1. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | 55 (100.0%) Yes | Clark | Kentucky (N=55) |

2. If “Yes,” what programs do you provide? |  
   a.  Fresh Start (American Cancer Society) | No | 6 (10.9%) Yes |  
   b.  Freedom from Smoking (American Lung Association) | No | 0 (0%) Yes |  
   c.  Cooper-Clayton Method to Stop Smoking | Yes | 51 (92.7%) Yes |  
   d.  Make Yours a Fresh Start Family (American Cancer Society) | Yes | 51 (92.7%) Yes |  
   e.  Quit and Win | Yes | 25 (45.5%) Yes |  
   f.  TEG/TAP | Yes | 42 (76.4%) Yes |  
   g.  NOT | No | 8 (14.5%) Yes |  

3. If “Yes,” how many tobacco cessation programs were offered within the last year? | 15 | Total Programs = 504 |  
   Mean = 9.5 (SD = 12.8) |  

4. If “Yes,” how many clients/patients participated in tobacco cessation programs within the last year? | 135 (145a) | Total Clients/Patients = 4439 |  
   (5277)1 | Mean = 83.8 (SD = 87.0) |  

5. If “Yes,” how many clients/patients completed tobacco cessation programs within the last year? | 60 | Total Clients/Patients = 2580 |  
   Mean = 49.6 (SD = 50.4) (58.1% Completion Rate) |  

6. If “Yes,” what is the job title of health department staff providing tobacco cessation? |  
   a.  Health Educator | Yes | 37 (67.3%) Yes |  
   b.  Nurse | Yes | 43 (78.2%) Yes |  
   c.  Social Worker | No | 7 (12.7%) Yes |  
   d.  Physician | No | 0 (0%) Yes |  

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aNumber of participants in LHD cessation programs + number of Quit and Win registrants - number enrolled in both (see Question 8).
<table>
<thead>
<tr>
<th>Question</th>
<th>Clark</th>
<th>Kentucky (N=55)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. On average, how many requests for tobacco cessation does your health department receive per month?</td>
<td>6</td>
<td>Total Requests = 455</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mean = 9.10 (SD = 16.5)</td>
</tr>
<tr>
<td>8. According to our records, 18 person in your area participated in the Quit &amp; Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win 2003?</td>
<td>8</td>
<td>Total People = 137</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mean = 5.07 (SD = 10.9)</td>
</tr>
<tr>
<td>9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?</td>
<td>Yes</td>
<td>47 (85.5%) Yes</td>
</tr>
<tr>
<td>10. If “Yes,” how many people in your service area are trained to provide Cooper-Clayton programs?</td>
<td>10</td>
<td>Total People = 290</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mean = 6.4 (SD = 7.7)</td>
</tr>
<tr>
<td>11. How are the tobacco cessation programs in your area promoted?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Word of mouth</td>
<td>Yes</td>
<td>55 (100%) Yes</td>
</tr>
<tr>
<td>b. Flyers/Brochures</td>
<td>Yes</td>
<td>53 (96.4%) Yes</td>
</tr>
<tr>
<td>c. Newspapers</td>
<td>Yes</td>
<td>52 (94.5%) Yes</td>
</tr>
<tr>
<td>d. Radio</td>
<td>No</td>
<td>35 (63.6%) Yes</td>
</tr>
<tr>
<td>e. Television</td>
<td>Yes</td>
<td>18 (32.7%) Yes</td>
</tr>
<tr>
<td>f. Church or Community bulletins</td>
<td>Yes</td>
<td>30 (54.5%) Yes</td>
</tr>
<tr>
<td>g. No promotion</td>
<td>No</td>
<td>0 (0%) Yes</td>
</tr>
<tr>
<td>12. Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television?</td>
<td>$500.00</td>
<td>Total Amount = $163,854.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mean = $3,486.30 (SD = $9061.36)</td>
</tr>
<tr>
<td>13. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?</td>
<td>Yes</td>
<td>19 (35.2%) Yes</td>
</tr>
<tr>
<td>14. If “Yes,” about how many programs did you provide?</td>
<td>8</td>
<td>Total Programs = 39</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mean = 2.05 (SD = 1.7)</td>
</tr>
</tbody>
</table>
Clark County Health Department Tobacco Cessation Survey, 2003

15. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?
   Yes 48 (87.3%) Yes

16. If “Yes,” is the tobacco-user identification system used for every patient at every clinic visit?
   Yes 44 (91.7%) Yes

17. What kinds of educational methods are used for tobacco use cessation in your health department?
   a. Formal group classes
      Yes 42 (76.4%) Yes
   b. Individual counseling
      Yes 54 (98.2%) Yes
   c. Audio-visual materials
      Yes 45 (81.8%) Yes
   d. Printed materials
      Yes 55 (100.0%) Yes
   e. Posters
      Yes 53 (96.4%) Yes

18. Does your clinic have self-help materials for tobacco use cessation available in every exam room?
   Yes 43 (78.2%) Yes

19. Are materials on secondhand smoke available in every exam room?
   Yes 37 (67.3%) Yes

20. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?
   Yes 50 (90.9%) Yes

21. Do your health care providers routinely advise patients to ban smoking in the home?
   Yes 51 (94.4%) Yes

22. Do you health care providers routinely advise patients to ban smoking in their cars?
   Yes 51 (94.4%) Yes

23. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)?
   Yes 35 (64.8%) Yes

24. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?
   Yes 53 (98.1%) Yes

25. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)
   Yes 24 (47.1%) Yes
26. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

<table>
<thead>
<tr>
<th>Medication</th>
<th>1= Never</th>
<th>2= Never</th>
<th>3=</th>
<th>4=</th>
<th>5= Very Often</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Nicotine Gum</td>
<td>40.0%</td>
<td>16.4%</td>
<td>14.5%</td>
<td>9.1%</td>
<td>20.0%</td>
</tr>
<tr>
<td>b. Nicotine Patch</td>
<td>32.7%</td>
<td>5.5%</td>
<td>9.1%</td>
<td>20.0%</td>
<td>32.7%</td>
</tr>
<tr>
<td>c. Nicotine Nasal Spray</td>
<td>64.8%</td>
<td>22.2%</td>
<td>11.1%</td>
<td>0.0%</td>
<td>1.9%</td>
</tr>
<tr>
<td>d. Nicotine Inhaler</td>
<td>68.5%</td>
<td>20.4%</td>
<td>5.6%</td>
<td>1.9%</td>
<td>3.7%</td>
</tr>
<tr>
<td>e. Nicotine Lozenges</td>
<td>70.4%</td>
<td>11.1%</td>
<td>9.3%</td>
<td>3.7%</td>
<td>5.6%</td>
</tr>
<tr>
<td>f. Bupropirion (Wellbutrin, Zyban)</td>
<td>49.1%</td>
<td>12.7%</td>
<td>12.7%</td>
<td>16.4%</td>
<td>9.1%</td>
</tr>
</tbody>
</table>
The Kentucky Department for Public Health
University of Kentucky College of Nursing

Clark County Health Department Tobacco Cessation Survey, 2003

Clark Kentucky (N=55)

27. We have enough staff to provide tobacco cessation programs. 4= Strongly Agree 1= Strongly Disagree 16.4%
2= Disagree 21.8%
3= Agree 40.0%
4= Strongly Agree 21.8%

28. Our staff are not trained to provide tobacco cessation. 1= Strongly Disagree 1= Strongly Disagree 36.4%
2= Disagree 43.6%
3= Agree 14.5%
4= Strongly Agree 5.5%

29. We are too busy to provide tobacco cessation. 1= Strongly Disagree 1= Strongly Disagree 30.9%
2= Disagree 52.7%
3= Agree 16.4%
4= Strongly Agree 0.0%

30. We have few requests for tobacco cessation programs. 1= Strongly Disagree 1= Strongly Disagree 24.1%
2= Disagree 31.5%
3= Agree 29.6%
4= Strongly Agree 14.8%

31. Tobacco cessation programs are too expensive. 1= Strongly Disagree 1= Strongly Disagree 38.2%
2= Disagree 41.8%
3= Agree 14.5%
4= Strongly Agree 5.5%

g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) 1= Never 1= Never 78.8%
2= 9.6%
4= 11.5%
4= 0.0%
5= Very Often 0.0%

h. Nortriptyline (antidepressant) 1= Never 1= Never 80.8%
2= 9.6%
3= 9.6%
4= 0.0%
5= Very Often 0.0%
| 32. Tobacco cessation programs are effective. | 4= Strongly Agree | 1= Strongly Disagree | 0.0% |
|                                           | 2= Disagree       | 1.9%               |
|                                           | 3= Agree          | 64.2%              |
|                                           | 4= Strongly Agree | 34.0%              |

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*This report was prepared through a contract between the Kentucky Cabinet for Health Services and the University of Kentucky College of Nursing*

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