

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2004

Kentucky (N=56)

1.	Are you or other health department staff involved in providing tobacco cessation programs?	56	100.0%	Yes
2.	If “Yes,” what programs do you provide?			
	a. Fresh Start (American Cancer Society)	11	19.6%	Yes
	b. Freedom from Smoking (American Lung Association)	0	0.0%	Yes
	c. Cooper-Clayton Method to Stop Smoking	52	92.9%	Yes
	d. Make Yours a Fresh Start Family	51	91.1%	Yes
	e. Quit and Win	8	14.3%	Yes
	f. TEG/TAP	38	67.9%	Yes
	g. N.O.T./N.O.T. ATS (Alternative To Suspension)	3	5.4%	Yes
3.	If “Yes,” how many tobacco cessation programs were offered within the last year?			Total Programs = 476 Mean = 8.7 (SD = 7.7)
4.	If “Yes,” how many clients/patients participated in tobacco cessation programs			Total Clients/Patients = 4377 Mean = 79.6 (SD = 110.1)
5.	If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?			Total Clients/Patients = 2633 Mean = 47.9 (<u>SD</u> = 74.6) (60.2% Completion Rate)
6.	If “Yes,” what is the job title of health department staff providing tobacco cessation programs?			
	a. Health Educator	45	80.4%	Yes
	b. Nurse	39	69.6%	Yes
	c. Social Worker	4	7.1%	Yes
	d. Physician	1	1.8%	Yes

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7.	On average, how many requests for tobacco cessation does your health department receive per month?				Total Requests = 629 Mean = 11.4 (<u>SD</u> = 15.9)
8.	Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?	53	94.6%	Yes	
9.	If "Yes", how many people in your service area are trained to provide Cooper-Clayton programs?				Total People = 355 Mean = 6.7 (<u>SD</u> = 9.6)
10.	How do you promote the tobacco cessation programs in your area?				
	a. Word of mouth	53	96.4%	Yes	
	b. Flyers/Brochures	53	96.4%	Yes	
	c. Newspapers	51	92.7%	Yes	
	d. Radio	40	72.7%	Yes	
	e. Television	21	38.2%	Yes	
	f. Church or Community bulletins	33	60.0%	Yes	
	g. No promotion	1	1.8%	Yes	
11.	Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television?				Total Amount = \$110,440.00 Mean = \$2,045.19 (<u>SD</u> = \$6,074.23)
12.	Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	17	30.4%	Yes	
13.	If "Yes", about how many programs did you provide?				Total Programs = 34 Mean = 2.0 (<u>SD</u> = 2.2)
14.	Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?	53	94.6%	Yes	

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15.	If “Yes,” is the tobacco-user identification system used for every patient at every	48	90.6%	Yes
16.	What kinds of educational methods are used for tobacco use cessation in your health department?			
	a. Formal group classes	42	75.0%	Yes
	b. Individual counseling	52	92.9%	Yes
	c. Audio-visual materials	48	85.7%	Yes
	d. Printed materials	55	98.2%	Yes
	e. Posters	53	94.6%	Yes
17.	Does your clinic have self-help materials for tobacco use cessation available in every exam room?	30	53.6%	Yes
18.	Are materials on secondhand smoke available in every exam room?	29	51.8%	Yes
19.	Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	49	87.5%	Yes
20.	Do your health care providers routinely advise patients to ban smoking in the home?	47	83.9%	Yes
21.	Do your health care providers routinely advise patients to ban smoking in their cars?	37	66.1%	Yes
22.	Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?	36	64.3%	Yes

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23.	Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?	54	96.4%	Yes
24.	If "Yes", to what program or person do they refer?			
	a. National Cancer Institute's Cancer Information Service Smoking Cessation Call Center (1-877-44U-QUIT)	32	57.1%	Yes
	b. Cooper Clayton Group Program	51	91.1%	Yes
	c. Cooper Clayton Self-help Program	28	50.0%	Yes
	d. Tobacco Control Coordinator	47	83.9%	Yes
	e. Health Educator	34	60.7%	Yes
	f. Community Health Nurse	29	51.8%	Yes
	g. Nutritionist	21	37.5%	Yes
25.	Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)	15	27.3%	Yes
26.	How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?			
	a. Nicotine Gum	17	30.9% 1= Never	
		11	20.0% 2=	
		17	30.9% 3=	
		6	10.9% 4=	
		5	9.1% 5= Very Often	
	b. Nicotine Patch	11	20.0% 1= Never	
		3	5.5% 2=	
		8	14.5% 3=	
		13	23.6% 4=	
		21	38.2% 5= Very Often	

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c. Nicotine Nasal Spray	42	76.4% 1= Never
	11	20.0% 2=
	2	3.6% 3=
	1	1.8% 4=
	0	0.0% 5= Very Often
d. Nicotine Inhaler	39	70.9% 1= Never
	16	29.1% 2=
	1	1.8% 3=
	0	0.0% 4=
	0	0.0% 5= Very Often
e. Nicotine Lozenges	27	49.1% 1= Never
	14	25.5% 2=
	9	16.4% 3=
	3	5.5% 4=
	3	5.5% 5= Very Often
f. Bupropion (Wellbutrin, Zyban)	18	32.7% 1= Never
	9	16.4% 2=
	14	25.5% 3=
	10	18.2% 4=
	5	9.1% 5= Very Often
g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)	46	83.6% 1= Never
	7	12.7% 2=
	2	3.6% 3=
	0	0.0% 4=
	1	1.8% 5= Very Often
h. Nortriptyline (antidepressant)	48	87.3% 1= Never
	4	7.3% 2=
	3	5.5% 3=
	1	1.8% 4=
	0	0.0% 5= Very Often

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27.	We have enough staff to provide tobacco cessation programs.	13	23.6% 1= Strongly Disagree
		8	14.5% 2= Disagree
		16	29.1% 3= Agree
		19	34.5% 4= Strongly Agree
28.	Our staff are not trained to provide tobacco cessation.	36	65.5% 1= Strongly Disagree
		8	14.5% 2= Disagree
		8	14.5% 3= Agree
		4	7.3% 4= Strongly Agree
29.	We are too busy to provide tobacco cessation.	31	56.4% 1= Strongly Disagree
		17	30.9% 2= Disagree
		5	9.1% 3= Agree
		3	5.5% 4= Strongly Agree
30.	We have few requests for tobacco cessation programs.	25	45.5% 1= Strongly Disagree
		13	23.6% 2= Disagree
		15	27.3% 3= Agree
		3	5.5% 4= Strongly Agree
31.	Tobacco cessation programs are too expensive.	28	50.9% 1= Strongly Disagree
		16	29.1% 2= Disagree
		8	14.5% 3= Agree
		4	7.3% 4= Strongly Agree
32.	Tobacco cessation programs are effective.	1	1.8% 1= Strongly Disagree
		5	9.1% 2= Disagree
		25	45.5% 3= Agree
		25	45.5% 4= Strongly Agree

*This report was prepared through a contract between the Kentucky Cabinet
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