

HEROES WORK HERE

APPLIED NUTRITION & CULINARY MEDICINE

Earn 14 Continuing Education Credit Hours

100% Online. Learn From Anywhere.

Expand Your Health Education
with Nutrition & Culinary Tactics

Physicians, Physician Assistants, Pharmacists and Public Health Professionals can earn 14 continuing education credit hours by completing courses from UK's online Applied Nutrition & Culinary Medicine Certificate.

Introduction to Culinary Medicine (DHN 599), 14 hours
Gain evidence-based nutrition and medicine knowledge. Develop culinary skills to modify recipes for individuals with chronic health conditions, such as cancer, Celiac disease, diabetes, food allergies, gastrointestinal disorders, heart disease, hypertension and obesity.

Nutrition and Chronic Disease (NS 689), 14 hours
Explore how nutrients work to benefit health and prevent disease. Learn about the impact specific nutrients have on chronic diseases.

For more information about the Applied Nutrition & Culinary Medicine certificate, visit uky.edu/ukonline.

100% ONLINE | 14 CONTINUING EDUCATION CREDIT HOURS PER COURSE



For additional information contact:

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College of Agriculture, Food and Environment
College of Health Sciences
College of Medicine

An Equal Opportunity University

LEARNING OBJECTIVES

DHN 599, offered fall and spring semesters

- Describe key principles of food preparation, food safety and budgeting
- Use those principles to plan and prepare well-balanced and healthy snacks and meals for diverse populations.
- Use dietary analysis software to evaluate recipes and meals
- Develop meal plans that meet specific dietary guidelines.
- Use evidence-based dietary recommendations to prepare recipes that are appropriate for individuals following specialized diets.
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- Describe mindful eating for meal preparation and dietary recommendations.
- Apply key principles of mindful eating to meal preparation and dietary recommendations.
- Explain how food choices can be impacted by culture, ethnicity, religion, family, and other factors
- Apply that knowledge in providing dietary recommendations.

View the course schedules at uky.edu/ukonline.

NS 689, offered spring semesters

- Describe pathophysiology of selected chronic diseases influenced by nutrition.
- Discuss the impact of nutritional status for each chronic disease.
- Explain the rationale for nutritional requirements and approaches for intervention.

DEADLINES & ADDITIONAL INFORMATION

Spring 2021 Key Dates:

Deadline to Apply - November 30, 2020

Course Schedule - January 13, 2021 - May 7, 2021

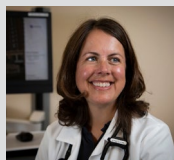
Fees: Cost per UK course credit hour: \$751

Technology Requirements: Minimum technical requirements for UK courses and suggested hardware, software, and internet connections are available at uky.edu/its.

Special Needs Statement: If you require special assistance to attend this event, please call Sara Police at (859) 218-1741.

Disclosure Statement: All planners, speakers, authors, and reviewers involved with content development for continuing education activities provided by the University of Kentucky are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures will be included in participant materials or given prior to the start of the activity.

MEET OUR TEACHING FACULTY



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ACCREDITATION STATEMENT(S)

DHN 599 & NS 689

CME: The University of Kentucky College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Kentucky College of Medicine designates this live activity for a maximum of 14.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Kentucky College of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

ACGME Competencies

- Medical knowledge

CPHCE: University of Kentucky College of Public Health certifies that this educational activity was designated for 14.00 hours of Public Health Continuing Education (CPHCE) credit. This course is approved for continuing education by the University of Kentucky College of Public Health.



CPE: The University of Kentucky College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

- **CPE For 599:** This application-based activity has been assigned UAN 0022-0000-20-189-L04-P and will award 14.00 contact hours (1.400 CEUs) of continuing pharmacy education credit in states that recognize ACPE providers.
- **CPE For 689:** This application-based activity has been assigned UAN 0022-0000-21-001-L01-P and will award 14.00 contact hours (1.400 CEUs) of continuing pharmacy education credit in states that recognize ACPE providers.

Statements of participation will indicate hours and CEUs based on participation and will be issued online at the conclusion of the activity. Successful completion includes signing in at registration, attending the entire session for which credit is claimed, completing the activity evaluation and requesting credit online at conclusion of the activity. Credit will be uploaded to CPE Monitor, and participants may print a statement of credit or transcript from their NABP e-profile. The College complies with the Accreditation Standards for Continuing Pharmacy Education.



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