<table>
<thead>
<tr>
<th>Question</th>
<th>Christian</th>
<th>Kentucky (N=54)*</th>
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</thead>
<tbody>
<tr>
<td>1. Are you or other health department staff involved in providing tobacco cessation programs?</td>
<td>Yes 54 (100.0%) Yes</td>
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<td>2. If “Yes,” what programs do you provide?</td>
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<tr>
<td>a. Fresh Start (American Cancer Society)</td>
<td>No 11 (20.4%) Yes</td>
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<tr>
<td>b. Freedom from Smoking (American Lung Association)</td>
<td>No 1 (1.9%) Yes</td>
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<tr>
<td>c. Cooper-Clayton Method to Stop Smoking</td>
<td>Yes 50 (92.6%) Yes</td>
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<td>d. Make Yours a Fresh Start Family (American Cancer Society)</td>
<td>Yes 37 (68.5%) Yes</td>
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<td>e. Quit and Win</td>
<td>No 31 (57.4%) Yes</td>
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<td>3. If “Yes,” how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)</td>
<td>3 Mean = 4.7 (SD = 3.5)</td>
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<td>4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year?</td>
<td>100 Mean = 72.4 (SD = 79.1)</td>
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<td>5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year?</td>
<td>24 Mean = 41.5 (SD = 65.7)</td>
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<td>6. If “Yes,” what is the job title of health department staff providing tobacco cessation (Check all that apply)?</td>
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<tr>
<td>a. Health Educator</td>
<td>Yes 34 (63.0%) Yes</td>
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<tr>
<td>b. Nurse</td>
<td>Yes 36 (66.7%) Yes</td>
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<tr>
<td>c. Social Worker</td>
<td>No 5 (9.3%) Yes</td>
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<td>d. Physician</td>
<td>No 3 (5.6%) Yes</td>
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<td>7. On average, how many requests for tobacco cessation does your health department receive per month?</td>
<td>9 Mean = 8.0 (SD = 14.3)</td>
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* Participation rate = 98.2%
8. According to our records, 0 people in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win? 0  Mean = 4.4 (SD = 11.3)

9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?  Yes  50 (92.6%) Yes

10. If “Yes,” how many people in your service area are trained to provide Cooper-Clayton programs? 5  Mean = 5.1 (SD = 8.2)

11. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? No  30 (57.7%) Yes

12. If “Yes,” about how many programs did you provide?  --  Mean = 2.6 (SD = 2.8)

13. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?  Yes  45 (84.9%) Yes

14. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit? Yes  38 (82.6%) Yes

15. What kinds of educational methods are used for tobacco use cessation in your health department?
   a. Formal group classes  Yes  45 (83.3%) Yes
   b. Individual counseling  Yes  52 (96.3%) Yes
   c. Audio-visual materials  Yes  47 (87.0%) Yes
   d. Printed materials  Yes  54 (100.0%) Yes
   e. Posters  Yes  48 (88.9%) Yes

16. Does your clinic have self-help materials for tobacco use cessation available in every exam room? No  38 (70.4%) Yes

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The Kentucky Department for Public Health
University of Kentucky College of Nursing
Christian County Health Department Tobacco Cessation Survey, 2002

Christian  Kentucky (N=54)*

17. Are materials on secondhand smoke available in every exam room?  No  32 (62.8%) Yes
18. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?  Yes  46 (85.2%) Yes
19. Do your health care providers routinely advise patients to ban smoking in the home?  No  44 (84.6%) Yes
20. Do you health care providers routinely advise patients to ban smoking in their cars?  No  34 (69.4%) Yes
21. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?  Yes  52 (98.1%) Yes
22. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)  No  20 (42.6%) Yes
23. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?
   a. Nicotine Gum
      1= Never 13.2%
      2= 32.1%
      3= 37.7%
      4= 9.4%
      5= Very Often 7.5%
   b. Nicotine Patch
      1= Never 7.5%
      2= 26.4%
      3= 34.0%
      4= 13.2%
      5= Very Often 18.9%
   c. Nicotine Nasal Spray
      1= Never 62.3%
      2= 20.8%
      3= 17.0%
      4= 0.0%
      5= Very Often 0.0%

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The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
**Christian County Health Department Tobacco Cessation Survey, 2002**

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| d. Nicotine Inhaler | 1= Never 60.4%  
2= 28.3%  
3= 11.3%  
4= 0.0%  
5= Very Often 0.0% |  |
| e. Bupropion (Wellbutrin, Zyban) | 1= Never 35.8%  
2= 26.4%  
3= 22.6%  
4= 11.3%  
5= Very Often 3.8% |  |
| f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) | 1= Never 82.7%  
2= 9.6%  
3= 7.7%  
4= 0.0%  
5= Very Often 0.0% |  |
| g. Nortriptyline (antidepressant) | 1= Never 80.4%  
2= 9.8%  
3= 7.8%  
4= 0.0%  
5= Very Often 2.0% |  |

24. We have enough staff to provide tobacco cessation programs.  
1= Strongly Disagree 14.8%  
2= Disagree 31.5%  
3= Agree 37.0%  
4= Strongly Agree 16.7%  

25. Our staff are not trained to provide tobacco cessation.  
1= Strongly Disagree 46.3%  
2= Disagree 38.9%  
3= Agree 13.0%  
4= Strongly Agree 1.9%  

26. We are too busy to provide tobacco cessation.  
1= Strongly Disagree 42.6%  
2= Disagree 44.4%  
3= Agree 11.1%  
4= Strongly Agree 1.9%  

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<tr>
<td>27</td>
<td>We have few requests for tobacco cessation programs.</td>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree 24.1%</td>
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<td></td>
<td></td>
<td>2= Disagree</td>
<td>2= Disagree 29.6%</td>
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<td>3= Agree</td>
<td>3= Agree 37.0%</td>
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<td></td>
<td>4= StronglyAgree</td>
<td>4= StronglyAgree 9.3%</td>
</tr>
<tr>
<td>28</td>
<td>Tobacco cessation programs are too expensive.</td>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree 35.2%</td>
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<tr>
<td></td>
<td></td>
<td>2= Disagree</td>
<td>2= Disagree 44.4%</td>
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<td></td>
<td></td>
<td>3= Agree</td>
<td>3= Agree 18.5%</td>
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<td>4= StronglyAgree</td>
<td>4= StronglyAgree 1.9%</td>
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<tr>
<td>29</td>
<td>Tobacco cessation programs are effective.</td>
<td>1= StronglyDisagree</td>
<td>1= StronglyDisagree 0.0%</td>
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<tr>
<td></td>
<td></td>
<td>2= Disagree</td>
<td>2= Disagree 1.9%</td>
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<td></td>
<td></td>
<td>3= Agree</td>
<td>3= Agree 67.3%</td>
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<td></td>
<td>4= StronglyAgree</td>
<td>4= StronglyAgree 30.8%</td>
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For more information, contact:
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