

# Collaboration Among Colleges. Diverse Expertise. Inspiring Student Success.

## APPLIED NUTRITION & CULINARY MEDICINE

At the University of Kentucky, we ignite the passion within you and inspire your path forward to success. You'll find a community that supports you as you challenge yourself to bigger possibilities.

Through collaboration among **College of Agriculture, Food and Environment, College of Health Sciences and College of Medicine** our faculty bring a wide-array of expertise to this 100 percent online program.

Meet Janet Tietyen Mullins, Professor and Department Chair in the Department of Dietetics and Human Nutrition.

Professor Mullin's

## Course

### Advanced Community Program Development DHN 603

*"This course will highlight what we currently know about how to translate research findings into programs that help communities improve access to healthy foods. We'll use the evidence base to learn how to disseminate, implement, and evaluate community nutrition programs. Some concepts, like logic models and social marketing, may appear to be simple and straightforward, but are actually quite complex."*

~ Dr. Janet Tietyen Mullins

This course focuses on the theory, practice, and evaluation of community nutrition programs to improve quality of life. Key concepts include the socio-ecological model, direct education combined with policy, systems, and environmental approaches, program evaluation, and implementation of evidence-based interventions.

*"Join me to learn how to effectively plan, develop, and evaluate community programs and strategies to promote healthy eating, active living, and a sustainable environment. You will be able to use what you learn in this course to benefit the communities you serve."* ~ Dr. Janet Tietyen Mullins



100% ONLINE | 12 CREDIT HOURS

## Faculty spotlight

### Janet Tietyen Mullins, PhD, RDN

Professor and Department Chair  
Department of Dietetics and Human Nutrition

College of  
*Agriculture,*  
Food & Environment

## Background

**BS in Dietetics** University of Kentucky, Coordinated Program

**MS in Food Science** University of California - Davis

**PhD in Food Science & Nutrition** Kansas State University

### Research Focus

- Development, implementation, and evaluation of nutrition and food system programs in rural communities
- Social marketing approaches to promote food-related behavior changes with a focus on fruit and vegetable consumption

For additional information contact:

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College of Agriculture, Food and Environment  
College of Health Sciences  
College of Medicine

An Equal Opportunity