballads**

**Course Fee:** $20  
**Instructor:** Jean Arena, **Thursdays, February 11 - April 7 (No Class March 24), 1:30 - 3 p.m., Location TBD.** We will listen to and learn about the many versions of old English, Scottish and Irish ballads brought to the Appalachian Mountains by early immigrants and handed down through the years to their descendants. We will discuss the "song catchers," Francis Child, Cecil Sharpe, Allen Lomax and John Jacob Niles, whose invaluable collections have preserved this wonderful music, as well as singers like Jean Ritchie, Sheila Kay Adams, and others who have recorded many of the ballads, and the "crankie" artists who have discovered a new way of using an ancient art form to visualize the ballad stories. I hope to bring in some guest performers.  **Limit 25**

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### HEALTH & WELLNESS

**OLLI Fitness**

**Course Fee:** $30  
**Instructors:** Josette Garstka & Robin Kelty, **M, W, F, January 27 - May 20 (No Class March 28 - April 1), 11 - 12 noon, Tates Creek Christian Church (Gym). TCCC Risk Release required prior to participation.**  
Aerobics and strength training to improve physical fitness, cardio respiratory endurance, muscle strength/endurance, flexibility, and body composition. Typical class format: warm-up, aerobics, weights, standing cool down, toning and stretching. Emphasis placed on movement for specific purposes with daily choice of demonstrated levels of difficulty. Bring water bottle, weights, yoga mat. Floor exercises can be done in chairs. (Please note: due to events beyond our control, there will be times when OLLI Fitness will cancel. Class announcements will be made and emails sent in advance whenever possible.)  **Limit 125**

**Health Care Questions, Answers and Ethical Challenges**

**Course Fee:** $20  
**Instructor:** Ken Scher, **Wednesdays, February 3 - March 23, 10 - 12 noon, Lexington Theological Seminary.** The following health care topics will be reviewed: privacy and Obamacare; paying for health care; medical research and new technology; end of life, medical futility, withdrawal of health care, assisted suicide; medical education and physician certification; vaccination; organ transplantation; breast cancer; medical error and malpractice; student debt, burnout and work-life balance. Basic information on these topics will be presented, ethical considerations will be outlined and class discussion will be encouraged.  **Limit 40**
### Health & Wellness (cont.)

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Fee</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>&amp; 5, 6, 7, 8 Beginning Line Dance</strong></td>
<td>Shirley Bryan, Central Baptist Church</td>
<td>$20</td>
<td>February 10 - May 18, (Occasional Break)</td>
<td>12:30 - 2:30 p.m.</td>
<td>Let's dance! After learning and reviewing beginner line dance steps and technique we'll challenge our brains and bodies to remember step combinations to a variety of music styles. Dances will cover up to 48 counts. All styles of music and dance will be used. Limit 50</td>
</tr>
<tr>
<td><strong>Line Dancing</strong></td>
<td>Mimi Ilgaz, Legacy All Sports (Upstairs Dance Studio)</td>
<td>$20</td>
<td>February 8 - May 16</td>
<td>9 - 9:50 a.m.</td>
<td>Limit 50</td>
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<td>10 - 10:50 a.m.</td>
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<td>11 - 12 noon</td>
<td>Limit 35</td>
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<tr>
<td><strong>Living in the Moment</strong></td>
<td>Sallie Prewitt, Unitarian Universalist Church (Fellowship Hall)</td>
<td>$20</td>
<td>March 15 – May 3, 10 - 12 noon</td>
<td>10:30 - 12 noon</td>
<td>As we age many of us lose the ability to focus on the present moment due to dwelling on the past or worrying about the future. Mindfulness enables us to be fully aware in our lives and in the present moment. When we are mindful, we are open to new possibilities as they unfold without clinging to old habits and ideas or rejecting new ones. In this course, we will learn and practice a variety of methods that encourage us to be in the moment. These include mindful breathing, the body scan, mindful awareness of everyday activities and mindful meditation. Limit 20 CLOSED</td>
</tr>
<tr>
<td><strong>Qigong - Integrating Movement, Posture, Breathing and Awareness</strong></td>
<td>William Wojasinski, St. Raphael Episcopal Church (Fellowship Hall Downstairs)</td>
<td>$20</td>
<td>February 9 - March 8</td>
<td>10:30 - 12 noon</td>
<td>Qigong is a powerful and enjoyable way to enhance health, vitality, awareness, and athletic performance. Qigong practice leads to better health and vitality and a tranquil state of mind. This course introduces students to the fundamental principles and practice of Qigong, including relaxed and mindful movement, proper structural alignment, proper breathing and focused awareness. Students will develop an understanding of Qigong's evidence-based, health-oriented techniques and how the practice of Qigong's time-honored skills offers a means to support creative, healthy, and active lifestyles now and in the years to come. This course will present a foundational set of Qigong exercises from the Eight Pieces of Brocade, Taiji Qigong and Silk Reeling Qigong systems. Limit 30</td>
</tr>
<tr>
<td><strong>Taoist Tai Chi</strong></td>
<td>Tony Stallins, Temple Adath Israel</td>
<td>$20</td>
<td>February 9 - March 8</td>
<td>3:30 - 5 p.m.</td>
<td>In this short introductory class, we will begin learning the first of the 108 moves of the Taoist Tai Chi set. These movements can reduce stress and bring a wide range of health benefits to the muscular, skeletal and circulatory systems. Following this introductory course, there are additional courses offered in Lexington to continue learning. No experience with Tai Chi is required. Participants should wear loose, comfortable clothing and shoes. For more information about this style of Tai Chi, visit <a href="http://www.taoist.org/">http://www.taoist.org/</a> Limit 30</td>
</tr>
<tr>
<td><strong>Hatha Yoga Practice</strong></td>
<td>Sheril Drummond, Crestwood Christian Church (Gym)</td>
<td>$20</td>
<td>March 24 - May 26 (no class May 17)</td>
<td>11:15 - 12:15 p.m.</td>
<td>Group practice for yoga stretching and positions to improve energy level, physical strength, flexibility, balance, self-esteem, and endurance. The first couple of sessions each semester are review. Beginning students should familiarize themselves with yoga positions prior to the start of class. Please bring a yoga mat, yoga block and strap, and a blanket or pillow. Wear comfortable clothes. Limit 95</td>
</tr>
</tbody>
</table>
## History & Government

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Instructor</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elder Law 101</td>
<td>Dave Emerson</td>
<td>Tuesdays, February 9 - March 8, 1 - 2:30 p.m.</td>
<td>Lexington Theological Seminary (5th Floor)</td>
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<td>$20</td>
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<tr>
<td>Elder Law 101 will examine legal issues affecting our lives as we become “more mature” adults. Topics discussed will include dying intestate or with a will, trusts, disability proceedings, powers of attorney, the probate process, Medicaid planning, and other relevant elder issues. Limit 25 Closed</td>
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<tr>
<td>India and the Raj: The Crown Jewel in the British Empire</td>
<td>Seetha Subramanian &amp; Susan Bottom</td>
<td>Thursdays, March 3 - April 21, 1 - 3 p.m.</td>
<td>Hunter Presbyterian Church (Fellowship Hall)</td>
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<td>$20</td>
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<tr>
<td>The culture and people of India date back thousands of years. However, the modern nation of India is less than a hundred years old. This course will give you a taste of India's rich history. We will explore the fascinating and tangled relationship between India and Britain from the days of conquest to crown jewel of the empire and then to revolution and independence. And along the way, we will meet the people, Indian and British, who created and changed both the empire and India. Limit 30 Closed</td>
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<tr>
<td>Kentucky’s Contributions to American Culture and Character</td>
<td>J. Larry Hood</td>
<td>Tuesdays, March 22 - April 19, 10 - 12 noon</td>
<td>Southern Heights Baptist Church</td>
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<td>$20</td>
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<tr>
<td>This course will follow the state of Kentucky as it moved through five distinctive historical periods, and its people as they confronted the great issues of each era. We will consider how Kentuckians have understood and/or contributed to such things as the meaning of land ownership, the definition of family and work, individual liberty and community parameters, religious doctrine and practice, education, American arts, race relations, and party politics. Limit 50</td>
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<tr>
<td>The People Who Created Our Language: Exploring Our Indo-European Heritage</td>
<td>Penny Lamb</td>
<td>Mondays, March 7 - April 25, 1:30 - 3:30 p.m.</td>
<td>Tates Creek Christian Church (200E)</td>
<td></td>
<td>$20</td>
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<tr>
<td>About 6000 years ago a group of farmers somewhere in western Asia spoke a language we now call Indo-European. Wanderers at heart, small groups began to spread in almost every direction. As they traveled, the words they used changed, dialects formed, and one language became dozens, then hundreds. Today their descendants are all over the globe. About 3 billion people speak languages that evolved from the original mother tongue, including our own English. In this course we will search for their original homeland, learning how they lived and what they believed. We will investigate the various branches of the Indo-European language family and sample several of the daughter languages. We will also explore the processes which give rise to many languages from one. Limit 30 Closed</td>
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<tr>
<td>Plague, Climate Change and Political Conflicts: Europe 1300-1417</td>
<td>E. Randolph Daniel</td>
<td>Thursdays, February 18 - March 24, 10 - 12 noon</td>
<td>Lexington Theological Seminary (5th Floor)</td>
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<td>$20</td>
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<tr>
<td>About 1300 C.E. a mini ice-age began that lasted down into the 19th century. A series of cold, wet summers caused the grain crops to rot in the fields. Major famines broke out. Then the bubonic plague arrived in 1347 coming from the steppes of Asia and spreading rapidly around the Mediterranean and from the port cities of Italy north to England and Scandinavia. Perhaps 40% of the population died. Pope Clement V moved the papal curia to Avignon across the Rhone river from France. This led to the great papal schism [1378-1421]. The Hundred Years War between the English and French kings led to increased patriotism. English lords switched from speaking French to English. Joan of Arc became the symbol of French patriotism. Join us as we revisit this tumultuous time in history. Limit 40</td>
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<tr>
<td>Western Dreams and Ideals Underlying American Civilization</td>
<td>J. Larry Hood</td>
<td>Tuesdays, February 9 - March 8, 10 - 12 noon</td>
<td>Southern Heights Baptist Church</td>
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<td>$20</td>
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<tr>
<td>The course will identify and examine the western political/religious ideals, assertions, and dreams regarding the nature and destiny of mankind that have created and sustained American civilization. The course will consider the meaning and ramifications of America’s understanding of community, the individual’s proper relationship to community, and the purpose and rightful authority of government. Limit 50</td>
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## LANGUAGES

### Spanish - Level 1B

**Instructor:** Richard Dwyer, **Wednesdays, February 10 – April 13, 10 - 11 a.m., Tates Creek Christian Church (Fellowship Hall).** Spanish 1B is a continuation of Spanish 1A that was offered in the Fall. We will learn Spanish using handouts that will be emailed each week and will practice with a Spanish speaking assistant from Mexico. During this semester, the focus will be on vocabulary building, basic sentence construction, and learning to use the present tense verb forms. We will read *Las aventuras de Isabela.* Limit 45

### Spanish - Level 2B

**Instructor:** Richard Dwyer, **Wednesdays, February 10 – April 13, 11:15 - 12:15 p.m., Tates Creek Christian Church (Fellowship Hall).** Spanish 2B is a continuation of Spanish 2A that was offered in the Fall. It is designed for those who have had some Spanish in the past. We will continue learning Spanish with handouts and also have conversational practice with a Spanish speaking assistant from Mexico. In this semester, we will finish the book *Pobre Ana.* The focus in the class will be learning the usage of past tense verbs, developing conversational skills, and reading short paragraphs. Limit 40

### Spanish - Level 3B

**Instructor:** Richard Dwyer, **Wednesdays, February 10 – April 13, 12:30 - 1:30 p.m., Tates Creek Christian Church (Fellowship Hall).** Spanish 3B is a continuation of Spanish 3A that was offered in the Fall. We will be using handouts and will have conversational practice with our Spanish speaking assistant from Mexico. We will complete the book *Donde esta Eduardo?* The grammatical focus will be on the move complicated past tense verbs. At the same time, we will be learning more idioms. Limit 40

### Spanish - Level 4B Intermediate

**Instructor:** Richard Dwyer, **Wednesdays, February 10 – April 13, 1:45 - 2:45 p.m., Tates Creek Christian Church (Fellowship Hall).** Spanish 4B is a continuation of Spanish 4A that was offered in the Fall. This intermediate level class will be taught in both English and Spanish. You will have an opportunity to converse with Nahum Aguilar, our assistant from Mexico. In addition to continued study of grammar that will focus on more complex verb conjugations, we will spend time in each class conversing only in Spanish. We will continue reading *Los ojos de Carmen.* Also, we will read selections from *Don Quixote* by Miguel de Cervantes and newspaper articles from various Spanish publications. Limit 40

## LITERATURE & WRITING

### Making Fun of Poetry

**Instructor:** Brigit Truex, **Mondays, March 7 - May 9, 1 - 2:30 p.m., South Elkhorn Christian Church.** This class is not your Mother’s poetry, probably not even your own from high school days. Instead, it is an informal introduction to the broadly-defined genre of poetry. We will explore various forms, play with prompts when the “muse” is avoiding your eye, and generally overcome any lingering doubts you had about creativity meaning hard work. Bring your paper and pens and be ready to share. All levels of interest and experience welcome! Limit 20

## PERFORMING ARTS

### OLLI Chorus

**Artistic Director:** John Stegner, **Wednesdays, January 27 - April 20, 1 - 3 p.m., Twin Pines Christian Church (Sanctuary).** The Chorus is designed to provide an opportunity for growth and development in quality choral music. A multitude of genres and musical styles, while dealing with proper vocal and choral techniques, will be emphasized in the preparation and rehearsal of the music. OLLI singers will be encouraged to sing with a sense of blend and balance, striving for a professional choral sound. Join the Chorus this Spring for an enjoyable, yet challenging, experience. **OLLI and the Arts Concert: Saturday, April 23.** Limit 125
### Performing Arts (cont.)

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Instructor/Location</th>
<th>Course Fee</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mountain Dulcimer - Moving Beyond Beginner</td>
<td>Jane Williams, Morning Pointe East</td>
<td>$20</td>
<td>Students should have some experience with tuning, reading tab and playing tunes on their dulcimers. The goal is for students to advance in their ability to learn tunes on their own or with area groups and play with good technique. We will also work on writing simple tab for dulcimer including what works and sometimes what doesn’t! Limit 25</td>
</tr>
<tr>
<td>Beginner Uke Level 2: Theme with a Concept on a Combo</td>
<td>Patti Ballenger, Morning Pointe</td>
<td>$20</td>
<td>Prerequisite: Uke Level 1 is required and/or ability to transition chords (i.e., C, C7, Am, F, G, G7, D, D7 and A) from memory. Limit 20 CLOSED</td>
</tr>
<tr>
<td>Beginner Uke Level 3: Rock that Uke!</td>
<td>Patti Ballenger, Morning Pointe</td>
<td>$20</td>
<td>All accomplished while reading tablatures. Prerequisite: Uke Level 1 is required; Uke Level 2 is recommended. Limit 20</td>
</tr>
<tr>
<td>Imaginative Watercolor</td>
<td>Pat Lawrence, Crestwood Christian</td>
<td>$20</td>
<td>Tickle your brain! Use the side that creates and dips in your subconscious. We will cover basic watercolor to advanced, crooked lines to surprising drawing skills. Dabs of paint to “Wow, I did that?” Our theme will loosely visit our childhood, things we remember fondly, and ways to express them. Have you always wanted to paint, but were afraid you didn't have talent? You do, we all do, just come and tap into it. Limit 20 CLOSED</td>
</tr>
</tbody>
</table>

### Science and Environment

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Instructor/Location</th>
<th>Course Fee</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gardening for the Living Landscape</td>
<td>Katrina Kelly, Lexington Theological Seminary</td>
<td>$20</td>
<td>Participants will learn about a variety of garden related topics. Learn basic and proper gardening techniques and how to create a living landscape in your yard that will attract butterflies, birds, and pollinators. Other topics include rain gardens, edible gardens, the difference between a native and invasive plant, and learn how to be an informed consumer at garden centers. Limit 45</td>
</tr>
<tr>
<td>Natural History and Conservation Planning in the Central Bluegrass Region</td>
<td>Julian Campbell, Hunter Presbyterian Church</td>
<td>$20</td>
<td>This course will cover the geology, landscape, habitat, and species guilds of the Central Bluegrass Region. Students will be introduced to local efforts in conservation, restoration and community-based planning. Additional topics include: topography, native vegetation, ecological gradients, Bluegrass Woodlands much browsed before settlement and now invaded by aliens, taxonomic diversity, human history and potential future balance of man and nature. Limit 30</td>
</tr>
</tbody>
</table>

### Visual Arts

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Instructor/Location</th>
<th>Course Fee</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Imaginative Watercolor</td>
<td>Pat Lawrence, Crestwood Christian</td>
<td>$20</td>
<td>Tickle your brain! Use the side that creates and dips in your subconscious. We will cover basic watercolor to advanced, crooked lines to surprising drawing skills. Dabs of paint to “Wow, I did that?” Our theme will loosely visit our childhood, things we remember fondly, and ways to express them. Have you always wanted to paint, but were afraid you didn't have talent? You do, we all do, just come and tap into it. Limit 20 CLOSED</td>
</tr>
</tbody>
</table>

**Please limit registration to only one visual arts class until January 21 Thank you!**

**Students provide own supplies. Supply lists available online or by calling the OLLI Office.**
**VISUAL ARTS (cont.)**

* Please limit registration to only one visual arts class until January 21. Thank you!

**Students provide own supplies. Supply lists available online or by calling the OLLI Office.**

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Fee</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intermediate Oil Painting</td>
<td>Joe Schum</td>
<td>$20</td>
<td>February 17 - April 27</td>
<td>10 - 12 noon</td>
<td>Gethsemane Lutheran Church</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(No Class March 23)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Introduction to Oil Painting</td>
<td>Joe Schum</td>
<td>$20</td>
<td>February 17 - April 27</td>
<td>1 - 3 p.m.</td>
<td>Gethsemane Lutheran Church</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(No class March 23)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Studio Art with Cindy</td>
<td>Cindy Flora</td>
<td>$20</td>
<td>February 11 - March 10</td>
<td>10 - 2 p.m.</td>
<td>Gethsemane Lutheran Church</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>or April 7 - May 5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intermediate Watercolor</td>
<td>Bernice Wood</td>
<td>$20</td>
<td>February 11 - April 14</td>
<td>10 - 12 noon</td>
<td>Crestwood Christian Church</td>
</tr>
<tr>
<td>Glazing and Control Techniques</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watercolor for Beginning Artists</td>
<td>Bernice Wood</td>
<td>$20</td>
<td>February 11 - April 14</td>
<td>1 - 3 p.m.</td>
<td>Crestwood Christian Church</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Art of Artists</td>
<td>Pat Lawrence</td>
<td>$20</td>
<td>February 19 - April 8</td>
<td>1 - 3 p.m.</td>
<td>Crestwood Christian Church</td>
</tr>
</tbody>
</table>

*Please limit registration to only one visual arts class until January 21. Thank you!*

**Students provide own supplies. Supply lists available online or by calling the OLLI Office.**
### SIGS - SHARED INTEREST GROUPS

**NO COURSE FEES**

<table>
<thead>
<tr>
<th><strong>Family Tree Maker Users Group</strong></th>
<th>Facilitators: Jackie Van Willigen &amp; Susan Abbott-Jamieson, first meeting is Thursday, January 28, 1 - 3 p.m., Lexington Public Library - Central Branch Downtown (Room C)</th>
<th>Genealogy is easier when you can ask others questions. Our group meets with our laptops and our own family trees to discuss findings and problems. During our meetings, we work, talk, and occasionally attend classes taught by others and visit other libraries to learn new approaches. This SIG is ongoing throughout the year. <strong>Limit 25</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The International Mystery &amp; Intrigue Book/Movie Club</strong></td>
<td>Facilitator: Ed Reeves, SIG meets monthly on the 3rd Wednesday of each month, beginning February 17, 3 – 4:30 p.m., Lexington Public Library - Tates Creek Branch. This SIG is for anyone who enjoys reading and discussing mystery and intrigue novels that are set in different countries and time periods. The first four novels that we will read are: <em>The Janissary Tree</em> (Turkey, 1836) by Jason Goodwin, <em>The Murder of Roger Ackroyd</em> (England, 1925) by Agatha Christie, <em>In the Woods</em> (Ireland, contemporary) by Tana French, and <em>Bangkok Tattoo</em> (Thailand, contemporary) by John Burdett. Those participants who continue in the Book Club through the summer months will have the opportunity to choose additional novels by vote. <strong>Limit 15 CLOSED</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Lifelong Philosophy</strong></td>
<td>Facilitator: Jim Carigan, SIG will meet on a bi-weekly basis, first meeting will be Friday, January 29 from 9:30 - 12 noon, Lexington Public Library - Central Branch Downtown. We will explore a multitude of topics throughout the Spring. Members will be involved in the content and design of each meeting. Leadership will rotate on special topics, discussions based on a group common experience such as a movie, a book, a television episode/series, or specific historical events and characters. Meeting dates will be determined on January 29th. <strong>Limit 25</strong></td>
<td></td>
</tr>
<tr>
<td><strong>SIG for Women</strong></td>
<td>Facilitator: Sheril Drummond, SIG meets every 3rd Wednesday of the month starting February 17 from 1:30 to 3:30 p.m., Crestwood Christian Church. This group meets monthly to offer opportunities to share experiences, explore new interests, and get to know other OLLI members in an informal and fun atmosphere. Topics will be determined by SIG members at the first meeting. <strong>Limit 25</strong></td>
<td></td>
</tr>
</tbody>
</table>

### COMMUNITY ENGAGEMENT

The OLLI at UK is excited to announce a new partnership with **The United Way of the Bluegrass**. The United Way is offering a wide variety of volunteer opportunities and resources for OLLI Scholars. Opportunities include working with public schools, filling weekend lunch backpacks, assisting with reading activities and after school programs, the Back on Track program, environmental activities, academic teams & competitions, libraries, art programs, and much more. There are frequent opportunities as well for those who can only commit to one day at a time. The United Way will have a booth at the OLLI Open House on January 21st. Ready to get started? You don’t have to wait, there are opportunities available now! Contact Rolanda Woolfork at 859-977-7385, Rolanda.Woolfork@uwbg.org. The United Way, working to help 10,000 more Bluegrass Families become self-sufficient by 2020. [www.uwbg.org](http://www.uwbg.org)

* UK Wellness Opportunities listed on page 15

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**THANK YOU** to all the OLLI at UK Volunteers, Instructors, Advisory Board & Committee Members, Facilitators, Class Assistants & Community Representatives!

Thank you for sharing your time, efforts, commitment and love of learning!

With your continuous dedication, the OLLI at UK has grown in so many directions.

We can’t wait to see what you will come up with next!
**REGISTRATION INFORMATION**

**DIRECTIONS TO REGISTER ONLINE:**
1. **Registration opens** on Wednesday, Dec. 16, 2015 in two phases, beginning at 10 a.m. and 1 p.m.
2. **Visit** www.uky.edu/OLLI for the Online Registration Step-by-Step Guide.
3. After reading instructions, **click** on the link to the online registration site: http://uky.augusoft.net
4. **Read** through FAQs for important information.
   **Note:** Online registrants will be able to view and print their confirmation information immediately after registering. Receipts and confirmation letters will automatically be emailed.

**DIRECTIONS TO REGISTER BY MAIL:**
1. **Write in each individual course** you are requesting on the Registration Form, page 13. Please print clearly.
2. **Enter each fee individually,** note that they are not all the same.
3. **Annual Membership fee is included on the form** - Annual membership is $25. This fee covers your membership through the Summer 2016 semester.
4. **Semester Risk Release** (RR), page 14. **All members** must complete and sign the OLLI Risk Release every semester prior to participation. It is located on the back of the registration form.
5. **Photo Release Form,** page 14, if you have not already signed, please consider this now. You only sign this release one time. All selections will be made with a careful and thoughtful eye.
6. **Payment** - Make checks to “OLLI at UK” for the total amount due.
7. **Mail right away.** Courses fill quickly! Be sure to include our **9 digit zip code** for faster receipt 40506-0442.
8. **Registrations are sorted** by postmark prior to processing daily.
9. **Request to register does not guarantee enrollment.**
10. **Membership and registration fees paid in full** will be processed immediately in order of receipt.
    - If payments do not match registrations, paperwork will be returned promptly to allow for quick adjustments and resubmission. Space cannot be held.
    - Please double check amounts. We really don’t want to send any registrations back!
11. **Confirmation** packets & OLLI Member Key Tags will be mailed. Lanyards and nametag holders will be available at Open House and in class. Check the bottom of the confirmation statement for important information. If you do not receive your packet promptly, please contact the OLLI Office.
12. **Please note:** If you have an **“out of town hold”** on your mail delivery, the Post Office will not deliver the catalog and will automatically return it to the OLLI.

**IMPORTANT INFORMATION YOU NEED TO KNOW!**
- Membership in the OLLI at UK is contingent upon following the policies and procedures of the OLLI at UK and our Host Locations. See OLLI at UK Member Handbook for details: [www.uky.edu/OLLI](http://www.uky.edu/OLLI)
- Please be advised that courses have limited space and will fill quickly!
- Instructors are not able to override OLLI registration policies and procedures.
- In order to allow as many people as possible the opportunity to register for our Visual Art classes, we ask that OLLI Scholars limit their registration to one class until January 21

**REFUND POLICY:** Refunds will be given only if courses are already filled or OLLI at UK cancels the course. Wait lists are kept for each course. If you are on the wait list and do not get into your requested course, we will refund your course fee once we determine no spaces will become available, or upon request. If your class is full, you may request another class. Refunds of course fees are not available for students who have enrolled, but were unable to attend. **Membership fees are non-refundable.**

**INCREMMENT WEATHER POLICY:** see page 2.
**STEP 1: Member Contact Info (please print)**

Name_________________________________ Email_________________________________ Birth date__________

Address_________________________________ City________________ Zip+4 ____________ Phone________________

Emergency contact_____________________________ Relationship________________ Phone________________

**Volunteer Opportunities:** Would you like to serve as a volunteer for OLLI at UK? There are lots of ways to get involved! Please mark your preferences below and our Volunteer Chair will be in touch.

- ___ Committee
- ___ Short Term
- ___ As Needed
- ___ Specific Event
- ___ Long Term

**STEP 2: All Members - Complete the Risk Release on the back of this form.**

**STEP 3: Fill in the course request form below.**

<table>
<thead>
<tr>
<th>Title of Course(s)</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Be sure to specify exact course requesting.</td>
<td></td>
</tr>
<tr>
<td>I am already a 2015 - 2016 Member</td>
<td></td>
</tr>
<tr>
<td>I want to become a 2015 - 2016 Member</td>
<td>$25.00</td>
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<td>$</td>
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</tr>
<tr>
<td>$</td>
<td></td>
</tr>
<tr>
<td>TOTAL</td>
<td>$</td>
</tr>
<tr>
<td>I would like to offer the following donation to support OLLI at UK</td>
<td></td>
</tr>
<tr>
<td>A letter of receipt will be mailed.</td>
<td>$</td>
</tr>
<tr>
<td>TOTAL AMOUNT ENCLOSED</td>
<td>$</td>
</tr>
</tbody>
</table>

**STEP 4:** Please make your check payable to **OLLI at UK** & mail with completed form to:
OLLI at UK, UK Ligon House, 658 S. Limestone, Lexington, KY 40506-0442

For internal use only: Date recv’d __________ Fee paid $_________ Check #_________ Cash $_________
G/C#_________ Photo Consent Rec’d____ Risk Release Rec’d____ A/L____ Trans#_________ Date______
PRIOR TO PARTICIPATION in the OLLI at UK Spring 2016 Courses, Programs, Shared Interest Groups, Field/Day Trips, Travel, Events, Volunteer and Community Engagement Activities, UK Lancaster Aquatic Center Swim and UK Johnson Recreation Center, All OLLI at UK Members and Guests are required to complete and sign the risk release form below.

PHYSICIAN APPROVAL
I hereby understand that I am advised to consult my physician and obtain his/her approval before beginning OLLI at UK Courses, Programs, Shared Interest Groups, Field/Day Trips, Travel, Events, Volunteer & Community Engagement Activities, UK Lancaster Aquatic Center Swim and UK Johnson Recreation Center during the Spring 2016 OLLI semester. I have no known physical contraindications that would restrict me from participating in these activities.

ASSUMPTION OF RISK AND GENERAL WAIVER OF ALL CLAIMS
I am aware of the hazards inherent in my involvement in the variety of OLLI at UK Courses, Programs, Shared Interest Groups, Field/Day Trips, Travel, Events, Volunteer and Community Engagement Activities, UK Lancaster Aquatic Center Swim and UK Johnson Recreation Center, and the need for me to ensure my health status and ability to participate in the variety of opportunities made available to OLLI at UK Members and Guests. I am responsible for my own health and I assume all responsibility for avoiding any activity that I and/or my physician do not feel comfortable I can or should perform. In consideration of the opportunity to participate in the OLLI at UK, I, for myself, my heirs, successors or assigns, hereby assume any and all risks and hazards attendant to my involvement in OLLI at UK and waive any claim that I might have. In further consideration of being afforded the opportunity to participate in the OLLI at UK, I, for myself, my heirs, successors or assigns, hereby release and hold harmless the University of Kentucky, its Board of Trustees, agents, servants, and employees, expressly including but not limited to instructors, assistants, facilitators, students and volunteers, from any and all claims, demands, causes of action or damages which may accrue on account of bodily or personal injury, property damage, or death arising from the aforesaid activities.

Print name, sign, and date:
Name (printed) ________________________________ Date _____________________
Signature of OLLI member ________________________________ Date _____________________

OLLI at UK Photo Release Form (One Time Signature)
We like to use photos of actual OLLI members to present & promote our program. Please review and complete, or change, the info. below, making any specifications and preferences clear. All selections will be made with a careful and thoughtful eye. If you have any questions, please call the OLLI Office at (859) 257-2656.

Authorization of Use

___ General Use
X__ Specific Project: Osher Lifelong Learning Institute (OLLI) at UK

I, (print full name) ________________________________ (*) hereby grant permission to the University of Kentucky and its affiliates and subsidiaries, including but not limited to the UK Alumni Association, UK Athletics Association and UK Research Foundation, to interview, photograph and/or videotape me and/or to supervise any others who may do the interview, photography and/or videotaping and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities for the following without compensation:

___X__ University Educational Publications/ Videos
___X__ University Electronics Publishing (e.g. World Wide Web)
___X__ University Promotion/Advertising
___X__ Local/regional/national news media (w/permission of the University of Kentucky)

Signature: ________________________________ Date: _____________________
UK WELLNESS OPPORTUNITIES
* DATES OF AVAILABILITY FOLLOW OLLI SEMESTER SCHEDULES

OLLI Members are welcome to take advantage of the wellness opportunities at the following recreational facilities on the UK campus. OLLI Members are subject to all facility rules & regulations. How it works:

1. **Register** by listing as a course on your Registration Form. A list of OLLI Members registering for the following will be sent to the facilities below.
   **Notes:** You must be on this list and bring your 2015-2016 OLLI Key Tag to gain admittance. There is a fee to use the JRC, paid directly to JRC.

2. **Spring 2016 Risk Release:** The Risk Release on the back of the Registration Form must be completed and returned to the OLLI Office prior to participation.

3. **Parking:** Contact UK parking at 257-5757 for information on parking locations & fees.

<table>
<thead>
<tr>
<th>Johnson Recreational Center (JRC) - Begins Feb. 8</th>
<th>Fee Payable to JRC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typical hours (watch for variations): M - F 6 a.m. - midnight, Saturday 9 a.m. - 9 p.m. Sunday 11 a.m. - midnight.</td>
<td></td>
</tr>
<tr>
<td>OLLI Scholars may join for the UK student fee payable to JRC. JRC is located on Complex Drive.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.uky.edu/studentaffairs/campusrec/facilities/JohnsonCenter">http://www.uky.edu/studentaffairs/campusrec/facilities/JohnsonCenter</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lancaster Aquatic Center (LAC) - Begins Feb. 8</th>
<th>No Additional Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Swim is typically available M - Th. 11 a.m. - 5 p.m. &amp; 8 p.m. - 10 p.m., Fri. 11 a.m. - 9 p.m., Sat. 11:30 a.m. - 9 p.m. &amp; Sun. 11 a.m. - 10 p.m. Upon confirmation of registration by OLLI Office, you will request a swipe card in the pool lobby by showing your OLLI Member Key Tag. LAC is located on the corner of University &amp; Complex Drives.</td>
<td></td>
</tr>
<tr>
<td>Note: Watch the event schedule, times vary due to UK events.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.uky.edu/StudentAffairs/CampusRec/aquatics/index.html">www.uky.edu/StudentAffairs/CampusRec/aquatics/index.html</a></td>
<td></td>
</tr>
</tbody>
</table>

### OLLI at UK, Lexington Advisory Board 2015-2016

**Ed Reeves,** Chair  
**Tom Miller,** Vice-Chair  
**Lee Edgerton,** Immediate Past Chair  

**At-Large Board Members:**

| Phil Maxson | Tom Stanwix-Hay | Donna Blue |
| Sheri Seckman | Diana Rast | Jane Friedman |
| Ken Scher | Toni King | Seetha Subramanian |

**Committee Chair Persons:**

<table>
<thead>
<tr>
<th>Celebration &amp; Sympathy</th>
<th>Curriculum</th>
<th>Day Trip Chair</th>
<th>Donovan Forum</th>
<th>Promotion &amp; Membership</th>
<th>Social</th>
<th>Volunteer</th>
<th>Sonny Wray</th>
<th>Sue Mize</th>
<th>Linda Ransdell</th>
</tr>
</thead>
<tbody>
<tr>
<td>Terry Holmes</td>
<td>Sandy Emerson</td>
<td>Donna Gann</td>
<td>Barb Welsch</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Osher Lifelong Learning Institute (OLLI) at UK

OLLI at UK offers educational and enrichment courses, programs and events created for dynamic lifelong learners aged 50+ who are continually searching for exciting topics and exploring new opportunities in learning!

For more information, contact the OLLI Office:
(859) 257-2656 or Toll Free (866) 602-5862
or visit www.uky.edu/OLLI

OLLI at UK...Where Curiosity Never Retires!