

**The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2005**

	<b>Breathitt County</b>		<b>Kentucky</b>	
		<b>number</b>	<b>%</b>	<b><sup>a</sup>N</b>
1A. Are you or other health department staff involved in providing tobacco cessation programs?	Yes	55	98.2	56
What cessation programs do you provide?				
1) Fresh Start (American Cancer Society)	No	2	3.6	55
How effective has this program been in helping smokers quit?				
		Very effective	0	0.0
		Somewhat effective	2	100.0
		Not at all effective	0	0.0
How effective has this program been in reaching or recruiting smokers to participate in the program?				
		Very effective	0	0.0
		Somewhat effective	2	100.0
		Not at all effective	0	0.0
How practical is it for your health department to administer the program?				
		Very practical	0	0.0
		Somewhat practical	1	50.0
		Not practical at all	1	50.0
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2) Freedom From Smoking (American Lung Association)		0	0.0	55
How effective has this program been in helping smokers quit?				
		Very effective	0	0.0
		Somewhat effective	0	0.0
		Not at all effective	0	0.0
How effective has this program been in reaching or recruiting smokers to participate in the program?				
		Very effective	0	0.0
		Somewhat effective	0	0.0
		Not at all effective	0	0.0
How practical is it for your health department to administer the program?				
		Very practical	0	0.0
		Somewhat practical	0	0.0
		Not practical at all	0	0.0

<sup>a</sup>N represents the number of counties/districts that responded to the question.

	<b>Breathitt County</b>		<b>number</b>	<b>Kentucky</b> <b>%</b>	<b>"N"</b>
3) Cooper Clayton Method to Stop Smoking	Yes		53	96.4	55
How effective has this program been in helping smokers quit?	Somewhat effective	Very effective	22	42.3	52
		Somewhat effective	29	55.8	52
		Not at all effective	1	1.9	52
How effective has this program been in reaching or recruiting smokers to participate in the program?	Somewhat effective	Very effective	22	42.3	52
		Somewhat effective	29	55.8	52
		Not at all effective	1	1.9	52
How practical is it for your health department to administer the program?	Somewhat practical	Very practical	33	63.5	52
		Somewhat practical	19	36.5	52
		Not practical at all	0	0.0	52
4) Make Yours a Fresh Start Family (American Cancer Society)	No		44	80.0	55
How effective has this program been in helping smokers quit?		Very effective	3	7.0	43
		Somewhat effective	30	69.8	43
		Not at all effective	10	23.3	43
How effective has this program been in reaching or recruiting smokers to participate in the program?		Very effective	6	14.0	43
		Somewhat effective	27	62.8	43
		Not at all effective	10	23.3	43
How practical is it for your health department to administer the program?		Very practical	19	44.2	43
		Somewhat practical	21	48.8	43
		Not practical at all	3	7.0	43
5) Quit and Win	No		5	9.1	55
How effective has this program been in helping smokers quit?		Very effective	1	20.0	5
		Somewhat effective	3	60.0	5
		Not at all effective	1	20.0	5
How effective has this program been in reaching or recruiting smokers to participate in the program?		Very effective	1	20.0	5
		Somewhat effective	3	60.0	5
		Not at all effective	1	20.0	5

		Breathitt County	Kentucky			
			number	%	"N"	
How practical is it for your health department to administer the program?			Very practical	1	20.0	5
			Somewhat practical	3	60.0	5
			Not practical at all	1	20.0	5
6) TEG / TAP		No		34	61.8	55
How effective has this program been in helping smokers quit?			Very effective	4	12.1	33
			Somewhat effective	24	72.7	33
			Not at all effective	5	15.2	33
How effective has this program been in reaching or recruiting smokers to participate in the program?			Very effective	10	31.3	32
			Somewhat effective	19	59.4	32
			Not at all effective	3	9.4	32
How practical is it for your health department to administer the program?			Very practical	14	43.8	32
			Somewhat practical	14	43.8	32
			Not practical at all	4	12.5	32
7) N.O.T. / N.O.T. ATS		No		4	7.3	55
How effective has this program been in helping smokers quit?			Very effective	1	33.3	3
			Somewhat effective	1	33.3	3
			Not at all effective	1	33.3	3
How effective has this program been in reaching or recruiting smokers to participate in the program?			Very effective	2	66.7	3
			Somewhat effective	1	33.3	3
			Not at all effective	0	0.0	3
How practical is it for your health department to administer the program?			Very practical	2	66.7	3
			Somewhat practical	1	33.3	3
			Not practical at all	0	0.0	3
1B.	How many tobacco cessation programs were offered in the last year?	5	Total =407.0	Mean =7.4	SD =8.3	
1C.	How many patients / clients participated in the tobacco cessation programs within the last year?	75	Total =5436.0	Mean =98.8	SD =118.0	
1D.	How many patients / clients completed the tobacco cessation programs within the last year?	40	Total =3376.0	Mean =61.4	SD =101.6	

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		<b>number</b>	<b>%</b>	<b>"N"</b>
1E. What is the title of health department staff providing cessation programs?				
a) Health Educator	No	38	69.1	55
b) Nurse	No	33	60.0	55
c) Social Worker	No	3	5.5	55
d) Physician	No	0	0.0	55
e) Other	Yes	9	16.4	55
2. On average how many requests for tobacco cessation does your health department receive per month?	10	Total =754.0	Mean =13.7	SD =22.2
3. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?	Yes	55	100.0	55
If yes, how many people in your area are trained to provide Cooper-Clayton?	2	Total =359.0	Mean =6.6	SD =8.6
4. How do you promote the tobacco cessation programs in your area?				
a) Word of mouth	Yes	53	96.4	55
b) Flyers / brochures	Yes	52	94.5	55
c) Newspaper	Yes	51	92.7	55
d) Radio	Yes	36	65.5	55
e) Television	No	16	29.1	55
f) Church or community bulletins	Yes	36	65.5	55
g) No promotions	No	0	0.0	55
h) Other	No	4	7.3	55

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5 . Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television?	\$ .00	Total =\$73,100.00	Mean =\$1462.00	SD =\$4518.52
6 . Within the past year has your health department provided educational programs on tobacco cessation for health care providers?	Yes	18	32.7	55
a) If yes, how many programs were provided?	4	Total =46.0	Mean =2.6	SD =2.2
7 . Does your health department have a tobacco user identification system?	Yes	49	89.1	55
If yes, is the tobacco user identification system used for every patient at every clinic visit?	Yes	45	91.8	49
8 . What kind of educational methods are used for tobacco cessation in your health department?				
a) Formal group classes	Yes	53	96.4	55
b) Individual counseling	Yes	52	94.5	55
c) Audio-visual materials	Yes	44	80.0	55
d) Printed materials	Yes	55	100.0	55
e) Posters	Yes	54	98.2	55
f) Other	No	1	1.8	55
9 . Does your clinic have self-help materials for tobacco use cessation available in every exam room?	Yes	47	87.0	54
10 . Are materials on secondhand smoke available in every exam room?	Yes	48	88.9	54
11 . Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	Yes	55	100.0	55
12 . Do your health care providers routinely advise patients to ban smoking in the home?	Yes	54	98.2	55

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13 . Do your health care providers routinely advise patients to ban smoking in the cars?	Yes	53	96.4	55
14 . Do your health care providers routinely provide brief cessation interventions using the 5 A's?	No	44	80.0	55
15 . Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?	Yes	55	100.0	55
To what person or program do they refer?				
a) National Cancer Institutes Cancer Information Service Smoking Cessation Call Center	No	5	9.1	55
b) Cooper Clayton Group Program	Yes	39	70.9	55
c) Cooper Clayton Self-Help Program	No	4	7.3	55
d) Tobacco Control Coordinator	No	20	36.4	55
e) Health Educator	No	12	21.8	55
f) Community Health Nurse	No	1	1.8	55
g) Nutritionist	No	0	0.0	55
h) Other	No	5	9.1	55
16 . Do your healthcare providers routinely discuss relapse with former smokers within 12 months after quitting?	Yes	38	70.4	54
17 . Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	No	23	43.4	53

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?					
18 . Nicotine gum	1	1=Never	16	29.6	54
		2	15	27.8	54
		3	13	24.1	54
		4	2	3.7	54
		5=Very often	8	14.8	54
19 . Nicotine patch	1	1=Never	13	24.1	54
		2	4	7.4	54
		3	2	3.7	54
		4	11	20.4	54
		5=Very often	24	44.4	54
20 . Nicotine nasal spray	1	1=Never	44	81.5	54
		2	7	13.0	54
		3	2	3.7	54
		4	1	1.9	54
		5=Very often	0	0.0	54
21 . Nicotine inhaler	1	1=Never	40	74.1	54
		2	10	18.5	54
		3	2	3.7	54
		4	2	3.7	54
		5=Very often	0	0.0	54
22 . Nicotine lozenges	1	1=Never	23	42.6	54
		2	9	16.7	54
		3	11	20.4	54
		4	5	9.3	54
		5=Very often	6	11.1	54

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23 . Bupropion (Wellbutrin, Zyban)	1	1=Never	23	42.6	54
		2	12	22.2	54
		3	12	22.2	54
		4	4	7.4	54
		5=Very often	3	5.6	54
24 . Clonidine	1	1=Never	52	96.3	54
		2	2	3.7	54
		3	0	0.0	54
		4	0	0.0	54
		5=Very often	0	0.0	54
25 . Nortriptyline	1	1=Never	52	96.3	54
		2	2	3.7	54
		3	0	0.0	54
		4	0	0.0	54
		5=Very often	0	0.0	54

Please indicate how strongly you agree or disagree with the following statements.

26 . We have enough staff to provide tobacco cessation programs.	3	Strongly disagree	6	10.9	55
		Disagree	12	21.8	55
		Agree	30	54.5	55
		Strongly agree	7	12.7	55
27 . Our staff is not trained to provide tobacco cessation.	2	Strongly disagree	22	40.0	55
		Disagree	28	50.9	55
		Agree	4	7.3	55
		Strongly agree	1	1.8	55
28 . We are too busy to provide tobacco cessation.	2	Strongly disagree	14	25.5	55
		Disagree	33	60.0	55
		Agree	8	14.5	55
		Strongly agree	0	0.0	55
29 . We have few requests for tobacco cessation programs.	2	Strongly disagree	14	25.5	55
		Disagree	25	45.5	55
		Agree	16	29.1	55
		Strongly agree	0	0.0	55



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30 . Tobacco cessation programs are too expensive.	2	Strongly disagree	10	18.5	54
		Disagree	36	66.7	54
		Agree	6	11.1	54
		Strongly agree	2	3.7	54
31 . Tobacco cessation programs are effective.	3	Strongly disagree	0	0.0	55
		Disagree	2	3.6	55
		Agree	39	70.9	55
		Strongly agree	14	25.5	55

*This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing*

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