

**The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
Local Health Department Tobacco Cessation Survey, 2007**

**Estill County  
Health Department**

*Report prepared through a contract between the Kentucky Cabinet for Health  
and Family Services and the University of Kentucky College of Nursing*

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		<b>Estill</b>				<b>number</b>	<b>Kentucky*</b>	<b>N</b>
							<b>%</b>	
1A.	Are you or other health department staff involved in providing tobacco cessation programs?	Yes				56	100.0%	56
What cessation programs do you provide?								
1A1.	Cooper-Clayton Method to Stop Smoking	Yes				54	96.4%	56
a.	How many programs were offered in the last year?	4	Total =	316	Mean =	6.1	SD =	7.1
b.	How many individuals participated in the last fiscal year?	60	Total =	4067	Mean =	79.7	SD =	150.7
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	12	Total =	1816	Mean =	35.6	SD =	82.4
1A2.	Freedom From Smoking	No				2	3.6%	56
a.	How many programs were offered in the last year?		Total =	4	Mean =	2.0	SD =	2.8
b.	How many individuals participated in the last fiscal year?		Total =	0	Mean =	0.0	SD =	0.0
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total =	0	Mean =	0.0	SD =	0.0
1A3.	Fresh Start	No				5	8.9%	56
a.	How many programs were offered in the last year?		Total =	9	Mean =	2.3	SD =	1.9
b.	How many individuals participated in the last fiscal year?		Total =	80	Mean =	26.7	SD =	20.8
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total =	35	Mean =	17.5	SD =	17.7

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			<b>number</b>	<b>%</b>	<b>N</b>	
1A4.	Make Yours a Fresh Start Family	Yes		45	80.4%	56
	a. How many individuals participated in the last fiscal year?	Total =	3005	Mean =	187.8	SD = 381.3
	b. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	33	Mean =	8.3	SD = 4.8
1A5.	Not on Tobacco (N.O.T.)	No		8	14.3%	56
	a. How many programs were offered in the last year?	Total =	107	Mean =	13.4	SD = 35.0
	b. How many individuals participated in the last fiscal year?	Total =	1527	Mean =	254.5	SD = 610.3
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	7	Mean =	1.4	SD = 3.1
1A6.	Quit and Win	No		5	8.9%	56
	a. How many programs were offered in the last year?	Total =	8	Mean =	1.6	SD = 0.9
	b. How many individuals participated in the last fiscal year?	Total =	222	Mean =	44.4	SD = 40.3
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	12	Mean =	6	SD = 7.1
1A7.	TEG/TAP	No		36	64.3%	56
	a. How many programs were offered in the last year?	Total =	162	Mean =	4.8	SD = 8.4
	b. How many individuals participated in the last fiscal year?	Total =	1149	Mean =	35.9	SD = 58.6
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	242	Mean =	9.3	SD = 21.2

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1A8. Other Programs (Ascent, Free and Clear, Toborg, Baby Shower Programs, 1-1 Counseling Program, modified tobacco in-school suspension program, independent classes)	No		14	25.5%	55	
a. How many programs were offered in the last year?		Total =	225	Mean =	16.1	SD = 40.2
b. How many individuals participated in the last fiscal year?		Total =	1747	Mean =	124.8	SD = 312.8
c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total =	105	Mean =	10.5	SD = 16.0
1B. What is the job classification of health department staff providing cessation programs?						
1B1. Health Educator	Yes		47	83.9%	56	
1B2. Nurse	No		38	67.9%	56	
1B3. Social Worker	No		7	12.5%	56	
1B4. Physician	No		1	1.8%	56	
1B5. Program Coordinator/Specialist/Director	No		7	12.5%	56	
1B6. Dietician/Nutritionist	Yes		8	14.3%	56	
1B7. Other	Yes		10	17.9%	56	
2. On average, how many requests for tobacco cessation does your health department receive per month?	20	Total =	749	Mean =	13.6	SD = 17.5
3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?	2	Total =	439	Mean =	8.3	SD = 15.3

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	<b>Estill</b>		<b>number</b>	<b>Kentucky* %</b>	<b>N</b>
4.	How do you promote tobacco cessation programs in your area?				
4a.	Word of Mouth	Yes	55	98.2%	56
4b.	Flyers/Brochures	Yes	52	92.9%	56
4c.	Newspaper	No	52	92.9%	56
4d.	Radio	No	38	67.9%	56
4e.	Television	No	21	37.5%	56
4f.	Church or Community Bulletins	No	31	55.4%	56
4g.	Health Fairs/Career Fairs	No	6	10.7%	56
4h.	Website	No	5	8.9%	56
4i.	Billboards/Signs	No	9	16.1%	56
4j.	No promotions	No	1	1.8%	56
4k.	Other promotions	No	22	39.3%	56
5.	Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television?	\$0.00	Total = \$87,818.00	Mean = \$1,596.70	SD = \$3,432.80
6.	Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?				
6a.	Distributed brochures/fliers	Yes	53	94.6%	56
6b.	Distributed Quit Line prescription pads	Yes	50	89.3%	56
6c.	Paid advertising	No	15	26.8%	56
6d.	Earned (unpaid) media	Yes	39	69.6%	56
6e.	Cooper-Clayton or other program	Yes	53	94.6%	56
6f.	Hospitals/Clinic	Yes	47	83.9%	56
6g.	Health Fairs	Yes	11	19.6%	56
6h.	Other	Yes	23	41.1%	56

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7. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	No		21	38.2%	55
7a. If yes, how many programs were provided		Total = 49	Mean = 2.3	SD = 1.5	
8. Does your health department have a tobacco user identification system?	No		49	89.1%	55
8a. If yes, is the tobacco user identification system used for every patient at every clinic visit?			49	100.0%	49
9. Does your health department provide individual counseling for tobacco users who want to quit?	No		47	87.0%	54
9a. If yes, is the counseling typically:					
Brief intervention (3-5 minutes)			37	77.1%	48
Intermediate (6-10 minutes)			14	29.8%	47
Intensive (>10 minutes)			9	19.1%	47
10. Are all indoor areas, including offices at your health department, smoke free?	Yes		55	100.0%	55
11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women?	Yes		48	96.0%	50
11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?	No		25	64.1%	39
12. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	Yes		47	85.5%	55
13. Are materials on secondhand smoke available in every exam room?	Yes		42	76.4%	55
14. Do your health care providers routinely advise patients to ban smoking in the home?	Yes		55	100.0%	55
15. Do your health care providers routinely advise patients to ban smoking in their cars?	No		46	83.6%	55

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16. Do your health care providers routine provide brief cessation interventions using the 5 A's?	Yes	41	74.5%	55
17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?	Yes	55	100.0%	55
17a. To what person or program do they refer?				
17a1. Kentucky's Tobacco Quit Line	Yes	54	98.2%	55
17a2. Cooper-Clayton Group Program	Yes	55	100.0%	55
17a3. Cooper-Clayton Self-Help Program	No	14	25.5%	55
17a4. Tobacco Control Center	No	3	5.5%	55
17a5. Health Educator	Yes	52	94.5%	55
17a6. Community Health Nurse	No	31	56.4%	55
17a7. Nutritionist	Yes	20	36.4%	55
17a8. Health Care Provider/Hospital	No	8	14.5%	55
17a9. Other	No	6	10.9%	55
18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?	Yes	33	60.0%	55
19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	Yes	42	76.4%	55
19a. If yes, does the plan cover:				
19a1. Nicotine Replacement Therapy (NRT)	Yes	40	97.6%	41
19a2. Other medications	Yes	30	71.4%	42
19a3. Classes or counseling for cessation	Yes	24	58.5%	41

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**Estill**

**Kentucky\***

How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

			<b>1 = Never</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5 = Very often</b>		<b>N</b>
			<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	<b>n</b>	<b>%</b>	
20.	Nicotine Gum	1	14	25.5	8	14.5	24	43.6	7	12.7	2	3.6	55
21.	Nicotine Patch	1	8	14.5	3	5.5	3	5.5	14	25.5	27	49.1	55
22.	Nicotine Nasal Spray	1	30	54.5	18	32.7	6	10.9	0	0.0	1	1.8	55
23.	Nicotine Inhaler	1	30	54.5	16	29.1	6	10.9	1	1.8	2	3.6	55
24.	Nicotine Lozenges	1	14	25.5	14	25.5	20	36.4	5	9.1	2	3.6	55
25.	Bupropion (Wellbutrin, Zyban)	1	15	27.3	12	21.8	17	30.9	6	10.9	5	9.1	55
26.	Varenicline (Chantix)	1	13	23.6	8	14.5	10	18.2	9	16.4	15	27.3	55
27.	Other Medications	1	55	100.0	0	0.0	0	0.0	0	0.0	0	0.0	55

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