

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Madison County Health Department Tobacco Cessation Survey, 2004**

|   | <b>Madison</b>                | <b><u>Kentucky (N=56)</u></b>   |        |     |
|---|-------------------------------|---|--------|-----|
| 1. Are you or other health department staff involved in providing tobacco cessation programs?           | Yes                           | 56  | 100.0% | Yes |
| 2. If "Yes," what programs do you provide?  |                               |   |        |     |
| a. Fresh Start (American Cancer Society)  | No                            | 11  | 19.6%  | Yes |
| b. Freedom from Smoking (American Lung Association)   | No                            | 0   | 0.0%   | Yes |
| c. Cooper-Clayton Method to Stop Smoking  | Yes                           | 52  | 92.9%  | Yes |
| d. Make Yours a Fresh Start Family  | Yes                           | 51  | 91.1%  | Yes |
| e. Quit and Win   | No                            | 8   | 14.3%  | Yes |
| f. TEG/TAP  | Yes                           | 38  | 67.9%  | Yes |
| g. N.O.T/N.O.T. ATS (Alternative To Suspension)   | No                            | 3   | 5.4%   | Yes |
| 3. If "Yes," how many tobacco cessation programs were offered within the last year?                     | 10                            | Total Programs = 476<br>Mean = 8.7 (SD = 7.7)                                       |        |     |
| 4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year? | 80                            | Total Clients/Patients = 4377<br>Mean = 79.6 (SD = 110.1)                           |        |     |
| 5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year?       | 55<br>(68.8% Completion Rate) | Total Clients/Patients = 2633<br>Mean = 47.9 (SD = 74.6)<br>(60.2% Completion Rate) |        |     |
| 6. If "Yes," what is the job title of health department staff providing tobacco cessation programs?     |                               |   |        |     |
| a. Health Educator  | Yes                           | 46  | 82.1%  | Yes |
| b. Nurse  | Yes                           | 39  | 69.6%  | Yes |
| c. Social Worker  | No                            | 4   | 7.1%   | Yes |
| d. Physician  | No                            | 1   | 1.8%   | Yes |

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| 7. On average, how many requests for tobacco cessation does your health department receive per month?                                      | 30             | Total Requests = 629<br>Mean = 11.4 ( <u>SD</u> = 15.9)                       |       |     |
| 8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?                       | Yes            | 53  | 94.6% | Yes |
| 9. If "Yes", how many people in your service area are trained to provide Cooper-Clayton programs?  | 8              | Total People = 355<br>Mean = 6.7 ( <u>SD</u> = 9.6)                           |       |     |
| 10. How do you promote the tobacco cessation programs in your area?  |                |   |       |     |
| a. Word of mouth   | Yes            | 53  | 96.4% | Yes |
| b. Flyers/Brochures  | Yes            | 53  | 96.4% | Yes |
| c. Newspapers  | Yes            | 51  | 92.7% | Yes |
| d. Radio   | Yes            | 40  | 72.7% | Yes |
| e. Television  | Yes            | 21  | 38.2% | Yes |
| f. Church or Community bulletins   | Yes            | 33  | 60.0% | Yes |
| g. No promotion  | No             | 1   | 1.8%  | Yes |
| 11. Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television? | \$32,000.00    | Total Amount = \$110,440.00<br>Mean = \$2,045.19<br>( <u>SD</u> = \$6,074.23) |       |     |
| 12. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?           | No             | 17  | 30.4% | Yes |
| 13. If "Yes", about how many programs did you provide?   |                | Total Programs = 34<br>Mean = 2.0 ( <u>SD</u> = 2.2)                          |       |     |
| 14. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?         | Yes            | 53  | 94.6% | Yes |

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| 15. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit?                                     | Yes            | 48 | 90.6%                  | Yes |
| 16. What kinds of educational methods are used for tobacco use cessation in your health department?                                       |                |    |                        |     |
| a. Formal group classes   | Yes            | 43 | 76.8%                  | Yes |
| b. Individual counseling  | Yes            | 52 | 92.9%                  | Yes |
| c. Audio-visual materials   | Yes            | 48 | 85.7%                  | Yes |
| d. Printed materials  | Yes            | 55 | 98.2%                  | Yes |
| e. Posters  | Yes            | 53 | 94.6%                  | Yes |
| 17. Does your clinic have self-help materials for tobacco use cessation available in every exam room?                                     | No             | 29 | 51.8%                  | Yes |
| 18. Are materials on secondhand smoke available in every exam room?   | Yes            | 30 | 53.6%                  | Yes |
| 19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?                                     | Yes            | 50 | 89.3%                  | Yes |
| 20. Do your health care providers routinely advise patients to ban smoking in the home?   | Yes            | 48 | 85.7%                  | Yes |
| 21. Do you health care providers routinely advise patients to ban smoking in their cars?  | Yes            | 38 | 67.9%                  | Yes |
| 22. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)? | Yes            | 36 | 64.3%                  | Yes |

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| 23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? | Yes            | 54                       | 96.4%  | Yes |
| 24. If "Yes", to what program or person do they refer?   |                |                          |  |     |
| a. National Cancer Institute's Cancer Information Service Smoking Cessation Call Center (1-877-44U-QUIT)   | Yes            | 32                       | 57.1%  | Yes |
| b. Cooper Clayton Group Program  | Yes            | 51                       | 91.1%  | Yes |
| c. Cooper Clayton Self-help Program  | Yes            | 29                       | 51.8%  | Yes |
| d. Tobacco Control Coordinator   | Yes            | 48                       | 85.7%  | Yes |
| e. Health Educator   | Yes            | 35                       | 62.5%  | Yes |
| f. Community Health Nurse  | Yes            | 29                       | 51.8%  | Yes |
| g. Nutritionist  | No             | 21                       | 37.5%  | Yes |
| 25. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)  | No             | 15                       | 27.3%  | Yes |
| 26. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?                                     |                |                          |  |     |
| a. Nicotine Gum  | 3              | 16<br>11<br>18<br>6<br>5 | 29.1% 1= Never<br>20.0% 2=<br>32.7% 3=<br>10.9% 4=<br>9.1% 5= Very Often |     |
| b. Nicotine Patch  | 4              | 11<br>3<br>8<br>14<br>20 | 20.0% 1= Never<br>5.5% 2=<br>14.5% 3=<br>25.5% 4=<br>36.4% 5= Very Often |     |

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| c. Nicotine Nasal Spray   | 1              | 42<br>11<br>2<br>1<br>0   | 76.4% 1= Never<br>20.0% 2=<br>3.6% 3=<br>1.8% 4=<br>0.0% 5= Very Often   |
| d. Nicotine Inhaler   | 1              | 39<br>16<br>1<br>0<br>0   | 70.9% 1= Never<br>29.1% 2=<br>1.8% 3=<br>0.0% 4=<br>0.0% 5= Very Often   |
| e. Nicotine Lozenges  | 2              | 26<br>15<br>9<br>3<br>3   | 47.3% 1= Never<br>27.3% 2=<br>16.4% 3=<br>5.5% 4=<br>5.5% 5= Very Often  |
| f. Bupropion (Wellbutrin, Zyban)  | 2              | 18<br>10<br>14<br>10<br>4 | 32.7% 1= Never<br>18.2% 2=<br>25.5% 3=<br>18.2% 4=<br>7.3% 5= Very Often |
| g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) | 1              | 46<br>7<br>2<br>0<br>1    | 83.6% 1= Never<br>12.7% 2=<br>3.6% 3=<br>0.0% 4=<br>1.8% 5= Very Often   |
| h. Nortriptyline (antidepressant)   | 1              | 48<br>4<br>3<br>1<br>0    | 87.3% 1= Never<br>7.3% 2=<br>5.5% 3=<br>1.8% 4=<br>0.0% 5= Very Often    |

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| 27. We have enough staff to provide tobacco cessation programs | 4              | 13<br>8<br>15<br>20 | 23.6% 1= Strongly Disagree<br>14.5% 2= Disagree<br>27.3% 3= Agree<br>36.4% 4= Strongly Agree |
| 28. Our staff are not trained to provide tobacco cessation.    | 3              | 36<br>7<br>9<br>4   | 65.5% 1= Strongly Disagree<br>12.7% 2= Disagree<br>16.4% 3= Agree<br>7.3% 4= Strongly Agree  |
| 29. We are too busy to provide tobacco cessation.              | 1              | 32<br>17<br>4<br>3  | 58.2% 1= Strongly Disagree<br>30.9% 2= Disagree<br>7.3% 3= Agree<br>5.5% 4= Strongly Agree   |
| 30. We have few requests for tobacco cessation programs.       | 1              | 26<br>13<br>14<br>3 | 47.3% 1= Strongly Disagree<br>23.6% 2= Disagree<br>25.5% 3= Agree<br>5.5% 4= Strongly Agree  |
| 31. Tobacco cessation programs are too expensive.              | 1              | 29<br>15<br>8<br>4  | 52.7% 1= Strongly Disagree<br>27.3% 2= Disagree<br>14.5% 3= Agree<br>7.3% 4= Strongly Agree  |
| 32. Tobacco cessation programs are effective.                  | 4              | 1<br>5<br>24<br>26  | 1.8% 1= Strongly Disagree<br>9.1% 2= Disagree<br>43.6% 3= Agree<br>47.3% 4= Strongly Agree   |

*This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing*

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