Collaboration Among Colleges. Diverse Expertise. Inspiring Student Success.

APPLIED NUTRITION & CULINARY MEDICINE

At the University of Kentucky, we ignite the passion within you and inspire your path forward to success. You’ll find a community that supports you as you challenge yourself to bigger possibilities.

Through collaboration among College of Agriculture, Food and Environment, College of Health Sciences and College of Medicine our faculty bring a wide-array of expertise to this 100 percent online program.

Meet Courtney Luecking, Assistant Professor and Extension Specialist for Nutrition and Health in the Department of Dietetics and Human Nutrition.

Professor Luecking’s Course

Obesity and Food Insecurity Paradigm: From Cell to Society DHN 597

“This course will challenge previously held notions about contributors to obesity and the interventions that aim to prevent and treat obesity.”
~ Dr. Courtney Luecking

Explore the pathophysiology of obesity, including genetic determinants, prenatal and early life influences, and epigenetics. Examine the influence of environmental, socio-economic, public policy, dietary, and physical activity factors as they relate to overweight and obesity in the United States.

“I invite you to think comprehensively about what we know about obesity, what story the emerging evidence tells, and what this means for the people we work with and serve. I then challenge you to find where you or your team can make a difference.”
~ Dr. Courtney Luecking

Faculty spotlight

Courtney Luecking, PhD, MPH, RDN
Assistant Professor
Extension Specialist for Nutrition and Health
Department of Dietetics and Human Nutrition

Background

BS in Human Environmental Sciences, Coordinated Program in Dietetics
MPH, MS in Public Health, Nutrition & Dietetics
PhD in Nutrition

Research Focus
• Metabolic consequences of weight change and the safety and efficacy of obesity treatments
• Development and evaluation of public health obesity prevention efforts for young children

For additional information contact:
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