FIVCO District Health Department Tobacco Cessation Survey, 2001

1. Are you or other health department staff involved in providing tobacco cessation programs?
   Yes 40 (72.7%)
   No 15 (27.3%)

2. If “Yes”, what programs do you provide?
   a. Fresh Start (American Cancer Society)
      No 7 (17.5%)
   b. Freedom from Smoking (American Lung Association)
      No 0
   c. Cooper-Clayton Method to Stop Smoking
      No 35 (87.5%)
   d. Make Yours a Fresh Start Family (American Cancer Society)
      No 8 (20.0%)

3. If “Yes”, how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)
   Mean = 3.8 (SD = 4.0)

4. If “Yes”, how many clients/patients participated in tobacco cessation programs within the last year?
   Mean = 34.0 (SD = 44.5)

5. If “Yes”, how many clients/patients completed tobacco cessation programs within the last year?
   Mean = 15.8 (SD = 24.2) (45.3% Completion Rate)

6. If “Yes”, what is the job title of health department staff providing tobacco cessation (Check all that apply)?
   a. Health Educator
      Yes 26 (65.0%)
   b. Nurse
      No 15 (37.5%)
   c. Social Worker
      No 3 (12.5%)

7. On average, how many requests for tobacco cessation does your health department receive per month?
   Mean = 7.4 (SD = 14.6)

Last Updated 10/09/01 MK
8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?  

FIVCO: No  

Kentucky (N=55): 29 (53.7%) Yes

9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs?  

FIVCO: --  

Kentucky (N=55): Mean = 4.9 (SD = 5.3)

10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?  

FIVCO: No  

Kentucky (N=55): 15 (27.3%) Yes

11. If “Yes”, about how many programs did you provide?  

FIVCO: --  

Kentucky (N=55): Mean = 3.1 (SD = 2.4)

12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?  

FIVCO: Yes  

Kentucky (N=55): 36 (65.5%) Yes

13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit?  

FIVCO: Yes  

Kentucky (N=55): 32 (88.9%) Yes

14. What kinds of educational methods are used for tobacco use cessation in your health department?  

- a. Formal group classes  
  FIVCO: No  
  Kentucky (N=55): 37 (67.3%)

- b. Individual counseling  
  FIVCO: Yes  
  Kentucky (N=55): 51 (92.7%)

- c. Audio-visual materials  
  FIVCO: Yes  
  Kentucky (N=55): 36 (65.5%)

- d. Printed materials  
  FIVCO: Yes  
  Kentucky (N=55): 54 (98.2%)

- e. Posters  
  FIVCO: Yes  
  Kentucky (N=55): 48 (87.3%)

15. Does your clinic have self-help materials for tobacco use cessation available in every exam room?  

FIVCO: No  

Kentucky (N=55): 32 (58.2%) Yes

Last Updated 10/09/01 MK
16. Are materials on secondhand smoke available in every exam room? **FIVCO** No 27 (49.0%) Yes

17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? **Kentucky (N=55)** Yes 41 (75.9%) Yes

18. Do your health care providers routinely advise patients to ban smoking in the home? **Yes** 39 (73.6%) Yes

19. Do your health care providers routinely advise patients to ban smoking in their cars? **Yes** 34 (64.2%) Yes

20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment? **Yes** 47 (85.5%) Yes

21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) **Yes** 15 (27.8%) Yes

22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

   a. Nicotine Gum

      **FIVCO**

      1 = Never  40.0%
      2 = 32.7%
      3 = 18.2%
      4 = 7.3%
      5 = Very Often  5.5%

   b. Nicotine Patch

      **FIVCO**

      1 = Never  38.2%
      2 = 23.6%
      3 = 18.2%
      4 = 10.9%
      5 = Very Often  9.1%
c. Nicotine Nasal Spray

- **FIVCO**
- **Kentucky**
  - 1 = Never 80.0%
  - 2 = 18.2%
  - 3 = 1.8%
  - 4 = 0.0%
  - 5 = Very Often 0.0%


d. Nicotine Inhaler

- **FIVCO**
- **Kentucky**
  - 1 = Never 76.4%
  - 2 = 21.8%
  - 3 = 1.8%
  - 4 = 0.0%
  - 5 = Very Often 0.0%


e. Buproprion (Wellbutrin, Zyban)

- **FIVCO**
- **Kentucky**
  - 1 = Never 42.6%
  - 2 = 27.8%
  - 3 = 14.8%
  - 4 = 3.7%
  - 5 = Very Often 11.1%


f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

- **FIVCO**
- **Kentucky**
  - 1 = Never 92.6%
  - 2 = 7.4%
  - 3 = 0.0%
  - 4 = 0.0%
  - 5 = Very Often 0.0%
g. Nortiptyline (antidepressant)

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23. We have enough staff to provide tobacco cessation programs.

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<td>3 = Agree</td>
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24. Our staff are not trained to provide tobacco cessation.

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25. We are too busy to provide tobacco cessation.

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26. We have few requests for tobacco cessation programs.

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1 = Strongly Disagree 10.9%  
2 = Disagree 41.8%  
3 = Agree 36.4%  
4 = Strongly Agree 10.9%

27. Tobacco cessation programs are too expensive.

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1 = Strongly Disagree 9.1%  
2 = Disagree 67.3%  
3 = Agree 20.0%  
4 = Strongly Agree 3.6%

28. Tobacco cessation programs are effective.

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1 = Strongly Disagree 0.0%  
2 = Disagree 10.9%  
3 = Agree 67.3%  
4 = Strongly Agree 21.8%

For more information, contact:

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