### Three Rivers District Health Department Tobacco Cessation Survey, 2004

**1.** Are you or other health department staff involved in providing tobacco cessation programs?  
   - Yes 56 100.0% Yes

**2.** If “Yes,” what programs do you provide?  
   - **a.** Fresh Start (American Cancer Society)  
     - No 11 19.6% Yes  
   - **b.** Freedom from Smoking (American Lung Association)  
     - No 0 0.0% Yes  
   - **c.** Cooper-Clayton Method to Stop Smoking  
     - Yes 52 92.9% Yes  
   - **d.** Make Yours a Fresh Start Family  
     - Yes 51 91.1% Yes  
   - **e.** Quit and Win  
     - No 8 14.3% Yes  
   - **f.** TEG/TAP  
     - No 37 66.1% Yes  
   - **g.** N.O.T/N.O.T. ATS (Alternative To Suspension)  
     - No 3 5.4% Yes

**3.** If “Yes,” how many tobacco cessation programs were offered within the last year?  
   - 0  

**4.** If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?  
   - 0  

**5.** If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?  
   - 0  
   - (0.0% Completion Rate)

**6.** If “Yes,” what is the job title of health department staff providing tobacco cessation programs?  
   - **a.** Health Educator  
     - Yes 46 82.1% Yes  
   - **b.** Nurse  
     - Yes 39 69.6% Yes  
   - **c.** Social Worker  
     - No 4 7.1% Yes  
   - **d.** Physician  
     - No 1 1.8% Yes

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**Kentucky (N=56)**

**Total Programs = 476**  
Mean = 8.7  (SD = 7.7)

**Total Clients/Patients = 4377**  
Mean = 79.6  (SD = 110.1)

**Total Clients/Patients = 2633**  
Mean = 47.9  (SD = 74.6)  
(60.2% Completion Rate)
The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Three Rivers District Health Department Tobacco Cessation Survey, 2004

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| 7. | On average, how many requests for tobacco cessation does your health department receive per month? | 10 | Total Requests = 629  
Mean = 11.4  (SD = 15.9) |
| 8. | Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? | No | 52 | 92.9%  
Yes |
| 9. | If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs? | 0 | Total People = 355  
Mean = 6.7  (SD = 9.6) |
| 10. | How do you promote the tobacco cessation programs in your area? | | |
|     | a. Word of mouth | No | 53 | 96.4%  
Yes |
|     | b. Flyers/Brochures | No | 53 | 96.4%  
Yes |
|     | c. Newspapers | No | 51 | 92.7%  
Yes |
|     | d. Radio | No | 40 | 72.7%  
Yes |
|     | e. Television | No | 21 | 38.2%  
Yes |
|     | f. Church or Community bulletins | No | 33 | 60.0%  
Yes |
|     | g. No promotion | Yes | 1 | 1.8%  
Yes |
| 11. | Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television? | $0.00 | Total Amount = $110,440.00  
Mean = $2,045.19  
(SD = $6,074.23) |
| 12. | Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | No | 17 | 30.4%  
Yes |
| 13. | If “Yes”, about how many programs did you provide? | | | Total Programs = 34  
Mean = 2.0  (SD = 2.2) |
| 14. | Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | Yes | 53 | 94.6%  
Yes |
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<tbody>
<tr>
<td>15. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?</td>
<td>No</td>
<td>47 88.7% Yes</td>
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<td>16. What kinds of educational methods are used for tobacco use cessation in your health department?</td>
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<tr>
<td>a. Formal group classes</td>
<td>No</td>
<td>42 75.0% Yes</td>
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<tr>
<td>b. Individual counseling</td>
<td>No</td>
<td>52 92.9% Yes</td>
</tr>
<tr>
<td>c. Audio-visual materials</td>
<td>No</td>
<td>48 85.7% Yes</td>
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<td>d. Printed materials</td>
<td>No</td>
<td>55 98.2% Yes</td>
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<td>e. Posters</td>
<td>No</td>
<td>53 94.6% Yes</td>
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<td>17. Does your clinic have self-help materials for tobacco use cessation available in every exam room?</td>
<td>No</td>
<td>29 51.8% Yes</td>
</tr>
<tr>
<td>18. Are materials on secondhand smoke available in every exam room?</td>
<td>No</td>
<td>29 51.8% Yes</td>
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<tr>
<td>19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?</td>
<td>Yes</td>
<td>50 89.3% Yes</td>
</tr>
<tr>
<td>20. Do your health care providers routinely advise patients to ban smoking in the home?</td>
<td>Yes</td>
<td>48 85.7% Yes</td>
</tr>
<tr>
<td>21. Do you health care providers routinely advise patients to ban smoking in their cars?</td>
<td>Yes</td>
<td>38 67.9% Yes</td>
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<tr>
<td>22. Do your health care providers routinely provide brief cessation interventions using the 5 A’s (Ask, Advise, Assess, Assist, Arrange)?</td>
<td>No</td>
<td>35 62.5% Yes</td>
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</table>
23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? 

   Yes 54 96.4% Yes

24. If "Yes", to what program or person do they refer?
   a. National Cancer Institute's Cancer Information Service Smoking Cessation Call Center (1-877-44U-QUIT) No 31 55.4% Yes
   b. Cooper Clayton Group Program Yes 51 91.1% Yes
   c. Cooper Clayton Self-help Program No 28 50.0% Yes
   d. Tobacco Control Coordinator Yes 48 85.7% Yes
   e. Health Educator Yes 35 62.5% Yes
   f. Community Health Nurse Yes 29 51.8% Yes
   g. Nutritionist No 21 37.5% Yes

25. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)
   No 15 27.3% Yes

26. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?
   a. Nicotine Gum 5
      16 29.1% 1= Never
      11 20.0% 2=
      17 30.9% 3=
      6 10.9% 4=
      6 10.9% 5= Very Often
   b. Nicotine Patch 5
      11 20.0% 1= Never
      3 5.5% 2=
      8 14.5% 3=
      13 23.6% 4=
      21 38.2% 5= Very Often
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<td>c.</td>
<td>Nicotine Nasal Spray</td>
<td>42 76.4% 1= Never</td>
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<td>11 20.0% 2=</td>
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<td>2 3.6% 3=</td>
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<td>1 1.8% 4=</td>
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<td>0 0.0% 5= Very Often</td>
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<td>d.</td>
<td>Nicotine Inhaler</td>
<td>39 70.9% 1= Never</td>
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<td>16 29.1% 2=</td>
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<td>0 0.0% 4=</td>
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<td>0 0.0% 5= Very Often</td>
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<td>e.</td>
<td>Nicotine Lozenges</td>
<td>27 49.1% 1= Never</td>
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<td>14 25.5% 2=</td>
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<td>3 5.5% 5= Very Often</td>
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<td>f.</td>
<td>Bupropion (Wellbutrin, Zyban)</td>
<td>19 34.5% 1= Never</td>
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<td>9 16.4% 2=</td>
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<td>14 25.5% 3=</td>
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<td>10 18.2% 4=</td>
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<td>4 7.3% 5= Very Often</td>
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<td>g.</td>
<td>Clonidine (suppresses opoid withdrawal symptoms; typically used to treat high blood pressure)</td>
<td>46 83.6% 1= Never</td>
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<td>7 12.7% 2=</td>
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<td>2 3.6% 3=</td>
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<td>0 0.0% 4=</td>
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<td>1 1.8% 5= Very Often</td>
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<td>h.</td>
<td>Nortriptyline (antidepressant)</td>
<td>48 87.3% 1= Never</td>
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<td>4 7.3% 2=</td>
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<td>0 0.0% 5= Very Often</td>
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27. We have enough staff to provide tobacco cessation programs
   Three Rivers: 1 14
   Kentucky (N=56): 25.5% 1= Strongly Disagree
                    8 14.5% 2= Disagree
                    15 27.3% 3= Agree
                    19 34.5% 4= Strongly Agree

28. Our staff are not trained to provide tobacco cessation.
   Three Rivers: 4 36
   Kentucky (N=56): 65.5% 1= Strongly Disagree
                     7 12.7% 2= Disagree
                     8 14.5% 3= Agree
                     5  9.1% 4= Strongly Agree

29. We are too busy to provide tobacco cessation.
   Three Rivers: 2 31
   Kentucky (N=56): 56.4% 1= Strongly Disagree
                     18 32.7% 2= Disagree
                     4  7.3% 3= Agree
                     3  5.5% 4= Strongly Agree

30. We have few requests for tobacco cessation programs.
    Three Rivers: 1 26
    Kentucky (N=56): 47.3% 1= Strongly Disagree
                      13 23.6% 2= Disagree
                      14 25.5% 3= Agree
                      3  5.5% 4= Strongly Agree

31. Tobacco cessation programs are too expensive.
    Three Rivers: 1 29
    Kentucky (N=56): 52.7% 1= Strongly Disagree
                      15 27.3% 2= Disagree
                      8  14.5% 3= Agree
                      4  7.3% 4= Strongly Agree

32. Tobacco cessation programs are effective.
    Three Rivers: 4 1
    Kentucky (N=56): 1.8% 1= Strongly Disagree
                      5  9.1% 2= Disagree
                      24 43.6% 3= Agree
                      26 47.3% 4= Strongly Agree

This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing

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