<table>
<thead>
<tr>
<th>Question</th>
<th>Bracken</th>
<th>Kentucky (N=54)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Are you or other health department staff involved in providing tobacco cessation programs?</td>
<td>Yes</td>
<td>54 (100.0%) Yes</td>
</tr>
<tr>
<td>2. If “Yes,” what programs do you provide?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Fresh Start (American Cancer Society)</td>
<td>No</td>
<td>11 (20.4%) Yes</td>
</tr>
<tr>
<td>b. Freedom from Smoking (American Lung Association)</td>
<td>No</td>
<td>1 (1.9%) Yes</td>
</tr>
<tr>
<td>c. Cooper-Clayton Method to Stop Smoking</td>
<td>No</td>
<td>50 (92.6%) Yes</td>
</tr>
<tr>
<td>d. Make Yours a Fresh Start Family (American Cancer Society)</td>
<td>Yes</td>
<td>37 (68.5%) Yes</td>
</tr>
<tr>
<td>e. Quit and Win</td>
<td>No</td>
<td>31 (57.4%) Yes</td>
</tr>
<tr>
<td>3. If “Yes,” how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)</td>
<td>--</td>
<td>Mean = 4.7 (SD = 3.5)</td>
</tr>
<tr>
<td>4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?</td>
<td>--</td>
<td>Mean = 72.4 (SD = 79.1)</td>
</tr>
<tr>
<td>5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?</td>
<td>--</td>
<td>Mean = 41.5 (SD = 65.7)</td>
</tr>
<tr>
<td>6. If “Yes,” what is the job title of health department staff providing tobacco cessation (Check all that apply)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Health Educator</td>
<td>No</td>
<td>34 (63.0%) Yes</td>
</tr>
<tr>
<td>b. Nurse</td>
<td>Yes</td>
<td>36 (66.7%) Yes</td>
</tr>
<tr>
<td>c. Social Worker</td>
<td>No</td>
<td>5 (9.3%) Yes</td>
</tr>
<tr>
<td>d. Physician</td>
<td>No</td>
<td>3 (5.6%) Yes</td>
</tr>
<tr>
<td>7. On average, how many requests for tobacco cessation does your health department receive per month?</td>
<td>0</td>
<td>Mean = 8.0 (SD = 14.3)</td>
</tr>
</tbody>
</table>

* Participation rate = 98.2%
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<tr>
<td>8. According to our records, 0 people in your area participated in the</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quit &amp; Win Tobacco-Free Contest. To the best of your knowledge, about</td>
<td></td>
<td></td>
</tr>
<tr>
<td>how many people involved in your cessation programs also participated</td>
<td></td>
<td></td>
</tr>
<tr>
<td>in Quit and Win?</td>
<td>--</td>
<td>Mean = 4.4 (SD = 11.3)</td>
</tr>
<tr>
<td>9. Within the past year, have any Cooper-Clayton Method to Stop Smoking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>programs been provided in your service area?</td>
<td>Yes</td>
<td>50 (92.6%) Yes</td>
</tr>
<tr>
<td>10. If “Yes,” how many people in your service area are trained to</td>
<td></td>
<td></td>
</tr>
<tr>
<td>provide Cooper-Clayton programs?</td>
<td>1</td>
<td>Mean = 5.1 (SD = 8.2)</td>
</tr>
<tr>
<td>11. Within the past year, has your health department provided</td>
<td></td>
<td></td>
</tr>
<tr>
<td>education programs on tobacco cessation for health care providers?</td>
<td>No</td>
<td>30 (57.7%) Yes</td>
</tr>
<tr>
<td>12. If “Yes,” about how many programs did you provide?</td>
<td>--</td>
<td>Mean = 2.6 (SD = 2.8)</td>
</tr>
<tr>
<td>13. Does your health department have a tobacco-user identification</td>
<td></td>
<td></td>
</tr>
<tr>
<td>system (e.g. tobacco use as a vital sign, flagging the charts)?</td>
<td>Yes</td>
<td>45 (84.9%) Yes</td>
</tr>
<tr>
<td>14. If “Yes,” is the tobacco-user identification system used for every</td>
<td></td>
<td></td>
</tr>
<tr>
<td>patient at every clinic visit?</td>
<td>No</td>
<td>38 (82.6%) Yes</td>
</tr>
<tr>
<td>15. What kinds of educational methods are used for tobacco use cessation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>in your health department?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Formal group classes</td>
<td>No</td>
<td>45 (83.3%) Yes</td>
</tr>
<tr>
<td>b. Individual counseling</td>
<td>Yes</td>
<td>52 (96.3%) Yes</td>
</tr>
<tr>
<td>c. Audio-visual materials</td>
<td>Yes</td>
<td>47 (87.0%) Yes</td>
</tr>
<tr>
<td>d. Printed materials</td>
<td>Yes</td>
<td>54 (100.0%) Yes</td>
</tr>
<tr>
<td>e. Posters</td>
<td>Yes</td>
<td>48 (88.9%) Yes</td>
</tr>
<tr>
<td>16. Does your clinic have self-help materials for tobacco use cessation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>available in every exam room?</td>
<td>Yes</td>
<td>38 (70.4%) Yes</td>
</tr>
</tbody>
</table>

* Participation rate = 98.2%
17. Are materials on secondhand smoke available in every exam room? -- 32 (62.8%) Yes

18. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? Yes 46 (85.2%) Yes

19. Do your health care providers routinely advise patients to ban smoking in the home? Yes 44 (84.6%) Yes

20. Do your health care providers routinely advise patients to ban smoking in their cars? Yes 34 (69.4%) Yes

21. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? Yes 52 (98.1%) Yes

22. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) Yes 20 (42.6%) Yes

23. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

   a. Nicotine Gum

      1= Never 13.2%
      2= 32.1%
      3= 37.7%
      4= 9.4%
      5= Very Often 7.5%

   b. Nicotine Patch

      1= Never 7.5%
      2= 26.4%
      3= 34.0%
      4= 13.2%
      5= Very Often 18.9%

   c. Nicotine Nasal Spray

      1= Never 62.3%
      2= 20.8%
      3= 17.0%
      4= 0.0%
      5= Very Often 0.0%

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d. Nicotine Inhaler

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<tbody>
<tr>
<td>1= Never</td>
<td>60.4%</td>
<td>60.4%</td>
</tr>
<tr>
<td>2=</td>
<td>28.3%</td>
<td></td>
</tr>
<tr>
<td>3=</td>
<td>11.3%</td>
<td></td>
</tr>
<tr>
<td>4=</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>5= Very Often</td>
<td>0.0%</td>
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</tbody>
</table>

e. Bupropion (Wellbutrin, Zyban)

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<tbody>
<tr>
<td>1= Never</td>
<td>35.8%</td>
<td></td>
</tr>
<tr>
<td>2=</td>
<td>26.4%</td>
<td></td>
</tr>
<tr>
<td>3=</td>
<td>22.6%</td>
<td></td>
</tr>
<tr>
<td>4=</td>
<td>11.3%</td>
<td></td>
</tr>
<tr>
<td>5= Very Often</td>
<td>3.8%</td>
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</table>

f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

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<tbody>
<tr>
<td>1= Never</td>
<td>82.7%</td>
<td></td>
</tr>
<tr>
<td>2=</td>
<td>9.6%</td>
<td></td>
</tr>
<tr>
<td>3=</td>
<td>7.7%</td>
<td></td>
</tr>
<tr>
<td>4=</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>5= Very Often</td>
<td>0.0%</td>
<td></td>
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g. Nortriptyline (antidepressant)

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</thead>
<tbody>
<tr>
<td>1= Never</td>
<td>80.4%</td>
<td></td>
</tr>
<tr>
<td>2=</td>
<td>9.8%</td>
<td></td>
</tr>
<tr>
<td>3=</td>
<td>7.8%</td>
<td></td>
</tr>
<tr>
<td>4=</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>5= Very Often</td>
<td>2.0%</td>
<td></td>
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24. We have enough staff to provide tobacco cessation programs.

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</thead>
<tbody>
<tr>
<td>1= Strongly Disagree</td>
<td>14.8%</td>
<td></td>
</tr>
<tr>
<td>2= Disagree</td>
<td>31.5%</td>
<td></td>
</tr>
<tr>
<td>3= Agree</td>
<td>37.0%</td>
<td></td>
</tr>
<tr>
<td>4= Strongly Agree</td>
<td>16.7%</td>
<td></td>
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</table>

25. Our staff are not trained to provide tobacco cessation.

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</thead>
<tbody>
<tr>
<td>1= Strongly Disagree</td>
<td>46.3%</td>
<td></td>
</tr>
<tr>
<td>2= Disagree</td>
<td>38.9%</td>
<td></td>
</tr>
<tr>
<td>3= Agree</td>
<td>13.0%</td>
<td></td>
</tr>
<tr>
<td>4= Strongly Agree</td>
<td>1.9%</td>
<td></td>
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</tbody>
</table>

26. We are too busy to provide tobacco cessation.

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<tr>
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</thead>
<tbody>
<tr>
<td>1= Strongly Disagree</td>
<td>42.6%</td>
<td></td>
</tr>
<tr>
<td>2= Disagree</td>
<td>44.4%</td>
<td></td>
</tr>
<tr>
<td>3= Agree</td>
<td>11.1%</td>
<td></td>
</tr>
<tr>
<td>4= Strongly Agree</td>
<td>1.9%</td>
<td></td>
</tr>
</tbody>
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* Participation rate = 98.2%
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<tr>
<td>27</td>
<td>We have few requests for tobacco cessation programs.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1= Strongly Disagree</td>
<td>24.1%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2= Disagree</td>
<td>29.6%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3= Agree</td>
<td>37.0%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4= Strongly Agree</td>
<td>9.3%</td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Tobacco cessation programs are too expensive.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1= Strongly Disagree</td>
<td>35.2%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2= Disagree</td>
<td>44.4%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3= Agree</td>
<td>18.5%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4= Strongly Agree</td>
<td>1.9%</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Tobacco cessation programs are effective.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1= Strongly Disagree</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2= Disagree</td>
<td>1.9%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3= Agree</td>
<td>67.3%</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4= Strongly Agree</td>
<td>30.8%</td>
<td></td>
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</tbody>
</table>

For more information, contact:
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University of Kentucky  
College of Nursing  
(859) 257-2358  
ejhahn00@pop.uky.edu

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