

The Kentucky Department for Public Health
University of Kentucky College of Nursing
Cumberland Valley District Health Department Tobacco Cessation Survey, 2002

	<u>Cumberland Valley</u>	<u>Kentucky (N=54)*</u>
1. Are you or other health department staff involved in providing tobacco cessation programs?	Yes	54 (100.0%) Yes
2. If "Yes," what programs do you provide?		
a. Fresh Start (American Cancer Society)	Yes	11 (20.4%) Yes
b. Freedom from Smoking (American Lung Association)	No	1 (1.9%) Yes
c. Cooper-Clayton Method to Stop Smoking	Yes	50 (92.6%) Yes
d. Make Yours a Fresh Start Family (American Cancer Society)	Yes	37 (68.5%) Yes
e. Quit and Win	No	31 (57.4%) Yes
3. If "Yes," how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)	9	Mean = 4.7 (<u>SD</u> = 3.5)
4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year?	200	Mean = 72.4 (<u>SD</u> = 79.1)
5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year?	200	Mean = 41.5 (<u>SD</u> = 65.7)
6. If "Yes," what is the job title of health department staff providing tobacco cessation (Check all that apply)?		
a. Health Educator	No	34 (63.0%) Yes
b. Nurse	Yes	36 (66.7%) Yes
c. Social Worker	No	5 (9.3%) Yes
d. Physician	No	3 (5.6%) Yes
7. On average, how many requests for tobacco cessation does your health department receive per month?	15	Mean = 8.0 (<u>SD</u> = 14.3)

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8. According to our records, 3 people in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win?	Don't Know	Mean = 4.4 (<u>SD</u> = 11.3)
9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?	Yes	50 (92.6%) Yes
10. If "Yes," how many people in your service area are trained to provide Cooper-Clayton programs?	9	Mean = 5.1 (<u>SD</u> = 8.2)
11. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	Yes	30 (57.7%) Yes
12. If "Yes," about how many programs did you provide?	2	Mean = 2.6 (<u>SD</u> = 2.8)
13. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?	Yes	45 (84.9%) Yes
14. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit?	Yes	38 (82.6%) Yes
15. What kinds of educational methods are used for tobacco use cessation in your health department?		
a. Formal group classes	Yes	45 (83.3%) Yes
b. Individual counseling	Yes	52 (96.3%) Yes
c. Audio-visual materials	Yes	47 (87.0%) Yes
d. Printed materials	Yes	54 (100.0%) Yes
e. Posters	Yes	48 (88.9%) Yes
16. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	Yes	38 (70.4%) Yes

* Participation rate = 98.2%

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17.	Are materials on secondhand smoke available in every exam room?	Yes	32 (62.8%) Yes	
18.	Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	Yes	46 (85.2%) Yes	
19.	Do your health care providers routinely advise patients to ban smoking in the home?	Yes	44 (84.6%) Yes	
20.	Do you health care providers routinely advise patients to ban smoking in their cars?	Yes	34 (69.4%) Yes	
21.	Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?	Yes	52 (98.1%) Yes	
22.	Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)	Yes	20 (42.6%) Yes	
23.	How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?			
	a. Nicotine Gum		1= Never	13.2%
			2=	32.1%
		3=	3=	37.7%
			4=	9.4%
			5= Very Often	7.5%
	b. Nicotine Patch		1= Never	7.5%
			2=	26.4%
		3=	3=	34.0%
			4=	13.2%
			5= Very Often	18.9%
	c. Nicotine Nasal Spray		1= Never	62.3%
			2=	20.8%
		3=	3=	17.0%
			4=	0.0%
			5= Very Often	0.0%

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d. Nicotine Inhaler		1= Never	60.4%
		2=	28.3%
	3=	3=	11.3%
		4=	0.0%
		5= Very Often	0.0%
e. Bupropion (Wellbutrin, Zyban)		1= Never	35.8%
		2=	26.4%
	3=	3=	22.6%
		4=	11.3%
		5= Very Often	3.8%
f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)		1= Never	82.7%
		2=	9.6%
	3=	3=	7.7%
		4=	0.0%
		5= Very Often	0.0%
g. Nortriptyline (antidepressant)		1= Never	80.4%
		2=	9.8%
	3=	3=	7.8%
		4=	0.0%
		5= Very Often	2.0%
24. We have enough staff to provide tobacco cessation programs.		1= StronglyDisagree	14.8%
	2= Disagree	2= Disagree	31.5%
		3= Agree	37.0%
		4= StronglyAgree	16.7%
25. Our staff are not trained to provide tobacco cessation.		1= StronglyDisagree	46.3%
		2= Disagree	38.9%
		3= Agree	13.0%
		4= StronglyAgree	1.9%
26. We are too busy to provide tobacco cessation.		1= StronglyDisagree	42.6%
	2= Disagree	2= Disagree	44.4%
		3= Agree	11.1%
		4= StronglyAgree	1.9%

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27. We have few requests for tobacco cessation programs.	2= Disagree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	24.1% 29.6% 37.0% 9.3%
28. Tobacco cessation programs are too expensive.	2= Disagree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	35.2% 44.4% 18.5% 1.9%
29. Tobacco cessation programs are effective.	3= Agree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	0.0% 1.9% 67.3% 30.8%

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