1. Are you or other health department staff involved in providing tobacco cessation programs?
   - **Bourbon:** Yes
   - **Kentucky (N=55):** 40 (72.7%) Yes

2. If “Yes”, what programs do you provide?
   a. Fresh Start (American Cancer Society)
   - **Bourbon:** No
   - **Kentucky (N=55):** 7 (17.5%)
   b. Freedom from Smoking (American Lung Association)
   - **Bourbon:** No
   - **Kentucky (N=55):** 0
   c. Cooper-Clayton Method to Stop Smoking
   - **Bourbon:** Yes
   - **Kentucky (N=55):** 35 (87.5%)
   d. Make Yours a Fresh Start Family (American Cancer Society)
   - **Bourbon:** No
   - **Kentucky (N=55):** 8 (20.0%)

3. If “Yes”, how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)
   - **Bourbon:** 1
   - **Kentucky (N=55):** Mean = 3.8 (SD = 4.0)

4. If “Yes”, how many clients/patients participated in tobacco cessation programs within the last year?
   - **Bourbon:** 8
   - **Kentucky (N=55):** Mean = 34.0 (SD = 44.5)

5. If “Yes”, how many clients/patients completed tobacco cessation programs within the last year?
   - **Bourbon:** 2
   - **Kentucky (N=55):** Mean = 15.8 (SD = 24.2)
     (45.3% Completion Rate)

6. If “Yes”, what is the job title of health department staff providing tobacco cessation (Check all that apply)?
   a. Health Educator
   - **Bourbon:** Yes
   - **Kentucky (N=55):** 26 (65.0%)
   b. Nurse
   - **Bourbon:** No
   - **Kentucky (N=55):** 15 (37.5%)
   c. Social Worker
   - **Bourbon:** No
   - **Kentucky (N=55):** 3 (12.5%)

7. On average, how many requests for tobacco cessation does your health department receive per month?
   - **Bourbon:** 2
   - **Kentucky (N=55):** Mean = 7.4 (SD = 14.6)
8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?  
   **Bourbon**  
   Yes  
   **Kentucky (N=55)**  
   Yes 29 (53.7%) Yes

9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs?  
   **Kentucky (N=55)**  
   Mean = 4.9 (SD = 5.3)

10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?  
    **Kentucky (N=55)**  
    Mean = 3.1 (SD = 2.4)

11. If “Yes”, about how many programs did you provide?  
    **Kentucky (N=55)**  
    Mean = 3.1 (SD = 2.4)

12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?  
    **Bourbon**  
    Yes  
    **Kentucky (N=55)**  
    Yes 36 (65.5%) Yes

13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit?  
    **Kentucky (N=55)**  
    Yes 32 (88.9%) Yes

14. What kinds of educational methods are used for tobacco use cessation in your health department?  
   a. Formal group classes  
      **Kentucky (N=55)**  
      Yes 37 (67.3%)
   b. Individual counseling  
      **Kentucky (N=55)**  
      Yes 51 (92.7%)
   c. Audio-visual materials  
      **Kentucky (N=55)**  
      Yes 36 (65.5%)
   d. Printed materials  
      **Kentucky (N=55)**  
      Yes 54 (98.2%)
   e. Posters  
      **Kentucky (N=55)**  
      Yes 48 (87.3%)

15. Does your clinic have self-help materials for tobacco use cessation available in every exam room?  
    **Kentucky (N=55)**  
    Yes 32 (58.2%) Yes

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16. Are materials on secondhand smoke available in every exam room?  

17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?  

18. Do your health care providers routinely advise patients to ban smoking in the home?  

19. Do you health care providers routinely advise patients to ban smoking in their cars?  

20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?  

21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)  

22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?  

   a. Nicotine Gum  
      
      Bourbon Kentucky (N=55)  
      1 = Never  40.0%  
      2 = 32.7%  
      3 = 18.2%  
      4 = 7.3%  
      5 = Very Often  5.5%  

   b. Nicotine Patch  
      
      Bourbon Kentucky  
      1 = Never  38.2%  
      2 = 23.6%  
      3 = 18.2%  
      4 = 10.9%  
      5 = Very Often  9.1%
c. Nicotine Nasal Spray

Bourbon Kentucky
1 = Never 1 = Never 80.0%
2 = 18.2%
3 = 1.8%
4 = 0.0%
5 = Very Often 0.0%

Bourbon Kentucky
1 = Never 76.4%
2 = 21.8%
3 = 1.8%
4 = 0.0%
5 = Very Often 0.0%

d. Nicotine Inhaler

Buproprion (Wellbutrin, Zyban)

Bourbon Kentucky
1 = Never 42.6%
2 = 27.8%
3 = 14.8%
4 = 3.7%
5 = Very Often 11.1%

f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

Bourbon Kentucky
1 = Never 92.6%
2 = 7.4%
3 = 0.0%
4 = 0.0%
5 = Very Often 0.0%
g. Nortriptyline (antidepressant)

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<th>Bourbon</th>
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<td>5 = Very Often</td>
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23. We have enough staff to provide tobacco cessation programs.

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<th>Kentucky</th>
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<td>3 = Agree</td>
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24. Our staff are not trained to provide tobacco cessation.

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<td>3 = Agree</td>
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<td>4 = Strongly Agree</td>
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25. We are too busy to provide tobacco cessation.

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<td>3 = Agree</td>
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The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Bourbon County Health Department Tobacco Cessation Survey, 2001

26. We have few requests for tobacco cessation programs.

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<tbody>
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<td>3 = Agree 36.4%</td>
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27. Tobacco cessation programs are too expensive.

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<td>2 = Disagree 67.3%</td>
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<td>3 = Agree 20.0%</td>
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<td>4 = Strongly Agree 3.6%</td>
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28. Tobacco cessation programs are effective.

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<td>3 = Agree 67.3%</td>
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<td>4 = Strongly Agree 21.8%</td>
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For more information, contact:

Dr. Ellen Hahn, University of Kentucky College of Nursing  
(859) 257-2358  
ejhahn00@pop.uky.edu

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