## The Kentucky Department for Public Health
### University of Kentucky College of Nursing
### Local Health Department Tobacco Cessation Survey, 2008

<table>
<thead>
<tr>
<th>Allen</th>
<th>Kentucky*</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you or other health department staff involved in providing tobacco cessation programs?</td>
<td>Yes</td>
<td>54</td>
</tr>
</tbody>
</table>

### What cessation programs do you provide?

#### 1A1. Cooper-Clayton Method to Stop Smoking
- **Yes**

#### a. How many programs were offered in the last year?
- 2 Total = 281 Mean = 5.4 SD = 5.9

#### b. How many individuals participated in the last fiscal year?
- 20 Total = 2443 Mean = 48.9 SD = 48

#### c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?
- 4 Total = 1069 Mean = 21.4 SD = 34.7

#### 1A2. Freedom From Smoking
- **No**

#### a. How many programs were offered in the last year?
- Total = 0 Mean = 0.0 SD = 0.0

#### b. How many individuals participated in the last fiscal year?
- Total = 0 Mean = 0.0 SD = 0.0

#### c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?
- Total = 0 Mean = 0.0 SD = 0.0

#### 1A3. Fresh Start
- **No**

#### a. How many programs were offered in the last year?
- Total = 0 Mean = 0 SD = 0

#### b. How many individuals participated in the last fiscal year?
- Total = 0 Mean = 0 SD = 0

#### c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?
- Total = 0 Mean = 0 SD = 0

#### 1A4. Make Yours a Fresh Start Family
- **No**

#### a. How many individuals participated in the last fiscal year?
- Total = 3220 Mean = 322 SD = 636.9

#### b. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?
- Total = 223 Mean = 31.9 SD = 33.4

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### Allen

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</tr>
</thead>
<tbody>
<tr>
<td><strong>Not on Tobacco (N.O.T.)</strong></td>
<td>No</td>
<td>4</td>
</tr>
<tr>
<td>a. How many programs were offered in the last year?</td>
<td>Total = 3</td>
<td>Mean = 0.8</td>
</tr>
<tr>
<td>b. How many individuals participated in the last fiscal year?</td>
<td>Total = 22</td>
<td>Mean = 5.5</td>
</tr>
<tr>
<td>c. Within the last fiscal year, how many individuals quit using</td>
<td>Total = 17</td>
<td>Mean = 4.3</td>
</tr>
<tr>
<td>tobacco at the completion of the program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Quit and Win</strong></td>
<td>No</td>
<td>1</td>
</tr>
<tr>
<td>a. How many programs were offered in the last year?</td>
<td>Total = 1</td>
<td>Mean = 1</td>
</tr>
<tr>
<td>b. How many individuals participated in the last fiscal year?</td>
<td>Total = 20</td>
<td>Mean = 20</td>
</tr>
<tr>
<td>c. Within the last fiscal year, how many individuals quit using</td>
<td>Total = 10</td>
<td>Mean = 10</td>
</tr>
<tr>
<td>tobacco at the completion of the program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TEG/TAP</strong></td>
<td>Yes</td>
<td>34</td>
</tr>
<tr>
<td>a. How many programs were offered in the last year?</td>
<td>Total = 8</td>
<td>Mean = 7.4</td>
</tr>
<tr>
<td>b. How many individuals participated in the last fiscal year?</td>
<td>Total = 40</td>
<td>Mean = 42.7</td>
</tr>
<tr>
<td>c. Within the last fiscal year, how many individuals quit using</td>
<td>Total = 119</td>
<td>Mean = 6</td>
</tr>
<tr>
<td>tobacco at the completion of the program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Other Programs</strong></td>
<td>No</td>
<td>13</td>
</tr>
<tr>
<td>a. How many programs were offered in the last year?</td>
<td>Total = 186</td>
<td>Mean = 18.6</td>
</tr>
<tr>
<td>b. How many individuals participated in the last fiscal year?</td>
<td>Total = 4303</td>
<td>Mean = 478.1</td>
</tr>
<tr>
<td>c. Within the last fiscal year, how many individuals quit using</td>
<td>Total = 77</td>
<td>Mean = 12.8</td>
</tr>
<tr>
<td>tobacco at the completion of the program?</td>
<td></td>
<td></td>
</tr>
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6/16/2009
### 1B. What is the job classification of health department staff providing cessation programs?

- **1B1. Health Educator**
  - No
  - 43 respondents
  - 76.8%
  - N = 56

- **1B2. Nurse**
  - Yes
  - 31 respondents
  - 55.4%
  - N = 56

- **1B3. Social Worker**
  - No
  - 9 respondents
  - 16.1% 
  - N = 56

- **1B4. Physician**
  - No
  - 0 respondents
  - 0.0% 
  - N = 56

- **1B5. Program Coordinator/Specialist/Director**
  - No
  - 20 respondents
  - 35.7% 
  - N = 56

- **1B6. Dietician/Nutritionist**
  - No
  - 12 respondents
  - 21.4% 
  - N = 56

- **1B7. Other**
  - No
  - 11 respondents
  - 19.6% 
  - N = 56

### 2. On average, how many requests for tobacco cessation does your health department receive per month?

- Total = 1179
- Mean = 21.8
- SD = 47.9

### 3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?

- Total = 402
- Mean = 7.6
- SD = 10.4

### 4. How do you promote tobacco cessation programs in your area?

- **4a. Word of Mouth**
  - No
  - 54 respondents
  - 96.4% 
  - N = 56

- **4b. Flyers/Brochures**
  - Yes
  - 52 respondents
  - 92.9% 
  - N = 56

- **4c. Newspaper**
  - Yes
  - 54 respondents
  - 96.4% 
  - N = 56

- **4d. Radio**
  - Yes
  - 36 respondents
  - 64.3% 
  - N = 56

- **4e. Television**
  - No
  - 17 respondents
  - 30.4% 
  - N = 56

- **4f. Church or Community Bulletins**
  - No
  - 33 respondents
  - 58.9% 
  - N = 56

- **4g. Health Fairs/Career Fairs**
  - Yes
  - 51 respondents
  - 91.1% 
  - N = 56

- **4h. Website**
  - Yes
  - 32 respondents
  - 57.1% 
  - N = 56

- **4i. Billboards/Signs**
  - No
  - 12 respondents
  - 21.4% 
  - N = 56

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| 4j. | No promotions | No | 1 | 1.8% | 56 |
| 4k. | Other promotions | No | 20 | 35.7% | 56 |

5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television?

- $500.00
- Total = $68,819.00
- Mean = $1,298.50
- SD = $2,571.10

6. Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?

- 6a. Distributed brochures/fliers | Yes | 53 | 94.6% | 56
- 6b. Distributed Quit Line prescription pads | Yes | 44 | 78.6% | 56
- 6c. Paid advertising | No | 12 | 21.4% | 56
- 6d. Earned (unpaid) media | No | 27 | 48.2% | 56
- 6e. Cooper-Clayton or other program | Yes | 42 | 75.0% | 56
- 6f. Hospitals/Clinic | Yes | 44 | 78.6% | 56
- 6g. Health Fairs | Yes | 46 | 82.1% | 56
- 6h. Other | No | 22 | 39.3% | 56

7. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?

- No | 18 | 32.1% | 56

7a. If yes, how many programs were provided

- Total = 33
- Mean = 1.8
- SD = 1.1

8. Does your health department have a tobacco user identification system?

- Yes | 47 | 83.9% | 56

8a. If yes, is the tobacco user identification system used for every patient at every clinic visit?

- Yes | 46 | 97.9% | 47

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<th>N</th>
</tr>
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<tr>
<td>9. Does your health department provide individual counseling for tobacco users who want to quit?</td>
<td>Yes</td>
<td>49</td>
<td>56</td>
</tr>
<tr>
<td>9a. If yes, is the counseling typically:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brief intervention (3-5 minutes)</td>
<td>Yes</td>
<td>30</td>
<td>49</td>
</tr>
<tr>
<td>Intermediate (6-10 minutes)</td>
<td>No</td>
<td>9</td>
<td>49</td>
</tr>
<tr>
<td>Intensive (&gt;10 minutes)</td>
<td>No</td>
<td>10</td>
<td>49</td>
</tr>
<tr>
<td>Don't know</td>
<td>No</td>
<td>1</td>
<td>49</td>
</tr>
<tr>
<td>10. Are all indoor areas, including offices at your health department, smoke free?</td>
<td>Yes</td>
<td>56</td>
<td>56</td>
</tr>
<tr>
<td>11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women?</td>
<td>Yes</td>
<td>45</td>
<td>56</td>
</tr>
<tr>
<td>11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?</td>
<td>Yes</td>
<td>28</td>
<td>44</td>
</tr>
<tr>
<td>12. Does your clinic have self-help materials for tobacco use cessation available in every exam room?</td>
<td>Yes</td>
<td>51</td>
<td>56</td>
</tr>
<tr>
<td>13. Are materials on secondhand smoke available in every exam room?</td>
<td>Yes</td>
<td>49</td>
<td>56</td>
</tr>
<tr>
<td>14. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?</td>
<td>Yes</td>
<td>55</td>
<td>56</td>
</tr>
<tr>
<td>15. Do your health care providers routinely advise patients to ban smoking in the home?</td>
<td>Yes</td>
<td>54</td>
<td>56</td>
</tr>
<tr>
<td>16. Do your health care providers routinely advise patients to ban smoking in their cars?</td>
<td>Yes</td>
<td>51</td>
<td>56</td>
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<tr>
<td>17. Do your health care providers routine provide brief cessation interventions using the 5 A’s?</td>
<td>Yes</td>
<td>46</td>
<td>82.1%</td>
</tr>
<tr>
<td>18. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?</td>
<td>Yes</td>
<td>56</td>
<td>100.0%</td>
</tr>
<tr>
<td>18a. To what person or program do they refer?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18a1. Kentucky's Tobacco Quit Line</td>
<td>Yes</td>
<td>50</td>
<td>89.3%</td>
</tr>
<tr>
<td>18a2. Cooper-Clayton Group Program</td>
<td>Yes</td>
<td>51</td>
<td>91.1%</td>
</tr>
<tr>
<td>18a3. Cooper-Clayton Self-Help Program</td>
<td>No</td>
<td>14</td>
<td>25.0%</td>
</tr>
<tr>
<td>18a4. Tobacco Control Coordinator or Specialist</td>
<td>Yes</td>
<td>49</td>
<td>87.5%</td>
</tr>
<tr>
<td>18a5. Health Educator</td>
<td>No</td>
<td>47</td>
<td>83.9%</td>
</tr>
<tr>
<td>18a6. Community Health Nurse</td>
<td>Yes</td>
<td>25</td>
<td>44.6%</td>
</tr>
<tr>
<td>18a7. Nutritionist</td>
<td>Yes</td>
<td>17</td>
<td>30.4%</td>
</tr>
<tr>
<td>18a8. Health Care Provider/Hospital</td>
<td>Yes</td>
<td>22</td>
<td>39.3%</td>
</tr>
<tr>
<td>18a9. Other</td>
<td>No</td>
<td>6</td>
<td>10.7%</td>
</tr>
<tr>
<td>19. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?</td>
<td>Yes</td>
<td>37</td>
<td>66.1%</td>
</tr>
<tr>
<td>20. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?</td>
<td>Yes</td>
<td>43</td>
<td>78.2%</td>
</tr>
<tr>
<td>20a. If yes, does the plan cover:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20a1. Nicotine Replacement Therapy (NRT)</td>
<td>Yes</td>
<td>41</td>
<td>93.2%</td>
</tr>
<tr>
<td>20a2. Other medications</td>
<td>No</td>
<td>31</td>
<td>70.5%</td>
</tr>
<tr>
<td>20a3. Classes or counseling for cessation</td>
<td>No</td>
<td>11</td>
<td>25.0%</td>
</tr>
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<table>
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<tr>
<th>Medication</th>
<th>1 = Never</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5 = Very often</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicotine Gum</td>
<td>1</td>
<td>21.3%</td>
<td>26.8%</td>
<td>30.4%</td>
<td>39.7%</td>
<td>48.2%</td>
</tr>
<tr>
<td>Nicotine Patch</td>
<td>5</td>
<td>16.1%</td>
<td>7.1%</td>
<td>1.8%</td>
<td>25.0%</td>
<td>50.0%</td>
</tr>
<tr>
<td>Nicotine Spray</td>
<td>1</td>
<td>69.6%</td>
<td>17.9%</td>
<td>8.9%</td>
<td>1.8%</td>
<td>1.8%</td>
</tr>
<tr>
<td>Nicotine Inhaler</td>
<td>1</td>
<td>66.1%</td>
<td>25.4%</td>
<td>3.6%</td>
<td>0.0%</td>
<td>3.6%</td>
</tr>
<tr>
<td>Nicotine Lozenges</td>
<td>3</td>
<td>35.7%</td>
<td>23.2%</td>
<td>23.2%</td>
<td>12.5%</td>
<td>5.4%</td>
</tr>
<tr>
<td>Buproprion</td>
<td>2</td>
<td>33.9%</td>
<td>23.2%</td>
<td>26.8%</td>
<td>10.7%</td>
<td>5.4%</td>
</tr>
<tr>
<td>Varenicline (Chantix)</td>
<td>2</td>
<td>23.2%</td>
<td>14.3%</td>
<td>17.9%</td>
<td>23.2%</td>
<td>21.4%</td>
</tr>
<tr>
<td>Other Medications</td>
<td>1</td>
<td>96.3%</td>
<td>1.9%</td>
<td>1.9%</td>
<td>0.0%</td>
<td>0.0%</td>
</tr>
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